



ST JOHN'S

There's no
place
like St John's

St John's Newsletter

Term 3 Week 6 - Wednesday 19th August 2015

Head of St John's Ms Shannon Rosewood

Walking through the Junior School after recess is an eye-opener for visiting families. The Drop Everything and Read (DEAR) program has become a permanent and integral part of the St John's reading program. All students from Kindergarten to Year 6 enjoy 10 minutes of personal or shared reading time each day. The benefits of silent reading are well known, ranging from increased attention span, to improvements in vocabulary, fluency and accuracy. What is less understood is the promotion of risk taking, empathy and self-esteem. Children who read for pleasure are likely to perform significantly better in the classroom than their peers who rarely read, according to a recent report published by the University of London's Institute of Education.

What is the role of parents in this process?

Reading tips

1. Make a bedtime story something to look forward to.
2. Read regularly yourself.
3. Join a local library.
4. Read books on different topics and find themes that interest your kids.
5. Play word and word association games.
6. Talk with your child: it builds communication skills, vocabulary and increases confidence.



Book Week

St John's is looking forward to our celebration of literature during Book Week. Each class will present during our Book week Concert on Friday 28 August at 2:00pm in the NEGS Assembly Hall. Exciting presentations are already in the making, from a Year 5 Readers Theatre of Scary Night to Year 1/2's dramatic version of Pig The Pug. Our younger Transition students will be having fun dressing up as their favourite book character and Kindergarten will help us to understand what friendships mean through a reading of 'Snail and Turtle are Friends' by Stephen Michael King. We look forward to sharing this special event with parents.

Take a photo whilst reading in an unusual way, space or costume.

The students have been invited to share their 'Extreme Reading' experiences with their peers through a display of student's photos at our Book Week Assembly. We are keen for parents to also contribute photos of their 'Extreme Reading.'

Extreme
reading



PSSA

Congratulations to all the St John's students who will represent St John's at the PSSA Carnival this week.

We are so proud of all our athletes.

Daily Fitness

St John's students and staff are very much enjoying our gymnastics sessions on Fridays and PE Dance unit. We have also continued our focus on daily fitness for all girls and boys from Kindergarten to Year 6. These sessions are conducted at 1:30 every day in Term 3. The development of fundamental movement skills is very important in the physical development of a child. These include

Static Balance	Skip
Sprint Run	Overarm Throw
Vertical Jump	Leap
Catch	Kick
Hop	Two-hand Strike
Side Gallop	Dodge

When a child is confident and competent with these skills, they can develop sport-specific and complex movement skills that allow them to enjoy sport and physical activity. Most importantly, having a firm grasp of the fundamental movement skills and being physically literate leads a child to enjoy a long life of physical activity. Students are asked to bring sports shoes to assist their running, jumping and stretching.

On Tuesdays and Thursdays the students can select to run cross country, skip or ride their bike. This hive of activity has assisted our students to complete their afternoon lessons with focus and engagement.

Uniform

Wearing a uniform is a badge of pride, creates an identity for a school and is an important part of being a member of St John's. I have asked all girls and boys to be mindful that hats and blazers are expected when arriving and departing the school. Students who attend riding lessons are asked to return to their school uniform for the majority of the school day. Please discuss with your child's teacher if assistance with dressing is required. Our school uniform is one to be proud of.



Important Dates this Term

TERM 3 10 weeks

Kindergarten and Year 7 Orientation days and events

Week 7

Science Day – 24 August

Book Week – Come as your favourite character – 28 August

Book Week Assembly – 2pm NEGS Assembly Hall – 28 August

Da Vinci Decathlon - 28 August

Week 8

Grandparent's Day – 4 September

St John's Musical Matinee – 2pm

Spring Fair – 4 September

Week 9

St John's Evening Performance – 10 September

Week 10

Year 6 Fundraiser – 15 September

Gymnastics and Last day of School – Thursday 17 September



Snouts and Curly Tails

As you know, our production of Roald Dahl's *The Three Little Pigs* are almost upon us. Earlier this week you will have received a letter providing more information about rehearsal and performance dates, costume requirements and a call for volunteers to help with make up and costumes. We need your creative skills to get our little stars shining as brightly as possible! Thank you for your help and we will see you at one of the shows!

