



**NEGS**  
MORE THAN  
A SCHOOL

# NEGS Newsletter

Term One - Week 10, 3rd April, 2019

## 2019 CALENDAR DATES

### TERM ONE

Saturday 6 April	IPSHA Cross Country
Thursday 11 April	Senior School Cross Country <b>LAST DAY OF TERM ONE</b>
Friday 19 April	Good Friday
Sunday 21 April	Easter Day
Monday 22 April	Easter Monday
Thursday 25 April	ANZAC Day

### TERM TWO

Monday 29 April	Boarders return
Tuesday 30 April	<b>CLASSES COMMENCE</b> Art/D&T/Textiles Excursion
Tuesday 7 May	Transition Mother's Day morning tea
Wednesday 8 May	Senior School Photo Day
Tuesday 14 May	NAPLAN commences
Friday 17 May	IGSSA Cross Country
Friday 24 May	Athletics Carnival
Friday 31 May	North West Equestrian Expo
Friday 7 June	Boarders' Travel Day
Monday 10 June	Queen's Birthday Long Weekend Boarders return
Thursday 27 June	Year 11 Parent/Teacher Interviews <b>LAST DAY OF TERM TWO</b>

Monday 1 July	New Zealand Talented Athlete Program
Sunday 14 July	Rifle Club Training Week
Saturday 20 July	Rifle Club matches

### TERM THREE

Monday 22 July	Year 7-10 Parent/Teacher Interviews
Tuesday 23 July	<b>CLASSES COMMENCE</b>
Friday 13 September	Old Girls' Weekend
Saturday 14 September	NEGS Spring Ball
Thursday 26 September	<b>LAST DAY TERM THREE</b>

## From the Principal

“As I pen my final newsletter for Term 1 from Lexington, Kentucky participating in the 2019 Equestrian Tour of the USA, I am privileged to be travelling with fourteen girls who embody the spirit of what it is to be a NEGS girl - adventurous, engaged and young women of whom we can all be proud.



MRS MARY ANNE EVANS

These girls are in turn privileged to be given this opportunity - by their parents and their School - because what the girls are experiencing - what they are seeing and the people they are meeting - transcends this excursion as being one about all things equestrian, because it is far from that. It is a journey that analyses the fundamentals of success - it is the "iceberg" philosophy that is: we all only ever see the end result of a person's success however it is the hard work, persistence, late nights, rejections, sacrifices, discipline, criticism, doubts, failure and risks so omnipresent to the person involved, but so deep under the "water" that no one else can ever see the reality of how they got there in the first place. Regardless of background or opportunity, we can all learn from this because to achieve anything in life there are no short cuts - sacrifice in some shape or form, is what it takes.

A true believer in this philosophy is equestrian legend, Mr Bruce Davidson, whom we had the pleasure of meeting at his property in Orlando, Florida. At age 70, Bruce is still riding and we watched him school a young jumping horse, both on the flat and jumps. Bruce is legendary as the only equestrian to be immortalised in Kentucky at the infamous Kentucky Horse Park, host of Rolex Four Star Eventing.

*The reason why is below:*

"Bruce Davidson's individual Gold Medal in the 1974 World Three-Day Event Championships at Burghley, England gave the United States the right to host the next World Championships. The state of Kentucky bid for, and received, the right to produce the 1978 World Championships at the new Kentucky Horse Park. Organised by Equestrian Events Inc, the 1978 World Championships saw Davidson again capture the Individual World Champion title. Thus began a record-setting six times winning the Kentucky Three-Day Event.

Bruce was the US Eventing Association's Rider of the Year first in 1975 and then for 14 consecutive years, 1982-1995. He won the Individual Silver Medal in the 1975 Pan American Games as a member of the Silver medal Team and the Individual Gold Medal in the 1995 Pan Am Games.

A five-time Olympian, Davidson was a member of the 1972 Silver Medal Team, the 1976 and 1984 Gold Medal Teams, the 1988 Team and the 1996 Silver Medal Team. He represented the US in five World Championships and in addition to his two Individual Gold Medals in 1974 and 1978, won the Individual Silver Medal at the 1990 World Championships."

