embracing life with confidence, compassion and creativity



Newsletter

Term 1, Week 4 - Wednesday 19th February 2014

From The Principal Mr Clive Logan, NEGS Principal

How Well Do You Know Your Teenager?

Helping an adolescent become a caring, independent and responsible adult is no small task. Adolescence can be a confusing time of change for teens and parents alike. But while these years can be difficult, there's plenty we can do to nurture teenagers and encourage responsible behaviour. Who are you allowing to invest into your children?

The questions below may address how much you know about your child. When I tried to answer them, I was amazed at how much I did know when my children were teenagers but also at how much I wasn't quite sure about. Why don't you see how you go?

- 1. What your teenager is putting most of his/her energy into right now?
- 2. What personal issues your teenager is trying to resolve?
- 3. What daily hassles irritate your teenager?
- 4. Who has the most daily influence on your teenager's thoughts and behaviours?
- 5. The names of your teenager's three closest friends?
- 6. Who your teenager would confide in first if there was a serious problem?
- 7. What your teenager considers to be his/her greatest strengths?
- 8. What your teenager considers to be his/her greatest weakness?
- 9. Who your teenager considers to be his/her biggest enemies?
- 10. Your teenager's favourite time of day?
- 11. Your teenager's favourite movies?
- 12. Your teenager's favourite childhood stories?
- 13. Your teenager's favourite hobby or pastime?
- 14. Your teenager's favourite colours?
- 15. Your teenager's favourite foods or meals?
- 16. Your teenager's heroes?
- 17. Your teenager's favourite song, band or singer?
- 18. Your teenager's favourite books?
- 19. Your teenager's favourite television shows?
- 20. Your teenager's attitude about his/her body?

It may be quite confronting – in a world where more and more parents are working just to make ends meet, it is a timely reminder to think about how much time we spend with our children. It doesn't have to be the quantity of time – but it does have to be quality time.

Adapted from: http://www.drphil.com/articles/

Next edition: some parenting tips to deal with the challenges of raising a teenager.

What's on the Website

Travel Form for Boarding Parents

Armidale District Netball Association 2014 Registration Forms

NEGS Equestrian Online Bookings

Term Dates to Remember

TERM 1 11 weeks Friday 21 February Senior school **Swimming Carnival** Saturday 15 March Scholarship Day Friday 21 March Year 12 Parent Teacher interviews 3.30pm Saturday 22 March Year 12 Ball Friday 28 March **NEGS Horse Sports** Day Year 7 Parent Thursday 10 April Teacher interviews 3.30pm Friday 11 April Buses depart from 7.30am

NEGS Calendar Link http://negs.nsw.edu.au/calendar/

Good News & Achievements

• Brooke & Hollie O'Halloran have been busy again.

Tenterfield Show 8th February. Show jumping results

Hollie on Myla - 2nd - U17 - 30cm Hollie on Charlie & Myla – 3rd & 4th – U17 - 50cm Hollie on Charlie & Myla – 2nd & 4th – Open 60cm Hollie on Charlie - 2nd - Open 80cm Hollie on Charlie - 3rd - Open 1m

Brooke on Brave Kid - 1st - U17 - 50cm Brooke on Brave Kid - 1st - Open 60cm Brooke on Brave Kid - 5th - Open 80cm

Glen Innes Show 16th February Show jumping results

Hollie on Myla & Charlie - 2nd & 4th - U13 - 50cm Hollie on Charlie - 4th Open 75cm Brooke on Brave Kid - 4th - Open 50cm Brooke on Brave Kid - 2nd U17 - 75cm & 3rd Open 75cm Brooke on Brave Kid – 2nd – Open 90cm

Zone 13 PC NSW Jamboree, January 2014 Tahlia Paull's results from 15 & Under 17 Years Campdraft

Placing: 1st Place

Tahlia won the campdraft with a score of 76 and only just missed getting the full course.

