



NEGS
MORE THAN
A SCHOOL

NEGS Newsletter

Term Three - Week 6, 31st August, 2018

From the Principal

IS IT WEEK 6 ALREADY?

IGSSA games/athletics are completed for another year; City-2-Surf has been run; Equestrian exchanges are nearly finalised and, most importantly, the HSC Trials are complete. Whilst this term has been busy thus far this busyness is not over as we still have the Father's Day Breakfast this Friday; the NEGS Polocrosse Carnival to be held in Guyra on the 8th & 9th September; Grandparent's Day 14th September; Musical performances 14th & 15th September, Old Girls' Weekend 14th - 16th September; and our Yr 12 Valedictory Celebrations in Week 10. Schools never stop.

What this does indicate is the fact that Schools need to be resilient, robust communities because of the challenging nature of educating young people. As a community, schools need to be able to withstand pressures, disappointments and hardships that are experienced by individuals, small groups and, in some cases, the school community. Equally, schools need to be caring and nurturing communities that enable individuals, groups and the whole school to support each other during such times.

As our Yr 12 students are reaching the end of their school journey, it is well worth remembering that the research and data are conclusive about the importance of the partnership between parents and schools in the academic attainment of students. John Hattie in his book *Visible Learning* states that "across all variables, parental aspirations and expectations for children's academic achievement has the strongest relationship with achievement... Thus parents need to hold high aspirations and expectations for their children and schools need to work in partnership with children and their parents".

Another author providing some sound advice to us all is Fabian Mandini. In times where students are trying to fit everything in, and often forgo sleep in doing so, we should not discourage our girls from studying or participating in co-curricular activities. However, we should be asking the following:

- Does it take 45 minutes to start homework in the evening?
- Do you pack up early at the end of a period?
- What plans do you have in place if your homework is completed early?
- What do you do during study periods (if you have any) during the day?
- What happens during afternoons when you have no commitments?
- Do you have a weekly timetable?

It's not news that sleep is tied to learning - even a 90-minute nap can significantly help boost your brain power - but if our girls want to cement new knowledge in their brain, recent sleep research demonstrates that a good night's sleep shortly following your studies has a significant impact on your ability to retain information. A lesson from which we can all learn.

Staff News

It is with a heavy heart that I announce the resignation of Mrs Angela Sole, Head of Learning Support & Wellbeing. As we are all aware, 2018 has been a difficult year for Angela with continuing ill health. Due to her high level of professionalism, and her inability to commit full time to her full-time role at NEGS in 2019, Angela has made the decision to resign formally, allowing us to recruit a suitable full-time replacement to this critical role.



Mrs Mary Anne Evans

Angela has been a valued and committed member of the NEGS staff over the past five years, and will be greatly missed. She will however continue to remain strongly committed to the school as an Old Girl, ex-parent and teacher of the school, and we are hopeful that she will be able to return to the school in a casual or part-time capacity in the future. Angela has ensured that NEGS has become a flagship for positive Student Wellbeing and Indigenous Education, and developed a comprehensive diagnostic program for addressing the diverse Learning Support needs for all students.

I would like to thank Angela once again for her service to NEGS since 2013 and wish her all the best for her future. Angela's roles for the remainder of the year are being filled by:

Mrs Prudence Woods - Learning Support; Sister Jodie Jackson - Wellbeing; Ms Taylor Naylor-Taggart - Indigenous Education.

In other staffing news, Mrs Wilsmore will commence her maternity leave next term, returning Term 3 2019.

Mrs Kate Fittler will commence her maternity leave at the end of Term 4 2018, returning Term 1 2019.

I would like to wish them both all the joy and best wishes that comes with welcoming a new baby into the world. We are about to commence with advertising these maternity-leave roles and will advise you of the successful applicants as soon as possible.

I have included an article from *The Good Parent* for your interest. Until next fortnight....



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2018 Calendar of Events

Semester Two

TERM THREE

23rd July	Staff Day Boarders return by 8pm
24th July	CLASSES COMMENCE
26th-28th July	Netball / Hockey IGSSA Round 1
27-28th July	Narrabri Boarding Schools Expo
27th July	Narrabri - NEGS News and drinks with the Head of Boarding and Principal
4th August	Canberra OGU AGM and Luncheon
9-11th August	Netball/Hockey IGSSA Round 2
13-15th August	IPSHA Performing Arts Festival
29th August	IPSHA Athletics Carnival
30 August - 3rd September	New Zealand Equestrian Trip
8-9th September	SIEC - Sydney International Equestrian Centre
9th September	IYLP Gathering Sydney Year 9 & 10
14th September	Grandparents' Day 'How the West Was Warped' Matinee 1:30 pm 'How the West Was Warped' - 7:00 pm
14-17th September	New Zealand Equestrian Team coming to compete
15th September	'How the West Was Warped' - 7:00 pm
15-16th September	Old Girl's Weekend Scone Dressage
22 September - 6th October	Round Square International Conference Canada
27th September	Valedictory Day Last day of Term Three

TERM FOUR

15th October	Staff Day Boarders return by 8pm
16th October	CLASSES COMMENCE
20-21st October	New England Sings
3-4th November	NEGS Equestrian One Day Event
26-30th November	Year 10 Service Week
3-9th December	Year 10 Work Experience
11th December	Festival of Nine Lessons and Carols Last day of Term Four for Junior School
12th December	Year 7 - 11 NEGS Speech Day Last day of Term Four for Senior School

The Good Parent When your child lies to you.