*Bruce is simply the most accomplished event rider the world has ever seen and likely to see, and he was inspirational.*



Another inspirational person much closer to home is our 2017 Dux and Senior Prefect Eliza White who has just been awarded the Queensland University of Technology Vice-Chancellor's Scholarship based on academic merit. Congratulations to Eliza on such an outstanding effort.

As we have now safely arrived in Washington DC after a 9 hour drive where snow was falling along the way, I wish you all a wonderful and restorative break and look forward to an exciting Term 2.

*Mary Anne Evans*

# FROM THE DEPUTY *Principal*

Mrs Terri Swartz

**WITH WIDESPREAD ACCESS TO DIGITAL DEVICES, PART OF OUR ROLE AS EDUCATORS IS TO PROVIDE STUDENTS WITH GUIDELINES ABOUT ACCEPTABLE USE.**

Our Acceptable Usage of Digital Devices Statement acknowledges that appropriate access to, and education about, ICT has the capacity to enhance students' learning experiences, and when selected by teachers for use in the classroom, it is intended to assist students to achieve learning outcomes.

Use of the internet and online communication services at NEGS is intended for research, learning and communication between students and staff. Access to the internet and online communication tools at school will assist students to develop the digital literacy skills necessary to use the internet effectively and appropriately.



As such, I draw your attention to point 13 in the Acceptable Usage of Digital Devices student agreement (on page 10 of the student diary) and our statement about adhering to age restrictions on websites and apps.

I need to be aware that social networking sites such as Facebook and Instagram are accessible to children over the age of 13. As educators, staff are obliged to report underage usage to the relevant organisation, regardless of parental consent. When the School is made aware of a breach to these conditions parents will be contacted then the School will submit an underage form to protect the student as it is regarded as a Child Protection matter. Any queries regarding age restrictions will be referred to the Office of the Children's Safety Commissioner ([www.esafety.gov.au](http://www.esafety.gov.au)). The research is unequivocal, access to online content before students are of age is dangerous, risky and without doubt, challenging for parents.

This is particularly relevant to Netflix where their terms of service states:

**4.1. You must be 18 years of age, or the age of majority in your province, territory or country, to become a member of the Netflix service. Minors may only use the service under the supervision of an adult.**



Access to technology, including digital devices and the internet, comes with responsibility to use it in an acceptable manner. A breach of this agreement will incur consequences.

We will continue to provide students with best practice information about safe, healthy and appropriate use of digital devices through our partnership with Safe on Social.

NEGS P&F

## *Easter* GUESSING COMPETITION



**\$1 for one guess or  
\$2 for three guesses**



## Anzac Day March (Armidale) - 25th April

For any day girls/local boarders/staff, the assembly point for the March is the Moore Street carpark (next to the Court House).

ASSEMBLY TIME IS 10.15 AM.

The commemoration service commences at 11.00 am in Central Park.

STUDENTS ARE TO WEAR FULL WINTER WALKING OUT UNIFORM - KILTS, WHITE BLOUSE, TIE, BLACK STOCKINGS, BLUE FELT HATS AND BLAZERS.

*If the weather is inclement, please listen to local radio stations for changes to arrangements.*

# NEGS Wellbeing

Mrs Jodie Jackson



**THE NEGS WELLBEING PROGRAM IS FOCUSED ON IMPROVING AN INDIVIDUAL'S WELLBEING THROUGH ACTION. THIS HAS BEEN EVIDENT IN THE PAST FEW WEEKS WHEN THE SCHOOL CELEBRATED THE NATIONAL DAY OF ACTION - BULLYING! NO WAY AND HARMONY DAY.**

NDA Bullying! No Way was organised and led by our year 12 cohort. The students worked together as a group, sharing roles and responsibilities in the planning of the day which included choosing a theme and an organisation for which to fundraise. The girls selected a theme of "Everything Blue" supporting Dolly's Dream, they successfully and proudly raised an amazing \$930 on the day. Year 12's planning also included a multi day, a coordinated bake-off producing many cupcakes to sell for fundraising, a whole school picnic recess with plenty of blue cake and face painting, a senior school BBQ and presentation on bullying and finishing the afternoon off with a house competition that saw all girls complete an obstacle course that included both physical and mental tasks as a house group. My favourite activity was the human barrel races, which the whole house completed together at the same time.