Senior Team of Four Riders

Placing: 1st Place - Laura Strelitz was part of this team

Hack over 15h ne 15.2h

Placing: 3rd

Pair Of Riders 15 & Under 17 Years

Placing: 2nd

Bareback Girl Rider 15 & Under 17 Years

Placing: 4th

B Grade AM& Showjumping 15 & Under 17 Years

Placing: 1st

Bending Race 15 & Under 17 Years

Placing: 4th - Went into the final in 1st place, in final and she was

placed 4th

Flag Race 15 & Under 17 Years

Placing: 5th Went into the final in 5th place, in the final placed 5th





Travel Form for Boarding Parents Sarah Ronald - Head of Kirkwood House

Over the page is a travel form for Boarding Parents to complete with regards to your daughters transport from NEGS - home (at the end of Term 1) and to NEGS (at the start of Term 2). Could you please fill in the form with the required details and email, fax or send it back to Kirkwood House (Kirkwood House < kirkwood.house@negs.nsw.edu.au>) or Saumarez House (House Saumarez < saumarez. house@negs.nsw.edu.au>) by the end of February (the end of Term 1 Week 5). I realise that this is quite early in the term, however, the Countrylink trains and buses must be booked in advance, and often due to numbers we need to book this ahead of time to ensure your daughter has a seat.



NEGS TRAVEL BOOKING FORM







Please tick the corresponding Term f	or the departing and re	turning travel:	
End of Term	Travel Day	Returning Travel Day	
Term 1 Break (2 weeks)	Fri 11th April	returning to NEGS on I	Mon 28th April
Term 2 Mid-Yr Break (3 weeks)	Fri 20th June	returning to NEGS on I	Mon 14th July
Term 3 Break (2 weeks)	Fri 19th September	returning to NEGS on I	Mon 6th October
Please submit your bookings a mont There are strict booking deadlines wi bookings up to 7 days before date of \$25.00 CANCELLATION FEE APPLI	th the Chartered Coacl forward travel without	n travel Bookings. Changes r	-
Student Name:	Hou	se: Kirkwood - Saumarez	Year:
Student Name:	Hou	se: Kirkwood - Saumarez	Year:
Student Name:	Hou	se: Kirkwood - Saumarez	Year:
Please complete the following inf	ormation about your da	ughters form of travel to and	from school.
Departure Date:			
Travel from NEGS to (destination)		
Mode of Transport (cir	cle): CountryLink Train	/ Chartered Coach	
Returning Date:			
Travel to NEGS from (destination)		
Please <u>NOTE</u> that all travel bo are the re	okings (besides chaes sponsibly of the pa	•	k train travel)
Other Travel Arrangements:			
Date of Travel:	Ар	proximate Arrival time:	
Mode of Transport:			
Any other information:			
		essed on public transportatio	
X Signature of Parent/Guardian:		Date:	

This Form should be returned to the appropriate Boarding House for processing by mail or email to:

NSW Parents Council



The latest E-Bulletin is available from http:// parentscouncil.nsw.edu.au/

It includes the following topics:

- * Nominations for Awards for Excellence
- * Federal Review on Cyber Safety
- * New to High School tips on how to establish good relations with your child's teachers

Private Vehicle Conveyancing (PVC)

Private Vehicle Conveyancing (PVC) applications day and boarding students

PVC subsidy is available for eligible NSW school students, where there is no public transport available for all or part of the journey. An example of this is if families live more than 1.6km from the nearest transport pick up point. For further information re eligibility please telephone the Ministry of Transport on 1800 010 123.

Please note: for families who are not registered, to be subsidised for Semester 1 (Terms 1 and 2) the cut off date for applications is the 18th June. If your application is successful, could you please forward a copy of the original form to NEGS so we can ensure that you will be paid correctly for your subsidy? If you have two different distances e.g. home to coach pick up point or home to NEGS then it is necessary to complete two forms. Thank you for your assistance.

If you have any questions, please contact me. Helen Smith (helen.smith@negs.nsw.edu.au) P: 6774 8700

New England Girls' School is currently seeking expressions of interest from suitably qualified & enthusiastic coaches to fill coaching positions for the 2014 netball & hockey seasons.

2014 NEGS HOCKEY & NETBALL **COACHING POSITIONS**

Positions range from Year 7 to Year 12 teams. Opportunities for Junior School coaching can be specifically applied for in application.

Job Criteria & further information can be found at www.negs.nsw.edu.au



APPLICATIONS CLOSE: 28TH FEBRUARY 2014 Applications addressed to: Miss Laura Cambridge **NEGS Sports Coordinator** NEGS, Uralla Road, Armidale NSW 2350

E: laura.cambridge@negs.nsw.edu.au

Uralla Road, Armidale NSW 2350 T 02 6774 8700





Dear Parents, Guardians and Friends of NEGS,

You are invited to attend the

NEGS Swimming Carnival 2014. Friday, 21st February 2014

Enjoy a lovely day, supporting the students of NEGS as they strive to do their best in, and out, of the pool.

