

## From The Principal

Mr Clive Logan

### BECOME THE MOST SUCCESSFUL PERSON YOU CAN BE Guidelines and Thoughts for Success

Successful people, including students, exhibit a combination of successful attitudes and behaviours as well as intellectual capacity.

Successful students . . .

#### 1) . . . are responsible and active.

Successful students get involved in their studies, accept responsibility for their own education and are active participants in it!

Responsibility means control. It's the difference between leading and being led. Your own efforts control your marks or grades you receive, you earn the glory or deserve the blame, you make the choice. Active classroom participation improves grades without increasing study time. You can sit there, act bored, daydream or sleep. Or, you can actively listen, think, question, and take notes like someone in charge of their learning experience. However, the former method will require a large degree of additional work outside of class to achieve the same degree of learning that the latter provides at one sitting. The choice is yours.

#### 2) . . . have educational goals.

Successful students have legitimate goals and are motivated by what they represent in terms of career aspirations and life's desires.

Ask yourself these questions: What am I doing here? Why have I chosen to be sitting here now? Is there some better place I could be? What does my presence here mean to me? Answers to these questions are, without a doubt, the most important factors in your success as a student. If your educational goals are truly yours, not someone else's, they will motivate a vital and positive academic attitude.

#### 3) . . . ask questions.

Successful students ask questions to provide the quickest route between ignorance and knowledge.

In addition to securing the knowledge you seek, asking questions has at least two other extremely important benefits. The process helps you pay attention to your teacher and helps your teacher pay attention to you! Think about it. If you want something, go after it. Get the answer now. There are no foolish questions, only foolish silence. It's your choice.

#### 4) . . . understand that a student and a teacher make a team.

Most teachers want exactly what you want - they would like for you to learn the material in their respective classes and earn good results.

Successful students reflect well on the efforts of any teacher; if you have learned your material, the teacher takes some justifiable pride in teaching. Join forces with your teacher, they are not an enemy, you share the same interests, the same goals - in short, you are teammates. Get to know your teacher. You're the most valuable players on the same team. Your jobs are to work together for mutual success. Neither wishes to chalk up a losing season. Be a team player!



### Term Dates to Remember

#### TERM 3 (10 weeks)

##### SEPTEMBER

Thursday 4	Year 11 Examinations commence
Friday 5	Grandparents' Day
Saturday 6	Old Girls' Framed Art Show Old Girls' Weekend St John's / NEGS Spring Fair
Thursday 18	Year 12 Valedictory Chapel and Graduation
Friday 19	Buses depart from 7.30am

#### TERM 4 9 weeks

##### OCTOBER

Monday 6	Public Holiday Boarders return by 8.30pm
Tuesday 7	Classes resume Year 11 Info session 2.00pm

##### NOVEMBER

Friday 7	NEGS Sports Dinner
Saturday 22 & Sunday 23	NEGS Equestrian ODE

##### DECEMBER

Tuesday 2	Carol service at 5.00pm Drama plays
Wednesday 3	Year 7 -11 Speech Day

NEGS Calendar Link

<http://negs.nsw.edu.au/calendar/>

### 5) . . . don't sit in the back.

Successful students minimise classroom distractions that interfere with learning.

Students want the best seat available for their entertainment dollars but willingly seek the worst seat for their educational dollars. Why expose yourselves to the temptations of inactive classroom experiences and distractions? It is a sure to assume they chose the back of the classroom for invisibility or anonymity. If such students are trying not to be part of the class, why, then, are they wasting their time?

### 6) . . . take good notes.

Successful students take notes that are understandable and organised, and review them often.

Why put something into your notes you don't understand? Ask the questions now that are necessary to make your notes meaningful at some later time. A short review of your notes while the material is still fresh on your mind helps you learn more. The more you learn then, the less you'll have to learn later and the less time it will take because you won't have to include some deciphering time. The whole purpose of taking notes is to use them and to use them often. The more you use them, the more you improve.

### 7) . . . understand that actions affect learning.

Successful students know their personal behaviour affect their feelings and emotions that in turn can affect learning.

If you act in a certain way that normally produces particular feelings, you will begin to experience those feelings. Act like you're bored and you'll become bored. Act like you're disinterested, and you'll become disinterested. So the next time you have trouble concentrating in the classroom, "act" like an interested person: lean forward, place your feet flat on the floor, maintain eye contact with the teacher, nod occasionally, take notes and ask questions. Not only will you benefit directly from your actions, your classmates and teacher may also become more engaged.

