



# NEGS EQUESTRIAN

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place  
like NEGS

## NEGS Newsletter

Term 3 Week 6 - Wednesday 19th August 2015

We are now half way through what has been a huge year with many exciting new programs, increased horse and rider numbers and some amazing results from a training and competitive perspective.

We would like to take this opportunity to thank our equestrian families for their support and assistance having gone above and beyond at North West Equestrian Expo this year. Our girls should be congratulated on the feedback we have had and from our observations of the level of support, care and sportsmanship shown to each other at school and competitions this year.

The High Performance squads have been busy training and competing with results indicating that the hard work is certainly paying off. Coach Annyka Overton said "I am excited to see the improvements made and the outstanding performances so far given we only started halfway into term 1". Our holistic programs are focused on developing a quality horse/rider combination and producing quality horse management and horsemanship. Entry into the NEGS High Performance programs are via invitation with students having to meet a strict selection criteria. Please contact Annyka Overton for more information at

[annyka.overton@negs.nsw.edu.au](mailto:annyka.overton@negs.nsw.edu.au)

Coach Rachele Hirst has been working on a very impressive development program for a group of riders with their sights set on being selected as future high performance squad members. The program will provide students with more than just riding; theory components support the development of quality performance horse management. Students interested in applying for participation in this program should email Rachele at [equestrian.coach@negs.nsw.edu.au](mailto:equestrian.coach@negs.nsw.edu.au) for more information.

Coaches Camilla Dawson and Henry Newell-Hutton have been finding new and fun ways for the Equestrian Sports students on Monday afternoons to achieve their goals for the term. Students wanting more information about the sports program please contact the equestrian centre office at [equestrian.centre@negs.nsw.edu.au](mailto:equestrian.centre@negs.nsw.edu.au)

Thank you to families who have been supplying photos and items for the Equestrian Facebook page. If you have an item that you think might be suitable please email [marketing@negs.nsw.edu.au](mailto:marketing@negs.nsw.edu.au)

## Where are they now?

### Old Girl: Sarah Thompson

Age: 24 years

Class of: 2008

Current employment: Professional Trick Rider and Performer



Over the six years at NEGS, I was fortunate enough to have a riding scholarship for the duration of that time. Through being a part of the riding school, I was exposed to so much opportunity and experience which taught me many life lessons that I did not know would be so valuable until I found the career that I wanted to do.

In 2010, after spending a year and a half performing in a travelling horse circus across Australia and New Zealand, interning for Dan James with Double Dan Horsemanship, I was fortunate enough to travel to the United States for the World Equestrian Games and meet a group of young ladies that ride for the brand 'The Riata Ranch Cowboy Girls'. A trick riding and roping performance team who have traveled to 19 different countries over 5 different continents performing and promoting the Western lifestyle. I knew this was the thing for me to do. Travelling back and forth between Australia, Canada and America training and teaching, I am now in my fifth year at Riata Ranch as a professional trick rider, head coach and horse trainer as well as a main member on the performance team. The performances take us all over the United States and parts of Canada performing in The Professional Rodeo Circuit, equine shows, baseball games and many other events where entertainment and demonstrations are needed.

As well as the performance team, Riata Ranch is a non profit organisation and provides a mentorship program for young women and teaches these ladies learn not only horsemanship, but leadership, confidence, responsibility, independence and teamwork along with other life skills to that help them to build their future. These are many of the same skills I had learnt at NEGS through looking after our horses and being a part of the riding team... This career was not one I had planned to do, nor did I know it was even a possibility. But with the skills I had learnt at school, I was able to open up my life to the most incredible possibilities and opportunities that have lead to a wonderful lifestyle.