You are very welcome to come dressed in the colours of your daughter's house to add to the atmosphere.

The P&F will be providing food and refreshment for spectators throughout the day.

When: Gates open at 8am

Where: The Monckton Aquatic Centre, Dumaresq St, Armidale,

On completion of races all students will return to school and convene in the MPC for the House Cheering Final and Award

Volunteers: We are looking for parent helpers to time keep during the day. If you wish to volunteer your services please email the Sports Coordinator, Laura Cambridge at laura.cambridge@negs.nsw.edu.au and she will happily allocate you a time slot.

We hope to see you there!









St John's Junior School Wellbeing Afternoon

St John's had their first Student Wellbeing afternoon. Older students found a younger buddy and read stories to each other. This was a great way for students to bond with each other and to enhance the close community spirit St John's is well known for.

We can't wait to continue working on our Student Wellbeing program each fortnight.







From The Health Centre

Cathy Beevors & Jodie Jackson

HEAD LICE

As students return to school for another exciting year, it seems appropriate for a timely reminder to be vigilant in the prevention of head lice.

Head lice has nothing to do with hygiene and they do not hop, fly or jump. The best way to avoid head lice is to NOT share hats, head bands, pillows/ bedding or brushes and combs etc. Head lice are less inclined to settle in short hair or hair that is kept in plaits.

If you discover head lice then please treat immediately. The NEGS Health Centre treat head lice with Ego MOOV Head Lice Solution (as indicated), available from most pharmacies as well as conditioner and fine tooth combing. MOOV is a natural product and has proven successful. All bed linen will also need to be washed in warm water.

Any students concerned about an itchy head are welcome to visit the Health Centre for a quick check and advice on treatment.

If you have any queries please do not hesitate to contact the Health Centre on 6774 8716 or healthcentre@negs.nsw.edu.au

Round Square - some dates 2014

Young Round Square Conference - Auckland, New Zealand. April (21-26th April) plus approx. 1 week preservice (16th-20th) (12-14yrs). International Round Square Conference - Jordan, 7th -13th October plus 1st -6th Pre-conference trip. Years 10 & 11. Regional Service Trip - Fiji. 21st Sept - 5th Oct (this is approx as dates are not set yet, but I can update you when they are released). 15 years & over.

2015

Senior Regional Round Square Conference - Seoul, Sth Korea, 26th - 31st January 2015 Plus 19th - 26th Pre-conference is likely. Years 9 & 10 in 2014.



St John's & NEGS **Scholarships**

Available for Year 5 - 11 entering into 2015

2014 Registration Closing Dates: Music & Equestrian - 1st March Academic - 7th March • Visual Arts & Design - 1st July 2014 Assessment Dates: Equestrian, Academic & Music 14th March Visual Arts - Mid Year



For more information contact NEGS Enrolments Office on 02 6774 8752.

e: enrolments@negs.nsw.edu.au w: www.negs.nsw.edu.au

University Roadshow

Are you intending to go to University? Do you know how to apply? Interested in scholarships?

Senior high school students across Armidale will get the chance to discover more about university life and potential career paths when the Regional University Road Show comes to town on Monday February 24. For further information please talk to your Careers Adviser.







Agriculture with Mr Mark Fisher





Northern Merino Ram Breeders Association Inc – Sheep and fleece junior judging competition

Eleven year 10 Agriculture students recently represented our school at this year's inaugural Northern Merino Ram Breeders Association sheep and fleece junior judging competition as part of the associations ram show and sale.

Our students represented our school well with immaculate behaviour and manners. From a total of 47 competing students, two students – Sophie Watson and Laura Strelitz made the final for the sheep judging section with a total of 6 finalists selected. Elizabeth Walker was a finalist for the fleece judging. All three girls spoke very well to justify their placings. Sophie also presented her own family ram in the competition. Congratulations girls!



Our stage 5 Agriculture class are currently studying sheep and wool production so the exposure to new industry based skills and knowledge will greatly enhance their learning in the class room.

A big thank you to the Watson family for their support with this competition. Mr Watson very kindly came to NEGS a week before the competition to share his expertise and to help prepare students for judging. Mrs Watson kindly took care of photography and providing morning tea at the Armidale show ground for our students.

A big thank you also to Mr and Mrs Clonan for organising this very successful junior competition and for their ongoing support of our school's sheep enterprise.

