

embracing life with confidence,  
compassion and creativity



# NEGS

## Newsletter

Term 3 Week 8 - Wednesday 4th September 2013

### The wonderful world of teenagers

“Teenagers blithely skip off to uncertain futures, while their parents sit weeping curbside in the Volvo, because the adolescent brain isn’t yet formed enough to recognize and evaluate risk. “

So said Michael J. Fox (Actor – ‘Back to the Future’).

In an article “How to create an environment for teens to thrive”, a teen behavior expert said, “Young people are weird and wonderful creatures”. The expert went on to say, “They don’t often understand themselves let alone anyone else, and when it comes to adults understanding them, well that’s a whole other story. It’s certainly nothing new and if you’re concerned that young people today are getting worse, then don’t stress too much”.

Here is what another person said:

“Our youth now love luxury. They have bad manners, contempt for authority; they show disrespect for their elders and love chatter in place of exercise; they no longer rise when elders enter the room; they contradict their parents, chatter before company; gobble up their food and tyrannize their teachers.”

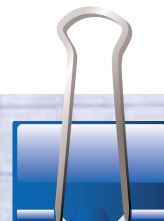
Do you know when that was written? In 400 BC – by the classical Greek philosopher Socrates who is credited as being one of the founders of Western philosophy.

“The brain continues to change throughout life, but there are huge leaps in development during adolescence,” said Sara Johnson, an assistant professor at the Johns Hopkins Bloomberg School of Public Health who reviewed the neuroscience in “*The Teen Years Explained: A Guide to Healthy Adolescent Development*”.

Girls at school are in a crucial stage of life - here are just a few important facts to think about:

- The teenage brain is in a critical period of development.
- As teens become better at thinking abstractly, their social anxiety increases, according to research.
- Because an adolescent brain is still developing, it retains much of its plasticity, which allows it to be moulded by the environment.
- The last part of the brain to fully connect up—well past the teenage years—is the frontal lobe, which houses judgment, insight, dampening of emotions and impulse control. The good news is that girls fully connect at an earlier age than boys – 24 for girls on average, 28 for boys!!

### Dates to Remember



#### 2013 - Term Three

10 Weeks

Friday 6 September	Grandparent’s Day
Friday 6 September	Framed! Art Sale Show
Saturday 7 September	Old Girls’ Weekend
	St John’s and NEGS Spring Fair
Monday 9 September	Year 11 Exams
Monday 16 September	St John’s Musical - ‘Aristocat’ Matinee
Wednesday 18 Sept.	Year 12 TAS and Visual Arts Presentation Evening
	St John’s Musical - ‘Aristocat’ 6pm
Thursday 19 Sept.	Year 12 Valedictory Chapel and Speech Day
	St John’s Musical - ‘Aristocat’ 6pm
	Last Day of Term 3
Friday 20 September	Buses depart from 7.30am

#### TERM 4

9 Weeks

Monday 7 October	Year 11 Information Session
	Boarders return by 8.30pm
Tuesday 8 October	Classes resume
Thursday 10 October	Year 11 Leadership Camp
Monday 14 October	HSC Written Examinations start
Friday 1 November	NEGS Sports Dinner
Friday 8 November	“Walk In Our Shoes” Day
Monday 18 November	Year 10 Camp

#### NEGS Calendar Link

<http://calendars.negs.nsw.edu.au:8080/month.php>

Uralla Road, Armidale NSW 2350 Australia

T: +61 02 6774 8700 F: +61 02 6772 7057 E: [reception@negs.nsw.edu.au](mailto:reception@negs.nsw.edu.au)

W: [www.negs.nsw.edu.au](http://www.negs.nsw.edu.au) Facebook: NEGSarmidale Twitter: NEGSarmidale

- “The brakes come online somewhat later than the accelerator of the brain,” said Johnson, referring to the development of the prefrontal cortex and the limbic system respectively.
- At the same time, “teens need higher doses of risk to feel the same amount of rush adults do,” Johnson said.
- Taken together, these changes may make teens vulnerable to engaging in risky behaviors, such as trying drugs, getting into fights or jumping into unsafe water. By late adolescence, say 17 years old and after, the part of the brain responsible for impulse control and long-term perspective taking is thought to help them reign in some of the behaviour they were tempted by in middle adolescence.

All of these factors make it crucial for us to create a positive environment and community that engages students in strategic and meaningful ways, to ensure they have the best chance at discovering who they are and where they fit in life. It is an ongoing process – a journey – where we experience both highs and lows along the way but from which we become wiser and more resilient.

**Mr Clive Logan, Principal**

# NEGS

*The Board of Directors and Principal cordially invite you to attend the*

## 2013 Year 12 Graduation & Prize Presentation

**Thursday 19th September 2013**

Valedictory Chapel Service at 9.30am

Followed by Morning Tea at 10.30am in NEGS Assembly Hall

Year 12 Graduation & Prize Ceremony at 11.30am  
in NEGS Multi-Purpose Centre

*The Occasional Address will be delivered by*

**Miss Joanna Campbell**

(NEGS Old Girl 1984 - 1986)

*Head of Design and Project Management, Lend Lease*

RSVP: Monday 16th September 2013 to NEGS Reception  
on 02 6774 8700 or email: [reception@negs.nsw.edu.au](mailto:reception@negs.nsw.edu.au)



*embracing life with  
confidence, compassion  
and creativity*



## New England Girls' School

*would like you to join us for*

## Grandparents' Day

**Friday 6th September 2013**

Meet your grandchild at 9:00am at the Assembly Hall,  
for commencement of a musical concert at 9.25am.

*Embracing life with confidence,  
compassion and creativity*



New England Girl's School  
Uralla Road, Armidale NSW 2350  
T +61 02 6774 8700  
E [reception@negs.nsw.edu.au](mailto:reception@negs.nsw.edu.au)  
[www.negs.nsw.edu.au](http://www.negs.nsw.edu.au)

## From The Enrolments Office

• **St John's Junior School P&F Scholarship** applications now open. For further details please contact the Enrolments Office - Closing date Friday 6th September 2013 - Please note this scholarship is exclusive to new applicants only.

• **2014 Enrolments:** Enrolments are now open for 2014. If you have a child due to commence at St John's / NEGS next year, please collect an enrolment package from the Enrolments Office. If you know of any other families considering enrolling their child at St John's / NEGS next year, please encourage them to collect an enrolment package and / or make an appointment for a tour of the school.