This is one of the more difficult problems that parents are faced with as their child is growing. Around the age of three, children develop the "theory of mind", in which they discover that not only do they have their own mind, but so too do other people. They gradually realise that they can know things that you do not, and because of this they discover that they can lie to avoid the shame of another's judgment; "I know something you don't know".

Lying well and appropriately is thus a very important developmental task. We all lie everyday. We all have thoughts that we do not share with those around us, and lying can variously be a very appropriate response, or can be immoral, depending on the circumstances. The only way to develop the skill of lying appropriately is to actually lie and then experience the outcome of the lie. The shopkeeper's saying "take what you want and pay for it" applies here. "Of course you can lie, and you will pay the price of lying".

It is for this reason we don't want to shame our children excessively when they lie. Expecting them not to never lie is ridiculous, as how will they work out how to lie well if they never get to lie. But, we also want them to learn from the lie and experience the logical outcome of avoiding the truth so they can grow into healthy and moral young people.

So if your child lies, the 4C approach can be quite helpful.

- Be cool: its ok, children lie, it's not personal. Sure, they may be in trouble, but this is just the business of being in your family, that generally we value truth over lying, and lying leads to a cost that needs to be paid.
- Calm the reptile: when a child lies to you, it is very provocative, and you and they can really flip your lid about it. If you or they have flipped, don't try to address the problem. Take a time out, calm down, and then come together later to try to work it out (past posts look at this).
- Connect with the mammal: "I don't care what you think until I think that you care". Together we will work it out.
- Converse with the human: Previous posts look at this in some detail. I am now going to suggest one idea around how to address your child if you think they have lied. Note, this will not work if you are not cool, calm and connected to your child.

Child: but I didn't take the biscuit

Adult: I hear you, and it sounds like you are annoyed that I have questioned you about it. Help me understand what you think happened to the biscuit.

Child: well, I don't know, but it wasn't me.

Adult: ok. Have you got any other thoughts about what happened?

Child: no

Adult: do you want to know my thoughts about the missing biscuit?

Child: you think I took it!

Adult: do you want to know what my thoughts are about the missing biscuit? (broken record)

Child: alright.

Adult: well, I may be wrong, and if I am I'm really sorry (one down position). But I've developed the belief that you took the biscuit.

Child: I didn't!

Adult: and if I am wrong I am so sorry. But the biscuit was there, you were the only one home, and on return from being out the biscuit was gone and there were biscuit crumbs in your room. That's why I believe you took it, and I'm going to have to act on that belief.

Child: you never believe me

Adult: that must feel really awful (validation). And again I apologise if I got this wrong. But I don't believe I am wrong. And so I am going to act accordingly.

Child: I hate you

Adult: I'm sorry I've made you so upset. When you are ready, lets talk about how we can fix this.

Note, I have not said "You lied", as that will likely get into a combative arguing interaction where they said "no I didn't" and you say "yes you did" and it goes round and around. Rather I said, "I've developed the belief you lied". This is unarguable, as it is absolutely true you developed the belief they lied. You are aware you may be wrong, but it can't be argued that you don't believe it. And as a good parent, you will act on the belief you have developed. It is a subtle difference, but try it out and you may realise that it makes a very big difference in whether you get drawn into their combat or not.

We want our kids to lie; we just want them to learn how to do it morally and wisely, just as we had to learn how to do it. A parent who gently but firmly confronts their child with their lie can help the child to own the lie, and learn how to repair it.

THIS IS AN EXTREMELY BUSY TIME OF THE YEAR

In the careers department and there is a wealth of information to impart to you all. Therefore I am going to break this newsletter into two sections, the first for Yr 12 students and parents and caregivers, and the remainder of the information is applicable to all.

Year 12

Year 12 have completed their trials by the time they are reading this and now it is time to think about all the various things that need to be done on the careers front.

Who can answer the question? What is the difference between a career and a job? Think about this carefully and you will find the answer at the bottom of this newsletter. Do you realise that unless you have been proactively looking at different course options for a number of years, you are suddenly being asked to choose from more than 2,000 courses at Universities and potentially more than 1,200 courses at TAFE if you choose this way of studying.

Here are some important dates for you to acknowledge. More are available on the [NEGS Careers Portal](#) which you should be accessing regularly by now. Google have now added a search feature which allows you to search on keywords too! I add new information weekly so please keep informed. I am always available for a chat or a more in-depth discussion if required.

UAC APPLICATIONS; Apply online.

If you apply before **28 September**, you pay \$70 as opposed to \$200 if you apply after. If you apply before 28 September, you are also able to apply for Student Recommendation Schemes (SRS or Early Entry) which are available through some universities. You must enrol with UAC before you can apply for SRS for some universities.

UNE Early Entry is available until **28 September** and you will get an offer sometime in November. Sometimes they will offer you a pathways program first if your Yr 12 & Yr 11 reports indicate that this would be beneficial for you.

Southern Cross University early entry closes **14 September** and this is a hard and fast date. There are 3 levels of STAR Entry to apply for. STAR Platinum requires Principal support but the others do not. Not all courses are available through STAR Platinum so read carefully and come and see me if you require assistance. **Applications are made online.** NSW students are advised of the outcome on **12 November**.

BOND University entry is direct to BOND unless you are undertaking medical studies. You will find their ATARs are less onerous than other universities and they have a much more practical focus on their courses. I am undertaking a visit there in the next few weeks and therefore can give you more information on my return.

The University of the Sunshine Coast is the only QLD uni that offers early entry. More information available on the careers portal.