UNE's GRASS Scholarship Program

with Natasha Fulton-Kennedy & Allison Korn

Natasha: Over the last few months I have been lucky enough to participate in the UNE's GRASS Scholarship program (Growing Regional and Agricultural Students in Science). This is made available to high school students in years 11 or 12 who are interested in completing tertiary studies in science, Ag or both. It aims to give an insight into the career opportunities available in primary industries and how science plays a major role in the progression of the industry. The program involved a 2 day camp in the October holidays with 20 or so other high school students from around the region, two of whom were also NEGS girls; Alison Korn and Hannah Parker. During this camp we visited Robb college at UNE, spoke about scholarship opportunities and attended presentations from university lecturers about their courses and what careers and pathways they lead to. Other presenters gave insights into their research such as meat science and MSA grading, and the livestock/methane project to reduce greenhouse gasses in Australia. We were able to meet leading industry scientists and discuss their research. Visits to the Gurya Tomato exchange and the UNE's smart farm showed us complex farming systems and new technologies that are not yet available on farms. It was a worthy 2 days, I learnt lots and met many new people with similar interests, a fierce game of paintball was another highlight of the trip.

The second part of the scholarship was a five day industry placement, of which there were 10 allocated to different students. My placement was with the Animal Genetics and Breeding Unit located at UNE. This I completed with Alice Burwell, from Walcha Central School who is now a very good friend of mine. We measured different genetic traits from cattle, sheep and pigs, even traveling to Gunnedah to Leon's piggery and recording measurements. Back at AGBU we were taught how to analyse the data and and make conclusions from correlations. The method of condition scoring (a subjective assessment of muscle and fat from 1 being emaciated and 5 being obese) was compared to accurate fat and eye muscle scans. We achieved high correlations of 0.5 to 0.75 allowing us to conclude that it was a relatively accurate method for



the general assessment of stock. We then created a presentation and a scientific report to present to the scientists and the breeders we worked with, a beneficial way to conclude the week.

Finally, the students who were offered the full industry placement scholarship gathered at UNE for the reporting back session. We each gave speeches to an audience of distinguished guests including the Vice Chancellor to describe what our experiences were, who we'd met and what we learned. We discussed how the opportunity may have affected our future career choices and where we were likely to head in the future. Personally, I am planning to study Rural Science at UNE, after this fantastic experience I have been able to witness the great faculties at the university and have made contacts that will prove to be highly beneficial in the future. This really was a worthwhile and rewarding experience (we even received a 300 dollar cheque at the end) and I would recommend it to any students remotely interested in Ag or science, particularly for girls like myself who come from a farming background and are interested in pursing a career on the land but aren't quite sure what's out there or even if university would be an option. The main thing I've learned is that there is a strong need for well educated young people in primary industries and a degree in anything Ag related could open doors to many exciting career paths.

Allison: The Industry Camp held in October was certainly eye opening and displayed many interesting aspects of science and the University of New England. Introduction to the camp included talks from previous Industry Placement Scholarship students, allowing us to perceive what they gained from the IPS program. They also informed us of what UNE is like as a university and the study opportunities available through broad science and social aspects. Also, the chance to have one on one interaction with many UNE lecturers, experiencing quality meat testing and paintball were definitely some highlights.

I was fortunate enough to be able to spend my week long Industry Placement in my home town at Pursehouse Rural Gunnedah. Here I worked with the Pathway Ag Agronomists. Despite the extremely dry conditions in the local area, minimal field work and more `report writing was experienced, however my hosts did the best they could to show me a variety of aspects of Agronomy.

Throughout my week I was able to travel around the district to places such as, Caroona, Spring Ridge, Mullaley, and Emerald Hill. I had the chance to look at a current Sorghum Residue Trial, examine weeds in maze trial, use a hand held boom spray, experience soil coring, and visit and clean up many past trials.

I not only got to work with research agronomist but also consultant agronomists at Mullaley Pursehouse Rural. I found this really interesting and something more suited to me. I think I would enjoy the personal interactions with farmers, that consultant Agronomy offers.

Thank you to the UNE and Pursehouse Rural and in particular agronomist Linda Heuke for the great experience and the great chance to being awarded this scholarship. I look forward to studying and gaining a career in Agriculture in a few years time.

Boarding News

with Maxine Thompson and Sarah Ronald

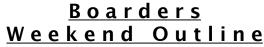
On Saturday the 8th February the Year 11 and 12 NEGS Boarders were given the opportunity to attend 'Flix in the Stix' at Saumarez Homestead.

