



# ST JOHN'S

There's no  
**place**  
like St John's

## St John's Newsletter

Term 1 Week 4 - Wednesday 18th February 2015

Head of St John's Ms Shannon Rosewood

### Wellbeing Day 2015

Establishing and maintaining positive relationships with family, friends, peers and educators in a variety of settings is essential to wellbeing. It is all about our ability to connect with other people. Wellbeing Day will be held on Friday 27 February.

Creativity and art are avenues that enable students to express themselves, promote social interaction and evaluate their wellbeing. St John's will be working in conjunction with NERAM on a range of exciting activities that encourage creativity and collaboration.

**Years 5-6 – A printmaking session in the Museum of Printing – relating to the Ex Libris exhibition on at that time**  
<http://www.neram.com.au/portfolio-items/ex-libris/>

**Years 3-4 – A paper flower making/or painting flowers art session – relating to the Flowers of Hinton exhibition**  
<http://www.neram.com.au/portfolio-items/flowers/>

**Years K-2 – A search, find and drawing session in the exhibition Munificence exhibition**  
<http://www.neram.com.au/portfolio-items/hinton-the-munificent-benefactor/>

#### Extra activity

**Illuminate exhibition - <http://www.neram.com.au/portfolio-items/illuminate/>**

Additionally, students will join the Senior School to enjoy a performance by a highly accomplished guest speaker - Lorin Nicholson.

*Lorin has been legally blind since birth. Despite this incredible challenge, he has gone on to achieve his dreams and goals including athletic records, business milestones, musical performances & recordings, and professional performance speaking engagements. If you're seeking a corporate motivational speaker with the power to challenge your guest's expectations and preconceived notions of challenge and success, look no further than Lorin.*

*His unique approach is authentically powerful in context as a youth motivational speaker. As a father of four children, Lorin is especially*

*driven to deliver high-impact presentations as a youth leadership speaker in Australia. He has presented speeches as an anti-bullying speaker at schools across Australia and internationally, incorporating poignant anecdotes from his own childhood to highlight critical messages for younger children and teenagers alike.*

Taken from <http://lorinnicholson.com>.

Continued emphasis this year is being given to the development of character traits through our Junior School wellbeing program. We welcome your input and support as we educate our students in a holistic manner that sees them flourishing.

### Westpac Rescue Helicopter visit

Congratulations to St John's. The Junior School were awarded a special visit from the Westpac Rescue Helicopter on Friday 20 February. Since 1975 the Westpac Rescue Helicopter Service has grown from a part-time voluntary summer beach patrol to world-class aeromedical search and rescue operation.

The helicopter will be landing on our school oval and students will be given a tour of the chopper by the pilots!!! Well done everyone who made helicopters and learnt about the amazing work of this organisation last year. Our submission was particularly good because of the amazing creativity of Transition. Well done everybody!



**Students are asked to bring a donation for the Westpac Rescue Helicopter Service on Friday.**

## St John's Swimming Carnival

Congratulations to all the swimmers at the St John's Swimming Carnival on Friday. All children competed in events, novelty races and had a free swim at recess. Particular thanks to the P & F for the delicious lunch.

Spectacular swimming from our senior girls meant that the competition was fierce. Congratulations to our champions and all of our students for trying their best. Well done to Murray House for being the winning house on the day. The house cheer competition was a noise festival. Well done Dumolo.

**Junior Boy- Charlie McCulloch**  
**Junior Girl- Eloise Gooch**  
**Senior Boy- Calan Loudon**  
**Senior Girl- Isabella Rutledge**

**Winning House- Murray**

## NRL Development Camp

On Friday 13 November, St John's children from Transition to Year 2 were treated with a fun hands on visit from representatives of the NRL. The children very much enjoyed the experience, learning ball skills and dodging manoeuvres. They especially loved working in pairs practising defence and attacking. It was a great morning with many of the children keen to take up the sport.



## Assembly Awards @ St John's

Congratulations to the following children who received awards at the 2 Assembly in Week 2:

### Personal Best Awards

K - Ruby Harvey-Lynn  
1/2 - Andrew Knight  
3/4 - Whole class  
5 - Solomon Layton  
6 - Isabella Johnson

### St John's Star

K - Jesse Alldis  
1/2 - Annicka McCulloch  
3/4 - Owen Rice  
5 - Sophie Mason  
6 - Sydney Rice

## Armidale Annual Autumn Festival

Saturday 14 March 2015

St John's children will be participating, details are as follows:

**Meet:** 12 noon  
**Where to drop off:** Park opposite TAFE in Beardy Street  
**Finish:** 1.15 pm  
**Where to pick up:** Opposite the Belgrave Cinema in Dumaresq Street

*All children must wear full school uniform with hats and they may carry water bottles. Unless the weather is cool, blazers do not need to be worn. Please ensure you are at the finish point promptly.*



## Important dates for your diary

- 20 February - Assembly – Year 5
- 26 February - Cross country
- 27 February - Wellbeing Day
- 3 March Literacy Information Evening – T-2 parents invited.
- 6 March – Assembly Years 3&4 – to be held in the Jan Milburn Room
- 14 March - Autumn Festival Parade



Wow what a big couple of weeks for Junior School Sport!  
Students have started Summer Sport and have nominated for Winter Sport.