## NEGS Uniform Shop

**THE UNIFORM SHOP WILL BE OPEN ON THE FOLLOWING DAYS**

18/9/13	4/10/13
19/9/13	7/10/13
20/9/13	8/10/13
	9/10/13
	10/10/13



## NEGS Meet The Principal

**Gunnedah:** The Civic, 83 Chandos Street, Gunnedah  
**Date:** Monday 2nd September 2013      **Time:** 6:00pm to 8:00pm

**Narrabri:** The Crossing Theatre, 117 Tibbereena Street, Narrabri  
**Date:** Tuesday 3rd September 2013      **Time:** 6:00pm to 8:00pm

**Armidale:** Whitebull Hotel, 117 Marsh Street, Armidale  
**Date:** Wednesday 11th September 2013      **Time:** 5:30pm to 7:30pm



**NEGS**

**RSVP:** To [enrolments@negs.nsw.edu.au](mailto:enrolments@negs.nsw.edu.au) or P: 02 6774 8752

Uralla Road, Armidale NSW 2350 **T** +61 02 6774 8700  
**E** [enrolments@negs.nsw.edu.au](mailto:enrolments@negs.nsw.edu.au) **www.negs.nsw.edu.au**

## Year 11 News

Year 11 have been learning many new skills in Tutor Time this term. Last Wednesday Mr Fisher took the girls for an Automotive workshop, teaching them how to check the water and oil in their car and about the basic runnings of a motor vehicle. Next term we will be moving on to changing tyres. A skill that will come in very handy.

*Miss Maxine Thompson*



### Results from Students, Staff and Parents & Family MindMatters Surveys

Thank you to the School Community for participating in the MindMatters Survey, the aim of which was to find out what you think about the school climate of NEGS, and what it teaches about mental health and wellbeing; that is the feelings, thoughts, relationships and behaviour within the school community. These surveys will guide us in the preparation of the Wellbeing Course @ NEGS to be delivered next year. As Principal Clive Logan wrote in the last newsletter, we aim to be proactive rather than reactive to the many issues that face our children today.

Results from the Student Surveys positively indicate that our students like coming to school, feel safe at school and receive information about health and wellbeing issues at school. They feel like they belong and feel that teachers and other staff understand their issues.

Results from the Staff surveys revealed that Staff would like more access to materials about mental health and wellbeing climate of our school. This will be addressed with the implementation of the new Wellbeing Course. The Parent Survey revealed that some parents are still unsure of the processes that we have in place at NEGS to access student services related to wellbeing. We aim to address any issues raised in the surveys.

### Student Services @ NEGS

The Health Centre is available to the whole school community. Sister Catherine Beevors is on duty Monday to Thursday from 7.30 a.m. to 4.30 p.m, and is on call after hours. Sister Jodie Jackson is on duty on Fridays from 7.30 a.m. to 4.30p.m.

Students are welcome to come and talk to the Sister regarding any health concerns, be it physical or emotional. During class time, the student seeks permission first from the classroom teacher but can access the Health Centre before school, during recess or lunch and after school.

If Sister is concerned about the student and assesses that the student needs referral to external health practitioners, she will contact the parent and advise services available.

Teachers know that they can refer a student to the Health Centre if there are any concerns regarding the student's wellbeing. Parents/guardians are also welcome to contact the Health Centre's registered nurses if they have any concern and require advice. Health Centre phone 02 6774 8716, mobile 0488 005 176

### Learning Support

NEGS has a Learning Support Program to fully develop the learning potential of each student, recognising that each student has an individual learning pathway.

This provides for students with Learning Difficulties and English as Second Language students. Through the use of various resources and programmes, students develop the ability to confront their difficulties with confidence, knowing that solutions are available. Diagnostic reading and spelling tests given at the beginning of the school year to years 7 & 8, provide data to identify students at risk. Teacher and parent notification of students with extra learning needs also contribute to the referral process. Parents are informed if their child is on a Learning Support programme.

For any further information please contact Mrs Angela Sole , 02 6774 8700 or [angela.sole@negs.nsw.edu.au](mailto:angela.sole@negs.nsw.edu.au)

### Chaplaincy @ NEGS

The Chaplaincy has been busy in Terms 2 and 3. Recently, we have invited a variety of speakers into Chapel, raised money for various charities, and held a pyjama party movie night. Boarders and day girls attend the local youth groups, SMYG and YSPY, on Friday nights. A weekly lunch time group called CHIC - Christian Hour in Corridor - has formed and attracts girls who want to come for games, Bible study, and lively discussions. Not only do we learn together, support each other, and allow senior students to develop their leadership skills, CHIC aims to also serve the wider school community by encouragement and prayer.

### Student Wellbeing Day in Term 4

An informative and fun day has been planned for NEGS students from Years 3-10 on Wednesday 9<sup>th</sup> October. The Secondary school day includes a visit from the Butterfly Foundation, participating in a Zumba session, a talk by Headspace and recess shared with the Junior School. Junior School will enjoy a talk followed by activities. More details on this day will appear in the next Newsletter.



# INSIGHTS

by Michael Grose - Australia's leading parenting educator



## Teach children to persist

**Parents can promote persistence by encouraging their children to keep going and not give in at the slightest hurdle or difficulty.**

*"Persistence and patience have a magical effect before which difficulties disappear and obstacles vanish."*

John Quincy Adams

The ability to persist at a task and see it through to the end is one of the most important success attributes that you can develop in a child.

There are numerous times every day when children must persist rather than give in. A young child learning to tie shoelaces must persist. A primary aged student must show determination to finish tasks and a secondary student needs to work through difficulties, particularly those he doesn't understand or complete right away.

They need to be able to persist when work gets hard or life gets tough. They need the 'stickability' to work through difficulties and hang in there when things don't go their way.

Some children are more naturally predisposed to persist than others. They have a determined, even competitive streak in their temperament that doesn't allow them to give in. These children and young people can drive themselves very hard to succeed.

The results of the Australian Temperament Project show that persistence is the one temperamental factor that can be improved over time. Parents and teachers can develop persistence in children and also impede its development by making life too easy for children so that they don't have opportunities to persist or hang in there.

Parents can promote persistence by encouraging their children to keep going and not give in at the slightest hurdle or difficulty.

Parents can be a sounding board for children's gripes but they should show confidence in their ability to cope and get through their difficulties. "You can do it" is far more powerful in terms of promoting an attitude of persistence than "If it is a little too hard then try something else."

Let children know that there is a correlation between effort and success. In fact, they need to learn that by GIVING EFFORT they will more than likely experience more success. The ability

to persist in the face of difficulties maybe an old-fashioned quality but it is one of the best success attributes that children will ever develop.

**Here are four practical strategies you can use to promote a sense of persistence in your children:**

**1. Develop a vocabulary for persistence.**

Words like "Hang tough", "Work Hard" and "Hang in there" can become part of their every day vocabulary.

**2. Point out to children when they stick at a task.**

Most parents know it pays off when they catch their children being good but it also pays off to catch them being persistent. The behaviours you focus on as parents expand so let them know when they have been persistent. Also remind them that persistence generally pays off.

**3. Help children to remember** times when they experienced success by HANGING IN when they were younger. Let them know that persistence has paid off before and it will again.

**4. Talk about HARD WORK with your children.**

They need to understand that to be successful they need to do things that are NOT fun or easy. While it would be good if all work and learning was fun, in reality, this is not always the case.