A great night was had by all at a beautiful venue. Everyone enjoyed music from local Artist (and NEGS teacher) Julia Booth, The Axis of Awesome, a short film collection and Eskimo Joe. Thank you to Mrs Leanne Roobol and Mrs Rowena Tall for organising such a wonderful night for the girls.

On the same evening Year 7 - 10 had a movie night on the big screen in the School Hall. After a few technical difficulties, the girls enjoyed watching Letters to Julia, crowded on a variety of bean bags and chairs. All students behaved immaculately and helped restore the Hall to its original state at the end of the evening.

The next day it was a delight to open the Swimming Pool for Hour without Power. Girls from all years took advantage of the facility as it was a beautifully sunny day and perfect weather for a swim.

This weekend in Boarding girls from both Saumarez and Kirkwood houses will have the opportunity to partake in a number of informal activities. These will include a trip to 'The Armidale Markets in the mall', swimming in the NEGS pool and of course Saturday morning 'down town'. Please see this weekends outline for full details of the options available for the girls.



Friday 21st February - Sunday 23th February

Friday 21st February

5.45pm Dinner in the Dining Hall

Year 11 Dinner Leave (optional) 7.00pm 7:00pm -9.00pm

7:00pm -10.00pm Year 12 Dinner Leave (optional)

10.00pm Buses return to NEGS

Saturday 22nd February

8:00am -

9:00am 10:00am -BUS to Town -Meet at the Turning Circle. 12:00pm

Breakfast in the House

Pick up to Return to NEGS @ Bus Stop on cnr Faulkner St and the Mall @ 12:00pm

Lunch in the Dining Room 12:30pm 5:45pm -6:30pm Dinner in the Dining Room

Year 11 Dinner Leave (optional) Year 12 Dinner Leave (optional) 7.00pm -10.00pm

Sunday 23rd February

9.00am Armidale Markets In The Mall -10.30am

Armidale Markets in the Mall are held the last Sunday of each month, offering up a wide range of goods and services.

Stalls include

Handmade/Handcrafted Items Delicious Cupcakes

Candles

Bath & Body Products Skincare & Make Up

Handmade Children's Clothes &

Accessories

Bags Shoes

lewellerv

Clothing

Stamping & Scrapbooking Supplies

Pottery Woodwork

Plants Personalized Canvases

Home wares Educational Books & Toys

Puppets

Psychic Readings

Something for everyone at these markets. You won't walk away empty handed.

Brunch in Dining Room

Hour without Power - Pool open for swimming (if weather permits) OR MPC open 4:00pm -5:00pm

Both Kirkwood and Saumarez will be locked for this hour.

1.00pm-3.00 SPAR: (1.5 hour limit)

11:00am

Year 9 are able to walk to SPAR in groups of 4 or more Year 10 are able to walk to SPAR in groups of 3 or more Year 11 and 12 are able to walk to SPAR in pairs

5:45pm -





The NEGS Boarding Team

(for school day leave requests)

sarah.ronald@negs.nsw.edu.au

Mrs Mary Anne Evans (02) 6774 8703 **Head of Boarding** maryanne.evans@negs.nsw.edu.au

Miss Sarah Ronald (02) 6774 8725 Head of Kirkwood House

Miss Maxine Thompson (02) 6774 8774 Head of Saumarez House maxine.thompson@negs.nsw.edu.au

Miss Lara Johnston (02) 6774 8784 Kirkwood House Mother lara.johnston@negs.nsw.edu.au

Mrs Kerry Middleton (02) 6774 8774 Saumarez House Mother kerry.middleton@negs.nsw.edu.au

House Staff

Miss Laura-Jo Green, Mrs Faye Paris (weekends), Miss Kirstie Fuller, Miss Ellie Evans

Parent Liaison List - 2014

Parent Liaison 2014

Transition: TBA (contact Josie Knox in the meantime)

Year K: Nicole Killen - nickillen@gmail.com

Year 1/2:

Josie Knox - josieknox@tenterdenstation.com.au

Year 3/4:

Cath Farrar - chook5@activ8.net.au

Year 5:

Tracey Whitehill - tracey.whitehill@exemail.com.au

Year 6:

Tara Moxham - tara@iacglobal.com; Trudy Hancock - trudyhancock@bigpond.com

Year 7:

