



# NEGS

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There's no  
place  
like NEGS

## NEGS Newsletter

Term 2 Week 2 - Wednesday 29th April 2015

### From The Principal

Mr Clive Logan



#### **We are prophets of our future not our own**

*Archbishop Oscar Romero lived and preached in a time of national crisis in El Salvador. In the face of political violence, government repression, and the persecution of his church, he preached a gospel of peace, of love—even of one's enemies, of forgiveness, and of justice. He understood—and never tired of saying—that injustice was at the root of the violence and that the violence of terrorism, repression, vengeance, and armed revolution would not end if that root was not torn out from the world.*

Oscar Arnulfo Romero was appointed Archbishop of San Salvador on February 22, 1977. At that time, the country of El Salvador was ruled by a military government that violently repressed the people. Widespread social and political tension was growing. Romero became an outspoken voice of the impoverished and persecuted of the country; he became a well-known critic of violence and injustice. On March 24, 1980 Archbishop Oscar Romero was assassinated as he was celebrating Mass.

Here is his famous prayer, **A Future Not Our Own**

It helps, now and then, to step back and take the long view.  
The kingdom is not only beyond our efforts,  
it is beyond our vision.

We accomplish in our lifetime only a tiny fraction  
of the magnificent enterprise that is God's work.

Nothing we do is complete,  
which is another way of saying  
that the kingdom always lies beyond us.  
No statement says all that could be said.  
No prayer fully expresses our faith.  
No confession brings perfection.  
No pastoral visit brings wholeness.  
No program accomplishes the church's mission.  
No set of goals and objectives includes everything.

This is what we are about:  
We plant seeds that one day will grow.  
We water seeds already planted, knowing that they hold future promise.  
We lay foundations that will need further development.  
We provide yeast that produces effects beyond our capabilities.

We cannot do everything  
and there is a sense of liberation in realising that.  
This enables us to do something,  
and to do it very well.

It may be incomplete, but it is a beginning, a step along the way, an  
opportunity for God's grace to enter and do the rest.

We may never see the end results,  
but that is the difference between the master builder and the worker.

We are workers, not master builders,  
ministers, not messiahs.

We are prophets of a future not our own.

Amen.

*By Archbishop Oscar Arnulfo Romero*

What an appropriate prayer in looking at how we raise children!  
Couldn't think of a better way of explaining what we do as parents and  
teachers.

## KYCKing Uncertainty Goodbye

Life today for our young people can sometimes feel like a battle. Some days feel like a win but others are a different story. What a difference it would make to know for certain that each day would end victoriously, that we were destined to win each of life's battles and succeed in every challenge? "That would be heaven!", I hear you say. Indeed. The Bible describes life in the kingdom of heaven as characterised by victory. Christ's victory over our greatest uncertainty, death. "Death has been swallowed up in victory" (1 Cor 15:54).



This was the theme of the KYCK conference last weekend - a Christian conference designed for high schoolers. Six of our year 9 and 10 students travelled to Katoomba Youth Conference to hear some of the best Christian speakers of our time. A Christian conference? Sounds boring! Are we talking hippie guitar playing vegans singing 'KumBayah' around the campfire? Not on your life! KYCK hosts 2000 high schoolers with "epic" musicians and a mosh pit! Christian speakers such as John Dickson (featured on Q&A and author of 15 books for young people) grace the platform and Instagram competitions abound. Students sit alongside those likeminded from various Sydney GPS schools and church youth groups from all over the city and further afield.

Our students are often amazed by the large numbers of other young Christian people when they go to KYCK. It's fair to say that it can be a 'tough gig' to express Christian faith when you're a high schooler, even when your school actively encourages Christian faith. Who knows what your friends will think? This conference reminded our students that they are definitely not alone in their Christian convictions. Hear one of our student's testimonies...



"KYCK was an amazing experience that helped me grow in my faith. This was because one of the things I struggle with most is being influenced by my peers at school, and not being able to focus properly. At KYCK I realised that there are so many Christians around, and it is a welcoming community that they form. It was very encouraging to see so many



Christians under the one roof! For me this was the most important aspect brought to life at KYCK."

However, even more than the large crowds, it was helpful for the students to understand that there is no need to feel uncertain about Christ's victory over Satan, sin and death. He faced the challenge of the cross with certainty that it would seal the victory over sin and death, for all who choose to follow Him.