Year 12 were very proud of their achievements on the day and worked wonderfully as a leadership group not only promoting a positive message to the whole school but empowering themselves with a sense of achievement and self worth. This is wellbeing in action!

**HARMONY DAY WAS LED VERY ABLY BY OUR YEAR 11 GIRLS, THIS ALIGNED WELL WITH THEIR FOCUS ON DIVERSITY IN THEIR WELLBEING PROGRAM FOR TERM 1.**

The girls planned and delivered a presentation in assembly, organised for all students to wear orange ribbons and designed and decorated the wellbeing noticeboard for Harmony Day. A great example of another student led activity providing a positive message to all students and a positive outcome for the students leading it.



Dear Parents/Guardians,

The School is offering Seasonal Influenza vaccinations (FLUARIX Tetra - Quadrivalent) to all senior school students. The vaccinations will be given at the NEGS Health Centre. The cost is \$20 and will be charged to your school account. If you would like your daughter vaccinated, please complete the consent form below and return it to the NEGS Health Centre **as soon as possible** as we have access to a limited number of vaccines.

**WITHOUT THE SIGNED CONSENT, WE CANNOT ADMINISTER THE VACCINE**

Alternatively, the holidays are a perfect opportunity for students to be taken to their GP for the vaccination. Day students are encouraged to receive their vaccination from their own GP.

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Student's Name: \_\_\_\_\_

Academic Year: \_\_\_\_\_ Boarding House: \_\_\_\_\_

Allergies: \_\_\_\_\_

I give permission for my daughter to have an Influenza vaccination at the NEGS Health Centre. I understand the cost will be charged to my account.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Please return to NEGS Health Centre as soon as possible.*

# BOARDING News

Mrs Stephanie Thomas



THE FINAL WEEKS OF TERM SEEM TO PASS BY SO QUICKLY AND WE LOOK FORWARD TO THE HOLIDAYS AHEAD SO KEENLY THAT WE SOMETIMES FORGET TO STOP AND CONGRATULATE OURSELVES ON WHAT WE HAVE ACHIEVED IN A VERY LONG 11 WEEK TERM.

This is what the boarding students @ NEGS have achieved:

- Living with old friends and new friends
- Overcoming homesickness or dealing with homesickness
- Managing their academic studies
- Upholding guidelines to maintain safety
- Participating in the many boarding activities offered
- Surviving the long, hot (unusual) Armidale weather
- Getting to know new boarding staff
- Representing NEGS at the Armidale festival parade
- Representing NEGS in every co-curricular sport and Equestrian event imaginable

## EXTEND ED PROGRAM - YEAR 6 & 7 ACTIVITIES

Last Year in Term 4 under the leadership of the then Yr 11 we implemented an after school activities programme with the full support of the junior school and parents for Years 5 & 6 in 2018.

Yr 12 have continued this programme in Term 1, 2019.

The main reason for the programme was to encourage girls who do not participate in co-curricular activities to be more active and spend less time on their devices where possible.

The programme runs Monday & Wednesday for one hour from 3.45pm. For the boarders who are now in Yrs 6 & 7 this is compulsory and girls are required to hand in phones and laptops.

With a 3.45pm commencement the girls all have time for a quick call home to chat about their day.



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**MONDAY 29TH APRIL 2019**

To register or for more information visit: [www.negs.nsw.edu.au](http://www.negs.nsw.edu.au) | P: 6774 8700

2020  
Scholarship DAY

# BOARDING News

Mrs Stephanie Thomas

The girls have participated in some terrific activities such as learning to knit, icing and decorating biscuits, basic skincare, origami, touch footy, treasure hunts and lots more. It has been a very positive addition to the formation of relationships with the senior girls.

