



# NEGS Newsletter

Term 1 Week 2 - Wednesday 3rd February 2016

## FROM THE PRINCIPAL

Mr Clive Logan



### The significance of storytelling

- Gutenberg invented the printing press around 1440.
- The first radio transmissions were in the early 1900s.
- The television became commercially available less than a century ago.
- The Internet is only legally old enough to have a drink!
- Facebook and Twitter are just out of nappies, and the next big marketing tool is still in the womb or possibly just a twinkle in its creator's eye.

When most people think about spreading a message, the tools they think of are print, radio, TV and the web. None of these, however, are ingrained in us as much as storytelling. We've been telling stories for thousands of years, but we don't have to go back that far to understand storytelling's powerful effect on our hearts and minds. Go back only as far as your childhood, when you begged your parents to read your favourite story—the one you already knew by heart—just one more time. Why did you do that? Why was it so important to hear that story?

In Deuteronomy 6:5-7, the writer says:

"Love the Lord your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up."

### So why should we tell stories?

#### 1. Stories produce experiences

Experiences leave lasting impressions. They go far deeper than facts, figures or features.

#### 2. Stories reveal what makes your message unique

Chances are that if you have an innovative or unique offering, it's not going to be innovative and/or unique very long. Any amount of success will generate copycats. But what they can't copy is who you are. What's your origin story? Where did your brand come from, and how has that shaped your product or service? When your facts, figures and features are in line, your story can set you apart from the competition.

#### 3. Stories are the emotional glue connecting you to others

It's stories that create a real connection. Facebook now dedicates an entire site to stories. Fans can post stories about their individual and collective experiences. Tumblr and Twitter have done something similar with Storyboard and @twitterstories, respectively.

#### 4. **Stories shape information into meaning**

There's nothing more mind numbing than hearing or reading a bunch of facts and figures. And anyone can recite numbers to an audience. A true communicator will weave a story around the information to create enjoyment, understanding and meaning for the audience.

#### 5. **Stories pass on values**

Stories are uniquely able to move people's hearts and minds, to turn presentations into coveted experiences that reflect the values and attitudes of a community.

#### 6. **Stories are more likely to be shared**

When was the last time a friend of yours called you up to tell you the latest information they were interested in? We share stories every day. This has only been amplified by social media, through which we are able to share with the click of a button. When a story resonates—moving people emotionally—they retell it many times over, ultimately amplifying the message.

#### 7. **Stories pass on accumulated wisdom**

Storytelling is a crucial component to effective public speaking. It creates relevance for the audience, providing additional detail and mental visuals that bring to life otherwise dull, remote, or complex topics. Stories give speakers the opportunity to tell personal stories that relate to the audiences' experiences, thought processes, or values. Moreover, including stories in both interpersonal communication and public speaking helps your audience remember your statements or speech for later recall.

What stories do you enjoy? Pass them on to others. Most of all, encourage your children to read, to read widely and to give them the experience to be exposed to the wonderful world of words and stories – there are many benefits that result from them.

#### ***Next edition: The Importance of Stories***

**T**he start of the new school year has commenced with a bang!! There was a wonderful afternoon held on Orientation Day after Australia Day for all new students and their parents followed by a barbeque where returning and new families were able to mix. And get to know each other. Many thanks should go to the NEGS P&F, and particularly David Fenwicke, for the wonderful hospitality – and their ability to go to Plan B as thunderstorms approached!

The first weekend of term saw just under 190 students brave the impending storms to go to the Gold Coast where the girls were able to have fun, re-establish friendships after the long summer break and get to know the new girls who commenced for this year. All reports were positive for the wonderful opportunities on offer.

The announcement of The Australian of the Year prompted the Deputy Principal, Mrs Mary Anne Evans, to use a line for setting the standard for both staff and students this year. "The standard you walk past is the standard you accept. That goes for all of us, but especially those, who by their rank [position], have a leadership role," said former Chief of the Army, Lieutenant-General David Morrison, Australian of the Year 2016. Mr Morrison appropriated the line he is best known for using in championing gender equality in the army from former Chief of the Defence Force, David Hurley.

As well, NEGS assemblies have started positively and will be used to recognise the achievements of the girls in the vast and diverse areas of involvement, from academic to sporting, cultural to service. I am taking the opportunity to share over the term lessons from a book read over the holidays, Brainblocks: Overcoming the 7 Hidden Barriers to Success. More than just identifying them, there are strategies to help manage and overcome, even smash, that thinking that hinders all of us from being successful.