And yet, for us, the uncertainties of life are part and parcel of the human condition. We cannot escape them. We were reminded of this on our return from KYCK as we turned our minds to the ANZACs who bravely faced numerous uncertainties on our behalf. I can only imagine the stomach churning uncertainties of those men as they bobbed in boats toward the shore. How many Turks are there? What weapons do they have? Will I live? If nothing else, war is certainly uncertain.

How grateful I am that these men were willing to shoulder the uncertainties of war on my behalf. How grateful I am that the war was won. Yet I am at a loss to express how grateful I am that God's plans for the world are sure. That He plans the end from the beginning. That there is no uncertainty as to the outcome of His battle against evil, sin and death. That Jesus faced no uncertainty as he shouldered death on my behalf.

We do well to honour the Anzacs, especially as we enjoy freedom and prosperity they have won for us as Australians. But as we face life's inescapable daily uncertainties, we would do even better to consider the certain victory of Christ over our biggest problem.

One of our teachers at NEGS has a sticker on her computer cover that reminds us all of this great truth and one worth taking deeply to heart.."Keep Calm For Christ Has Won".





## From the Health Centre Mr Cathy Beevors

It has been a healthy start to Term Two with very few coughs and colds and we would like to keep all the girls healthy over the coming months.

The school provides hand sanitising gel for the girls to use in between hand washing. These bottles are positioned all around the campus. It would be great if you could remind your daughters of "Good Cold Hygiene" for the coming winter months to stop the spread of coughs and colds.

On the N.S.W. Department of Health website there is a fact sheet titled "winterwise", this has good straight forward advice on how to stay healthy during the winter months.

<http://www.health.nsw.gov.au/winterwise/Pages/default.aspx>

As you would be aware, there has been a delay in the availability of season influenza vaccines to date.

The vaccines are now available.

Thank you to all parents/guardians of senior school students who have returned consents for their daughter to receive the vaccination.

These were administered on Monday.

If your daughter is boarding and you have not returned a consent for vaccination, I encourage you to do some research, talk to your Doctor and make an informed decision. I am happy to receive late consents if you decide to go ahead.

**If your daughter is a boarder and has not been vaccinated and contracts the influenza virus, the expectation is that she will need to go home.**

Please call if you need to talk to the Health Centre Staff with any queries you may have. Ph: 02 67748716

# SAVE THE DATE

NORTHERN NSW DA VINCI DECATHLON

## The Armidale School

When:

- 26 August (Year 7 & 8)
- 27 August (Year 9 & 10)
- 28 August (Year 5 & 6)

For more information contact:

Ms Catherine Boydell  
E: [cbdell@as.nsw.edu.au](mailto:cbdell@as.nsw.edu.au)  
M: 0419 641 300



## LOLLY GUESSING COMPETITION

### FIJI SERVICE TRIP



**\$1.00  
PER  
GUESS**

#### RULES:

- \* The lolly jar and guessing sheet will be located in the library at the circulation desk.
- \* Money must be submitted before a guess can be recorded.
- \* Your guess must be different to the previous guesses made.
- \* Closest number wins the jar.
- \* Competition closes at the end of Week 6.
- \* Only Miss C knows the number.



## CUSTOMISED negs BLANKET

### BLANKET RAFFLE

The winter sport season is upon us and many spectators are looking at the upcoming weekends with dread. FEAR NO MORE! A one of a kind CambridgeSmith Design blanket is up for grabs.

The lap blanket will be raffled off in Term 2 for \$1.00 a ticket with all proceeds being donated to the Fiji Service Trip.

Tickets can be bought at Reception or from the PDHPE staffroom.

The raffle will be drawn on the last day of term.