Dress rehearsal- Thursday, 3rd September at 9 am

Performance- Friday, 4th September (Grandparents' Day) at 2 pm

Thursday, 10th September at 6.30 pm

**Tickets are available for purchase at NEGS Reception or order online www.trybooking.com/147166
NEGS Reception 67748700**

FUTURE PROBLEM SOLVING COMPETITION

This year, six NEGS and St John's students have been participating in the Future Problem Solving Competition as an after school activity. Every Monday after school the girls have been developing their research, teamwork and creative thinking skills. Last Friday 31st July, the FPS team undertook a 2-hour competition. The girls were given a scenario set in the future and they had to work cooperatively to seek possible problems the world may face, look for solutions, evaluate their ideas and integrate everything into a plan of action –PHEW –that's a lot to do in 2hours! Well done girls – the energy and creativity you displayed was phenomenal.



Assembly Awards @ St John's

Congratulations to the following children who received awards in the Week 5 Assembly:

Personal Best Awards

- K - Ruby Harvey-Lynn
- 1/2 - Anastasia Anderson
- 3/4 - Tariq Rahim
- 5 - Lydia Farrar
- 6 - Kyra-May Buchanan

St John's Star

- K - Reema Almalki
- 1/2 - Andrew Knight
- 3/4 - Aleisha Handebo
- 5 - Alexandra Reed
- 6 - Matilda Hall

From the Uniform Shop

Mrs Rosemary Campbell

It is nearly time to think about your children's Summer Uniform. We have limited second hand garments, so it is first in best dressed. We are very happy to do the fitting or else you may rather be here yourself.

Last year we introduced a Trolley Bag as an alternative to our backpack, this received a very lukewarm response. Now we have been told that 2 of the larger Companies that we deal with, are no longer manufacturing Trolley Bags.

If at any stage the bags become available again we shall then reassess .

Thank you for the clothing that trickles in to be sold on consignment. Please remember clothing must be washed ironed and Ties, Blazers and Kilts must be dry cleaned and left in the Dry Cleaners' Bag.

We are very proud of our uniform and our aim is to pass this pride on to our students.

St John's
invites you join us for
Grandparents' Day
Friday 4th September 2015



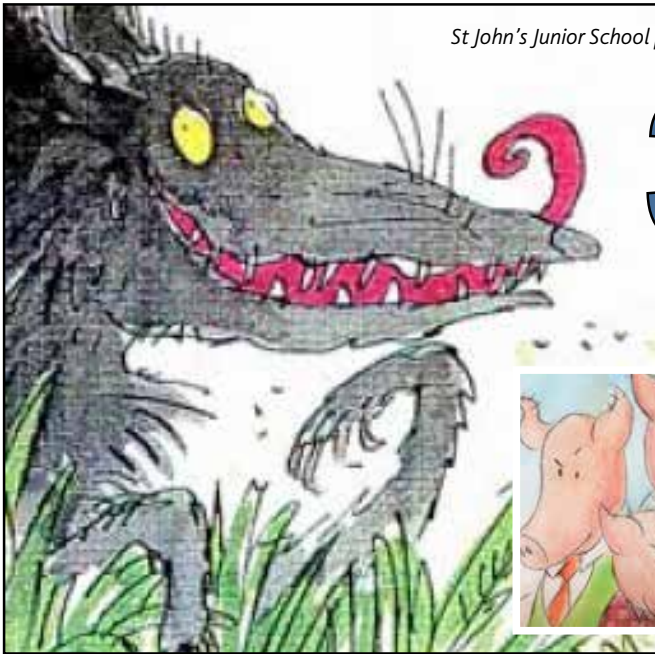
St John's Co-Educational Junior School
Uralla Road, Armidale NSW 2350
T +61 02 6774 8722
E reception@negs.nsw.edu.au
www.negs.nsw.edu.au