Remember you can apply to UAC, QTAC, VTAC and other state equivalents. This gives you more choices and options.

Don't disregard applying for Diploma Courses as well. Many Unis are now offering Diplomas that give you direct entry into a degree with the subjects studied given credit. The advantage of this is that you can often get work when you have a Diploma and then continue studying either full or part time. Please see me if you would like to discuss this further.

There are many scholarships available. Some of these have deadlines so please look into the ones available at your chosen institutions. I have loaded a guide to students who are applying for a scholarship on the portal.

Anyone interested in a **career in medicine** there is a 5 day Rural Scholars Summer School being held in November at UNE. It is totally free. More information on the careers portal or see me.

I am intending to hold a **RSG/RSA** course the weekend of the 10/11 November. Please let me know ASAP if you are interested in attending. I will then be able to work out the costs etc. when I know numbers. Please let me know by **7 September**.

Years 7 - 11

Do you think you are too young to be thinking about careers and your choices when you leave school? Research is confirming that the more you think about this and investigate options from a younger age, the more informed your choice will be when you leave school.

Think about this. Are you performing an elite sport or aiming to perform at an elite level? Well to do this, you don't get there by one day thinking I am going to represent my country when I get out of bed in the morning, do you? You need to practice and dedicate yourself to this. So then think about this. All of a sudden in Yr 12 you are being asked to make a career choice. There are currently more than 2,000 courses available at Australian Universities and more than 1,200 courses in NSW TAFE on offer. Which one will you choose? Do you have the required prerequisites? All of this information is available to you so you can do your research at any age. This in no means says that you must decide on your career path in Yr 7. What it is asking you to do is that you start exploring your interests early.

Parents/caregivers do you realise that you are singularly the most influential person on your child's career thinking and progression? Therefore you have a role in your child's development. All parents and students have access to our [NEGS Careers Portal](#). On the portal is instructions and a link to a website called JobJump. When you have an opportunity please explore the site and go through the quizzes with your children. They can do this as many times as they like and then options will be presented that will give them some different career options that they and you may never have thought of. Relevant courses of study and prerequisites are listed as well as often there are interviews with people that have chosen this career path. For any more information please contact me.

For anyone over the age of 15 interested in a career in medicine, there is a 5 day summer school at UNE in November with all expenses paid. More information is on the careers portal (which does have a search function now).

Year 10 students should all be thinking about their work experience week in week 8 of Term 4. You should all have received an email with this information but everything is available on the Careers Portal as well. To date I am yet to receive any paperwork from Yr 10 students. The paperwork can be scanned and emailed to me at careers.advisor@negs.nsw.edu.au.

For any other students undertaking work experience (including Yr10 outside of Week 8) please access the information on the careers portal.

Volunteering and community service is seen as something of great value for your resume and scholarship applications. The NEGS Homework Centre is calling for student volunteers and this can be used on your resume if you can show a consistent commitment. The Homework Centre are particularly interested on having extra students on a Thursday afternoon. If this is something that interests you please see Mrs Bennett in the Homework Centre or make contact with myself.



Sport

NEGS Netball Program

supported by NETBALL NSW

TRIAL DATE

**MONDAY 17TH
SEPTEMBER 2018**

NEGS Multi-Purpose Centre

We're really excited to
announce our new
NETBALL PROGRAM
commencing in 2019

For more information or to register now
for our upcoming trials, call us or go to our
website:

[http://www.negs.nsw.edu.au/netball-
program/](http://www.negs.nsw.edu.au/netball-program/)

I will close with this research data: A student that is indecisive at age 16 is also indecisive at age 26 and on average has earned \$100,000 less than their peers. (Sikora, 2018)



<https://www.cartoonistgroup.com/subject/The-New+job-Comics-and-Cartoons-by-Frank+and+Ernest.php>

Answer to question: What is the difference between a career and a job?

A job earns us income to sustain us.

Whereas a career is a choice that plays to our strengths and passions and is defined as "the lifelong progression in learning and work where learning is both formal and informal and work is both paid and unpaid." The key to this definition is the concept of progression, where life takes a certain direction based on the different forms of learning and work we undertake along the way.¹

¹ (McCowan, C., McKenzie, M., & Shah, M. (2017). Introducing career education and development: A guide for personnel in educational institutions in both developed and developing countries: InHouse Publishing.)



autismaustralia

TALK TO LEARN

Autism & Social Communication Group

COMMENCING TERM 4.

This program is available for two age groupings:

0-6 years Group

7-12 years Group

Cost: There is no charge for this program.

Both groups will run on Tuesdays across the term.

'Talk to Learn' was made possible by through the National Disability Insurance Scheme's Information Linkages and Capacity Building funding scheme.

A group program for families of children with autism or social communication differences.

Talk to Learn provides children with autism or social-communication differences a place to learn to participate more with the people and places around them.

The group is play-focussed with a purpose!

Group leaders will show and practice with parents, different ways of playing and talking with their children that they can continue to use as home to help their children interact and learn new skills.

It also provides a group forum for parents to discuss with the group leader, practical ways to support their children.

Parents are responsible for the care of their child at all times during the group. Leaders are there to help with the playing and learning.

Please note: As numbers are limited please understand it is not possible for siblings to attend.

Register your interest online at <http://ems.gs/3kFt0efboQf>

Please email all enquiries to: natalie.jones@autismaustralia.com.au.

Delivered by Autism Queensland trading as Autism Australia
ABN 79 253 351 418

www.autismqld.com.au

School Photos

Mrs Helen Smith



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School News

Dear families and students,

As you are aware "extra group" photos were taken yesterday at school (see below for the list).