#### **Attention: New families to NEGS/St John's Junior School**

##### **Private Vehicle Conveyancing (PVC) applications – NSW day and boarding students**

PVC subsidy is available for eligible NSW school students, where there is no public transport available for all or part of the journey. An example of this is if families live more than 1.6km from the nearest transport pick up point. For further information re eligibility please telephone the Ministry of Transport on 1800 010 123.

Please note: for families who are not registered, to be subsidised for Semester 1 (Terms 1 and 2) the cut off date for applications is the 23rd June.

It is now possible to apply online at the following address: <https://appln.transport.nsw.gov.au/stms-parent/application/download>  
If you are unable to apply online or have any questions, please contact me.

Helen Smith ([helen.smith@negs.nsw.edu.au](mailto:helen.smith@negs.nsw.edu.au)). 6774 8700

# 2016 CALENDAR DATES

## TERM 1 11 weeks

Tuesday 26 January	Australia Day
Wednesday 27 January	Orientation Day Years 7 - 11 New Students Only P&F Meeting 7pm Boarders Return by 8pm
<b>THURSDAY 28 JANUARY</b>	<b>CLASSES COMMENCE</b>
Monday 8 February	Year 7 Friendship Camp to Lake Keepit
Friday 12 February	St John's Swimming Carnival
Friday 19 February	Senior School Swimming Carnival Year 12 Parent / Teacher Interviews
Friday 26 February	Junior School Cross Country
Wednesday 2 March	IPSHA Swimming Carnival
Friday 11 March	IGSSA Swimming
Wednesday 16 March	Tildesley Shield
Saturday 19 March	Autumn Festival
Wednesday 23 March	Year 7 Parent / Teacher Interviews
<b>THURSDAY 24 MARCH</b>	<b>STAFF DAY</b>
	<b>BOARDING HOUSES CLOSE 9:30AM</b>
<b>FRIDAY 25 MARCH</b>	<b>GOOD FRIDAY</b>
<b>MONDAY 28 MARCH</b>	<b>EASTER MONDAY</b>
	<b>BOARDERS RETURN BY 8PM</b>
Tuesday 29 March	Year 12 Half Yearly Examinations
Saturday 2 April	IPSHA Cross Country
Thursday 7 April	Senior Cross Country Year 11 Parent / Teacher Interviews
	<b>END TERM ONE</b>
Friday 8 April	Staff Day <b>Boarding Houses close 9:30am</b>

## TERM 2 9 weeks

<b>MONDAY 25 APRIL</b>	<b>ANZAC DAY</b> P&F Meeting 7pm Boarders Return by 8pm
<b>Tuesday 26 April</b>	<b>Classes Commence</b>
Tuesday 10 May	NAPLAN
Wednesday 11 May	NAPLAN
Thursday 12 May	NAPLAN
Friday 13 May	IGSSA Cross Country
Wednesday 18 May	AIS Mathematics course
Friday 27 May	Senior School Athletics Carnival Year 9 Parent / Teacher Interviews
Friday 3 June	NW Equestrian Expo - Coonabarabran
Thursday 9 June	Junior School Athletics Carnival
<b>FRIDAY 10 JUNE</b>	<b>STAFF DAY</b>
	<b>BOARDING HOUSES CLOSE 9:30AM</b>
<b>MONDAY 13 JUNE</b>	<b>QUEEN'S BIRTHDAY PUBLIC HOLIDAY</b>
	<b>BOARDERS RETURN BY 8PM</b>
Thursday 23 June	Years 7 -12 Wellbeing Day Year 8 Information Session - 2pm Year 8 Parent / Teacher Interviews
	<b>END TERM TWO</b>
Friday 24 June	Staff Day <b>BOARDING HOUSES CLOSE 9:30AM</b>

## TERM 3 10 weeks

Monday 18 July	Year 10 Information Session - 2pm Year 10 Parent / Teacher Interviews P&F Meeting 7pm Boarders Return by 8pm
<b>TUESDAY 19 JULY</b>	<b>CLASSES COMMENCE</b>
Thursday 21 July	Round 1 IGSSA Hockey & Netball
Monday 1 August	Year 12 Trial Examinations Commence
Tuesday 2 August	Formal Assembly
Thursday 4 August	Round 2 IGSSA Hockey & Netball
Friday 5 August	Major Projects Evening 5:30pm
Wednesday 17 August	IGSSA Athletics
Friday 9 September	Grandparents' Day Old Girls' Weekend NEGS Spring Fair
Saturday 10 September	Year 11 Preliminary Examinations Commence
Monday 12 September	IGSSA Finals Hockey & Netball
Friday 16 September	Year 12 Valedictory Day
Thursday 22 September	<b>END TERM THREE</b>
Friday 23 September	Staff Day <b>BOARDING HOUSES CLOSE 9:30AM</b>