### 8) . . . talk about what they're learning.

Successful students get to know something well enough that they can put it into words.

Transferring ideas into words provides the most direct path for moving knowledge from short-term to long-term memory. You really don't "know" material until you can put it into words. So, next time you study, don't do it silently. Talk about notes, problems, readings, etc with friends, recite to a chair or mirror, organise a study group, pretend you're teaching your peers. "Talk-learning" produces a whole host of memory traces that result in more learning.

### 9) . . . don't cram for exams.

Successful students know that divided periods of study are more effective than cram sessions, and they practise it.

If there is one thing that study skills specialists agree on, it is that distributed study is better than massed, late-night, last-ditch efforts known as cramming. You'll learn more, remember more and achieve better results by studying in four, one hour-a-night sessions for Friday's exam than studying for four hours straight on Thursday night. Short, concentrated preparatory efforts are more efficient and rewarding than wasteful, inattentive, last moment marathons. Yet, so many students fail to learn this lesson and end up repeating it over and over again until it becomes a wasteful habit.

### 10) . . . are good time managers.

Successful students do not procrastinate. They have learned that time control is life control and have consciously chosen to be in control of their life.

An elemental truth: you will either control time or be controlled by it! It's your choice: you can lead or be led, establish control or relinquish control, steer your own course or follow others. Failure to take control of your own time is probably the number one study skills problem for students. It ultimately causes many students to become disengaged! Procrastinators are good excuse-makers. Don't make academics harder on yourself than it has to be.

Adapted from an article by Larry Ludewig called *Ten Commandments for Effective Study Skills* that appeared in *The Teaching Professor*, December 1992.

## NSW Parents Council

- NSW Parents' Council reports on its very successful trip to Armidale, with articles from two of the speakers, Nina Funnell and Kate Fitzsimons
- Wellbeing@NEGS: Principal Clive Logan talks about new initiatives at New England Girls' School
- #ozptchat - connecting parents and teachers on twitter
- Trent Southworth, Teen Strategies Group, gives advice on the potential dangers in your medicine cabinet and congratulations to the deserving winners of our Awards for Excellence, presented at our AGM



**Book Fair on Grandparents' Day 5th September**

NEGS will be welcoming Grandparents for a morning on Friday 5th September and part of that celebration of families, and support for NEGS, will involve a Book Fair. This will be located close to the Library Lawns where morning tea will be served. If the weather is unkind you will be notified earlier in the morning where the Morning Tea and Book Fair will be relocated.

The Book Fair will be a model of a specialist children's book shop with book items for children from early childhood to teens for very reasonable prices. We would encourage Parents and Grandparents to purchase a book for their child or grandchild to take or to be kept for a birthday or Christmas gift or to donate to the Library with the student's name. We have 3 main suppliers: Scholastic, Readers Companion and Collins Bookshop.

Please look out for the Book Fair and be part of the excitement of browsing among exciting new books. There will be many titles the students would love to own.



*The Board of Directors and Principal cordially invite you to attend the*

## 2014 Year 12 Graduation & Prize Presentation

Thursday 18th September 2014  
11.30am NEGS Multi-Purpose Centre

The Occasional Address will be delivered by  
Lieutenant Commander Rebecca Levitt, Royal Australian Navy  
(NEGS Old Girl 1990 - 1995)



**NEW ENGLAND  
GIRLS' SCHOOL**

[negs.nsw.edu.au](http://negs.nsw.edu.au)



## NEGS & St John's

*invite you to*

## Grandparents' Day

**Friday 5th September 2014**

Meet your grandchild at 9:15am at the Assembly Hall,  
for commencement of a musical concert at 9.30am.



**NEGS**

New England Girl's School  
Uralla Road, Armidale NSW 2350  
T +61 02 6774 8700  
E [reception@negs.nsw.edu.au](mailto:reception@negs.nsw.edu.au)  
[www.negs.nsw.edu.au](http://www.negs.nsw.edu.au)

## Consignment Clothing

All clothing is to be left at the Uniform Shop. Usual days Wednesday and Thursday 8.30-4.30.