## Term Two and Term Three Calendar Dates

### TERM 2

9 weeks

<b>Monday 20 April</b>	<b>Year 11 Parent/Teacher Interviews 2pm – Milburn Room</b>
	<b>Year 11 &amp; 12 Design / Art Excursion</b>
	<b>P&amp;F Meeting, 7pm – WH Lee Room</b>
<b>Tuesday 21 April</b>	<b>Term Two Classes commence</b>
Saturday 25 April	ANZAC Day
Wednesday 29 April	School Photos
Saturday 2 May	Scholarship Day
Sunday 3 May	Year 9 Camp departs
Thursday 7 May	Year 7, 11 & 12 School Vaccinations
Friday 8 May	Year 9 Camp returns
Tuesday 12 May	NAPLAN
Wednesday 13 May	NAPLAN
Thursday 14 May	NAPLAN
Friday 15 May	IGSSA Cross Country
Tuesday 19 May	Armidale Eisteddfod commences
Wednesday 20 May	Big Science Competition Week
Thursday 4 June	St John's Athletics's Carnival
<b>Friday 5 June</b>	<b>Buses depart from 7:30am</b>
<b>Monday 8 June</b>	<b>Public Holiday</b>
Tuesday 9 June	Confirmation Day
	'Narnia - The Musical' Preview matinee
Thursday 11 June	'Narnia - The Musical' Opening Night
Friday 12 June	'Narnia - The Musical' second show
Saturday 13 June	'Narnia - The Musical' Final Show
Thursday 13 June	Armidale Eisteddfod concludes
Friday 12 June	Senior School Athletics Carnival
	Year 9 Parent/Teacher interviews 3:30pm - Milburn Room
Sunday 14 June	Armidale Eisteddfod Gala Concert
Thursday 18 June	Year 8 Information Session 2pm
	Year 8 Parent/Teacher Interviews 3:30pm – Milburn Room
<b>Friday 19 June</b>	<b>End Term Two</b>

### TERM 3

10 weeks

<b>Monday 13 July</b>	<b>Year 10 Information Session 2pm</b>
	<b>Year 10 Parent/Teacher Interviews 3:30pm - Milburn Room</b>
	<b>P&amp;F Meeting, 7pm – WH Lee Room</b>
<b>Tuesday 14 July</b>	<b>Term Three Classes commence</b>
Thursday 16 July	IGSSA Round 1, Hockey & Netball
Monday 27 July	Year 12 Trial Examinations commence
Tuesday 28 July	Formal Assembly
Thursday 30 July	IGSSA Round 2, Hockey & Netball
Wednesday 5 August	Chemistry Olympiad
Friday 7 August	Year 12 Trial Examinations conclude
Monday 10 August	Day 6 Week Five Biology Olympiad
Tuesday 11 August	Day 7 Assembly 12:05pm
Wednesday 12 August	Day 8 Physics Olympiad
Thursday 13 August	IGSSA Athletics Carnival
Friday 14 August	IGSSA Athletics Carnival
Saturday 15 August	National Science Week
Wednesday 19 August	Day 3 STEM Day
Friday 4 September	Old Girls' Framed! Art Show & Sale
	Year 6, 7 & 8 Social at PLC
	Year 9 & 10 Social at NEGS
Saturday 5 September	Old Girls' Weekend, AGM 9am
	NEGS & St John's Spring Fair 10am
	Old Girls' Reunion Dinners
Wednesday 9 September	Year 11 Preliminary Exams commence
Thursday 10 September	GRASS Science Investigation Awards
	Year 7, 11 & 12 School Vaccinations
Friday 11 September	IGSSA Hockey & Netball finals
Monday 14 September	St John's Musical - Matinee
Tuesday 15 September	St John's Musical - Matinee
Wednesday 16 September	Year 11 Preliminary Exams conclude
	St John's Musical – Evening Performance
Thursday 17 September	Year 12 Valedictory Day
	Chapel 9:30am
	Year 12 morning tea 10:30am
	Year 12 Graduation Ceremony 11:30am – MPC
<b>Friday 18 September</b>	<b>End Term Three</b>
Saturday 19 September	New England Netball Carnival (NENC) – Weekend
Saturday 26 September	Spring Bible Week commences
Saturday 3 October	Spring Bible week concludes

## Character Strengths

*This term in Tutor Time we focus on the broad virtue categories of:*

**Courage** - Emotional strengths that involve the exercise of will to accomplish goals in the face of opposition, external or internal

**Humanity** - Interpersonal strengths that involve tending and befriending others

**Justice** - Civic strengths that underlie healthy community life

Week 2 Monday 27th April - **Persistence** (COURAGE)

Week 3 Monday 4th May - (Year 9 Camp) **Zest** (COURAGE)

Week 4 Monday 11th May - **Kindness** (HUMANITY)

Week 5 Monday 18th May - **Love** (HUMANITY)

Week 6 Monday 25th May - consolidate

Week 7 Monday 1st June - **Social Intelligence** (HUMANITY)

Week 8 Wednesday 10th June – **Fairness** (JUSTICE)

(Monday is Long Weekend)

**The girls will be building up their strengths by using material from [www.viacharacter.org](http://www.viacharacter.org)**

## Curve Lurve Talks

**In Terms 2 and 3, all year groups will have a "Curve Lurve" talk with a representative from the McGrath Foundation. This is a presentation about Breast cancer awareness. Thank you to Sister Beevors for arranging these talks.**