## TERM 4 9 weeks

Monday 10 October	Staff Day P&F Meeting 7pm Boarders Return by 8pm
<b>TUESDAY 11 OCTOBER</b>	<b>CLASSES COMMENCE</b>
Thursday 13 October	HSC written examinations commence
Saturday 22 October	Year 10 Semi-Formal
Saturday 29 October	Hawkesbury Canoe Classic
Monday 7 November	Year 7 & 8 Examination Week
Monday 14 November	Year 9 & 10 Examination Week
Saturday 19 November	NEGS ODE
Sunday 20 November	NEGS ODE
Thursday 1 December	Junior School Celebration of Learning - 6pm
Tuesday 6 December	Junior School Final Assembly - 9am Festival of Nine Lessons and Carols - 5pm
Wednesday 7 December	Year 7 - 11 Speech Day - 9:30am
	<b>END TERM FOUR</b>
	<b>BOARDING HOUSES CLOSE 1PM</b>

*Welcome back to all our students and parents@NEGS.*

To make the beginning of the year smoother and more clear for everyone, I have attached the list of all the extra activities organised by our Maths/Science teachers in order to either make the learning of Maths and Science easier or to extend those girls who are willing to go beyond the curriculum.

<b>Activity</b>	<b>Time</b>	<b>Room</b>
Year 7/8 Mathematics Extension	Tuesday, Lunch	8
Year 7 to 12 Maths Club (help) Peer tutoring	Friday, Lunch	6
Year 7 to 10 Science and Year 11 Senior Science Club (help)	Wednesday, Lunch	Chemistry Lab
Year 7 to 12 Coding Club	Wednesday Day 8, Lunch	Biology Lab
Biology and Year 12 Senior Science Help	Day 1 and 9, Lunch	Biology Lab
Chemistry Club (Year 11 and 12 )	Thursday, Lunch	Chemistry Lab

Please be aware that all the activities that mention “help” are designed for any student who wants to clarify Maths/Science concepts, need help with homework, are behind in learning (for some reason) or they just want to sit and do their homework with the chance of having immediate help if needed. In Mathematics we encourage peer tutoring, when girls in years 10, 11 and 12 will offer to be tutors and will earn community service hours. We even encourage the year 9 girls, who would like to help the year 7 or 8 ones, to become tutors. The tutors’ diaries will be signed off for community service hours by the teacher on duty.

Parents, please encourage your daughter to take this opportunity and enjoy FREE Maths/ Science tutoring.

Girls, if you think you need that extra help, please come to the above rooms at the right time and enjoy this opportunity. Those who are able to help, please give your name to your Maths teacher and come at the right time and the right room.

Those activities that mention “extension” will require the participation of the girls who are more capable/talented and want to be extended in Maths. If you are one of those, please make sure your teacher knows about your intention and be there at the designated time and place.

This year in Science we will be offering all interested students from 7-12 the opportunity to learn how to code. Who knows - they may create the next Flappy Bird!

Coding Club will take place once a fortnight on a Wednesday Day 8. There will be a cost of \$30 for the year, which includes entry to a number of national competitions. If your daughter is interested, please ask them to come along or see Miss Stone for a permission note.

The Mathematics and Science teachers look forward to another successful year.

## **Expressions of Interest are being called for participation in the INTERNATIONAL KIDS' LIT QUIZ**

This year, NEGS will be hosting the Armidale heat of the Kids' Lit Quiz. This is a literary quiz that encourages the "Sport of Reading". The competition is designed to be huge fun, with an element of competition, personal challenge and reward that is seldom available to children whose passion is reading.

NEGS will be entering one Year 7 team and one Year 8 team (competitors must be at most 13 years old on 1st July, 2016).

Please email Mrs Tutt if you are interested in being part of a team at [atdonella.tutt@negs.nsw.edu.au](mailto:atdonella.tutt@negs.nsw.edu.au)

## **Expressions of Interest are being called for participation in the FUTURE PROBLEM SOLVING COMPETITION**

This year, NEGS and St Johns will be offering the Future Problem Solving Competition as an after school activity for Years 5-9.


Future Problem Solving (FPS) is an international academic program and competition that brings together students from different countries to think creatively and solve critical issues the world may face in the future.