Ms Rosewood added some great photos earlier in the newsletter from the Swimming Carnival. Thank you to the P&F and all of the wonderful parents who helped with different jobs throughout the day.

Students who qualified for IPSHA Swimming Carnival in Sydney in a few weeks time, will be attending the local PSSA Carnival this week in Armidale. We wish them all the very best.

Next Thursday the 26th, is the Junior School Cross Country Carnival. All students will receive an invitation for all parents and families to attend. It is a great afternoon and it will be followed by a BBQ lunch.

On Friday 13th while Primary students were at the Swimming Carnival, Infants students had a visit from an NRL Development Camp. Students had lots of fun in the sun learning about basic ball skills and a chat about healthy lifestyles and wellbeing. Thank you to Mrs Packer for the photos below.



## **TERM 1 SCHOOL SPORTING EVENT DATES**

PSSA Swimming Carnival: Thursday 19th February: Armidale Aquatic Centre

St John's Cross Country Carnival: Thursday 26th February: St John's & NEGS

IPSHA Swimming Carnival: Wednesday 4th March: Sydney Aquatic Centre

K-2 Swimming Program: Monday 16th March- Friday 20th March: TAS Pool

If you have any sporting queries please email Mrs Jess Oehlers at [jess.oehlers@negs.nsw.edu.au](mailto:jess.oehlers@negs.nsw.edu.au)

I look forward to seeing our students shine in sport this year.

# LORIN NICHOLSON

Motivating Generations



Australia's preeminent youth motivational speaker, Lorin Nicholson, has received outstanding feedback in over 1400 schools, to more than a million students throughout Australia and the globe.

We are looking forward to Lorin sharing simple but powerful messages of **perseverance, resilience, respect, inclusion and leadership** that will greatly inspire every student to succeed in all areas of school and personal life.

**New England Girls School**  
**Friday, 27<sup>th</sup> February, 2015**  
**2.00pm**

**All staff, students, parents, family and community members are welcome to attend.**



Many have been quoted as saying that this is without doubt the most motivational and potentially life changing presentation they have ever witnessed.

*"You could hear a pin drop in our hall. Your show gave them more to contemplate in one hour than I could ever give them in my classroom."*

Lorin's incredible guitar playing, coupled with his amazing life achievements growing up blind, will not only captivate and entertain our school, but will inspire each individual to take on a more positive attitude towards those around them, as well as finding the strength within, to never give up on achieving our dreams.

INSPIRED BY  
**LORIN**

## It's great to be in Year 1/2 at St Johns!

We have been learning so many fantastic things. The children have had a lot of opportunity to create and explore. This week we have been focussing on our sound of the week from the THRASS chart.

“ar” as in **Car** and “a” as **Banana**

In visual arts we have been making our own “cars”. We were allocated one cardboard box between 3 friends and various crafty equipment! We were given free reign to explore and create. The children were allowed to make mistakes and let their imagination run wild. It was so fantastic to see them work in a group to create a car from almost nothing!



“We are making a rainbow car. It's also got pictures of nature drawings so its like a non-fiction car!”



“We want to use a straw on our steering wheel so it sticks out like a real steering wheel and you can steer it.”



“We are making a pink car like a barbie caravan. It will even have a TV!”



“These are the exhaust pipes. They help the car go really fast!”



“I'm sticking on foil at the front so it looks like a windscreen. A real windscreen.”





# SPROUTS

## Growing future scientists!

Join Science staff from New England Girls' School for a fun day of Science activities designed to ignite and inspire a love of Science.

Where: New England Girls' School

When: Friday 10<sup>th</sup> April 2015

Time: 9am - 3pm

Cost: \$50 (includes morning tea, lunch and four activities) + bring a plain white/light grey t-shirt that can be painted

Age: School Grades 4 - 6

Hurry!! Limited places available. For more information or to make a booking, please email Belinda Stone on [belinda.stone@negs.nsw.edu.au](mailto:belinda.stone@negs.nsw.edu.au)

Multi ARIA-Award winning vocal group

## THE IDEA OF NORTH Live in Concert



"One of Australia's brightest cultural treasures." Sydney Morning Herald

NEGS Chapel - Uralla Road, Armidale  
5pm, Sunday 22 February 2015  
Drinks on the lawn from 3:45pm  
Tickets: \$45

VIP \$110 includes an exclusive  
after-show supper with The Idea of North

Bookings: [trybooking.com/111736](http://trybooking.com/111736)  
Enquires: 6774 8744



NEVER smile at a crocodile - so join **The Alligators** TODAY! Because it's

# FUN!

<http://armidalealligators.swimming.org.au/>



The Armidale Alligators is a NSW Swimming affiliated club which operates out of The Armidale School (TAS) Sports Centre to provide year round swimming for its members. Proudly sponsored by Harwood Swimming and the TAS Sports Centre - Like us on Facebook - Follow us on Twitter

For more information please call Lisa Russell on 0408 989 994 or email [armidalealligators@gmail.com](mailto:armidalealligators@gmail.com)

### Your first two club nights are free.

Racing is against swimmers of similar ability, not age, with the focus on beating your own best time. Swimmers are encouraged to try and "DO A PB" (personal best).

Club nights are run every Friday night during summer (Terms 1 & 4) and every second Friday night during Winter (Terms 2 & 3), with the exception of school holidays.