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For more ideas, support and advice for all your parenting challenges visit: [www.parentingideas.com.au](http://www.parentingideas.com.au)



PO Box 167 Balnarring VIC 3926 P. 03 5983 1798 F. 03 5983 1722 E. [office@parentingideas.com.au](mailto:office@parentingideas.com.au)

## Year 7 - Muffins & Milkshake Projects

This term year 7 have been designing and cooking muffins and milkshakes as their final projects for their Food Technology Unit. After cooking a range of prepared recipes the girls were challenged to write their own recipes for a combination of Australian inspired, healthy muffins and milkshakes. Flavour combinations were inspired by the Australian Outback leading to Carrot and Walnut Muffins with Chocolate Walnut Milkshakes and Lemon, Blueberry and Coconut Muffins inspired by Australian Beaches. As their final task the girls all prepared a digital presentation explaining how they made their food products and justifying why their solution best met the needs of the design brief. Look out for them playing at Grandparents Day on Friday.

*Mrs Sam Morley*



*Emily Knox, Jaimie McElroy and May Leung*



*Eleanor Fullon, Anna Campbell and Alice our exchange buddy from Korea*



*Sophie Barr and Amelia Edmonds making milkshakes*



*Claudia Meehan making Smoothies*



*Sarah Askey and Olivia Carter*



*Lucy Ramsay and Harriet Monie*

**Good News & Achievements:**

**Good Luck to both NEGS Navy and NEGS White**, who will play this weekend, 7th September, in an attempt to qualify for the Grand Final in their respective divisions.

**Year 8 Supper**

During the week 7, Mr & Mrs Logan and Mrs Swartz hosted a supper with Year 8. A fun night was had by all.



**St John's IPSHA Athletics @ Sydney Olympic Park** - well done to all our competitors



*Jnr girls 4th in their relay.*



*Snr girls relay - 6th in their heat*

**News Just In:**

**BOTH IGSSA Hockey teams have qualified for semifinals. Well done to those girls.**

**The Junior team qualified in 1st place and the Senior Team in 3rd place.**



*IGSSA Junior Team in Sydney*

*29th August - Parliament. Mr Adam Marshall gave a short speech, by leave of the House, about Holly Harris (OG) and her achievements.*

Extract:

**HOLLY HARRIS MOUNTAIN BIKER**

**Page: 65**

Mr ADAM MARSHALL (Northern Tablelands) [5.09 p.m.], by leave: I acknowledge and congratulate Holly Harris of Armidale, who is a member of the Australian team competing in South Africa at the 2013 UCI Mountain Bike and Trials World Championships. Holly became the reigning Australian under-19 years champion when she won the 2013 National Series All Mountain Cup earlier in the year. Holly will take on the best in the world when she competes this Saturday in the event in Pietermaritzburg, South Africa. Holly has had a successful European racing season. I congratulate Holly, a former New England Girls' School student, on her selection to the Australian team and wish her all the best in her event on Saturday.

**Congratulations to all  
Students who completed  
their AMEB Speech &  
Drama and to Jeannie Cole,  
well done to all.**

Grade 4  
Ellie Fulloon

**Results  
Drama & Performance**

Grade 8  
Simonne Sakker  
Grace Brazier  
Georgia Hook  
Edwina Morton

**Voice & Communication  
C.V.C.A.**

Ella Tindal  
Mia Moloney  
Phoebe Parry  
Holly McDonald

Grade 6  
Renee Collins  
Mikaela Ball  
Lucinda Parry

Grade 7  
Claudia Nash  
Lily Hook

Grade 5  
Lizzy Hancock  
Imogen Gifford  
Lucy Haynes  
Sarah Parkes  
Isabelle Cameron

Grade 6  
Jessica Ruba  
Sophie Uren  
Sarah Hamparsum  
Jane Thompson

Teacher: Jeannie Cole

## Annual Framed! Art Show and Sale

This years' **Annual Framed Art Show and Sale** will take place on Friday, 6 September to Sunday, 8 September 2013 at the NEGS Multi-Purpose Centre, in conjunction with the NEGS Spring Fair and Old Girls Weekend.

Visitors will be treated to a kaleidoscope of water colours, acrylics, oils, pastels, sketches, prints and sculptures by over 40 professional artists from the New England area and beyond, and this year promises to be bigger than ever. There is something to satisfy every taste and budget. Local artists include James White, Barry and Lucy McCann, Francois Jaggi, Faye Parsons, Rowena Post and Mary Attard plus Walcha artists Julia Griffin, Paula Jenkins, Gemma King and Alec Gill. There will also be unframed etchings by well-known artists Joseph Austin, Minky Grant, Anne Smith and Greg Hyde.

New this year! The Inaugural Framed SerVies Primary Student Visual Art Prizes and the New England Mutual Secondary Student Visual Art Prizes. Prizes will be awarded under two categories – Portraiture and Nature/Nurture and will be judged separately by renowned local artists Ross Laurie and Myfanwy Gullifer. The finalists of each category will be available for public viewing at New England Mutual and upstairs at the Armidale Ex-Services Memorial Club from Thursday, 29 August to 4 September and then at NEGS from the 6 September.

Also new, is the Oracle Insurance Solutions People's Choice Award voted by the public and awarded to the most popular exhibit. The NEGS Old Girls are extremely grateful for the generous support from these local businesses.

On Friday, 6 September 2013 from 6:00 pm - 9:00 pm the Opening Night Cocktail Function will launch the exhibition with live music and the opportunity to meet and talk with the artists. Also, don't miss a chance to win our wonderful raffle prize – an exquisite 'one of a kind' Kate Warby silver, enamel bead and rabbit jade necklace.

The Art Exhibition will continue over the weekend concluding on Sunday, 8 September 2013 at 11:00am.

**2013 framed**  
New England Girls' School Armidale • Old Girls' Union Annual Art Show & Sale  
Plus NEGS Inaugural Student Art Competition

**Opening Night Cocktail Function**  
**When:** Friday 6th September 2013  
**Where:** NEGS Multi-Purpose Centre  
**Time:** 6.00pm - 9.00pm  
**Cost:** \$30.00/head prepaid;  
\$35.00/head on the night  
*(includes champagne supper, live entertainment and drinks)*

**RSVP:** With payment advice, 2nd September 2013  
**Direct Deposit:** NEGS OGU Inc. BSB: 932 000  
**Acc No.:** 726755 Ref: *your full name*  
**Cheque:** NEGS OGU, C/ NEGS, Uralla Road, Armidale NSW 2350  
**Or:** NEGS Administration Office for tickets  
**Confirmation of attendees for catering purposes to:**  
Mrs Jo Campbell E: [archiec@bigpond.net.au](mailto:archiec@bigpond.net.au) P: 02 6772 2048

Proudly Sponsored by:  
   