St John's Junior School presents

Roald Dahl's

3 little pigs

By Roald Dahl, Ana Sanderson, Matthew White and Paul Patterson.
By arrangement with A & C Black Music, exclusive representatives of Bloomsbury Publishing



Where: NEGS Assembly Hall
When: 4 September (2pm)
10 September (6:30pm)
Tickets: Adults \$10
Children \$5 (Under 5 free)
Family \$20

www.trybooking.com/147166 or
NEGS Reception 67748700



2015 framed
New England Girls' School Armidale • Old Girls' Union Annual Art Show & Sale
Plus Student Art Competition

**Art Show and Sale
Opening Night Cocktail Function**

When: Friday 4th September 2015
Where: NEGS Multi-Purpose Centre
Time: 6.00pm - 9.00pm
Cost: \$30.00 prepaid \$35.00 on the night
(champagne, supper, live entertainment & drinks)
RSVP: 1st September 2015, with payment advice

Bookings: www.trybooking.com/HHDX
Cheque: NEGS OGU
C/ NEGS, Uralla Road, Armidale NSW 2350
Contact: Mrs Georgie Kedzlie
E: alinjarra8@bigpond.com P: 02 6657 6001
or NEGS Reception for tickets

Proudly Sponsored by:  

Exhibition will run until 11am Sunday
6th September 2015. Raffle tickets
available at Akaroa or on the night.



Raffle - 'First Cut', donated by James White

Hockey NSW Visit



St John's are excited to be using our Sporting Schools grant to promote hockey as a fantastic fun-filled local sport. Hockey NSW will be visiting St John's to run Infants and Primary skill development clinics.

These sessions will work to introduce and develop the skills of hitting (using plastic sticks and foam balls) and dribbling. The students will incorporate these skills into fast paced games such as run the gauntlet and rob the nest. The hockey clinics will be a part of our regular sporting program during PE on a Tuesday afternoon. Parents are welcome to come and observe.

- Day: Tuesday
- Time: 2:30pm to 3:20pm.
- Dates: 25th Aug, 1st, 8th and 15th September





My Pony And Me



This term the Transition children have been introduced to our wonderful Equestrian program, "My Pony And Me". They have learnt about safety rules, what we need to ride a horse, what horses need to live and where a horse can be housed. The children have toured the NEGS Equestrian Centre and every lesson has been a hands on learning experience. Our most exciting lesson so far was riding a pony around our junior school grounds.



The Yr 1/2 Classroom – What a place!

The learning that has been taking place in Yr 1/2 would blow the mind of even the most avid scholar! We have morphed into mad scientists, maths geniuses and crazy creatives!

In Science our wonderful visiting teacher Miss Carleigh Wallace has been teaching the children about “The World Around Us” including the 4 different seasons and the impact that we as humans are having on our planet.

We are currently conducting our own experiment in our very front yard. We will be monitoring the effect of Natural v’s Man-made items in our environment.



The children have also been working hard on a fortnightly challenge. They need to tap into their creative side and create something marvellous out of everyday items. This week our challenge was:

“The Alfoil Challenge”.

You wouldn't believe the creations that they came up with!



THERE'S NO PLACE LIKE YEAR 1/2 AT ST JOHNS!

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We're shipping all orders immediately!

EARN 20% FOR YOUR SCHOOL

FUNDRAISING CATALOGUES

All St John's families should have received a couple of different fundraising toy catalogues from their class teacher. Please consider ordering Christmas presents from them as St John's receives a voucher to the value of 20% of the total sales for spending on valuable classroom resources.

