



NEGS

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NEGS Newsletter

Term 3 Week 8 - Wednesday 2nd September 2015

From The Principal

Mr Clive Logan



How do we overcome fear, face danger and be a risk taker?

***"Don't fear failure so much that you refuse to try new things. The saddest summary of life contains three descriptions: could have, might have and should have."* ~ Unknown**

Too often, we allow fear, worry and doubt to dominate and define our lives. We allow them to steal our joy, our sleep and our precious dreams.

Chris Hadfield, a retired astronaut and fighter pilot, who is afraid of heights (!), flew two Space Shuttle missions and was a commander on the International Space Station. He is now famous for his rendition of Space Oddity while on the Space Station. He also was recently on Q&A. This is what he had to say in his TED talk:

"What's the scariest thing you've ever done? Or, to put it another way, the most dangerous? I know the most dangerous thing I've ever done because NASA does the math. The odds of a catastrophic event during the first five Space Shuttle launches was 1 in 9. Even when I first flew on the Shuttle in 1995, the odds were still about 1 in 38. Not great odds.

So it's a really interesting day when you wake up at the Kennedy Space Centre and you're going to go to space that day. Because you realise that by the end of the day, you'll either be floating

effortlessly in space or you'll be dead. Why would you take that risk? Why would you do something that dangerous? But how do you deal with the danger involved, and the fear that comes with it? How do you get around this fear? How do you change your behaviour?

The key question is: By looking at the difference between perceived danger and actual danger, what is the real thing that you should be afraid of? By moving away from a generic fear of bad things happening, you can fundamentally change your reactions."

If we want to know happiness and realise our dreams, we have to be willing to take a leap of faith despite being afraid. Too often, we hold back and play it safe, in order to avoid becoming successful, feeling embarrassed, looking silly, being hurt and facing rejection or possible failure.

We cling to fear from our childhood, or traumatic experiences, or the negative media, like Linus, from the cartoon strip, Peanuts, clinging to his security blanket. It's our responsibility to acknowledge, face and dissolve our fear.

Are we willing to begin now, to dig for the courage to do all the things we were meant to do, but haven't yet begun? If the answer is yes, read on! The following tips will help us to face fear and put it in its place:

1. Get comfortable with fear.

Invite fear into your life (within reason and calculating the pros and cons)! Notice: invite, not ignore! When you fear something, move toward it. Feel it and breathe through it. Do things that frighten you. Action builds courage. Tell yourself, "This fear will pass." Your world expands as your courage expands.

2. Make your dominant thoughts positive.

Fearful thoughts attract more fear. Positive thoughts attract success. Instead of expecting the worst, train your mind to expect the best. Make positive assumptions about your future.

3. Don't give time, attention or energy to fear.

Hold yourself accountable. Be consistent, be prepared, be dependable and focus on solutions. Be innovative, take the initiative and go the extra mile. If you don't take action despite your fear, opportunity will pass you by.

4. Never dwell on scarcity.

Learn to think, speak and live as an abundant person. Celebrate what you have. Be generous. Focus your attention on being ready, willing and prepared for the beauty, wonder, connections, good fortune and favourable circumstances that are yours if you are willing to work and be open to it.

5. Live through the victories of others.

Use the success stories of others. Study the successes of people like Steve Jobs, Walt Disney, Steven Spielberg and Oprah Winfrey. Take note of the courage they developed and follow their path to greatness.

6. Create a support group of friends or colleagues.

Sticking together makes tough times easier and easier times more fun!

7. Think big.

Step into your power and dream big. Follow it up with calculated risks and deliberate action steps. Have no doubt about your success. Your dreams are at stake here! You have the power to do what it takes to break through any obstacles that stand in the way of yourself, your dreams and your happiness. And revisit your victories – bring the same drive, persistence and talent into now and allow it to inspire and motivate you.

From the Uniform Shop

Mrs Rosemary Campbell

It is nearly time to think about your children's Summer Uniform. We have limited second hand garments, so it is first in best dressed. We are very happy to do the fitting or else you may rather be here yourself.