*Giving More back to our members*  


Exhibition will run until 11am Sunday 8th September 2013

Raffle prize kindly donated by Kate Warby



## From the Uniform Shop

### NEW STOCK

For St John's now available Budget Bag for all your extras, books, jumpers, swimmers etc  
Only \$9.00 each

Only \$9.00



## NSW Parents Council

The latest e-bulletin available from [parentscouncil.nsw.edu.au](http://parentscouncil.nsw.edu.au) contains information on/about:

- \* How funding stability is important for schools
- \* Managing the Middle Years
- \* HSC Survival Tips for students and parents
- \* Launch of TES - Teach Educate Share - Australia







### Armidale Softball Association

Affiliated with NSW Softball Association Inc.  
Facebook: Armidale Softball Association  
Email: [armidalesoftball@hotmail.com](mailto:armidalesoftball@hotmail.com)  
Address: 39 Kennedy St Armidale 2350  
President: Fiona Blevins 0423 771 747  
Registrar: Naomi Bassett 0408 022 779

2013/2014 Season  
(Term 4 2013 – Term 1 2014)

## Registration Days Sunday 8<sup>th</sup> September, & Saturday 14<sup>th</sup> September

10am-12pm  
North Armidale Sporting Complex  
East end of Erskine St  
(near the McDonald Drive shops)

*Saturday competitions for boys, girls,  
women & mixed adults*  
Tee Ball 5-10yrs  
Modball 11-14yrs  
Senior Softball 15yrs +

Competition Starts on 12 October 2013

For further details, please email us at:  
[armidalesoftball@hotmail.com](mailto:armidalesoftball@hotmail.com) or 'like'  
Armidale Softball Association on Facebook

FRIENDS OF NERAM  
invites you to



## WANDERRIBY

Off Kempsey Road, Wollomombi

Sat & Sun 14/15 September 2013  
10am to 4:30pm



Teas and lunches  
Plant sales  
Art Stalls  
Music  
Giant Raffle  
(drawn 15/9/13)

**\$8 entry adults**  
**Under 18 free**

Directions from Armidale: Take Waterfall Way for 41km, turn right into Kempsey Road. Garden turn off a further 13km

A Friends of NERAM fundraiser for The Yellow Room Appeal



THE YELLOW ROOM APPEAL

Kentucky St Armidale NSW 2350 • 02 6772 5255 • [www.neram.com.au](http://www.neram.com.au)

## Omega Feeds NEGS CNC\* ODE 28 & 29 September 2013

*embracing life with confidence,  
compassion and creativity*

CNC\*, EVA 105, EVA 95,  
EVA 80, EVA 60 and EVA 45

Prize money CNC\* \$2,500 & EVA 105 \$1,500

Event program and online entries at [www.nominate.com.au](http://www.nominate.com.au)

For enquiries please email [ode@negs.nsw.edu.au](mailto:ode@negs.nsw.edu.au) or call 02 6774 8717



NEGS  
EQUESTRIAN

New England Girls' School, Uralla Road, Armidale NSW 2350. [www.negs.nsw.edu.au](http://www.negs.nsw.edu.au)



# NEGS

## Livestock 4 Learning @ NEGS

The Livestock 4 Learning Program has been launched as a new and alternative means of donating to the NEGS Education Trust.

Livestock 4 Learning is a fund raising initiative with the primary objective of offering NEGS scholarships to country girls interested in studying Agriculture at NEGS.

Donor's have the opportunity to raise a beast on their own (or friends' property), caring for the animal until sold. Sale proceeds will be donated to the NEGS Education Trust.

All donations to the Trust are tax deductible.

The generosity of our supporters allows the school to continue our commitment to ensuring that NEGS girls receive a world class education and the opportunity to shine in the rural arena.

To register your interest, please email  
[petergallett@bigpond.com](mailto:petergallett@bigpond.com)  
[graeme.hollis@negs.nsw.edu.au](mailto:graeme.hollis@negs.nsw.edu.au)

With your interest and contact details, you will receive a personal call from a NEGS representative to discuss how you can become a donor today.



Uralla Road, Armidale NSW 2350 Australia  
**T** +61 02 6774 8700 **F** +61 02 6772 7057  
**E** [reception@negs.nsw.edu.au](mailto:reception@negs.nsw.edu.au)  
**www.negs.nsw.edu.au**

## NEGS Spring Fair

Saturday 7th September  
 10.00am-3.00pm

- ★ **Attractions**
  - Concepts of Armidale
  - Fashion Parade
  - Kids Activities, Tombola
  - Face Painting, Lasertag
  - Pony Rides, Farmyard Merry-Go-Round
- ★ **Food**
  - BBQ & Cafe
  - Cakes & Sweets
  - Ice-Creams & Drinks
- ★ **Other Stuff**
  - Music Performances
  - Boutique Market Stalls
  - Plants

**So come along for a great day out!!!**  
 5% of profits go to the local (Armidale) Oncology Unit



**NEGS**

## The Spring Fair are asking for Beautiful Baskets fillers for this years' Spring Fair

Please send in any goods for the Year Group to fill baskets with; eg. gardening, baby, coffee, craft, beauty, gifts, small toys, gourmet food, stationery....



# THE Emporium at The Spring Fair

CR Country Designs, Canvas bags for the family

Pink Fig Designs, gorgeous bags covered in plastic

Sweet & Sour Licorice, with sweet delights !

Read & Bell, divine cotton tops, dresses & homewares from India

Odgers & McClelland Exchange Stores,  
fabulous vintage kitchenwear

Petite Poppie, gorgeous gifts for the family

The Spice Trading Company, Spices and a whole lot more..

Letto Bello Linen, - divine bed linen and gifts

The Elective, jewellery and fabulous gifts

Intimo for women, lovely undergarments

Rhonda Hewitt, lovely homemade pens

Calamity Jayne & Vera Thora, lots of interesting gifts

Eco Manifesto, with Eco friendly gifts for everyone

Sacs on Jenkins, gorgeous handbags from Nundle

Raindrops & Lollipops beautiful gifts

Tupperware, great containers of all shapes and sizes

Phoenix Traders, wonderful stationery and trinkets

The Bee's Knees, giftware and gorgeous things!

Mooky Shoes, fantastic shoes for young and old!

Cedar Nursery, garden wares and furniture

The New England Driving School, lessons for everyone !

The Powder Room, beautiful jewellery

**All in the MPC Centre at the  
St John's / NEGS Spring Fair**

my school  
my dreams  
my future



ST JOHN'S

## Newsletter

Term 3 Week 8 - Wednesday 4th September 2013

### Grandparents Day

Many St John's students are looking forward to sharing a little part of their school life with their grandparents. Any last minute RSVPs should be directed to Reception 6774 8700 or [reception@negs.nsw.edu.au](mailto:reception@negs.nsw.edu.au)

### Spring Fair

Your liaison parents would have been sending messages regarding you year group stall allocation. Please send in your donations as soon as possible – books, 'beautiful boxes', tombola jars, wine. Plants and cakes, sweets, fresh produce etc. may be brought in on the day. The whole school is looking forward to an exciting day. Please encourage your family and friends to attend.