Next term we are looking at basic ironing skills, group elastics and group skipping, how to set a table and basic etiquette, packing a suitcase, board games, lots of craft and outdoor fun which will take up most of the hour weather permitting.

Your daughters have only one ever had one complaint about participation and that has been handing over phones and laptops.

Mrs Sarah Bruce, the girls housemother, will be taking over the management of the programme in Term 2 with Year 11, 2019.

If Day students would like to participate, parents are welcome to book their daughters in through our Extend Ed Program. This program has been running at NEGS for 4 years and for a fee of \$20 the girls will participate in these activities, have dinner with the boarders and be supervised doing their prep from 6.45pm - 8pm.

If you would like any more details in regards to this fantastic program the Year 11s and Mrs Bruce are running please contact Mrs Sarah Bruce through the NEGS portal.



*Wishing everyone a safe and happy Easter Holiday and I look forward to seeing everyone back in Term 2.*

**P.S Boarding houses open 1.30pm on Monday 29th April.**

**MRS STEPHANIE THOMAS - Director of Boarding**



# NEGS NEWS



## ARMIDALE NETBALL GALA DAY

There was some fast action on the netball courts as NEGS Junior School competed in the Armidale Netball Gala Day. The girls played extremely well with the guidance of NEGS Netball co-ordinator, Mrs Kristen Cohen.

## 'SHINE FOR GIRLS' EDITOR VISITS NEGS

It was a pleasure to have the Editor of the online magazine 'Shine for Girls', Jo Crowley as a guest speaker this week at NEGS. Jo spoke to our Year 9 English class about her magazine and discussed how she chooses subjects to write about and what characteristics make an individual 'inspiring' to write about. 'Thank You' Jo for coming to visit us at NEGS.



## RUGBY GIRLS

NEGS Armidale rugby girls Ashanti P, Mia T and Paige A were part of the Central Norths Under 15's Representative team in Bathurst recently playing against Central West. The girls had the incredible opportunity to train with both the NSW Waratahs Women's team and the Melbourne Rebels Women's team and then watched the two teams come head to head on the field. All three girls have been selected in the 23 squad that will represent Central Norths Under 15's at the NSW State Championships in June, 15 a side competition.

They have also been selected in the 15 squad that will represent Central Norths Under 15's at the Country Championships in May, 10 a side competition. Well done girls.

## JUNIOR SCHOOL CHESS CLUB

Chess Club is back and the concentration of our Junior School students is mounting as they try out different chess strategies.



# NEGS NEWS



## ARMIDALE SHOW WINNERS

The Junior School children proudly brought in some of their winning ribbons from the Armidale Show. Well done to you all!

## RENOWNED ARTIST VISITS NEGS

We were delighted to welcome renowned artist Christine Porter to NEGS this week. Christine is best known for her beautiful water colour paintings of shearing sheds throughout Australia and had recently exhibited at NERAM-New England Regional Art Museum. We were very lucky to have Christine share her knowledge and techniques with the students. Many thanks Christine.



## JUNIOR SCHOOL NEW EQUIPMENT

NEGS Junior School love coding and can't wait to try out the new equipment that they have received through the NEGS P&F wishlist this year. Some of these exciting items include a new 3D Printer, Parrot Drones, Tello Drones, Spero SPRK robots and Mine Storm EVA Lego educational kits which they will utilise in our Coding and STEM programs.

## GEMMA SISIA VISIT TO NEGS

Former NEGS Armidale teacher and Founder of School of St Jude in Africa, Gemma Sisia, was welcomed by many friends, supporters and students to NEGS. It was wonderful to see so many former NEGS families, NEGS Old Girls and staff, current families and students come along to the NEGS Chapel to hear Gemma speak about her wonderful school. We enjoyed catching up with so many of the NEGS community connections.