Last year we introduced a Trolley Bag as an alternative to our backpack, this received a very lukewarm response. Now we have been told that 2 of the larger Companies that we deal with, are no longer manufacturing Trolley Bags.

If at any stage the bags become available again we shall then reassess.

Thank you for the clothing that trickles in to be sold on consignment. Please remember clothing must be washed ironed and ties, blazers and kilts must be dry cleaned and left in the Dry Cleaners' Bag.

We are very proud of our uniform and our aim is to pass this pride on to our students.



Lost

Lost: Zoe Reed (Yr 7) has lost her Blazer, which has just had a new pocket put on it - Eisteddfod Winner Junior Vocal Ensemble 2015



The Board of Directors and Principal cordially invite you to attend the

2015 Year 12 Graduation & Prize Presentation

Thursday 17th September 2015

- 9.30am Valedictory Chapel Service, followed by
- 10.30am Morning Tea for Year 12 Students and their families in the Dr Jan Milburn Room
- 11.30am Year 12 Graduation & Prize Ceremony in NEGS Multi-Purpose Centre

The Occasional Address will be delivered by

Mrs Erica Halliday

*Current Parent, NEGS Old Girl (1984 - 1989),
Board Member and Entrepreneur*

RSVP: Monday 14th September to
NEGS Reception 02 6774 8700
or reception@negs.nsw.edu.au



**NEW ENGLAND
GIRLS' SCHOOL**

negs.nsw.edu.au

Term Two and Term Three Calendar Dates

TERM 3

10 weeks

Wednesday 2 September St John's Musical - Dress Rehearsal

Friday 4 September St John's Grandparents' Day
St John's Musical - 2pm
Old Girls' Framed! Art Show & Sale - 6.00pm
Year 6, 7 & 8 Social at PLC
Year 9 & 10 Social at NEGS

Saturday 5 September Old Girls' Weekend, AGM 9am
NEGS & St John's Spring Fair 10am
Old Girls' Reunion Dinners

Wednesday 9 September Year 11 Preliminary Exams commence

Thursday 10 September GRASS Science Investigation Awards
Year 7, 11 & 12 School vaccinations
St John's Musical - Evening Performance, 6:30pm

Friday 11 September IGSSA Hockey & Netball finals

Wednesday 16 September Year 11 Preliminary Exams conclude

Thursday 17 September Year 12 Valedictory Day
Chapel 9:30am
Year 12 morning tea 10:30am
Year 12 Graduation Ceremony 11:30am – MPC
Last day of school for Term 3

Friday 18 September End Term Three

Saturday 26 September Spring Bible Week commences

Saturday 3 October Spring Bible week concludes

TERM 4

9 weeks

Monday 5 October Public Holiday
P&F Meeting, 7pm – WH Lee Room
Boarders Return 8:30pm

Tuesday 6 October Term Four Classes Commence
Prefects Induction Assembly
Year 11 Leadership camp departs

Thursday 8 October Year 11 returns

Monday 12 October HSC Examinations commence

Friday 16 October Sports Presentation Evening

Monday 2 November Year 7 & 8 Examination week

Friday 6 November HSC Examinations conclude

Monday 9 November Year 9 & 10 Examination week

Monday 16 November Year 10 Work Experience Week

Monday 23 November Year 10 Service Week

Thursday 26th November St John's Celebration of Learning

Tuesday 1 December Carol Service – 5pm

Wednesday 2 December Year 7-11 Speech Day – 9:30am - MPC
End Term Four

2016 Term Dates

TERM 1

Monday 25 January Staff Day

Tuesday 26 January Australia Day Public Holiday

Wednesday 27 January Staff Morning
Orientation Afternoon, Years 7 – 11
new students only
(Boarding Houses open from 2.00pm)
Boarders return by 8.00pm

Thursday 28 January First day of school All students

Friday - Monday 25 March – 28 March Easter Public Holiday

Thursday 7 April Last day of Term 1

Friday - Monday 8 April – 25 April School Holidays

TERM 2

Monday 25 April ANZAC Day - Public Holiday
Boarders return by 8.00pm

Tuesday 26 April First day of Term 2

Monday 13 June Queen's Birthday - Public Holiday

Thursday 23 June Last day of Term 2

Friday - Friday 24 June – 15 July School Holidays

TERM 3

Monday 18 July Staff Day Boarders return by 8.00pm

Tuesday 19 July First day of Term 3

Thursday 22 September Year 12 Valedictory Day
Last day of Term 3
Last day for Year 12