Here is how to order the photos:

Please go to: www.asaphotography.com.au

Click on the link "NEGS extra group photos".

Click on the photo you would like to check.

ASAPHOTOGRAPHY		
9 Nyssa st, Armidale NSW 2350 Tel: 0410 636585 Email: enquiries@asaphotography.com.au		
Student's Name.....	Class.....	Date of Birth.....
School: NEGS Sport photo Day		
Print size 20x25 cm Price: \$20 each		
Quantity	Quantity	Quantity
Rugby team	Round Square	SRC
NEGS Band	NEGS Junior Choir	Guitar Group
NEGS Vocal Ensemble	Rifle Club	Rifle Club Match Team
IGSSA Athletics team	IGSSA Cross Country team	IGSSA Swimming Team
Rowing team	Tildesley Tennis team	CIS/All Schools' Representative
Senior IGSSA Netball team	Junior IGSSA Netball team	NEGS 2 Netball team
NEGS 3 Netball team	NEGS 4 Netball team	Senior IGSSA Hockey team
Junior IGSSA Hockey team	U13 Hockey team	U16 Hockey team
U13 Indoor Hockey team	U16 Indoor Hockey team - 1	U16 Indoor Hockey team - 2
NEGS White Basketball team	NEGS Sky Basketball team	NEGS Red Basketball team
NEGS Blue Basketball team	Livestock Team	

A new page will open displaying the image and the add to cart option. By clicking on the image, the photo will enlarge and parents and students will be able to visualise the actual image.

Once you have selected the photos you wish to order, click on "Checkout". Follow steps to complete payment.

OR

Cheque/cash may be returned to school with the attached order form - Mrs Smith has a limited supply of these.

All orders must be made by Friday, 21st September. The photos will be returned to school for distribution in Term 4.

'HOW THE WEST WAS WARPED'

NEGS Assembly Hall
\$15 Students / Concession - \$20 Adults

Friday 14th September
Matinee 12.05 pm | Evening 7.00 pm

Saturday 15th September
Evening 7.00 pm

Tickets on sale now
\$15 Students/Concession | \$20 Adults
Book now at Trybooking:
<https://www.trybooking.com/XUFC>

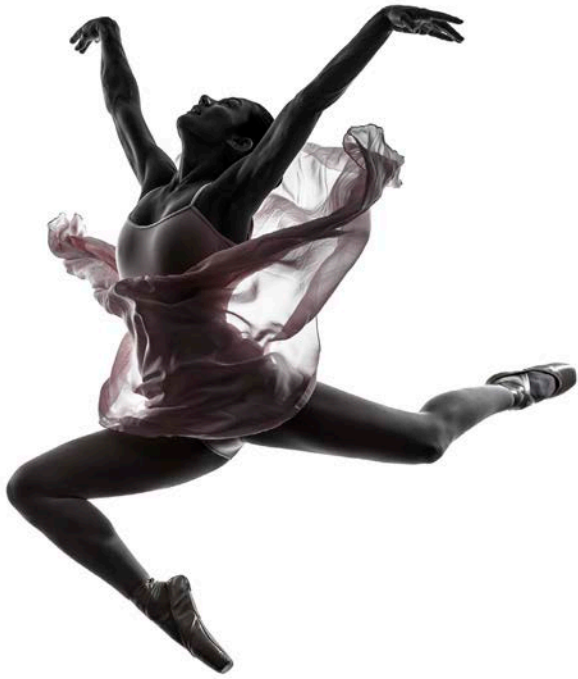
'HOW THE WEST WAS WARPED'

NEGS ASSEMBLY HALL
\$15 Students / Concession - \$20 Adults

Friday 14th September - Matinee 1:30 pm | Evening 7:00 pm
Saturday 15th September - Evening 7:00 pm

Tickets on sale now via;
Trybooking: <https://www.trybooking.com/XUFC>

For further information please contact NEGS Armidale
T: (02) 6774 8700 | E: reception@negs.nsw.edu.au or visit
www.negs.nsw.edu.au



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School News

NEGS Performing Arts

NEGS Dance is open to the general public and NEGS community.

Dance

NEGS welcomes Mrs Lisa Travers to Performing Dance @ NEGS.

Lisa has been teaching Dance and Drama in Sydney for 16 years, covering Ballet, Jazz, Tap, Contemporary/Lyrical and Drama. She has catered for children as young as 2 years right through to adults.

Lisa is trained in, and is a teacher of, Education in Dance and Theatre Arts, a uniquely Australian syllabus and 'Glenn Wood Tap'.

Lisa will be introducing four facets of Dance at NEGS;

- Ballet
- Tap
- Jazz
- Contemporary

All choreography will be age and ability appropriate.

COST: All classes are \$12.

For more information regarding uniform and class times please email: dance@negs.nsw.edu.au

performances, eisteddfods, exams, concerts and fun

Head of Junior School



Mr Andrew Travers

WHAT A BUSY COUPLE OF WEEKS THE JUNIOR SCHOOL HAVE HAD.

Fifty-four students left Armidale on a chilly -4 early morning to journey to Sydney to take part in the IPSHA Performing Arts Festival at the Sydney Town Hall, which is held over three nights. IPSHA, being the Independent Primary School Heads of Australia Association, of which NEGS is a member school. This was the inaugural appearance by NEGS Junior School at this event, and I must wholeheartedly compliment both the Marimba Ensemble who executed their piece flawlessly, and the NEGS Junior School Wacky Instruments group for their stunning delivery of Kalendara/Bannelou Lamboui – Croatian/French traditional songs which were performed on our "Wacky instruments" which in themselves are incredibly innovative and complex and caused much amazement and comment on their creativity. NEGS students also took part in the combined Schools' choir when all the schools joined on stage for the final event.