Kate Blackmore - kate.blackmore.2350@gmail.com

Jacqui Perrottet - urandangie@gmail.com Rose Meehan - rose@agbis.com.au Year 8:

Sally Strelitz - sally@millyhill.com.au Susie Redhead - sredhead@neml.org.au Sarah Edmonds - sopast1@bigpond.com

Year 9:

Lisa Haynes - shop@conceptsofarmidale.com.au Fid Nivison - milagro@milagrodesign.com.au

Year 10:

Lauren Bailey – Isbailey@bigpond.com Tina Watson - msm5@bigpond.com

Year 11:

Janet Carter - angusjanetcarter@bigpond.com

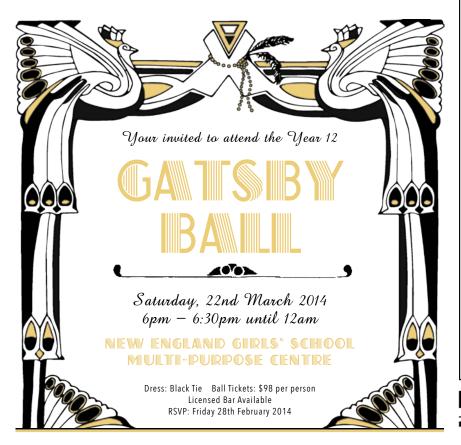
Year 12:

Wendy Robertson - fishington@bigpond.com.au Sharon Neeson - Sharon.neeson@bigpond.com.au

You're invited to join us for the Year 12 Formal Invitation 22nd March NEGS MPC

The MPC will be transformed into an amazing formal 'Gatsby' setting, with a beautiful meal catered for by Rene on the Mews and dancing. Nominate a table or contact Libby Rogers - Michael@jacksonag.com.au for seating arrangements. Please put seating nominations on your RSVP or we will be happy to put you with someone you know.

We look forward to sharing a fabulous night with you all.





GATSIB Y

NEGS Year 12 Ball RETURN ACCEPTANCE FORM

Total Attending @	9	\$98.00	per	head:	

I enclose payment of \$______ being for each person attending the dinner/canapés.

Please indicate any dietary requirements:

Please make cheque payable to:

New England Girls' School

Or Direct Credit to: Community Mutual

Quoting: Year 12 (Surname as reference) BSB: 932 000 Account No: 697265

Account Name: NEGS Limited

Please return RSVP with full payment and names of those attending by Friday 28th February 2014 and mail to: Year 12 Formal, C/O NEGS, Uralla Road, Armidale, NSW, 2350



my school my dreams my future



Newsletter

Term 1, Week 4 - Wednesday 19th February 2014

From The Head of St John's Mrs Cary Roberts

We have had a wonderful start to the year with students settling in very well. I am particularly impressed with the maturity of the Transition and Kindergarten students who have been extremely confident adapting to the routines of their new classes.



Bronte Dagg and Isabella Gooch

Last Friday we had a wonderful day at the annual swimming carnival, with all students "Having-a-go" and earning house points for their respective teams. Thanks go to all the parents and staff who assisted at the carnival. Special thanks must go to Miss O'Connell for her wonderful organisation that ensured the carnival ran smoothly.

The first Assembly for the year will be held on Friday in the NEGS Assembly Hall. Students in Year Six will receive their peer leader badges and be inducted as student leaders. All parents are invited to assemblies to share in student achievements and to experience performances from different classes.

Please be reminded that students arriving before 8.30am must be seated in the playground while they wait for the teacher to commence playground duty at 8.30am. If your child is absent for any reason can you please notify the school in writing.

Mrs Cary Roberts - Head of St John's

What's on the Website

Term Dates to Remember

TERM 1 11 weeks

Thursday 20 February PSSA Swimming

Carnival

Assembly Year 6 Friday 21 February

Leader induction

Scholarship Day Saturday 15 March

Saturday 22 March Year 12 Ball

NEGS Horse Friday 28th March

Sports Day

NEGS Calendar Link http://negs.nsw.edu.au/calendar/

Year 1/2 Class Room News with Mrs Roberts





Year 1/2 have been learning all about living things. This week they learned about seeds and then planted some wheat to see how it grows. Mr Roberts was a guest in our room and the students had discussions on different types of seeds and how they travel from one place to another.









Sport Newswith Miss Laura Cambridge - Sports Co-Ordinator

Winter Sport

Winter Sport selections will be occurring in the coming weeks. Currently those that are interested in IGSSA Netball and Hockey have begun training.