Please fill in a Consignment Uniform Booking Form available at the Akaroa Reception or the Uniform Shop.

Articles must be clean and mended if necessary. Where practical, please hang dresses and blouses on hangers.

Kilts, tartan ties and blazers must be dry cleaned and left in the dry cleaning bag on the hanger please. If clothes are not laundered they will be laundered here and the owner will not receive payment.

The clothing is tagged when it is received and the date is noted. If the clothing or articles are not sold within 18 months from the date they are received, these clothes become the property of the School.

Any clothing that is unsuitable for sale in the Uniform Shop, is given to the Salvation Army to be sent overseas.

Please leave the original name tapes on the articles.

Many parents take advantage of the second hand clothing and if the articles are presented well, they sell very quickly.

Second hand clothes are sold to the next family for half the original price. The original owner will receive the second hand price less 30% commission.

If buying clothing from another family it is a good idea to check with us that the clothing is current.

It is the responsibility of the owner of the clothes to contact us with any change of address or bank details. We are unable to return clothing and articles that we cannot sell.

Please do not place clothing in plastic bags

Thank you very much for your co-operation.

## Year 9 /10 D&T Mrs Morley

Year 9 & 10 Design and Technology are really getting into their furniture restoration project this term, up cycling chairs, tables, storage boxes and even turning a bicycle and old pallet into a wall unit. Watch out for their amazing finished products in Term 4.



## Student Wellbeing Day Brimming with Fun and Laughter

On Wednesday 27 August the New England Girls' School students held their annual Wellbeing Day.

NEGS Wellbeing Coordinator, Mrs Angela Sole, invited a range of guest speakers to address the senior school students on issues facing teenagers today. Senior Constable McCormack, took to the stage to educate Years 10 and 11 students about safe partying and binge drinking. Annette Slater from New England Sexual Health also addressed Years 10 to 11 on the topic of safe sexual practises and solicitor Chelsea Schaeffer from Moin & Associates gave a frank talk to the girls about the ethical and responsible use of Social Media, the legal ramifications of inappropriate postings, and maintaining personal safety whilst using social media. Facebook and sexting were key topics for the day.

Years 7-9 attending a dynamic performance called "The Hurting Game"- an interactive performance illustrating the common forms of anxiety for teenagers- bullying; cyber bullying; peer pressure and struggles with self-image. The girls were very impressed with the exactitude of the issues presented, making it very real.

An array of activities was also organised including a Walk-A-Thon facilitated by Year 7 & 8 students as a major fundraiser. Due to the inclement weather, this turned into a dance-a-thon with student's from years 7-11 grooving to "Time Warp", "Macarena", "Cotton-Eye Joe" and "Nutbush". All funds raised were split between two major causes, being The Mercy Ship Project and Lifestraws, as the SRC's international focus charities for 2015.

The day was also about having fun and so Miss Laura Cambridge organised a Tabloid Sports that gave the students an opportunity to express themselves. The girls particularly enjoyed dividing up into teams and were given a 'Character Strength' whereby they had to dress up a mascot to illustrate this strength.

The winning teams were; first place 'Prudence'; and second place, 'Kindness.' There was much wisdom imparted by the girls as they spoke about the attributes of their given Character Strength, demonstrating a firm knowledge of what they have been learning about in Tutor Time. According to Mrs Sole the dressing up activity was a very visual and experiential way for them to learn about these virtues. "A lot of laughter and teamwork accompanied these sessions. Teams consisted of girls from Years 7-11, so wonderful bonding between the year groups was apparent", said Mrs Sole.

### Isabella Ritter

*Well being day was a great day expanding our knowledge on drugs, alcohol, sexting and safe sex. The talks that we had from the police officer, solicitor, and the general health people made us aware about what is right and wrong and how to deal with situations if we get stuck in them. The day was a day of asking heaps of questions that you wanted to without be judged.*

*The most entertaining part of the day was the dancing and the games in the group. This would allow us to have fun and work in groups with different people that we don't usually work with.*

### Sarah Parkes

*The well being day held at NEGS on the 24th of August, was a day filled with activities and talks in order to help us be more self aware and have an opened and healthy mind. For the seniors the day started off with a talk from the Senior Constable about staying safe at parties. Secondly we received a talk from a lawyer about sexting, cyber bullying and the dangers of the inter net as a whole. We then moved to the MPC where we began our Dance-a-thon to raise money for the SCR to give to a charity. In the afternoon we joined in groups for the final games. These games where to get us all working as a team. At the end of the day we all left with an open and healthy mind.*





# BITE BACK

**BITE BACK's Bright Ideas Competition** aims to help young people aged 12-18 to identify and share their ideas to make a positive impact and inspire them to act on their ideas.