Friday - Friday 23 September – 7 October School Holidays

TERM 4

Monday 10 October First day of Term 4

Wednesday 7 December Speech Day
Last day of Term 4 2016
Last day for Years 7 - 11

Awareness day this Friday- Fresh Face Friday. <http://freshfacedfriday.com.au/services/> Short activity to do with your Tutor groups!

There is a **short videoclip** to promote this activity, and a simple 1,2,3. (don;t need to do 3!!). If you do not have a data projector handy...read on for discussion points.

There is extra info on this site About Body Esteem & 2 more videoclips about media and body esteem. I can not send you the video download as it is too big- but if would like - see me to put on your USB stick!!

EVERY ONE DESERVES TO FEEL GOOD IN THEIR OWN SKIN

On **Friday 4th September 2015** we invite you to literally 'Tear Up' the negative and get body and self positive and allow us to all be who we want to be **judgement free**



1. WRITE IT DOWN

Write down the negative things you find yourself saying or thinking about yourself, or things you feel impact on your self esteem like certain media practices or comments from friends



2. "TEAR IT UP"

Yes literally tear up all those negative items from step 1, both physically and mentally. Now get Fresh Faced and spend today (and lots more) thinking and feeling body and self positive



3. SHARE IT

Write your own FFF message, perhaps it's about what you are going to embrace about your body or a message to others about letting us be the us we want to be and share it on social media with the **#freshfacedfriday** hastag.

WHY IS POSITIVE BODY IMAGE IMPORTANT?

Positive body image occurs when a person is able to accept, appreciate and respect their body. Feeling good about your self and your body image can positively impact on other areas of your life and improve:

Self esteem, which dictates how a person feels about themselves and can infiltrate every aspect of life, and contribute to happiness and wellbeing.

Self-acceptance, making a person more likely to feel comfortable and happy with the way they look and less likely to feel impacted by unrealistic images in the media and societal pressures to look a certain way.

Healthy outlook and behaviours, as it is easier to lead a balanced lifestyle with healthier attitudes and practices relating to food and exercise when you are in tune with, and respond t the needs of your body.

HOW CAN YOU IMPROVE YOUR BODY IMAGE?

While changing your actual appearance can be counterproductive, improving your body image is a constructive goal. We have the power to change the way we see, feel and think about our bodies. Here are some helpful tips:

- Focusing on your positive qualities, skills and talents can help you accept and appreciate your whole self.
- Say positive things to yourself every day.
- Avoid negative or berating self-talk.
- Focusing on appreciating and respecting what your body can do will help you to feel more positively about it.
- Setting positive, health focused goals rather than weight loss related ones is more beneficial for your overall wellbeing.
- Admiring others' beauty can improve your own body confidence but it is important to appreciate your own beauty, avoid comparing yourself to others, accept yourself as a whole and remember that everyone is unique and differences are what make us special.
- Remember, many media images are unrealistic and represent a minority of the population.

From the Music Department Ms Kirrili Williams

St John's students are getting excited about their upcoming musical performance: **The Three Little Pigs**.

Tickets are still available for both the Friday 4th September and Thursday 10th September performances. Book online at <http://www.trybooking.com/147166>

Last Thursday's Stage 6 Performance Evening was a great success. Congratulations go to all our Stage 6 students for their wonderful efforts, and our thanks go to all the supportive teachers, parents and friends that made the evening such a success.

The music department is looking for expressions of interest in a percussion ensemble. Arrangements are being made to offer the ensemble rehearsal after school on Wednesday. Please email Mr Tracy if you are interested.

Any students wishing to undertake AMEB study for Grade 3 musicianship should contact Mr Tracy or Ms Williams to join our regular study group.

The next Twilight Concert will be held 21st of October (week 3 of term 4). Performance entries are welcomed, and can be made by emailing Mr Tracy, or signing up on the sheet on the music department's notice board.