Hockey

Monday 3.45-5.45pm Sport UNE Turf Tuesday 3.45-4.45pm and 4.45-5.45pm MPC

Netball: Wednesday 3.45-5pm

TRIALS FOR IGSSA NETBALL WILL BE HELD MONDAY 24TH FEBRUARY 2014 3.45-5PM FOR BOTH AGES.

For those who wish to play netball as their winter sport, both in the Junior and Senior School, all registration forms must be completed and handed into the Sports Department by Monday 24th of February. Registration form is available from the website, please print off and fill in.

Sarah Askey

We would all like to congratulate and wish Sarah Askey well for this weekend. She has recently made the Under 15 NSW hockey squad (although she herself is playing above her age group) and will be travelling to Sydney this weekend for final selections. Good Luck Sarah!

Netball Registration for Winter Sport

Surprisingly it's that time again. Netball season is rolling around.

We are now underway sorting winter sport. If you wish to play netball during the winter months you will need to fill out a registration form to play. Late registrations will not be accepted!

The approximate fees for the season are as follows and will be charged to accounts on receipt of registration form: High School Players- \$150

Seniors (born in 96 or earlier)- \$180.

All NEGS teams will be required to wear their NEGS PE shirt and a skirt (no shorts will be allowed). Please do not wear skins under your skirt which are longer than your skirt, you will not be allowed to take the court. You may wear full length black tights that reach your ankles on cold days. Otherwise black gym shorts or underwear is recommended.

If you are on the Senior IGSSA squad you will be wearing the a-frame dresses. Junior IGSSA will be wearing the skirt and velco shirt combination. The Senior seconds will be given the option to wear the NEGS bodysuits.

Training will occur for all teams one afternoon a week for one hour (unless you are IGSSA which will be 2 hours) which will be decided upon once teams, coaches and supervisors are confirmed. This will happen on the netball/tennis courts near the Senior School Oval and in the MPC.

Game times will vary, but generally occur at 12pm, 1.20pm and 2.40pm on a Saturday afternoon. ADNA have the final say on wet weather cancellation. Teams will be required to supply players for umpire and desk duties.

On sunny days boarders will be able to walk to and from the courts for their games (on wet days boarders will be driven via school bus). Day girls will need to ensure that they are at the ADNA courts 1/2 hour before their game located on the corner of Kelly's Plains Rd and Lynches Rd.

All completed registration forms must be returned to school to the box outside the PDHPE staffroom in the MPC on Monday the 24th of February. No late registrations will be accepted. As you can understand all registrations must be collected, sorted into teams, team lists created and charges to accounts made in time to register for the town competition deadline. This is non-negotiable.

Games will begin on Saturday 29th March, 2014. Training will begin the week before and draws will be distributed in advance. There will be spare registration forms outside the PDHPE staffroom.

All enquiries, please direct to me via email, phone or in person.

Registration forms are available from the NEGS website.



This year NEGS is running a netball carnival, The New England Netball Carnival (NENC), on the ANZAC Day Weekend 25th-27th April, 2014. As we are hosting this event we would love to enter as many teams as possible. Players do not have to be a netballer to participate in this event. We would love for all students to have a go and play a new sport (remember Mr Logan's goal- try something different!).

There are two age groups that we can enter teams into- Under 12's (11 and 12 year olds) and Under 15's (13-15 year olds). Players do not need to organise a team, the Sports Department will just collect all names and make teams. There will be a few training sessions before the event, so do not fear if you are just starting out.

YOU DO NOT NEED TO PLAY NETBALL AS YOUR WINTER SPORT SELECTION TO PARTICIPATE IN THIS EVENT (hockey players, and equestrian enthusiasts this means you!)

Teams will arrive on Friday night and players will stay in the boarding houses for Friday and Saturday night. Games will be played Saturday and Sunday with finals happening after round games on Sunday. Food will be provided as part of the package. Uniforms are easy! It's just your NEGS PE Uniform with the NEGS skirt which you may borrow from a friend if you do not own one, or purchase from the clothing pool. There will be specialised training sessions on the day by Netball NSW and you will also get a 'goodie bag'.

It's a great opportunity to play other schools and make new friends. We have schools travelling from all over the state to participate. How exciting! It will cost approximately \$75 per player which, once teams are organised, will be charged to your account. Please write your name on the interest sheet on the Sports Notice Board this week.