FPS opens doors to creativity, teamwork, persuasion and presentation and is particularly suited to challenging and answering the needs of high ability students.

The FPS program is designed to stimulate, challenge and teach about thinking. Students learn to think creatively, work cooperatively and come up with solutions to problems the world may face tomorrow.

By promoting thinking and working collaboratively, the FPS program helps build more active students. FPS encourages a better understanding of our world and generates optimism and commitment towards solving our common future problems.

Please take a look at the FPS website for more information [www.fpsp.org.au](http://www.fpsp.org.au) and email Mrs Tutt if you are interested in being part of a team at [donella.tutt@negs.nsw.edu.au](mailto:donella.tutt@negs.nsw.edu.au)

<p><b>What</b></p> <p>The Kids' Lit Quiz™ is a major international literature competition where teams of four students work together to answer wide-ranging literary questions. Students collaboratively answer 100 questions arranged in ten categories. (The categories are unknown to contestants prior to the event).</p>	<p><b>Kids' Lit Quiz™ Australia 2016</b></p> 	<p><b>Why</b></p> <p>The Kids' Lit Quiz™ celebrates and rewards reading and literary knowledge.</p> <ul style="list-style-type: none"> <li>• It offers reading challenges</li> <li>• It broadens literary awareness</li> <li>• It fosters positive attitudes towards reading</li> <li>• It motivates students</li> <li>• It provides a literary focus for schools to extend their students reading mileage and knowledge of literature</li> <li>• It's highly motivating</li> <li>• It's fun</li> </ul>
<p><b>Who</b></p> <p>The Kids' Lit Quiz™ is open to students aged 10 to 13 years and must be under 14 years on 1<sup>st</sup> July 2016.</p> <p>*A school can enter up to 3 teams. *Teams may be mixed Grades or just a single grade. *Students must all be from the same school. (Small schools under 30 can have combined teams, contact Coordinator for more information) *Teams do not need to be allocated prior to the heat. *Substitutions are not permissible after the heat. (Team that takes part in heat must be the same as the team that takes part in the final.) *The heats and final are run by the Quizmaster.</p>	<p><b>When</b></p> <p>The Australian Kids' Lit Quiz™ will be conducted from 10 – 19<sup>th</sup> March 2016.</p> <p>The World Final will be held in August 2016.</p> <p><b>The Quizmaster</b> Wayne Mills is a retired lecturer from the University of Auckland who specialized in Children's Literature. He was awarded the Margaret Mahy Medal in 2008 for services to children's literature and in 2011 was made Member of the NZ Order of Merit.</p>	<p><b>Where</b></p> <p>The Kids' Lit Quiz™ will be held in:</p> <p><b>QUEENSLAND:</b> Thursday 10<sup>th</sup> March in <u>Ipswich</u> and Friday 11<sup>th</sup> March 2016 in <u>Brisbane</u>.</p> <p><b>NEW SOUTH WALES:</b> Friday 4<sup>th</sup> March, 2016 <u>Armidale</u> Monday 14<sup>th</sup> March 2016, <u>Orange</u>. Friday 18<sup>th</sup> March 2016 in Merrylands, <u>Sydney</u></p> <p><b>ACT:</b> Wednesday 16<sup>th</sup> March 2016 in <u>Canberra</u>.</p> <p><b>NATIONAL FINAL:</b> Saturday 19<sup>th</sup> March. Monkey Baa Theatre, Darling Harbor, Sydney. NSW. The winning team from each heat will be eligible to be in the Final.</p>
<p><b>How</b></p> <p>Obtain a Kids' Lit Quiz™ information pack (This includes Entry form to be returned and pretest questions to get you started).</p> <p><b>TO REGISTER:</b> Submit or return your Entry form and your school will be invoiced \$100 (\$25/ student) per team for your registration fee.</p>	<p><b>Prizes</b></p> <p>Participating students have the opportunity to win books and also the chance to win on-the-spot cash prizes.</p> <p>Plus: The Australian Champions are invited to the International Final in Auckland, New Zealand in August 2016</p>	<p><b>More Information and to Register</b></p> <p>Contact: National Coordinator: Nicole Deans Email: <a href="mailto:kidslitquizaustralia@gmail.com">kidslitquizaustralia@gmail.com</a> Phone: 0407708206 <a href="http://www.kidslitquiz.com">www.kidslitquiz.com</a></p>



Tuesday 2nd February, I took a group of students to the Northern Ram Breeders Association Ram and Wool Junior Judging competition. Very informative day with students practically improving their wool industry knowledge and skill base.