St John's Junior School presents

Roald Dahl's 3 little pigs

By Roald Dahl, Ana Sanderson, Matthew White and Paul Patterson.
By arrangement with A & C Black Music, exclusive representatives of Bloomsbury Publishing

Where: NEGS Assembly Hall
When: 4 September (2pm)
10 September (6:30pm)
Tickets: Adults \$10
Children \$5 (Under 5 free)
Family \$20

www.trybooking.com/147166 or
NEGS Reception 67748700



St John's musical: Three Little Pigs -
Friday 4th September, 2:00pm, NEGS Assembly Hall
Thursday 10th September, 6:30pm, NEGS Assembly Hall
Tickets @ <http://www.trybooking.com/147166>

5km Fun Run full of Colour

Westpac Rescue Helicopter Service

360° CLUB FITNESS

SHOW YOUR COLOURS FOR THE CHOPPER

Sunday 6th September UNE Armidale
Saturday 24th October AELEC Tamworth

register @ www.switchbackevents.com.au



Northern NSW Da Vinci Decathlon

Mrs Donella Tutt

This week has seen teams from St John's and NEGS competing at the Northern NSW Da Vinci Decathlon. The Da Vinci Decathlon is an academic interschool gala day operated in the spirit of an Olympic Decathlon, with a variety of events of an academic nature. Congratulations all the girls who competed. A special congratulations to the Year 7 team who finished 2nd overall on the day.

Other results were as follows:

Year 7: Art & Poetry 3rd, Cartography 2nd, Philosophy 3rd and General Knowledge 3rd

Year 8: Art & Poetry 3rd, Engineering 3rd, Creative Producers 2nd

Year 9: Art & Poetry 1st, Engineering 2nd, Creative Producers 3rd

Year 10: Science 1st, Cartography 1st, English 2nd, General Knowledge 2nd



Matilda Rice

*It was a great and we enjoyed it greatly! One of our favourite parts was the Art & Poetry and the Engineering Challenge. We would definitely like to do this again next year!

Chelsea Devenish

*On Wednesday the 26th eight people from year 7 competed in the Da Vinci decathlon at TAS. Over the day we competed in a series of group tests; English, Science, Maths, Philosophy, Engineering, Creative Producers, Cartography, Art and poetry, code breaking, general knowledge. It was a fun and educating experience that taught us many things about the knowledge of the world. Although not winning any subject or the entire decathlon, we did manage to come 2nd overall in the year 7 age group and had a great time doing so.

Kate, Maggie, Charlie



Here are some wrap-ups of the day from students:

*At the annual Northern NSW Da Vinci Decathlon schools from as far as Coffs Harbour travelled to compete in this mind-twisting event. New England Girls' School was one of the many that entered 2 teams, one from year 9 and another from year 10. There was no time wasted once arriving at the The Armidale School, we were put to challenges instantly. Session one included vigorous Maths, Science, English and Philosophy set to riddle the mind. Once under-going the unfeasible tasks it was time for our minds to take a recovery with lamingtons, fresh fruit and walk to the oval for recess. Unfortunately great minds don't rest long and session 2 was up next. Teams were to compose a 60 second performance on a related metaphor and a poem accompanied by a related artwork depicting the beauty and darkness of light. The design and technology students took to the task of forming an architectural building of paper and finally the ultimate task of cartography. NEGS girls participated throughout the day strongly, concluding with 1st place in Science and Cartography, while the year 9 girls finished well with 1st place in Art & Poetry. Every school had the chance to mingle and gain new friendships while expanding their knowledge and putting their minds to the ultimate test.

Georgia Lowry and Chloe Wells

*Being given the opportunity to go to the Northern NSW Da Vinci Decathlon was really amazing. The tasks that we participated in over the course of the day were engaging and thought-provoking, with each session holding new and exciting challenges for us to try to wrap our heads around. The NSW Da Vinci was an experience that I won't soon forget!

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**REACH
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SCHOOL

Our school has made a commitment to building a culture of positive mental wellbeing and resilience for students, staff and parents.