## Wellbeing Lessons for Term 2

### **Year 7 - "Surviving Girlhood"**

Character Strengths- take the VIA Student Survey- compile a profile

Managing Stress This Way Up-

Lessons 1,2,3

### **Year 8 - Lessons 4,5,6,7**

Managing Emotions

Trust- sharing info online

Gossip- online identity & cruelty

Resolving Conflict

### **Year 9 - Lessons 5,6,7 (week 3 Year 9 Camp)**

Active Constructive Responding

Listening and Feedback

ABC, Mindset, Perspective

### **Year 10 - Lessons 4,5,6**

Mindfulness

Real Time resilience

Character Strengths

### **Year 11- Lessons 4,5,6**

Start "Embracing the "F" word"- lesson 1

Lesson 2

Lesson 3

### **Year 12- Skills 4,5,6, Building Resiliency in Young People (ReachOut)**

*Enjoy a productive Term 2!*

## P&F News

### P&F News

Following the AGM on Monday, 20th April the Office Bearers for 2015 are:

President	Mr David Fenwicke
Vice-President	Mrs Jenny Swan
Treasurer	Mrs Tracey Whitehill
Co-Secretary	Mrs Sally White
Co-Secretary	Mrs Jo Campbell

The P&F has invited any interested parent who is willing to take on the role of Co-President with David Fenwicke and Co-Vice-President with Jenny Swan. The Committee has found that the load is lighter if these key roles are shared. Please contact the P&F via the School if you are interested in filling a role.

### Wishlist

The P&F has donated a total of \$14,608 to the School as part of the Wishlist. This includes much needed resources and funding for programs that will benefit all students at NEGS and St John's. These funds have been raised from the 2014 Spring Fair.



### ***NEGS 2015 Spring Fair***

The P&F is seeking volunteers to form the Spring Fair Committee. A meeting will be held on **Tuesday, 12th May at 5.30 pm in the W H Lee Room** to commence arrangements for the Spring Fair. Liaison Parents and those with stall ideas are invited to attend this meeting to start the planning process.



## NEGS Livestock Team - Sydney Royal Show 2015

Great success was had in both beef cattle and Merino sheep competitions at this year's Sydney Royal Show. A team of six students (Chelsea Devenish, Emily Barton, Olivia Fenwicke, Isobel Robertson, Katie Cannington and Sophie Watson) competed at Sydney this year with our four Limousin steers. Sophie Watson represented our school in Merino sheep competitions.

Our results included Isobel Robertson 'Fishington', Armidale being sashed the Champion School Parader, beating the best beef cattle paraders from every school represented at the show! An exceptional result! Katie Cannington qualified at the Armidale Show earlier this year to represent the New England. She received a fifth in her heat in this difficult F002 competition. Well done Katie!

We also achieved pleasing results with our cattle with a 3rd in the heavy weight school steer class out of 16 head and a 6th in the heavy weight open steer class out of 25. All of our cattle were awarded very strong carcass results scoring in the mid to high eighties. Our carcasses achieved a silver medal and two bronze medals. To win any ribbon at Sydney is a great achievement so to achieve multiple results was fantastic.

This year is special in that it celebrates 20 years of beef cattle exhibition and competition at NEGS. So far our successes this year have helped to celebrate this longevity. Our next competition is the Manning Valley Beef Week followed by the Brisbane Royal.

A big thank you to the following people for their contributions in making this year's Sydney Royal Show excursion possible: Mr Phil and Mrs Barb Bricknell 'King Creek Limousins' Currabubula, Mr Richard and Mrs Heather Cole 'Lachlan Dale Limousins' Forbes, Mr Lyall Cameron (NEGS Agriculture assistant), and Mrs Wendy Robertson (NEGS parent). All of our students were, as always, a credit to our school.

In Merino sheep competition, Sophie Watson has achieved excellent results at this year's Sydney show. She won the RAS/ ASC Merino and Poll Merino junior handling competition and well as winning the NSW state Merino sheep judging competition. She also won the Don Brown Memorial Merino Ewe competition award. An exceptional effort! Her success enables her to be the assistant judge at the Merino Ewe Field Day held in Condobolin in February, 2016. Sophie also came fifth in the FAS / ASC National Merino Sheep Judging competition, competing against an all male field of 18 and over. Well done Sophie! A well deserved result.