# NEGS NEWS



## INDOOR HOCKEY GRAND FINAL

Congratulations to NEGS on winning the silver in the A Grade Indoor Open Grand Final! Huge congratulations must also go to the Gold medal winners - the incredibly talented MG 2.0

## QUT SCHOLARSHIP AWARDED

Congratulations to Eliza W. who was awarded the QUT Vice-Chancellors Scholarship. Presented by Professor Margaret Sheil, AO, Vice-Chancellor and President, QUT, at the awards ceremony.



## WALCHA SHOW AWARDS

Congratulations Connor, 1st with his Giraffe and 2nd with his Crab, both made in Mud Club at school. He also received a 2nd for his LEGO creation of a Hospital with a retrieval helicopter and 2, 3rd places for his Wool.

## Dear Families

Every year we have students from the Kichijo School in Japan come to NEGS to study for one year, whilst also learning more about our culture and lifestyle. This year we are delighted to welcome Shiori and Ei.

Holiday time is almost upon us and we are looking for NEGS families to host Ei and Shiori during this time. Like many overseas students, they find it difficult to return home for holidays when our boarding houses close. With the students' wellbeing always foremost, we endeavour to help them find suitable and safe accommodation for these holiday periods. Once again we appeal to our wonderful NEGS community to consider hosting the girls. We are extremely grateful for the families who have kindly hosted the overseas students in the past, welcoming them into their homes and enabling the girls to experience life in Australia. The girls' families are most grateful for the

hospitality that our NEGS community extend and feel at ease knowing that their daughters are safe and being cared for whilst being in a foreign country.

We understand that hosting a student for any period of time can be expensive, so if you are able to host one or more of our international students please contact me ([selina.croft@negs.nsw.edu.au](mailto:selina.croft@negs.nsw.edu.au)) as soon as possible for further information, including details relating to the remuneration offered.

**Please note that the holidays are:  
12 April - 29 April.**



# FROM THE HEAD OF *Junior School*

Mr Andrew Travers



**AS WE CONCLUDE A LONG TERM 1 AND ENTER INTO THE EASTER HOLIDAYS IT IS IMPORTANT THAT WE GIVE TIME FOR STUDENTS TO UNWIND. EVEN THOUGH THE PRESSURE OF SCHOOL DOES NOT ALWAYS LOOK LIKE A LOT TO ADULTS, FOR CHILDREN THE RIGMAROLE OF SCHOOL CAN BE STRESSFUL AND BUSY.**

After a long term like we have just had it is important that students stop. For some this may be a day or two just flaking out, for others a couple of slow mornings staying in their PJ's until lunch. Also make sure this is the same at the end of a busy holiday break. As fun as it is heading on holidays, to have a few days before

normality starts makes a world of difference. I hope everyone enjoys a well earned holiday and look forward to hearing all about it in Term 2.

I will leave you with some ideas from the Parenting Ideas blog about having conversations with your children about the recent Christchurch incident.

What do you say to a young child who wants an explanation about what has just happened in Christchurch? How do you respond to a primary school child trying to come to terms with the fact that one person could commit this offence? There are no easy answers to these questions, but be assured that your child will benefit from talking to you. These ideas may help:

**Be available:** Let your child know that it is okay to talk about the events in Christchurch. Listen to what they think and feel. By listening, you can find out if they have misunderstandings, and you can learn more about the support that they need. You do not need to explain more than they are ready to hear, but be willing to answer their questions.

**Filter the news:** While we don't advocate censorship, we do suggest that you take particular care about your child's exposure to news events. The consistency of images can be frightening for young children who don't understand the notion of distance and have difficulty distinguishing between reality and fiction. Older children and teenagers will probably be interested in news events, but they probably need an adult available to answer their questions and reassure them.

**Moderate your language:** Currently, we live in very divisive times. The fact that this shooting was carried out on one particular group demonstrates just the extent of the divisiveness of our community. Encourage children to be inclusive, steering clear of valued-laden, extreme language such as 'terrorists', 'evil' and 'horrors' when describing the events and the alleged perpetrators. Not only does this type of language encourage children and young people to take a position rather than focus on the problems, it risks desensitising them to the reality of the impact of this event. The use of more sedate, yet descriptive language such as 'gunman', 'awful' and 'tragedy' can remove the emotional sting, while demonstrating the enormity of the event's impact.