Our school was greatly applauded for their performance and received special mention in the final remarks by Ms Margaret Mead, the Festival Convenor. Our sincere thanks must also go to Mrs Sally Spillane, our Music Teacher and conductor, for her expert conducting and skillful musical support both leading up to, and during, our performance. Also a personal thanks to the amazing Junior school teachers Mrs Dent, Mrs Ford and Miss Pracy for some long days and longer nights. The trip wouldn't have been as faultless without your support.

A very enjoyable, busy and educational two days were spent in Sydney with our students being able to appreciate the visions of the old Sydney of yesterday and the global 21st century Sydney of today. We visited many attractions including the incredible Sydney Aquarium, Madame Tussauds Waxworks, Chinatown gardens with a lunch of dumplings specially prepared for us; Darling Harbour, Sydney Harbour, the Sydney Harbour Bridge and many more attractions, plus a full afternoon of rehearsal with the other participating schools at the beautiful Sydney Town Hall. A special thanks to the parents who travelled to Sydney to support our students and helping with the girls' hair and loading of the bus. But finally congratulations must go to our students, they never faltered during a very full and eventful itinerary to busy Sydney. It was a pleasure to accompany them on this a very successful inaugural appearance – the first of many appearances in the future I am sure.

We have also had Book Week and what a fantastic day it was. Miss Cambridge did not hold back with the fun and excitement of our own Treasure Hunt around the Junior School, Pirate parade and provision of some amazing book awards. The students' costumes looked fantastic and also a special mention to our Dining Hall for a special 'bounty from the sea' lunch.

CONGRATULATIONS TO THE GIRLS AND BOYS who competed at the PSSA Athletics with some great results and fun had.

The Junior School is looking forward to Grandparents' Day on Friday 14th September.



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Junior School

NEGS Junior School



NEGS
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Grandparent's Day

Friday 14th September 2018

8.45am - Arrival at Chapel

RSVP online at: <https://www.trybooking.com/XLYG>
by Monday 10th September 2018

P: 02 6774 8700 | E: reception@negs.nsw.edu.au

Join us for activities in the classroom, a sneak peak of our musical, morning tea and much more!

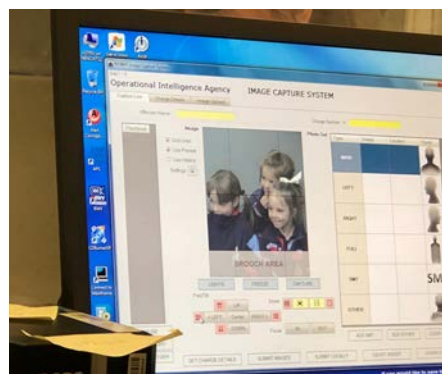


Transition News

Transition has been having a super time learning about our community. They have interviewed NEGS staff to find out what they do to make NEGS a great place. The children then created artworks and their own book about our NEGS community. We have had visits from the local fire service and we all climbed aboard the school bus and explored the local police station. Charlee's mum Casey visited the classroom and talk about where nurses work and what they need to do their job. Living in a community like ours is wonderful and we are grateful to the local services that have provided our little explorers with lots of valuable information and learning experiences.



Mrs Catherine McCann





Book Day 2018 - Find our Treasure

Wednesday the 22nd of August saw NEGS celebrate the Pirate Book and Open Day throughout the school from Transition to Year 12. Students were asked to bring in a gold coin donation to support the 'Talk Like a Pirate Day' Foundation which assists in providing funds to help researchers battle childhood cancer. We as a school were able to raise \$233.05 - well done team.

Students in Transition to Year 6 were treated to a Treasure Hunt and Book Parade, whilst students in the senior school were given pirate challenge activities to be completed in their PBL (Problem Based Learning) classes.

Special thanks go out to our Year 9/10 PASS and Commerce classes who assisted in the Junior School Treasure Hunt and to our caterers, Paddock to Table, who out did themselves dressing up, decorating the dining hall and, to quote one of the Junior School students, 'made the best food ever!' The pirate jelly cups and seafood platters from the depths of the sea were definitely a highlight.

Congratulations to our winners and highly commended in our pirate day activities listed below:

My Most Treasured Books

Students wrote about their favourite books. Our Sydney Old Girls' Union sponsored the purchase of these books for the library.

Winners:

Year 5/6 - Caitlin Piddington 'Ella Diaries- Ballet Backflip'

Year 4 - Lily Lorimer 'The Island of Lost Horses' and Bridie Wilkinson 'Gangster Granny'

Year 3 - Sarah Duarte 'The Adventures of the Wishing Chair'

Year K/1/2 - Lucy Wilkinson books about space.

Transition- Cooper Rowbottom animal books with Cheetahs and Zac Orr 'Hairy Maclary'

Highly Commended: Shyla Clark, Annabelle Chua, Sarah Kennedy, Annabelle Smith, Arabella Blanchard, Charlotte Williams, Tom Loxley, Ava O'Hara, Sophia Lawlor, Prudence Chapman, Sonny Booth and Elijah Williams.

Pirate Colouring in Competition

Each student had the opportunity to colour in Pirate Pete or Patricia Parrot and a winner was selected from each year group and was awarded a pirate book as a prize.