All orders are due online or in hard copy to Mrs Smith (St John's Reception) by Monday, 14th September to allow for delivery by the end of the school year.

Any questions? Please contact Mrs Smith.

AIA Vitality
MINIROOS
FOR GIRLS

REGISTER NOW

AIA Vitality MiniRoos Kick-Off for Girls is an introductory football program for girls aged 5-11 starting October 2015.

Visit the website to find a location nearest you.

www.northernnswfootball.com.au/miniroosforgirls

NORTHERN NSW FOOTBALL

Private Vehicle Conveyancing

Attention: New families to NEGS/St John's Junior School

Private Vehicle Conveyancing (PVC) applications – day and boarding students

PVC subsidy is available for eligible NSW school students, where there is no public transport available for all or part of the journey. An example of this is if families live more than 1.6km from the nearest transport pick up point. For further information re eligibility please telephone the Ministry of Transport on 1800 010 123.

Please note: for families who are not registered, to be subsidised for Semester 2 (Terms 3 and 4) the cut off date for applications is the 1st December.

It is now possible to apply online at the following address:
<https://appln.transport.nsw.gov.au/stms-parent/application/download>
If you are unable to apply online or have any questions, please contact me.

Helen Smith (helen.smith@negs.nsw.edu.au). 6774 8700

Woolworths
earn & learn

It's back!
Help make a difference for your local school or ELC

Woolworths Earn & Learn is back

From Wednesday 15th July to Tuesday 8th September 2015, when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator or through an online order and place them on a Woolworths Earn & Learn Sticker Sheet. There'll be one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco, and gift cards). Once completed, simply return to St John's Junior School - many thanks

Armidale Athletics and Armidale Little Athletics

hold field event training every Sunday at 3pm, Harris Park.

It is free and open to all school students in preparation for upcoming school athletic carnivals.

Should anyone have any questions, please contact

Collette Gooch 0427 752 022, or check out the clubs' facebook pages

**CALLING BOTTLES OF ALL SHAPES & SIZES,
FILLED WITH LOTIONS & POTIONS, BITS & BOBS!**

St John's Yr 5/6 classes are having a BOTTLE LOTTO stall at the NEGS Spring Fair. It's a stall where every player wins a prize. (Woo Hoo!) And it can be a GREAT money spinner if we can get everyone supporting us with donations of unopened bottles.

We need donations of unopened bottles and jars containing anything and everything you can imagine – from dog wash to dishwashing liquid, from wine to Windex, from soft drink to soy sauce, from perfume to pre-wash! If it comes in a bottle, it's all good! And if it doesn't come in a bottle – eg. vouchers – then we'll find a bottle to put it in!



It would be fantastic if you can help by donating a bottle or two in the lead up to the Spring Fair. A collection box will be placed in the St John's office from Monday, August 3, to accept all donations.

For more information please contact:
Sarah Mason (mum of Sophie) – sarah.mason@hspr.com.au
Bridget Rice (mum of Sydney, Owen and Matilda) – bridgetrice@gmail.com