Girls older than 15 are you disappointed that you can't participate too? Never fear! We are also looking for coaches for our teams, umpires and 'helpers' for the weekend. If you would like to be involved please also write your name on the Sports Notice Board with your preference of coach/umpire/helper and we will gladly sign off on your community service hours as well as a few 'goodie bags' of your own.

Risk Warning under Section 5M of the Civil Liability Act 2002 on Behalf of New England Girls' School, AHIGS and IPSHA:

Sporting Activities

New England Girls' School organises many individual and team sporting activities during the course of a year. Some of these are organised in conjunction with the Association of Heads of Independent Girls' Schools NSW (AHIGS) and some with the Independent Primary School Heads' Association of Australia NSW (IPSHA). Students participating in these sporting activities take part in practice and in competitions.

New England Girls' School, AHIGS and IPSHA expect students to take responsibility for their own safety by wearing compulsory safety equipment, by thinking carefully about the use of safety equipment that is highly recommended and by behaving in a safe and responsible manner towards team members, opponents, spectators, officials, property and grounds.

While New England Girls' School, AHIGS and IPSHA take measures to make the sporting activities as safe as reasonably possible for participants, there is a risk that students can be injured and suffer loss (including financial loss) and damage as a result of their participation in these sporting activities, whether at training or in actual events.

Such injury can occur while the student is engaging in or watching a sporting activity, or travelling to and from the event. The injury may result from a student's actions, the actions of others, the state of the premises or equipment failure.

On some occasions, an injury can be serious (such as torn ligaments, dislocations, back injuries, concussion or broken bones). In very rare cases an injury can be life threatening or result in permanent disability. If a student has a pre-existing injury, participating in a sporting activity could result in an exacerbation of that injury.

Students could also suffer loss as a result of their personal property being lost, stolen, damaged or destroyed.

Risk Warning Under Section 5M of the Civil Liability Act 2002 issued on behalf of New England Girls' School and AHIGS:

Non-Sporting Activities

New England Girls' School organises many activities such as debating, mock trial, orchestra, choir, during the course of a year. Students participating in these activities take part in practice and in competitions.

The Association of Heads of Independent Girls' Schools NSW (AHIGS) administers and convenes inter - school activities (such as Archdale Debating and Festival of Speech) in which many students, including students of this school, participate.

While New England Girls' School and AHIGS take measures to make the activities as safe as reasonably possible for participants, there is a risk that students can be injured and suffer loss (including financial loss) and damage as a result of their participation in these activities, whether at practice or in actual events.

Such injury can occur while the student is engaging in or watching a non-sporting activity, or travelling to and from the event. The injury may result from a student's actions, the actions of others, the state of the premises or equipment failure (e.g. a collapsed stage during a debating competition).

On some occasions, an injury can be serious (such as torn ligaments, dislocations, back injuries, concussion or broken bones). In very rare cases an injury can be life threatening or result in permanent disability.

Students could also suffer loss as a result of their personal property being lost, stolen, damaged or destroyed.

embracing life with confidence, compassion and creativity



Newsletter

Term 1, Week 4 - Wednesday 19th February 2014

Now available from NEGS Website

NEGS Equestrian Online Bookings

https://www.bookitlive.net/negs/

Upcoming Equestrian Clinics

• 22 – 23 February: Brett Parberry Dressage Clinic

• 11 March: Erika Kelly Show Jumping Workshop

• 5 – 6 April: Sam Lyle Eventing Clinic

• 3 – 4 May: Gina and Andrew Haddad Eventing Clinic

• 17 – 18 May: Carmen Smith Parelli Clinic

For details contact: Mrs Annyka Overton on 02 6774 8717 or email: annyka.overton@negs.nsw.edu.au

Jamboree, January 2014







NEGS PROUDLY PRESENTS

BRETT PARBERY 22/23 FEBRUARY

Best known for his partnership with Victory Salute,

Brett Parbery is at the top of his game and amongst other achievements, has scored the highest mark by an Australian rider in an international competition. With years of experience training with Ulla Salzgeber and Edward Gal, it's no wonder that Brett is in constant demand for clinics throughout Australia.

For bookings contact the NEGS Equestrian Centre on 6774 8717. With only limited places available for this clinic be quick...bookings are going fast!

Closing date 16th February 2014 Cost: 45 mins. Private Lesson

\$180 inc gst - NEGS Students \$195 inc gst - Outside Riders