*Ever had an idea that you think could change the world, your school, your community, or yourself? A way that you and others can make a positive impact on those around you?*

*Well now you can win big by sharing your ideas with BITE BACK. Encourage your friends to share their own ideas and work out how you can start making a positive impact.*

*For the first time ever we are offering a choice of options for the grand prize. Tell us whether you want an Apple iPad or iPad Mini, a Samsung Galaxy Tab S, or Sony Xperia Tablet Z2. We'll also include heaps of apps designed to lift your bright idea off the ground. Also, the top 20 bright ideas will be published in an ebook and shared with some leading changemakers.*

**Entries close soon. Visit [www.biteback.org.au/competition](http://www.biteback.org.au/competition) for more info on how to enter.**



## Molly and Fox eMag - Designed to entertain & inspire!

### September Issue Out Now

For those of you in the Southern Hemisphere, you will have noticed the touch of Spring that has been in the air over the past week or so, just in time for our first Spring issue.

We have had some amazing contributions from girls all over the country for this issue and are so excited to be able to share their talents with you. Great singers, beautiful writers and artists plus much much more.

Remember if you want to see yourself on the pages of Molly and Fox, drop us an email to [emag@mollyandfox.com](mailto:emag@mollyandfox.com) and we will be in touch.



**Science Day 2014**

On Wednesday 20th August, NEGS and St John's marked National Science Week with our annual Science Day. The theme this year was Food for our future: Science feeding the world. The theme was inspired by the International Year for Family Farming and could include topics like food security, agricultural sustainability and innovation.

As has become customary at NEGS, our Year 10 students took the lead in implementing activities from K-9. Our Kindergarten class modelled how much of the Earth is available to grow food using dough and planted their own climbing beans, just like Jack and the Beanstalk! Year 1/2 constructed some very colourful wind turbines and Year 3/4 investigated which type of chocolate melts the fastest; white, milk or dark. Year 5 learnt about sustainable fisheries and participated in the 'Paint a Fish' Campaign to make their voices heard in favour of sustainable fishing. Year 6 investigated how water-holding crystals can assist farmers in drought affected areas. Year 7 were very fortunate in being able to attend a workshop on dung beetles, presented by Dr Jean Drayton from the University of New England. Year 8 were assigned an invention challenge - what can you make from a plastic water bottle? The girls were very creative, coming up with small animal feeders, fish traps and water filters, to name a few. Year 9 participated in a STEM (Science, Technology, Engineering, Maths) challenge - how do you get tomatoes down a Nepalese mountain without crushing them? Their designs were innovative and the winning team managed to safely carry over 740g of tomatoes down our 'mountain' flying fox. Once again, this day could not be possible without the incredible work behind the scenes by our laboratory technician, Annette Edmonds and the support of all staff. Plans are already underway for next year's event.





**'Final Note'**

40 Boarders from Years 10, 11 and 12 took up the opportunity to support their peers in the 'Final Note' performances, which were held at TAS last Wednesday evening. These performances were presented by our Year 12 Music students. Congratulations to Ella Tindal, Sarah Collins, Tessa Haron, Emily Morrice, Shannon Neeson and Ally Bray who all put on wonderful performances.

**Excursion to Coffs Harbour**

To celebrate the end of the 2014 academic year at New England Girls' School, an optional excursion has been organised for Y7 -11 students. The trip will take place toward the end of Term 4 and will be to Coffs Harbour.

During the two day excursion the group will be enjoying a variety of activities. These will include the opportunity for some light shopping at the plaza, swimming at the beach and a trip to the cinema.

The two nights away will provide ample opportunity for the girls to reflect on the 2014 academic year and spend some quality time with friends of all ages.