WELLBEING • RESILIENCE • MENTAL HEALTH • APPS AND TOOLS • REACHOUT.COM • WELLBEING • RESILIENCE • MENTAL HEALTH • APPS AND TOOLS • REACHOUT.COM

Thailand Fundraiser

Dear NEGS Community,

Exemplifying the important role in developing a sense of service, three of our Year 10 students, Bronte Hiscox, Emily Sole and Katrina Tomlinson-Gils, will participate in the Thailand Service Trip to lend a hand at three important charitable institutions during the October school holidays. At a school for the blind in Lampang, the McKean Rehabilitation Institute for leprosy sufferers, and Agape Home, an HIV orphanage in Chiang Mai, the students spend their days giving of themselves, physically through painting, gardening and clearing land and emotionally as they play with the children from five months up to teenagers.

We ask for your assistance by buying raffle tickets so that we can provide much needed garden equipment, seeds, paint & building supplies to enable this charitable work to continue.

Thank you.

Thailand Fundraiser raffle

1st Prize— whole lamb

Kindly donated by Cath and Russell Hiscox

Tickets \$2 each or 3 for \$5 available at Reception and at NEGS Spring Fair (5th September)

Drawn at the NEGS Spring Fair

Winner to contact Mr and Mrs Hiscox for delivery details.

THAILAND FUND-RAISER RAFFLE

1st Prize - whole Lamb - donated by Cath and Russell Hiscox

\$2 - RAFFLE TICKETS PAWED ON THE 5TH OF SEPTEMBER - NEGS SPRING FAIR

Tickets available from school reception & at NEGS

Drawn at the NEGS Spring Fair on Friday 4th September

Thank you



PLEASE HELP!

We need filled bottles, jars and vessels for the St John's Bottle Lotto stall!

Anything and everything in a bottle - from champagne to shampoo - or make your own with a jar full of treats, stationery, hair ribbons, toys, vouchers, loombands, accessories, recipe in a jar ... anything you fancy!

Please bring in your donations by **Friday, Aug 28**. Collection box in the St John's office.

THANK YOU!!!!



2015 framed

New England Girls' School Armidale • Old Girls' Union Annual Art Show & Sale
Plus Student Art Competition

Art Show and Sale Opening Night Cocktail Function

When: Friday 4th September 2015
Where: NEGS Multi-Purpose Centre
Time: 6.00pm - 9.00pm
Cost: \$30.00 prepaid \$35.00 on the night
 (champagne, supper, live entertainment & drinks)
RSVP: 1st September 2015, with payment advice

Bookings: www.trybooking.com/HHDX
Cheque: NEGS OGU
 C/ NEGS, Uralla Road, Armidale NSW 2350
Contact: Mrs Georgie Kedzlie
 E: alinjarra8@bigpond.com P: 02 6657 6001
 or NEGS Reception for tickets

Proudly Sponsored by:



Exhibition will run until 11am Sunday
 6th September 2015. Raffle tickets
 available at Akaroa or on the night.



Raffle - 'First Cut', donated by James White

STEM Day 2015 Miss Belinda Stone

On Monday 24th August, students from years K-12 were fortunate enough to have a visit from Ben Britton and some of his 'friends' from Wild Animal Encounters to help us celebrate National Science Week. Ben is the Australian face of Nat Geo Wild TV and regularly appears on the Nine network. His objective is to promote conservation through education. What better way of achieving this than by creating an interactive experience where the plight of many endangered animals becomes relevant and personal for those in attendance. In discussions with students after the workshops, it is apparent that his mission was indeed accomplished, with testimonials such as 'it was inspiring and informative' and 'it really opened our eyes to issues of conservation'.

Of course, it wasn't all work and no play! Students learn best when they are engaged and relaxed and both Ben and his assistant Jess certainly achieved both, with their audience hanging on their every word. Students were able to interact with a Bearded Dragon, Elongated Tortoises, Corn Snakes and a lucky few even came up close and personal with a Blue Tongue Lizard's blue tongue!! Students were also very fortunate to be able to see Bubba the Green Iguana. His presence sparked many debates - was he real or plastic?? He had a very good poker face! Another favourite was Jackson the American Alligator, who some students had the opportunity to meet and greet.