**Show them how to change the world:** Arguably, these are the worst of times in terms of social divisiveness. Our children in many ways are letting us know that they don't want to continue living this way. So how can they have an impact? Recently a timely clue came my way in the form of a notification from Facebook. Over the weekend, a parent shared an existing message to her Muslim friends as a message of hope.

**The quote reads:** "Don't become too pre-occupied with your child's academic ability, but instead teach them to sit with those sitting alone. Teach them to be kind. Teach them to offer help. Teach them to be a friend to the lonely. Teach them to encourage others. Teach them to think about other people. Teach them to share. Teach them to look for the good. This is how they will change the world."

We get that power back when we start to impact the people around us in small ways, making positive changes for the better. 'Kindness', 'helping others', 'encouraging', 'sharing' and similar concepts don't make great political slogans but they form the basis of every strong community- which is precisely what children need.

*Written by Michael Grose: Founder – Parenting Ideas*

ANDREW TRAVERS  
Head of Junior School

## TERM ONE:

Saturday 6 April  
IPSHA Cross Country (Sydney)

Thursday 11 April  
LAST DAY OF TERM ONE

*Save the  
Date*

**OLD GIRLS' WEEKEND**

**13th - 15th  
September 2019**

**NEGS SPRING**

*Ball*

**SATURDAY 14TH  
SEPTEMBER**

# Junior School

## Year Five

This year, Year 5 are participating in a pen pal program with residents at Ken Thompson Lodge. This service initiative is a great opportunity for our students to develop relationships with, and their understanding of, elderly members within our community and to bring kindness and joy to others.

Students have been writing letters to their pen pals and sending pictures and photographs and they are always so excited when they receive a letter in return.

### **IN WEEK 8, YEAR 5 WENT ON AN EXCURSION TO KEN THOMPSON LODGE TO MEET THEIR PEN PALS FOR THE FIRST TIME.**

Students joined the residents for a music lesson and although many of the songs were a little before their time, they enjoyed singing along and playing some instruments all the same.

All students really enjoyed the visit and getting to know their buddies a little better and there was lots of excited chatter about their pen pals on the way home. We look forward to our next visit in Term 2.



Miss Emma Pracy

**EMMA PRACY**  
Year Five Teacher



# JUNIOR Sport @ NEGS

Mrs Liane Nixon

## TOUCH FOOTBALL TEAMS

Congratulations to the touch football teams this term for a wonderful start to their season. Thank you to Mr Andrew McAlary for his assistance in managing a touch team as we were lucky enough to field two teams this term. We look forward to their success in the second half of the season (Term 4).

It is exciting that we have many teams entered into the upcoming winter sport season. We have an Under 7's soccer team, Under 9, 11 and 13 hockey teams, and a Year 5/6 netball team.

*At this time, I would like to remind all parents of the follow excerpt from the NEGS Parent Handbook:*

### EXPECTATIONS/REQUIREMENTS AT SATURDAY SPORT

There may be times when there will be a late change to a sporting venue or match time. We will endeavour to inform you of these changes as soon as we can.

If students are too ill to play in a Saturday match, the team manager must be notified as soon as possible in case a replacement is required.

**Please Note:** It is imperative that a parent/guardian is present for the full duration of the game/games. Under NO circumstances are parents/guardians to drop off their child and leave. This is a compulsory requirement for any K-6 student who wishes to participate in sport at NEGS Junior School.

In the event that you are unable to be there, it is your responsibility to pass on your duty of care to another parent. Teachers are at games in a managerial role only.

We wish all our sporting teams the very best in their upcoming season.