**Summary of Details:**

WHEN:	Friday 14th, Saturday 15th and Sunday 16th November. Depart from the NEGS turning circle at 3.20pm on Friday 14th November Return to the NEGS turning circle at 3.00pm on Sunday 16th November (Approximate return time)
ACCOMMODATION:	Darlington Beach, Holiday Park and Resort Address: 104-134 Eggins Close, Arrawarra NSW 2456 Phone:(02) 6640 7444 www.darlingtonbeach.com.au
METHOD OF TRANSPORT:	New England Coaches
ACTIVITIES:	Shopping at Park Beach Plaza, beach swimming, and varied activities at Darlington Beach, Holiday Park and resort
WHAT TO BRING:	Swimmers, towel, rash vest, thongs, casual clothes, sunscreen, covered shoes, toiletries, plastic bag for wet swimwear, hat ,PJ's
COST:	Boarders: Approximately \$50 (partially subsidised) Day girls: Approximately \$170
STAFF ATTENDING:	Mrs Evans, Miss Ronald, Miss Thompson, Mrs Middleton, Miss Johnston, a School Nurse

Permission notes have been emailed out and are also available at the PDHPE office

If you have any questions or concerns, please contact [maxine.thompson@negs.nsw.edu.au](mailto:maxine.thompson@negs.nsw.edu.au)

**Cake stall**

On Monday 1st September we held a cake stall at recess and lunch. Georgia Hook did a wonderful job in promoting this event. She sent out flyers and organised for girls and staff to support the cake stall through baking. This event was a great success. Congratulations girls.





New England Girls' School will be participating in the 2014 Relay for Life. Relay for Life is an overnight team event to raise funds for cancer research, education and patient support programs.

<b>Date:</b>	Saturday 13 <sup>th</sup> September – Sunday 14 <sup>th</sup> September 2014
<b>Depart NEGS:</b>	Saturday at 1.15pm (Day students have the option of meeting us at the Armidale Showground at 1.30pm)
<b>Return NEGS:</b>	10.30am Sunday 14th September, 2014
<b>Method of Transport:</b>	Bus
<b>Location:</b>	Armidale Showground
<b>Activities:</b>	Walking, activities organised at the event and sleep over
<b>Dress:</b>	PE Uniform (team shirts will be provided)
<b>Equipment:</b>	Sunscreen, hat and water bottle. <b>You will also need to bring clothes for your overnight experience and sleeping items such as sleeping bag, pillow and swag etc)</b>
<b>Cost:</b>	\$25
<b>Teacher in Charge:</b>	Miss Maxine Thompson

Permission notes have been emailed out to families and students. Paper copies are also available in the PE Staffroom. We have started fundraising and have raised over \$400 so far.

#### Car wash

On Thursday 28th August, we started our fundraising through a car wash. Numerous Relay for Life members washed, vacuumed and buffed the cars to their former beauty. So far we have raised \$80 through washing cars, with another 10 cars booked in for this week. We are hoping to raise over \$300 in total through this fundraiser.



#### Movie night

On Friday 29th August we held a Movie night in the Jan Milburn Room. approximately 40 girls attend the evening and enjoyed a relaxed evening rugged up in sleeping bags, PJ's and slippers. We auctioned off bean bags and sold lollie bags to raise additional funds. All up we raised \$327. Thank you to all those who supported this event and to Mr Compton who came along to help supervise the evening.



## Spring Fair

Any donations for the fair; i.e. books, chocolate, donations of hair & face paint, eggs, potted plants etc. would be greatly appreciated.

Junior School	Tombola/Lob a Choc/Books & Craft (portraits to be drawn by students - Fathers Day cards to be made)
Year 7	Cake Stall
Year 8	Gourmet BBQ/Relishes/ Cakes
Year 9	Wine Wheel Barrow
Year 10	Nachos/Drinks
Year 11	Plants/Ice Cream
Year 12	Car Balloons (fill a car with balloons and you guess how many inside)



In the last week before the NEGS Spring fair we are requesting donations to help make our day, Saturday September 6, a success.

We are looking for pre loved books of all varieties from Children's to classics, cooking to craft, hard and soft cover. Tombola jars filled (empty jars and or goodies to fill them would also be greatly appreciated), chocolates (small or family blocks) for our lob-a-choc. Craft items – the craft stall will be making cards for Father's Day. For all you green thumbs any potted plants for our plant stall would be fantastic.

On Spring Fair day any donations of home baked cakes and farm fresh eggs would be most welcome!