What a great 18th birthday present for Edwina Morton!

The highlight of each workshop was Bethany the Red-Tailed Boa Constrictor. Weighing in at 10kg and approximately 2½ metres in length, she is an impressive animal and some were lucky enough to experience her power firsthand. Hopefully all students left the workshops with a new found appreciation for reptiles in particular and I know that for some, it was an important step in overcoming a lifelong fear of snakes.

Thanks to the team from Wild Animal Encounters for making the trip to Armidale just to come and speak to our students. It was a rewarding experience for all concerned.





NEGS Spring Fair

Gorgeous Stalls in the Emporium @ NEGS MPC

Pony Club Prints by Austin Designs

Bees Knee's - hats, necklaces, scarves and gorgeous gifts

CR Country Designs - canvas bags for every day

Eliza Shaw Jewellery - beautiful earrings and necklaces

Phoenix Traders - gorgeous cards and nik naks

Soy Candles by Stevie Lennox

Tupperware - always a hit

Maddison Jane - fabulous soft furnishings in gorgeous colours

Pukara Estate - delicious Olives from the local area

doebellelou - crochet lampshades for fairy lights, hand knitted scarves & necklaces

All Things Candles - beautiful candles for all occasions

Jewellery by Maggie Dent - gorgeous jewellery for everyone

Raindrops & Lollipops - beautiful children's wear and gifts

Read & Bell from Sydney - divine block printed cotton clothing

Roumalla Creek Shirts - lovely shirts that can be made to any design

Charli Ella Design - funky jewellery by Mel

Eco Manifesto - lovely gifts - eco-friendly and fair trade products

Trims & Things - hen presentation matters!

Lizzie Horne - cards and original art

Chameleon Bags & Baskets - Handmade in Madagascar



The Annual NEGS



Spring Fair

10:00 am Saturday 5th September

pony rides / paint a pony / wine wheel barrow/ tombola / lob-a-choc / face painting, hair & tattoos / books & craft / gourmet BBQ & relishes / cakes / nachos / drinks / ice cream / plants/ chocolate wheel /novelty events / musical performances / Concepts of Armidale fashion parade

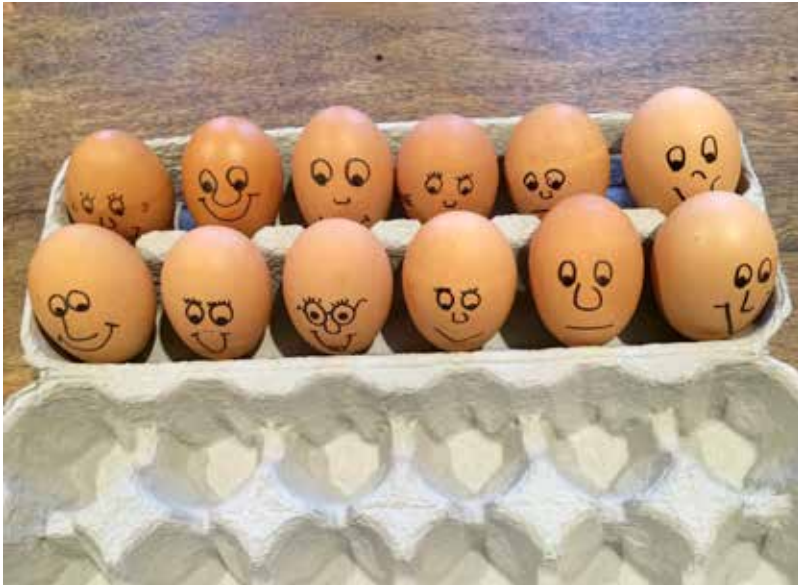


Emporium with over 20 stalls / Annual Art Show /
Old Girls' Weekend

Be there for a great day experiencing NEGS in its full spring glory



These sporty little eggs are on a mission.