Winners:

Year 5/6: Louisa Duarte

Year 4: Indiana Gent

Year 3: Liora Johnson

Year K/1/2: Olivia Colyvas

Transition: Elijah Williams

Senior School Years 7-10: Nikita Wells

Senior School Years 11-12: Megan Galbraith

Highly Commended: Susie Maxwell, Casey Tighe, Jelysa Smith, Katie Flynn, Sarah Duarte, Charlotte Williams, Siena Hays, Paige Patterson, Scarlet Martin, Delilah Layton, Kiara Barrett, Sophie Sutherland.

Pirate Best Dressed

Each student and staff were able to wear their best pirate outfit and a person was selected from each class.

Winners:

Transition: Oscar Ridgewell

Year K/1/2: Georgina Pillar

Year 3: Clancy Munsie

Year 4: Sarah Kennedy

Year 5/6: Chelsea Bilsborough

Year 7: Kiera Turnbull

Year 8: Connie Dugdale



Miss Laura Cambridge
NEGS Teacher | Librarian

Year 9: Saskia Thomas

Year 10: Courtney I

Year 11: Laura Finlay

Junior School Staff Member: Mrs McCann

Senior School Staff Member: Mr Forgeard

Special thanks to all those families and staff who contributed to the Library Scholastic Book Fair. As a community we raised \$2600! Well above my plan of \$1000. Thank you for your kindness, we will now be able to use the commission of these sales to update some new resources across the Senior and Junior School library.

NAME: Elijah

YEAR: Transition



"FIND YOUR TREASURE" NEGS BOOK WEEK 2018

NAME: Kiara

Barrett

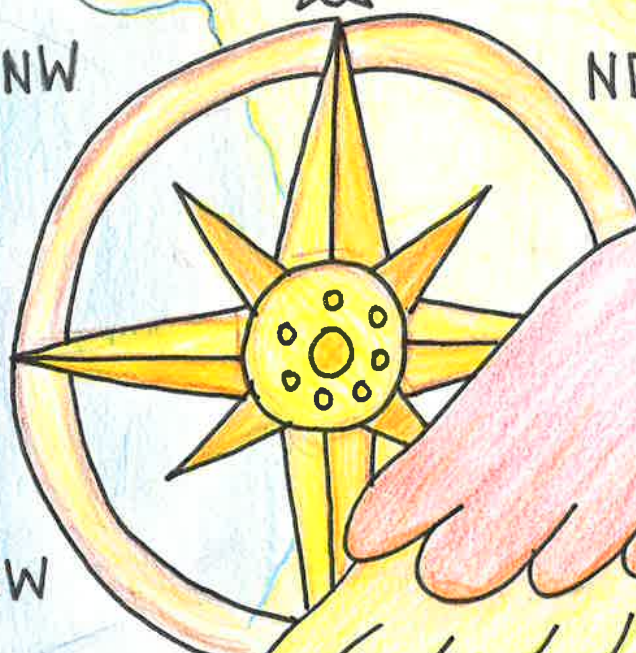
YEAR: 7

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"FIND YOUR TREASURE" NEGS BOOK WEEK 2018

MY MOST TREASURED BOOK



Hairy Maclary is my
favourite story. It is a
funny story.

tw

Zac



1-2-3 Magic & Emotional Coaching Parent Course



Learn to manage difficult behaviour in children 2-12 years old. A 3-session program for parents and carers.

When: Thursday 13th, 23rd, 27th of September 2018.

Time: 1pm-2pm.

Cost: Free.

Where: Armidale Family Support, 89 Rusden St, Armidale.

For more information or to book, please phone Kye on 6772 7243 or email kye@familysupport.org.au

armidale *family* support service



PROGRAM

Walcha Sculpture Symposium

9-15 SEPTEMBER 2018

WALCHA SCULPTURE

Sunday 9th September

Arrival of Symposium Artists
 Matt Pilikington
 Caz Haswell
 Dale Miles
 Nameer Davis
 Barbara Penrose
 Artists Assistants
 BackTrack

Monday 10th - Saturday 15th September

8.30 - 5.00pm Site Open
 Walcha Showground

Tuesday 11th September

6pm Meet The Artists Dinner
 Bookings essential
www.trybooking.com/WUVH
 Walcha Sports Club

Thursday 13th September

1pm - 4pm Open Studio Afternoon
 Walcha Showground

Group Tours of Open Air Gallery - By arrangement

Friday 14th September

6pm Walcha Gallery of Art
 Exhibition Opening
 Symposium Artists Previous Works

Saturday 15th September

8.30 - 1.30pm Walcha Farmers & Makers Market
 1pm Public Guided Tours of Open Air Gallery
 Meet at Visitor Information Centre
 2.30pm Sculpture Concluding Show
 Walcha Showground
 4.00 - 4.30pm BBQ and Event Close

Further Information - Walcha Tourism 02 6774 2460
walchansw.com.au/whats-on [f/walchasculpture](https://www.facebook.com/walchasculpture)



WALCHASculptureSYMPOSIUM 9-15 SEPTEMBER 2018



Hockey NSW & Hockey New England

Under 11, 13 & 15yrs School Holiday
 Indoor Clinic.
 2 x 2 Hour sessions

When: Tuesday & Wednesday
 9th - 10th October

Time:	U11's	U13's	U15's
	9am - 11am	11am - 1pm	2pm - 4pm

Venue: The Den, Armidale HS

Cost: \$50.00

Registration: <https://www.hockeynsw.com.au/events/register/24523/>



Contact: Greg Doolan
 Email: greg.d@hockeynsw.com.au
 Mobile: 0419 258463

Junior School

NETBALL

Go Netball Team

Week 4

On Saturday 18th of August the Under 10 Netball team played against Uralla.