### Parent Direct /Chalk/Educational fundraising catalogues

All families should have received some fundraising catalogues. Each of the companies will issue the school with a voucher to the value of 20% of our orders, which is then spent on resources for the students.

It is a wonderful opportunity to purchase Christmas presents. Please show them to other family members and/or friends who may be interested.

If you wish to order any items please make sure all orders are returned to Mrs Smith by Monday, 16<sup>th</sup> September to ensure that orders can be collated by the end of the term. This will allow the items to be delivered in Term 4.

If you have any questions please contact Helen Smith on 6774 8737 (until 10.15am only) or [helen.smith@negs.nsw.edu.au](mailto:helen.smith@negs.nsw.edu.au)

*Mrs Helen Smith (on behalf of Mrs Dim Fenwicke)*



Just a reminder to all families that the St John's performance of The Aristocats Kids will be happening in Week 10...the children are starting to be very excited. Details of ticket prices and sales will be coming soon.

### Dates to Remember

#### Term Three - 2013

6th September	Grandparents Day
7th September	Annual Spring Fair invite your family & friends
13th September	Assembly
16 September	St John's Musical - 'Aristocat' Matinee
18 September	St John's Musical - 'Aristocat' 6pm
19 September	St John's Musical - 'Aristocat' 6pm Last Day of Term 3

For dates later in the year, please refer to the electronic calendar from the school website.

#### NEGS Calendar Link

<http://calendars.negs.nsw.edu.au:8080/month.php>



P&F St John's Junior School

## SCHOLARSHIPS

### P&F All Rounder Junior Scholarship

Are now being offered for those students entering Years 3, 4, 5 and Year 6 in 2014.

**Applications Close - Friday 20th September 2013**

Please contact Enrolments Office for your application forms - P: 02 6774 8752



ST JOHN'S

Uralla Road, Armidale NSW 2350 T +61 02 6774 8700  
E [enrolments@negs.nsw.edu.au](mailto:enrolments@negs.nsw.edu.au) W [www.negs.nsw.edu.au](http://www.negs.nsw.edu.au)

Uralla Road, Armidale NSW 2350 Australia

T: +61 02 6774 8700 F: +61 02 6772 7057 E: [reception@negs.nsw.edu.au](mailto:reception@negs.nsw.edu.au)

W: [www.negs.nsw.edu.au](http://www.negs.nsw.edu.au) Facebook: NEGSarmidale Twitter: NEGSarmidale

## Assembly Awards

Congratulations to the following children who received awards in the Week 7 Assembly:

### Personal Best Awards

T: Callum Ridges, Emma Ong  
K/1: Archibald O'Neill, William Tout  
2/3: Arnika Moorfield, Lydia Farrar  
4: Hayley Whitehill, Nichola Clarkson  
5: Priscilla Clonan, Katie Hancock  
6: Lauren Campbell, Isabelle Perrottet

### Book Work Awards

T: Emily Grieve  
K/1: Nicholas Thomas  
2/3: Boston Englehart  
4: Amber Leitner  
5: Anna Jarvis  
6: Georgia Kaynes

**YCDI:** Sophia Carlon

**Bronze Awards:** Charlotte Hoholt,  
Charlotte Claridge, Caitlin Croft, Eloise  
Gooch, Alexandra Reed, Niamh Bookallil

### PSSA Representatives

Lydia Farrar  
Niamh Bookallil  
Hollie O'Halloran  
Isabella Johnson  
Isabella Gooch  
Eva Knox  
Molly Dooner  
Isabel Bookallil  
Chelsea Eichorn  
Penny Haynes  
Zara Vivers

### IPSHA Representatives

Lydia Farrar  
Niamh Bookallil  
Hollie O'Hallora  
Isabella Johnson  
Isabella Gooch  
Eva Knox  
Molly Dooner  
Isabel Bookallil  
Penny Haynes  
Sunny Hedges



*my school  
my dreams  
my future*

## St John's Junior School

*would like you to join us for*

## Grandparents' Day

Friday 6th September 2013

Meet your grandchild at 9:00am at the Assembly Hall,  
for commencement of a musical concert at 9.25am.



**ST JOHN'S**

St John's Co-Educational Junior School  
Uralla Road, Armidale NSW 2350  
T +61 02 6774 8700  
E [reception@negs.nsw.edu.au](mailto:reception@negs.nsw.edu.au)  
[www.negs.nsw.edu.au](http://www.negs.nsw.edu.au)

## IPSHA Athletics

On Tuesday, 27th August Mrs Wood, 10 St John's athletes, 2 mums and our 2 Gap students joined some PLC students and headed to Sydney for the IPSHA Athletics Carnival. We had a good trip down and stayed at a great Lodge just 8 minutes from the Olympic Park Athletics Centre.

Up early on Wednesday we travelled to the stadium and got a great spot right up top of the grandstand so we could see all the action. From the time we left to the time we got home, all the students were a delight. They participated showing great sportsmanship and support for each other.

With ribbons going to 1st to 4th place in heats, every one of our athletes came home with at least one ribbon which was fantastic. Most athletes improved their times from our school carnival and really enjoyed running in the stadium.

Our stand out performances were;

**Eva Knox** overall 7th in 11yrs 800m,

**Isabella Gooch** overall 11th in 8-10yrs 800m and

**Penny Haynes** overall 10th in 12-13 yrs 800m



In addition to those girls, congratulations to **Isabella Johnson, Niamh Bookallil, Hollie O'Halloran, Lydia Farrar, Molly Dooner, Isabel Bookallil, and Sunny Hedges**. They all did a super job and represented their school beautifully!! I was very proud!! I would also like to thank Mrs Lisa Haynes and Mrs Amanda Dooner and our Gappies, Anna and Sophia, for their help during the trip. Greatly appreciated ladies!

*Mrs L Wood*

## Hockey Reports

### U9's

U9's are having a great season. They have learnt a lot of skills and have learnt about spreading out and passing the ball to their team mates. It has been great to see the improvement in their game and to watch them sharing the ball around as they have executed mostly wins and one draw to date. They keep playing right up to 14/9/13 which is Grand Final Day for other age groups. Some of the team members are definitely ready for U11's next year.

### U11's

U11's are playing their way through a great season. They have had a change of coach due to Rachael being unwell but have not missed a beat. They are continuing to learn more about different positions on the field and to try new things which sometimes puts them outside their comfort zone but they have done a good job in this situation. They have round games 31st August and 7th September and we will then know if they go to a finals berth. They are sitting in 5th place at present.

*Mrs L Wood*

### NEGS Aqua Hockey Report

This season has been an amazing season for NEGS Aqua. They've worked hard throughout Term 2 and Term 3 and are on the countdown to semi finals. They are sitting in a great position for semis, third on the table behind the two strong Duval teams. We are looking forward to our semi match, although it will be against our other NEGS team, Purple. At trainings Lara has been working the girls through strategy sessions including our short corners (although I won't give too much away!) and the players are all very excited for the upcoming matches. Go AQUA!