## Results -

**Matilda Rice** finalist and 4th place in under 15 Merino Ram Judging.

**Georgina Watson** finalist in both over 15 ram and wool judging and 5th in Ram Judging and 2nd in Wool Judging. As she was in the senior group she was awarded overall 5th and 2nd.

**Sophie Watson** - Senior Finalist Ram Judging - and very confident reasonings for her placings.

Well done to the nine students representing NEGS at this event and for the organisers and helpers - NEGS families - Clonans, Watsons, Chandlers.





# NEGS & ST JOHN'S



## INTERHOUSE TRIATHLON CUP



### 2016



Students are invited to enter the inaugural NEGS & St John's Inter-house Triathlon Cup to be held on **Saturday 13th the of February (Week 3)**.

#### **SUB JUNIOR (100m swim, 6km cycle, 1km run)**

Teams will consist of three competitors (swim, cycle and run legs) from Years 3-6 in St John's from the same houses (Lyon, Murray, Green and Dumolo) and one parent/adult who will be the transition official for the team.

#### **JUNIOR (200m swim, 10km cycle, 2km run)**

Teams will consist of four competitors from Years 7-9 (swim, cycle, run and official) at NEGS from the same houses (Lyon, Murray, Green and Dumolo). Points accumulated on the day will be added to the House Cup at the conclusion of the year.

#### **SENIOR (200m swim, 10km cycle, 2km run)**

Teams will consist of four competitors from Years 10-12 (swim, cycle, run and official) at NEGS from the same houses (Lyon, Murray, Green and Dumolo). Points accumulated on the day will be added to the House Cup at the conclusion of the year.

#### **INDIVIDUAL**

One competitor from the above categories (Sub Junior, Junior, Senior) from St John's or NEGS will complete the same course as above but will do so on their own. They will race at the same time, but will be ranked as individual's rather than teams. Points accumulated on the day will be added to the House Cup at the conclusion of the year.

#### **OFFICIALS**

Students wishing to work for community service hours who are not a part of a team, can apply to be an official for the day to assist with the running of the event. Hours accumulated will be signed by the Sports Department.

#### **RACE DAY ORGANISATION**

8.00am Race Briefing

9.00am Senior Team and Senior Individual Race Start

9.30am Junior Team and Junior Individual Race Start

10.00am Sub Junior Team and Sub Junior Individual Race Start

11.00am Presentations

# NEGS & ST JOHN'S INTERHOUSE TRIATHLON CUP



## 2016



### Entry Form

<b>Age Level</b> (please circle)	<b>SUB JUNIOR</b> (St John's Yrs 3-6)	<b>JUNIOR</b> (NEGS Yrs 7-9)	<b>SENIOR</b> (NEGS Yrs 10-12)	
<b>Category</b> (please circle)	<b>TEAM</b>		<b>INDIVIDUAL</b>	
<b>House</b> (please circle)	<b>LYON</b>	<b>GREEN</b>	<b>DUMOLO</b>	<b>MURRAY</b>
<b>TEAMS ONLY</b>				
	<b>First Name</b>	<b>Surname</b>	<b>Year</b>	<b>Requirements</b>
<b>Swimmer</b>				<i>House cap, Swimmers</i>
<b>Cyclist</b>				<i>House shirt, bike &amp; helmet</i>
<b>Runner</b>				<i>House shirt</i>
<b>Official</b>				<i>House shirt</i>
<b>INDIVIDUALS ONLY</b>				
	<b>First Name</b>	<b>Surname</b>	<b>Year</b>	<b>Requirements</b>
				<i>House cap, swimmers, bike, helmet, house shirt</i>

**Please ensure that you fill in the additional Medical form and attach all team member medical forms to the entry form before submission.**





## **RULES AND CONDITIONS**

- Entries will only be accepted on the official triathlon entry forms, duly completed, with medical forms and submitted by the due date.
- Each entrant shall compete on the approved course, not accept outside assistance in any leg, and accept the judge's decision as final.
- Disputes will be decided by the race director and their decision is final.

### Swim

- No flippers, paddles or flotation devices will be allowed.

### Cycle

- All cyclists must provide their own bike (please bring a BMX or trail bike as road bikes with narrow wheels will find the course unsuitable) and an approved helmet must be worn.

### Run

- Runners must run on the side of the road as directed by race officials.
- Each Junior and Senior Team must supply an additional race official from their house to assist along the course. No team will be accepted without one.
- Each Sub Junior Team must have an accompanying parent/adult who will be utilised in the transition area during the sub junior race.