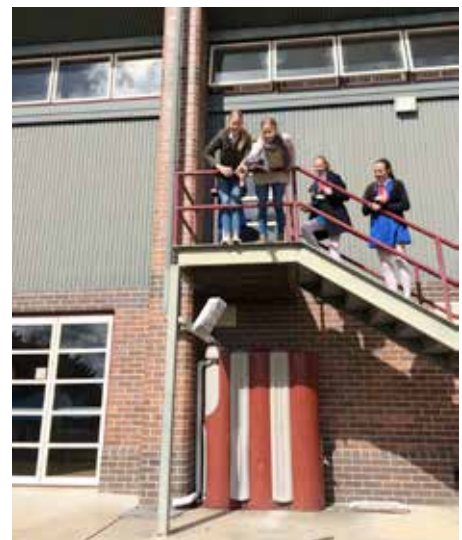
Andy, Edwina, Tracey, Dana, Sal, Ed, Garry, Sam, James, Josephine, Stan and Fred all play high contact sports. They excel in rugby union, league, BMX riding, lacrosse, cross country riding, skateboarding, rally car driving, ice hockey, hockey, show jumping, cricket and skiing. However, they all think that wearing the protective equipment for their sports is totally uncool!

Sam the ice hockey player took to the rink and had a slight accident (in other words Miss Cambridge accidentally dropped him while transporting him to school).

Now the other eggs aren't quite so sure about not wearing their protective sports equipment.



Year 8 have been assigned the job to convince the eggs that they need to be safe. They will be making protective clothing and dropping them from a great height to test the necessity of safety gear and the need to avoid concussion and other major injuries.



The end of the winter season is coming and semi finals for all sports are approaching. We wish all the girls who have made semis all the best of luck in the coming games and congratulate players and coaches whose teams were not fortunate enough to make it into the finals series this year.

Basketball

NEGS 7/8 Team with Mrs Graham as coach finished the season in 6th place.
NEGS Red with Mr O'Neill finished the season in 5th place.
NEGS Navy with Mr Esterbauer have made semis next week finishing 2nd in their grade.

Netball

NEGS 6 in Division 5 with Blanche Malcolm as coach, have finished 4th and will play PLC 6 in the semis.
NEGS 5 in Division 4 with Ashlee Doak as coach, have finished 2nd and will play Phoenix Falcons in the semis.
NEGS 4 in Division 3 with Kylee Johnstone as coach, have finished 5th narrowly missing out on semis due to 'for and against percentage'.
NEGS 3 in Division 4 with Brad Smith as coach, have finished 8th.
NEGS 2 in Division 2a with Brad Smith as coach, have finished 3rd and will play Court Jesters in the semis.
NEGS 1 in Division 1 with Mrs Swartz as coach, have finished 4th and will play Blues (the NEGS teachers/coaches' team) in the semis

Hockey

NEGS U16 Sky have made it through to semis this weekend in the HNE competition. Well done to NEGS U16 Royal, NEGS U13 and NEGS Div 2 on a great year.

Late News

Hockey

NEGS Sky bowed out after a hard fought game against PLC going down 2-0.
The Under 11 and Under 9 St John's teams will continue playing before their final series after the Under 11 team had a convincing win against their opposition on the weekend.

Netball

NEGS 6 had a win against PLC on the weekend, for the first time this season, and have progressed through to the preliminary finals next week.
NEGS 5 narrowly went down to the Falcons by 1 point but will have a chance to win through to the Grand Finals in the Prelims this weekend.
Both NEGS 2 and NEGS 1 narrowly went down in their semis to Court Jesters and Blues both with scorelines that showed that the games went down to the final quarter which means that their local competition season has ended.

NEGS Sky Hockey have made Semis this weekend and will play PLC.

Sarah Wyatt, Charlotte Raleigh, Tahlia Paull and Grace Cassidy have qualified for CIS Athletics.



NEGS Sky



NEGS Sky



St John's Under 11's Owen R, Caitlin C and Lydia F

Sports Presentation Evening

Families are reminded of the changes this year for the presentation of the major Sport Awards.

The date of this event is Friday, 16th October (Term 4, Week 2) commencing at 5.30pm. The Presentation will be held at NEGS, where costs can be kept to a minimum.

The girls to be invited to the evening include, among others, applicants for the Major Awards, current and new House/Vice Captains, along with current and new sport captains.

The plan is that invitations with further details will be emailed to the girls and families at the end of Term 3.