## **Narnia - the musical**

The students have been working hard for the upcoming show which will take place in the NEGS assembly hall. The performance dates have now been released:

Tuesday 9/6: 11.30am  
Preview matinee

Thursday 11/6  
Opening Night

Friday 12/6  
Second Show

Saturday 13/6  
Final Show

*If there are any parents willing and able to assist with elements of the show's production such as sets or costumes, please contact Rowena, Benn, or Kirrili in the music department.*

## **Upcoming dates:**

**Twilight concert - ensemble evening**  
Monday 18th May, 6:30pm, Milburn Room

**Narnia**  
Tuesday 9th, Thursday 11th, Friday 12th, and Saturday 13th of June

## Parent Liaison 2015 - Senior School

### **Year 7:**

Michelle Bookallil: mbook@cluny.net.au  
Trudy Hancock: trudyhancock@bigpond.com  
Cindy Clonan: alfoxton@bigpond.com.au

### **Year 8:**

Kate Blackmore - kate.blackmore.2350@gmail.com  
Etoline Gailbraith – aegailbraith@bigpond.com

### **Year 9:**

Sally Strelitz - sally@millyhill.com.au  
Susie Redhead - sredhead@neml.org.au  
Sarah Edmonds - sopast1@bigpond.com

### **Year 10:**

Lisa Haynes - shop@conceptsofarmidale.com.au  
Jenny Swan – wobbles22@bigpond.com

### **Year 11:**

Tina Watson - msm5@bigpond.com  
2nd Person – TBA (anyone interested please contact Tina)

### **Year 12:**

Janet Carter - angusjanetcarter@bigpond.com





# Sport News

Miss Laura Cambridge

Please find attached the schedule for Athletics Pre Carnival events. (Athletics Carnival Friday 12 June)

We will be running pre-qualifiers for high jump, shot put and discus before the carnival so that we are able to work efficiently on the day and not bottle neck on the field events. There will be a set distance/height you will need to jump/throw to qualify. This will be determined by the number of students who participate and the success rate. Numbers will be determined by me and students notified of their success prior to the carnival.

3000m and 1500m will be run in week 2 so that students can continue on with their run fitness from cross country. These events will be run straight after school on the oval on the dates stated. They do not need to sign up for this; just turn up and names will be written down before the run.

Triple Jump and Javelin are both completed prior to the carnival. Triple jump will be completed in PE classes. Javelin will take place in the lunch time for each age group stated. Students should ensure they are prompt and at the oval at the beginning of lunchtime.

Year 11 and 12 please note the days that you will be completing shot put, discus and triple jump. Yours will occur straight after school. This leaves lunchtime for Marching practice.

Alice and her team will be notifying you and organising marching practice at the start of Term 2.

If you miss an event for a valid reason you will need to approach your classroom PE teacher to see if you can make up your event in a class time. We have a hectic Term 2 so we are working hard to ensure those girls at Coona do not miss out on participating in Athletics pre events.

Thanks for your cooperation.

## ATHLETICS PRE CARNIVAL EVENTS 2015

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	April 20	April 21	April 22	April 23	April 24
2	April 27 3000M- 3.30pm	April 28	April 29	April 30 1500M- 3.30pm	May 1
3	May 4 YR 9 CAMP	May 5 YEAR 9 CAMP	May 6 YEAR 9 CAMP	May 7 YEAR 9 CAMP	May 8 YEAR 9 CAMP
4 TRIPLE JUMP IN PE CLASS	May 11	May 12 NAPLAN	May 13 NAPLAN	May 14 NAPLAN IGSSA CROSS COUNTRY	May 15 IGSSA CROSS COUNTRY
5 DISCUS QUALIFIERS IN PE CLASS	May 18 LUNCH HIGH JUMP 12, 13, 14, 15	May 19 LUNCH HIGH JUMP 16, 17, 18	May 20 LUNCH JAVELIN 12, 13, 14, 15	May 21 LUNCH JAVELIN 16, 17, 18	May 22
6 SHOT PUT QUALIFIERS IN PE CLASS	May 25 YR 11 & 12 TRIPLE JUMP 3.30pm	May 26 YR 11 & 12 DISCUS 3.30pm	May 27 YR 11 & 12 SHOT PUT 3.30pm	May 28 COONA EXPO	May 29 COONA EXPO
7	June 1 COONA EXPO	June 2 CONNA EXPO	June 3	June 4	June 5
8	June 8 LONG WEEKEND	June 9	June 10	June 11	June 12 ATHLETICS CARNIVAL
9	June 15	June 16	June 17	June 18 LAST DAY OF TERM	June 19