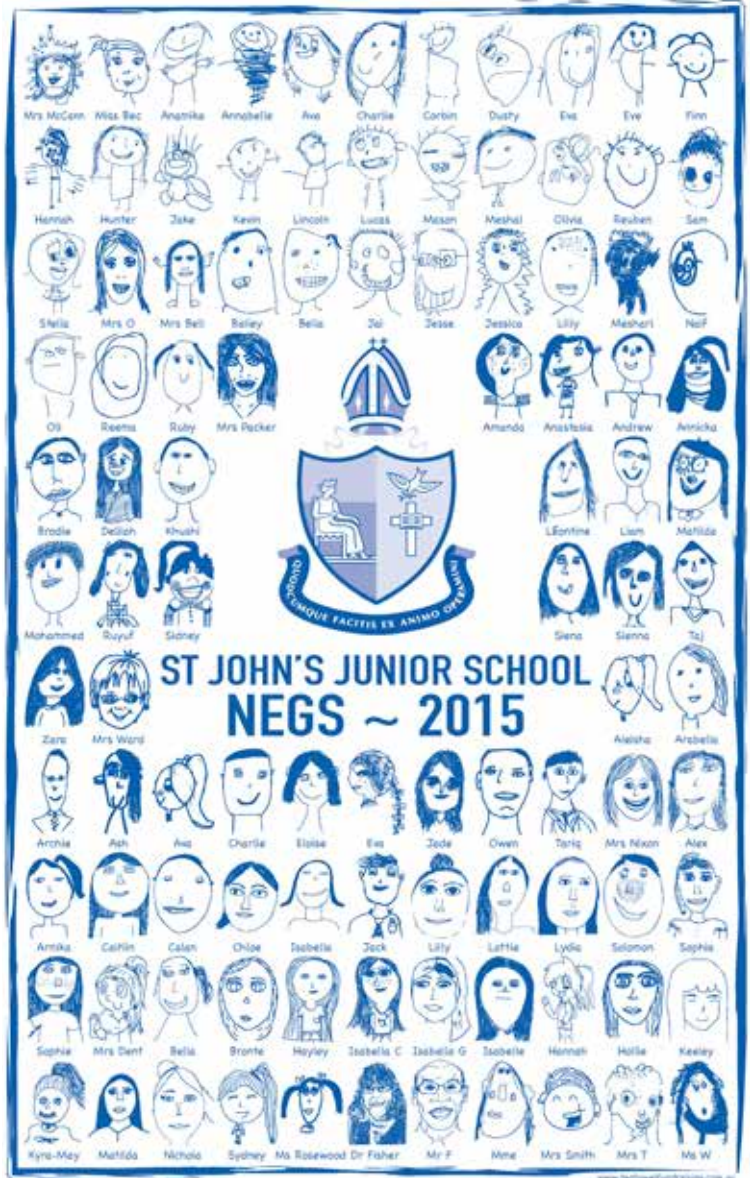
**A massive thank you from Yr 5/6.
See you at the Fair!**

St John's children and staff have collaborated to produce this beautiful tea towel.

The image attached will be printed onto quality linen tea towels.

These tea towels will be available at the Spring Fair for a cost of only \$12.00.

These would make great Christmas presents for family members.



TWILIGHT SOCCER

10'S / 12'S / 14'S / 16'S
WOMENS / OPENS / MIXED
JUNIORS : \$350 / SENIORS : \$450
9 WEEK COMPETITION
STARTS OCTOBER 6

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Visit: resourcingparents.nsw.gov.au

Wellbeing. for parenting courses in local areas.

FROM THE HEALTH CENTRE

IMPORTANT MESSAGE FOR PARENTS & CARERS OF 11-13 YR OLD GIRLS.

Dear Parents & Carers,

I would like to bring to your attention The National Self Detection Program for Scoliosis (curvature of the spine) for adolescent girls. The Spine Society of Australia recommends that all girls aged between 11-13 yrs should perform the self detection test, and if any concerns see their G.P or Physiotherapist for further assessment.

Three out of every 1000 girls will require active treatment for Scoliosis. In the early stages the condition is mostly asymptomatic, therefore screening adolescent girls is highly recommended as a preventative measure.

The National Self Detection Brochure can be downloaded from www.scoliosis-australia.org. I would strongly encourage all Families to check the website and address this issue. Alternatively hardcopies of the brochure are available from the Health Centre.

If your daughter is a Boarder and you would like her assessed at school, an appointment can be made to see the Physiotherapist through the Health Centre, with the cost charged to you.

Please contact the Health Centre on 67748716 or healthcentre@negs.nsw.edu.au, to request an appointment or if you have any questions.

Regards
Cathy Beevors
Jodie Jackson
Registered Nurse
NEGS Health Centre