We won 12 goals to 6.

It's great experience changing positions all the time to try them all out.

Thank you to Coach Jodie for pointing us in the right directions.

One more round to go and then the semi-finals.

Amanda Knight



Mrs Liane Nixon

Week 5

On Saturday we played against Ben Venue. We won 38 to nil. Our goals were scored by myself, Sarah, Isima, Lara, Amanda and Lily. Thanks to coach Jodi and Miss Drosdowski for helping us.

Paige Patterson

HOCKEY

Under 9's

No reports provided

Under 11's

Week 3

Last Saturday my team and I played hockey against Bald Blair and I was goal keeper. I had to wear all of the goalie armour. It felt like I was going to battle, which we kind of were.

My team and I had an awesome game. I was pretty nervous when trying to walk over to the goal with all of my armour on. But when I got the first kick of the ball I felt a lot better.

'Good job' to Airlie for her awesome intercepts and 'amazing job' to Claire and Lily for getting so close to scoring a goal for the team. Also, 'good job' to Andrew for whacking the ball down to the strikers so they could try to score a goal.

Unfortunately, Bald Blair scored a goal in the last two minutes. If it wasn't for their goalie we would have scored three or four goals, but I've got to admit their goalie was pretty good. Good job team!

Lara McAlary

Week 4

Last Saturday our team played hockey. We versed Harlies. We lost three-two. We all still had a pretty good game. Everyone did a great job especially Andrew!!!

Airlie McAlary

Week 5

On the weekend we played hockey. We won 5 - nil. It was a really good game. Amazing job to Mrs Dent for doing the fastest goal swap at half time.

But unfortunately, it was our last game of the season because we didn't make it to the finals. Thanks to the whole team for doing a really good job and being good sports. Also, a really big thanks to Lucy for coaching us all through the season.

Claire McAlary



PSSA Athletics Carnival Report

On Friday 17 August, the following students from the Junior School participated in the PSSA Athletics Carnival:

Sophia Croft	Thomas Brazier
Felicity Chapman	Lily Lorimer
Tom Lorimer	William Knox
Connor Sweeney	Ellie Woods
Hugo Brazier	

The students displayed wonderful sportsmanship and are to be congratulated on their efforts. This carnival always comprises tough competition from other schools and NEGS was certainly amongst the best.

Results from the day:

- Tom Lorimer - 2nd 8yr Boys 100m, 3rd Junior Boys Shot Put
- William Knox - 3rd 11yr Boys 800m
- Felicity Chapman - 4th 11yr Girls 800m
- Lily Lorimer - 1st Junior Girls Shot put
- Sophia Croft, Felicity Chapman, Lily Lorimer, Ellie Woods - Senior Girls relay 4th

Carnival days rely on the support from our parents to ensure smooth transitions between events. A special thank you to Jo Martin for helping with this supervision and ensuring that our students were ready to go on time.

It is always a pleasure to see our students competing in such events and striving to achieve their personal best. I look forward to the many great achievements of our athletes in the future.



NEGS
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Sport

PSSA Athletics Carnival

IPSHA Athletics Carnival

On Wednesday 29 August, Connor Sweeney will be representing NEGS Junior School at the IPSHA Athletics carnival in Sydney. He will be competing in the 100m, 200m and 800m. We wish him all the very best in these events and we know he will represent the school proudly.



Congratulations to NEGS Junior School student Connor Sweeney who competed at the IPSHA Athletics Carnival Thursday, 30 August, at Sydney Olympic Park Athletics Centre. Connor ran in the Boys 8-10 years 100m, 200m, and 800m, placing 2nd in the 200m event.

Well done Connor.



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CAPAD

Creative Arts & Design



The talent of our Year 12 Arts and Design students were on show at the Creative Arts & Design HSC Presentation Night. Thank you to everyone who came along to support our girls and made it such a wonderful evening. A special "thanks" to the Year 11 girls who were fabulous waitresses, Ms Sarah Ronald, Mrs Stephanie Thomas and all of the CAPAD staff for their encouragement and guidance to their students.



OLD GIRLS WEEKEND SEPTEMBER 14TH - 16TH

Friday, 14th September

OGU Function at the 'Newie'

Time: 8:30pm 'till late | Venue: New England Hotel, Dangar Street, Armidale 2350

\$10 cover charge

Saturday, 15th September

NEGS Principal's Welcome followed by OGU AGM

Time: 10:30am | Venue: Jan Milburn Room, Library, NEGS.