*Miss L Cambridge*

## Soccer Report

### TAS Tonkas v Ex-services West Blue

Beautiful bright sunny Saturday for soccer. TAS Tonkas get better every week and played an outstanding game.

Solomon Layton and Josh Pongrass did great jobs as goalies this week. Beatrice Henzell and Catherine Alcorn played awesomely. Sam Meehan and Solomon Layton had terrific games with Sam scoring 3 goals and Solly scoring 1. Lachlan Costello played a very gutsy game and copped a couple of big hits. Lachlan was awarded player of the week. On ya Lachie!

Final score Tonkas 4 Ex-services 1.

### TAS Tonkas v Walcha United Wizards

This week the TAS Tonkas weren't at all spellbound by the Wizards and played valiantly. Lachlan Costello enjoyed playing in his home territory. Beatrice Henzell showed great commitment to travel all the way to Walcha given her gymnastic commitments as well. Josh Pongrass and Catherine Alcorn served their team admirably. Solomon Layton was ever reliable and tough. Alex Webber did not let a goal through all game.

Many thanks to Mr Neil Smart for bringing along Oliver Smart and Conor Doherty from the Transformers to assist the Tonkas.

Sam Meehan had a blinder of a game plus scored the winning goal. Sam was awarded player of the week. Well done Sam. Coach not playing favourites!!!

Final score Tonkas 1 Wizards 0.

*Matt Meehan*



**Armidale Softball Association**  
Affiliated with NSW Softball Association Inc.  
Facebook: Armidale Softball Association  
Email: [armidalesoftball@hotmail.com](mailto:armidalesoftball@hotmail.com)  
Address: 39 Kennedy St Armidale 2350  
President: Fiona Blevins 0423 771 747  
Registrar: Naomi Bassett 0408 022 779

**2013/2014 Season**  
**(Term 4 2013 – Term 1 2014)**

**Registration Days**  
**Sunday 8<sup>th</sup> September, &**  
**Saturday 14<sup>th</sup> September**  
**10am-12pm**  
**North Armidale Sporting Complex**  
East end of Erskine St  
(near the McDonald Drive shops)

*Saturday competitions for boys, girls,  
women & mixed adults*  
Tee Ball 5-10yrs  
Modball 11-14yrs  
Senior Softball 15yrs +

**Competition Starts on 12 October 2013**

For further details, please email us at:  
[armidalesoftball@hotmail.com](mailto:armidalesoftball@hotmail.com) or 'like'  
Armidale Softball Association on Facebook

### Need a helping hand?

Year 2, 3 and 8 had a blast on Wednesday cooking up a storm for Father's Day. The students worked cooperatively together to create Mars Bar slice for the dads of Year 2/3. Year 8 helped with the cooking, the washing up and stirring the mixture when it got a little too much for Year 2/3's muscles. We'd like to thank the TAS staff for letting us use the kitchens and Year 8 who were patient, kind and a lot of fun. What a great way to interact with our 'big' friends.

*Miss Laura Cambridge*



## From the Library

Over the past 2 weeks I have been working with the Junior School classes on a wonderful project aimed at introducing the students to the concept of empathy, and understanding how our emotions and actions can affect those of others around us.

The book is 'How Full is Your Bucket for Kids', by Tom Rath, and is based on a best-selling title originally written for adults. This edition for children conveys this complex concept in very simple terms, and it works well for a variety of year levels.

After reading the book we discussed the imaginary 'bucket' that we all have above our heads. When we feel good it is full, and when we are upset by events/people around us the water tips out -- leaving us feeling sad/angry/ sometimes even vengeful. Each class has contributed to great discussions about how we can fill or empty other peoples 'buckets'. After writing their ideas and drawings onto sticky notes, they created colourful and very insightful posters for display in the Junior Library area.

To keep this important theme about friendship and caring for others going I have emailed some great follow-up ideas to the Junior School teachers on the links listed below. There are lots of activities out there, these are just a few ideas to keep this important topic going!

<http://www.bucketfillers101.com/>

<http://www.randomactsofkindness.org/additional-classroom-materials/784-how-full-is-your-bucket>

If you have a Pinterest account:

<http://pinterest.com/lharvey3/how-full-is-your-bucket/>

<http://www.teachingheart.net/bucket.html>

*Alison Dare - Acting Librarian*



Annandale Cricket Association Inc.

# Junior Cricket

Saturday 14th<sup>\*</sup> September 2013

## Registration Day

Come along and enjoy local cricket, make new friends, get active!

**Club Venues & Times**

*\*Thursday 14th Sept for all clubs except Dugald & Galah*

**Hillgrove Colts Cricket Club**  
Annandale Bowling Club 9:00 AM, 10:00 AM, 11:00 AM  
Contact for Registration and Club at Terry Baker 0421 221 120

**Lancashire Cricket Club**  
www.lancashirecricket.com.au  
04 9166 8128

**Dugald Cricket Club**  
To be held on 14/09/13 at 11:00 AM  
Newcastle Recreation Ground from 12:00 PM  
12:00 PM - 1:00 PM  
Mick Allen 0421 794 213 or  
Tom Slagter 0421 794 213

**PSCC**  
Dugald Recreation Ground  
12:00 PM - 1:00 PM  
1:00 PM - 2:00 PM  
Tom Slagter 0421 794 213



### Please note:

All Sport Notes and other sporting events information, outside of NEGS, will be uploaded to the NEGS website.

Top Menu > Latest News

Sports Update

*From this page, scroll to bottom to Sports Notes.*

- Applications are now open for the 2014 NIAS Wests Hockey Program.

### Hockey Reports

#### NEGS Pink

The girls played one of their best games of the season against Duval. The girls went down 3-0 but they had fantastic team work and persistence. They had a couple of shots at goal but just could not find the back in the net. The girls will play their last game on Tuesday afternoon against PLC.



#### NEGS Blue

NEGS Blue had a loss to Harlies this week. The Harlies team is a very experienced team and has a number of representative players. The girls will come up against Servies in their next game which will also be a hard game but good practice before they head off to IGSSA Semifinals.



#### NEGS Purple

NEGS Purple played a great game of hockey on the weekend against Duval White. It was lovely to see all the players there and such a great team spirit. The girls went down 3-1 but they fought hard all game.

#### NEGS Aqua

NEGS Aqua played a tough Duval Black team on the weekend. The first half saw both teams have a lot of play, but Aqua managed to score just before half time. In the second half the NEGS girls went out determined to hold on to their lead. They continued giving their best, marking well, getting in front, and playing some quality hockey. They were rewarded for their efforts - with a final score of 4-0. It was great to see the girls working so well together as a team!