- Donations of potted plants for Year 11 Plant Stall would be greatly appreciated, please call Janet Carter 0427 677874 for collection. All donations can be left at NEGS reception or St John's reception.

### *Start your Christmas Shopping... at THE EMPORIUM in the MPC*

*Handbags, jewellery, hats, toys, children's wear, canvas bags, cushions, soaps, candles, sweet treats, artwork, kitchenwares, cards, hair accessories, eco friendly gifts, spices, bed linen, soft furnishings, wall hangings, stationery*

*Women's clothing - scarves, kaftans, dresses, shirts, belts  
Mens's Shirts for Father's Day  
and so much more...*

*THE EMPORIUM has something for everyone  
So come and shop till you drop at the MPC!*



# The Annual NEGS



## Spring Fair

10:00 am Saturday 6th September

pony rides / paint a pony / wine wheel barrow/ tombola / lob-a-choc / face painting, hair & tattoos / books & craft / gourmet BBQ & relishes / cakes / nachos / drinks / ice cream / plants / balloon guessing / Concepts of Armidale fashion parade / chocolate wheel /novelty events / musical performances



Emporium with over 20 stalls / Annual Art Show /  
Old Girls' Weekend

Be there for a great day experiencing NEGS in its full spring glory



## NEGS Livestock Team

Mr Mark Fisher

The New England Girls' School is again making headlines in the traditionally male dominated field of agriculture with the latest announcement that The New England Local Land Services Property Planning Competition junior section was won by Year 10 students Rachel Jones, Emily Farrar and Madeline Murphy.

NEGS Agriculture teacher Mr Mark Fisher, a keen advocate for more women in agriculture is thrilled with the outcome and the progress of his students stating, "this is a very complex, difficult competition against all the New England high schools. The award ceremony was held last week at Agquip and the girls have worked incredibly hard - it's a really big deal winning this".



The competition is structured so that students are given the scenario; they are a team of farm advisory consultants who must provide a strategic property plan ensuring economic and resource sustainability. The "consultants" are then provided with comprehensive resource material via the web. Students visit their study property to view various aspects of farm issues and are led through these activities by both landholders and a team of technical experts.

*Image: Emily Farrar, Madeline Murphy, Rachel Jones, Michelle McKenney (from Local Land Services)*

## NEGS Music News Mrs Williams

### Twilight Concerts

Congratulations to all our performers who participated in the Twilight Concert on Wednesday 27 November. Audience members were treated to an impressive display of talent from both NEGS and St Johns. Some of our younger students were performing for the first time and were excited to share the programme with our accomplished Year 11 girls. Highlights of the evening were vocalists Simone Sakker and Isabella Watson with their versions of *Love Like Breathing* and *Don't Rain on My Parade*, as well as Maria Fantini's beautifully stylistic interpretation of Bach suite movements on viola.

The next Twilight Concert will on Wednesday 22 October (Term 4, Week 3).

### The Magic Flute

Year 7 students Disa Smart, Miah Lupica and Zara Blackmore represented the school in Opera Australia's production of Mozart's *The Magic Flute* on Thursday 23 August under the direction of Mrs Tall and the NECOM choral programme. Congratulations, girls, on your beautiful performance and the commitment you have undertaken in achieving it.

### NEGS Musical - Narnia

Auditions for the 2015 Musical will take place in Week 8. Please see Ms Williams or Mrs Tall if you would like more information. The performance will take place during Term 1 of 2015 and auditions are open to students from Years 7 to 9 (2015).

### AMEB Results

Congratulations to the following students who have achieved success in recent AMEB examinations:

Dominique Holley First Grade Theory - 97%  
Imogen Gifford First Grade Theory - 99%  
Imogen Gifford Third Grade Violin - A  
Hayley Whitehill First Grade Piano - B+

### Upcoming Dates for Your Diary

Grandparents' Day Concert	Friday 5th September
Year 12 Valedictory Assembly	Friday 19th September
Twilight Concert	Wednesday 22nd October
Speech Day	Tuesday 2nd December
NEGS Carol Service	Tuesday 2nd December

Congratulations to our Junior IGSSA Hockey, Senior IGSSA Hockey and Junior IGSSA Netball,  
***You have finished in the top four and have made IGSSA finals.***

Senior IGSSA Hockey 1st place in S02.  
Junior IGSSA Hockey 2nd place in J01.  
Junior IGSSA Netball 4th place in J02.