Light Luncheon and welcome hosted by NEGS Principal

Time: 12:00pm | Venue: Jan Milburn Room

Moffatt Shield Tennis Match between OGs and students



 **NEGS**
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NEGS and NEGS OGU would like to invite you to join us for

Jazz @ NEGS

with 'The Ash Hall Trio'
Canapés, Champagne with Jazz at NEGS

Saturday, 15th September
\$25 pp | 2:00 pm – 4:30 pm | NEGS MPC
Pay via Try Booking: <https://www.trybooking.com/VVLD>
RSVP: Friday, 7th September, to Mrs Sara Schmude
E: schmudfamily@gmail.com | P: 02 6771 2435

Jazz @ NEGS with 'The Ash Hall Trio' with canapés and champagne

Time: 2:00pm | Venue: Multi Purpose Centre

\$25 ticket per person (ticket must be paid for before arrival)

Pay via Try Booking: <https://www.trybooking.com/VVLD>

NEGS OGU On-Line Auction

Time: 2:00pm | Venue: Multi Purpose Centre

Sunday, 16th September

Holy Communion for Old Girls in the Chapel of St Michael and All Angels with Year 12 students

Time: 9:00am | Venue: Chapel of St Michael and All Angels

Brunch for Old Girls and Guests

Time: 10:15am | Venue: NEGS Dining Hall

\$15 pp tickets must be paid for before arrival

Pay via Try Booking:

<https://www.trybooking.com/VXXE>

Tours of the School

Time: 11:30am



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Old Girls

NEGS Old Girls' Weekend



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NEGS Old Girls' Weekend - Silent Auction

Please donate to the NEGS Old Girl's Union

Saturday, 15th September 2018

2:00 pm

Online Silent Auction

Some suggestions for donations include;

ARTWORKS, EVENTS, CASE OF WINE, PHOTOGRAPHY PACKAGE, SCULPTURE,
LEATHER HANDBAG, THEATRE TICKETS, CHOCOLATE, SUNGLASSES OR
A WEEKEND AWAY!

Major fundraising activity with funds distributed for Scholarships at NEGS.

Please contact Jo Campbell archiecc@bigpond.net.au or 0497 583 877



A "HUGE" Congratulations to the NEGS Armidale students Holly Jacobson from Forbes, Molly Michell-Smith from Narrabri, Anna Jarvis from Armidale, Olivia Ruzsicska from Humpty Doo NT, Amy Fisher from Virginia NT and Katie Hancock from Armidale who were named as part of the NSW Interschool team to represent NSW at the upcoming Australian Interschool Championships. The girls will compete in Combined Training, Eventing, Show Jumping, Dressage, and Show Horse classes. The Australian Interschool Championships will be held at the Werribee Park Equestrian Centre from 1-5 October. We congratulate and wish the girls all the very best.

Thank you to everyone for supporting the NEGS Winter Gala Dressage and Show Jumping Day. The judges were very impressed with the Equestrian standards of both the NEGS students and the International New Zealand competitors from [Nga Tawa School](#) and all students are to be commended for their performances. Congratulations to the overall winner of the Show Jumping, NEGS student Brooke McKenna and also to the overall winner of the Dressage, NEGS student Amy Fisher.

The results in Round 1 of the Showjumping:

1st Brooke McKenna (NEGS)
 2nd Amy Gibbs (NZ)
 3rd Cassandra Drummond (NEGS)
 4th Paris Phillis (NEGS)
 In Round 2:
 1st Brooke McKenna (NEGS)
 2nd Paris Phillis (NEGS)
 3rd Cassandra Drummond (NEGS)
 4th Katrina V Bagg (NZ)
 4th Claudia Hurley (NZ)

The results for the Dressage:

First Class:
 1st Katie Hancock (NEGS)
 2nd Amy Fisher (NEGS)
 3rd Millie Brinson (NZ)
 4th Claudia Hurley (NZ)
 Second Class:
 1st Amy Fisher (NEGS)
 2nd Millie Brinson (NZ)
 3rd Katie Hancock (NEGS)



The Trans-Tasman rivalry continues! Our Equestrian jet-setters are packed and are heading off to Nga Tawa School Equestrian Academy in New Zealand today. We wish them safe travels and all the best in the upcoming competitions.



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Equestrian

NEGS Equestrian Centre



Ella Elks

Polocrosse Coach

We are extremely excited to announce that Ella Elks will be joining our Team as Polocrosse Coach beginning in Term 3. Ella is a passionate polocrosse player who was born and bred in Warwick, Qld. For the past four years, Ella has made Armidale her home with husband Duncan and young daughter Kirby.

Ella's father, Allan Waugh has represented Australia and her sister Ryle is in the current Australian Team. The Waugh family often hold coaching clinics for the polocrosse community. Ella has represented Queensland on numerous occasions at a national level and is keen to develop the skills of all young players. Women in sport is Ella's priority and she is a dedicated advocate for lady players. We welcome Ella with much excitement to our EC Team.



NEGS Equestrian had a large contingency of 15 girls competing in very cool and windy conditions at the Tamworth ODE at AELEC. The girls rode very well and are to be congratulated on being such great ambassadors for NEGS. Thank you to the parents who also came along to support the girls.



NEGS

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NEGS/Guyra Polocrosse Carnival

Multi Horse Carnival Invitation

8th and 9th September 2018

RICHARD WHITE MEMORIAL POLOCROSSE FIELDS
Bald Blair Recreation Grounds - Guyra/Ebor Road, Guyra



Competition held in Open, Women's, Juniors and Sub Juniors

subject to nominations

Nominations completed online only by midnight Wednesday 5th September 2018.

Player Fees \$20 Adults, \$10 Juniors, Sub Juniors - Free

Friday Night BBQ – Gold Coin Donation

Dinner available Saturday night - \$10 adults \$5 Children

- Limited yards available
- Camping on grounds with hot showers and firewood
- No powered sites available
- Canteen - all profits going to Westpac Helicopter
- Full Bar
- No electric or rope fencing
- No dogs allowed
- First Aid offered by State Medical Assistance Australia

Proudly Sponsored by:

**Group One Feeds
Milling Stuart
Hawthorne Stud
NEGS
Landmark Tamworth
Horseland**

For further information:

Contact : Joanne Finlayson | negspolox@gmail.com | Phone: 0427 721213