*Lara Askey - Coach*

#### NEGS Aqua

The girls played PLC Cubs on Monday night and came away with a 3-0 win.



#### NEGS Silver

On Saturday 31st August, sadly, the Silver hockey team played their last game of hockey for the season! And what a great game it was to finish the season with. It was a tough first 25mins of the first half before the "Servies" got a short corner, and the awesome goal scorer Isabella Watson, hit the ball straight in, managing to dodge all the players! Grace Brazier had a super game and played extremely well in her position managing to take on an opposition player twice her size! Laura Brown had been out for the majority of the season but managed to play a super game for our last game. Lucy Moffat, Mary Carter, Claudia Nash, Simmone Sakker, Edwina Morton, and Katie Cannington all played their positions extremely well to fight back the opposition. Sophie Watson played for Silver... AGAIN! and a big thank you goes to her for giving up her time for our team.

Georgia Hook was a super goalie on the weekend but unfortunately some big scary golf swinging hits from the opposition managed to get them a point ahead of Silver, which left us with 5 minutes to score 2 more goals to win... it didn't happen. The game was also Kate Ramsay's last game of Hockey with NEGS and it was such a fun game to finish with.

A big thank you must go to our coach, Amelia Pavitt (UNE), and thank you to Mr. Carter for filling in and being our coach for the last few weeks, it has been so great. All the parents over the season have been fantastic by giving some great hockey tips and most importantly, giving us lollies. It doesn't go unnoticed. Mrs. Watson, a big thank you to you for letting us borrow all three of your girls for games! and without a doubt, being there at every game to cheer us on. Mrs. Smidt, thank you for organising and getting us to and from hockey on time every single game! Good luck to the rest of the teams for the rest of the season!

**NEGS Gold**

NEGS Gold played their last HNE game of the season and came away with an amazing win over Robb College 3-2. The girls were buoyed by the fact that they had qualified 3<sup>rd</sup> for the IGSSA Semi finals in Sydney and it showed in their game. The goals were scored by Nicola Armstrong (2 goals) and Emily Rogers (1 goal).

**NEGS Gold**

After a long weekend at Sydney for IGSSA the girls came out strong in the first half against Guyra. Unfortunately Guyra managed to score 2 goals against the NEGS defence and led the scoreboard at half time.

The second half really showed how tired the girls actually were with another 4 goals being scored and leaving the final result at 6-0 to Guyra.

Best and Fairest this week goes to Nicola Armstrong for her impressive defence and amazing attempt at an overhead.



**Country Picnic Polo**  
*One of the world's most exciting sports, polo, will come to the picturesque hills of Dungog on the weekend of 14<sup>th</sup> and 15<sup>th</sup> September.*

*Hosted by the historic Wirragulla Polo Club, this popular event will feature the finest polo ponies teamed with some great action.*

*Play starts each day at 10:00am, knock out games Saturday and Sunday finals.*

*Tickets available at the gate and facilities include bar featuring Hunter Valley wines and a light meal canteen.*

**Bring your picnic, sit in the sunshine and enjoy catching up with country family and friends whilst supporting the Westpac Rescue Helicopter Service.**

**Admission \$10  
 Children under 12 free**

**Enquiries  
 Sueanne Martin  
 02 4938 9242 or 0429 990 430  
 www.wirragullapoloclub.com  
 or facebook**

**WIRRAGULLA POLO CLUB DUNOGG**

**SPONSORS:**  
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 More Signs & Engineering  
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**HELICOPTER SUPPORTING:**  
 Westpac Rescue Helicopter Service

**KIDS**

Have Fun Outdoors.....  
 Run Jump and Throw

Little Athletics is for all kids aged from 5 – 16  
 It's a great way to develop skills and fitness,  
 improve co-ordination and meet new friends.

**Join us at Harris Park  
 Thursday afternoons.**

**In Term 4 2013 and Term 1 2014.**

**Setup from 4.30pm.....  
 Program starts at 5pm**

**First Club Night – 10<sup>th</sup> October**

**REGISTRATION**

Thursday 12<sup>th</sup> & 19<sup>th</sup> September – McDonalds Restaurant – 4-6pm

**WHAT TO BRING:** *New athletes need to bring along proof of age, eg Birth Certificate, blue book or passport.*

**COST:** \$75 plus a uniform if you don't already have one.

For more Info: Email [jodiefittler@inet.net.au](mailto:jodiefittler@inet.net.au)

Website: [www.armidalelac.org.au](http://www.armidalelac.org.au)

Phone: 0410066405

### Netball News

Congratulations to both our Senior and Junior IGSSA Netball teams. Both teams finished in equal 3rd spot in their respective competitions. Unfortunately there were 2 other teams on the same points as us and the 3rd and 4th positions were decided on a count back. Both teams ended up in 5th position, very narrowly missing out on the finals to be held in Sydney.

The Junior IGSSA team are still in the running for the ADNA premiership. The girls will play their final this weekend at 2.40 pm vs Curlie Wurlies at the Lynches Road courts.

Congratulations also, to NEGS White who won their Semi Final on the weekend and will be playing their final this weekend at 2.40 pm vs VIP Blue Jays well.

Congratulations to all of the girls for a wonderful season and good luck to those still in the running for a Grand Final birth.

A special thank you to our coaches, Terri Swartz, Jess Graham, Elizabeth Stratton, Em Doherty, Lucy Schneider, Harriet Raleigh and our wonderful umpire Laura Caimbridge.

#### NOTE:

Training this week will only be on for the teams still in contention for the Finals.

NEGS White will be training at 3.45 pm in the MPC on Wednesday and NEGS Navy will be training on Thursday from 4.00-5.00 pm on the **outside Netball courts** (Grandparents day set up in the MPC)

*The NEGS Junior IGSSA Netball Team at the end of their hard fought match against Roseville*



*Senior Netball players Brigitte Michel and Harriet Raleigh at The Anne Clark Netball Centre in Sydney*



### IGSSA NETBALL Trip 2

#### Results

#### Friday 23rd August, 2013

	Division	Teams			SCORE	WIN/LOSS
NEGS JUNIOR	J02	NEGS	v	ROS	17-40	LOSS
NEGS SENIORS	S02	ROS	v	NEG	18-16	WIN

#### Saturday 24th August, 2013

	Division	Teams			SCORE	WIN/LOSS
NEGS SENIORS	S02	MON	v	NEG	18-28	LOSS
NEGS JUNIOR	J02	NEG	v	BRI	22-16	WIN
NEGS SENIORS	S02	NEG	v	KAM	22-9	WIN
NEGS JUNIOR	J02	NEG	v	SVC	12-20	LOSS

**SEMI FINAL Results - ADNA Netball competition**

**NEGS Navy v PLC2**

The great season of NEGS Navy continued with a semi-final win over PLC2. The girls came out strong from the outset and played some good netball to take out the match 25-16. Charlotte Raleigh relished the opportunity for a run in defence and combined well with Molly Evans in the circle. Thelma Dauvunau and Emily Farrar also played a fantastic game in the mid-court and Laura Claridge continued to feed well into the shooters. It really was a strong team effort and the girls should be very proud of the season that they have had!!