### **IGSSA Athletics**

Congratulations to the 2014 IGSSA Athletics team!  
On Thursday the 21st of August, 21 girls travelled down to Sydney for the 91st IGSSA track & field carnival. Dressed in new uniforms, and enthusiastic for the day, all the girls competed extremely well, with a few making it to the next level. A huge thank you to Mr Frend and Elisabetta for giving up their time to train the team.



After getting off the bus on Thursday, NEGS' first event was the 13 years 800m. Our competitor was Evey White who had a great run and achieved 3rd place in division 3. Evey also went on to jump 1.35m in the junior high jump, claiming 2nd place in division 3.

Two of the most outstanding results of the carnival were Sarah Wyatt's 1st place in both the 14 years 400m and 800m in division 3. Sarah qualified for finals in both these events, and with a 400m time of 1:02.85, she has qualified for CIS in September.

Another impressive run was from Penny Haynes, who came 3rd in her 200m heat, running 28.97 seconds to qualify for finals. Olivia Eichorn also ran well to win her division 3 200m heat.

The NEGS relay teams were also very successful in division 3. The junior and intermediate teams both qualified 3rd, and the senior team came 2nd.

In the field events, NEGS was very successful. Charlotte Raleigh performed outstandingly to claim a bronze medal in the intermediate discus, and a silver medal in the intermediate javelin. Charlotte has qualified for CIS in both these events!

Ellis Mackay also qualified for CIS for the 17 years high jump, coming 2nd in her age group.

Tahlia Paull jumped impressively as well, leaping 4.55m in the 16 years long jump to come first in division 3.



All in all the carnival was a very successful day and all the girls represented the school with pride. Congratulations NEGS IGSSA Athletics team!

### **Ellis Mackay- 2014 Athletics Captain**

#### **Congratulations girls,**

You have been named in the IGSSA Team to compete at the CIS Athletics Carnival on September 17. This is a fantastic achievement, well done!!

The following NEGS girls have qualified for the IGSSA Team to compete at the CIS Athletics Carnival on September 17

Raleigh Charlotte	NEG1	Girls 15 Year Olds	Discus Throw	29.84
Mackay Ellis	NEG1	Girls 17 Year Olds	High Jump	1.55
Wyatt Sarah	NEG1	Girls 14 Year Olds	400 Metre Run	01:02.85
Raleigh Charlotte	NEG1	Girls 15 Year Olds	Javelin Throw	30.67



Saturday 20 September 2014

## Armidale Netball Clinic Clinic 1

Lynches Road Netball Courts



Time: **8.30am–10.30am**  
 Age: **6–10 year olds**  
 Cost: **\$40 per child**  
 (includes coaching and a goodies bag)  
 Bring: **Water bottle, comfortable clothes**

For registration, please contact go to  
<https://www.sticktickets.com.au/19566>  
 Registration closes 15 September 2014.



Saturday 20 September 2014

## Armidale Netball Clinic Clinic 2

Lynches Road Netball Courts



Time: **11.00am–1.00pm**  
 Age: **11–14 year olds**  
 Cost: **\$40 per child**  
 (includes coaching and a goodies bag)  
 Bring: **Water bottle, comfortable clothes**

For registration, please contact go to  
<https://www.sticktickets.com.au/19567>  
 Registration closes 15 September 2014.



**Interface Go Greener Grants has delivered grants of \$1000 each to 20 schools from around Australia and New Zealand.**

**Voting closes Friday 12th September, 2014**

Voting has now opened for the 'People's Choice Award' where the school attracting the most number of votes will receive a \$20,000 Interface carpet refurbishment for their school.

### **New England Girls' School Organic Waste Compost**

The school generates a significant volume of organic waste, both from the livestock and equestrian precinct (livestock effluent and sawdust from stable bedding) and the dining room that serves 450 meals per day. This organic waste is normally dumped offsite in the local Armidale waste management facility or sold in the case of livestock effluent. We would like to establish an organic waste composting facility, utilising both kitchen and livestock waste, to produce compost that can be utilised in the school vegetable production area and to spread as fertilizer on the livestock and sporting fields of the school.