**NEGS Red v Magic**

NEGS Red fought hard on Saturday in a tough match against Magic. Most of the game it was goal for goal, with excellent attacking play from both teams. Eventually Magic were too strong and pulled away from NEGS in the final quarter. The 22-28 loss is the final game for NEGS Red for the season. The girls are to be congratulated on making the top 4 in division 6 this year.

**NEGS White v PLC 7**

NEGS White would have to be the most improved NEGS team in the 2013 ADNA competition. They worked as a team to deliver a convincing 24-15 win against PLC 7 on Saturday. The girls now progress to the finals, where they will take on VIP Blue Jays on Saturday at 2.40pm.



NEGS Red



NEGS White

**FINALS DATE: Saturday 7th September, 2013**

TEAM	TIME	COURT	OPPONENT
NEGS Navy (Div 3)	2.40pm	A	Curley Wurlies
NEGS White (Div 7)	2.40pm	2	VIP Blue Jays

embracing life with confidence,  
compassion and creativity



**NEGS  
EQUESTRIAN**

## Newsletter

Term 3 Week 8 - Wednesday 4th September 2013

### Working Bee

Thank you to those dedicated families who came to the first working bee. So much was achieved, lots of fun, laughter and BONUS !!!!! lunch with Olympian Brett Parbery, it just doesn't get much better than that!



**Next Working Bee is this Sunday between 10-3 pm come along and join in the fun.** What we will be up to: Oiling XC jumps, cleaning down the red jump wall, mowing and filling in a few holes.

### Clinics

What a busy few weeks we have had at the Equestrian Centre with some of Australia's best coaches providing clinics for students, staff and the community. The feedback from each clinic has been excellent and all of the instructors had high praise for our lovely NEGS girls. Well done to all of those who attended we hope you have gained from the experience and skill of these wonderful coaches.



*Lucy Ramsay and Cisco enjoying the sun at the Colleen Brook Clinic on Sunday*

### Out and about

It has been a very busy term so far with many girls competing in many disciplines.

Well done to everyone who attended Qurindi ODE some excellent results in a large field of competitors;  
Qurindi results;

Madeline Murphy 1<sup>st</sup> in B grade

Abbey Jaskson 5<sup>th</sup> in D Grade

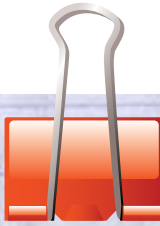
Elizabeth Hancock 6<sup>th</sup> in C grade

Lucy Ramsay 10<sup>th</sup> in C grade

Tahlia Paull 10<sup>th</sup> in C grade

Mudgee ODE results: Jaimie McElory placed 3<sup>rd</sup> in the EVA 95 class.

### Upcoming Events



7&8 September	Tamworth I.E CIC***
8th September	NEGS ODE Working Bee
15th September	Qurindi Show NEGS ODE Working Bee
21&22 September	Sydney Equestriad CIC***
21st September	NEGS ODE Working Bee
25-27 September	NEGS EC Andrew Haddad ODE Clinic
28&29 September	NEGS EC NEGS CNC*
5-Oct	Scone ODE CNC***

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W: [www.negs.nsw.edu.au](http://www.negs.nsw.edu.au) Facebook: NEGSarmidale Twitter: NEGSarmidale

Brooke & Hollie O'Halloran have been very busy competing in show jumping at various competitions.

22nd & 23rd June – Warialda Show Jumping Championships  
Hollie on Charlie - C Grade – 1 x 1<sup>st</sup>, 1x 2<sup>nd</sup>, 1x 3<sup>rd</sup>, 1 x 4<sup>th</sup> - Reserve Champion

Brooke on Brave Kid – C Grade – 2 x 2<sup>nds</sup>, 2 x 3<sup>rd</sup>, 1 x 4<sup>th</sup>

29<sup>th</sup> & 30<sup>th</sup> June – Tamworth Winter Show Jumping Championships  
Hollie on Charlie – 3<sup>rd</sup> in 85cm superphase

Brooke on Brave Kid – 1<sup>st</sup> 70cm AM7 & 2<sup>nd</sup> 70cm superphase

13<sup>th</sup> & 14<sup>th</sup> July - Bingara Show jumping championships  
Hollie on Charlie – C grade – Reserve Champion

3 & 4<sup>th</sup> August – Singleton Show Jumping Championships

Hollie on Charlie – C Grade – 1 x 1<sup>st</sup> & 1 x 2<sup>nd</sup>

Brooke on Brave Kid – C grade – 1 x 2<sup>nd</sup>, 1 x 3<sup>rd</sup> & 1 x 4<sup>th</sup> - Sash & prize for overall 3<sup>rd</sup> place

18<sup>th</sup> August - NNWSJC 2013 Winter Club Height competition  
Indoor in Tamworth

Hollie on Charlie – 3<sup>rd</sup> 70cm AM7

Brooke on Brave Kid – 4<sup>th</sup> 70cm AM7

24 & 25<sup>th</sup> August – North Star Show Jumping Classic

Hollie on Myla – 1<sup>st</sup> 30cm AM7, 2<sup>nd</sup> 50cm AM7, 1<sup>st</sup> 30cm AM5, 1<sup>st</sup> 50cm AM5

Hollie on Charlie – 5<sup>th</sup> 90cm Grand Prix, 5<sup>th</sup> 60cm AM7, 4<sup>th</sup> 70cm AM5, 5<sup>th</sup> 90cm A2

Brooke on Brave Kid – 2<sup>nd</sup> 60cm AM7, 3<sup>rd</sup> 70cm AM7, 1<sup>st</sup> 60cm AM5, 4<sup>th</sup> 90cm A2

*Good luck to the following girls:*

Laura Strelitz and Molly Evans who will be competing in the Australian Stock Horse State Youth Championship Show at Grafton.

Alison Cala, Shaina Berry, Hilary Blackman, Racquel Frogley, Hannah Parker & Annyka Overton at TIE ODE in Tamworth

Georgia Everingham, Molly Fitzgerald & Claudia Turnbull competing at the Armidale Stockmans Challenge and Team Penning

To share your upcoming events, results and photos with our community email the Equestrian Centre.

#### **Equestrian Team Training**

Don't forget to tick equestrian team training for Term 4 sport, it is shaping up to be seriously good fun.

#### **Polo-X Team**

Last week a large turn out of girls came to the equestrian centre for a meeting to gauge if we had enough interest in establishing a polo-x team. To our delight we seem to have enough for a few teams. Well done to those who came along your enthusiasm was infectious we look forward to helping you to rebuild polo-x at NEGS.

#### **Cross Country Course**

The NEGS Cross Country course is now closed in line with requirements for the upcoming NEGS One Day Event (ODE).