### UPCOMING SPORTING EVENTS:

#### Term 1

6 April - IPSHA Cross Country Carnival

#### Term 2

Friday 3 May - PSSA Cross Country

Friday 24 May - School Athletics Carnival

#### Term 3

Friday 2 August - PSSA Athletics

Monday 26 August - IPSHA Athletics

## CROSS COUNTRY

It was a beautiful Autumn morning for the Cross Country this year. All children had a wonderful time running the new course through the paddocks of the equestrian centre that included some adventurous jumps and water! Everyone tried their very best in the warm weather and certainly relished in the rest at the end of the 'heartbreak hill' finish line.



Congratulations to the following students:

6/7 Year Boys - 1st Tom Loxley, 2nd Xavi Dent, 3rd Casey Tighe

6/7 Year Girls - 1st Imogen Waters, 2nd Sophia Craig, 3rd Angelina Smith

8/9 Year Boys - 1st Kevin Tighe, 2nd Luke Stepney

8/9 Year Girls - 1st Tilly Patterson, 2nd Claudia Huard, 3rd Prudence Chapman

10 Years - 1st Thomas Brazier, 2nd Hugo Brazier, 3rd Bella Fittler

11 Years - 1st Lara McAlary, 2nd Claire McAlary, 3rd Airlie McAlary

12 Years - 1st William Knox, 2nd Felicity Chapman, 3rd Louisa Duarte

The following students will now represent NEGS at the upcoming IPSHA Cross Country Carnival in Sydney on Saturday, 6 April:

Prudence Chapman

Thomas Brazier

Airlie McAlary

Felicity Chapman

Kevin Tighe

Lara McAlary

Emily Towne

William Knox

Luke Stepney

Claire McAlary

Connor Sweeney

# JUNIOR Sport @ NEGS

Mrs Liane Nixon

## TERM 2 FRIDAY SPORT

Next term the students will be participating in gymnastics and athletics sessions for sport on Friday afternoons. Please ensure that you have completed your child's permission note to travel to the gymnastics centre, before the end of term.

K-2     **Gymnastics** 3, 10, 17, 24 May  
          **Athletics** 31 May, 14, 21 June

3-6     **Athletics** 3, 10, 17 May (24 May - Athletics Carnival)  
          **Gymnastics** 31 May, 14, 21 June

## NETBALL GALA DAY

Congratulations. A terrific day had by all.



## SPORT REPORTS

### Touch Football

On the 28th of March, NEGS Blue Touch Team played the Minimbah team and had a great game.

The score was 4-3 to Minimbah but everyone had a great last game, there was one sneaky try scored by Harriet and some other great Try's scored by Tom also some great passes and catches. I would like to thank Mrs Ford for coming to every game and giving us great advice and to the whole team who played great games and tried their hardest, it has been a great half season and the rest of our games will be played in term 4. Thank you.

*Louisa*





## Christine Porter visit to NEGS

NEGS students have been fortunate enough to have a visit from artist, Christine Porter, in Week 8 of Term 1. Hopefully some of you had the chance to catch Christine Porter's exhibition, *The Hundredth Shearing Shed*, at NERAM (February 8 - March 17). Her work is a "visual exploration of the beauty and diversity of the iconic, Australian shearing shed" (NERAM website). The exhibition depicts an historical narrative, portraying an industry vital still to the New England, as well as presenting new work from the artist. Using watercolour as one of her preferred mediums, "Deeargee", Uralla is the hundredth shed she has painted. Interestingly enough, the hundredth shed is linked to Sophie Sutherland who is currently completing her HSC in Visual Arts.

Christine was kind enough to speak with students from Years 5 & 6 and Visual Arts students from Years 7- 12 in two separate sittings. She discussed her inspiration and the process she goes through to create the work that she does. We were also privileged enough to receive a demonstration on how she works with watercolours to get an insight into her technique and the tools that she uses. There was a real fascination involved in watching an artist work. Teachers and students alike were awed by her talent and ease with the material. The detail she is able to achieve in her works show her dedication to painting and a real passion for the places and things she documents in her art practice.

A huge thank you goes out to Christine for speaking with the students and for donating her time to give us all insight into her world. It was such a wonderful opportunity for students to see her work first hand and ask an experienced artist questions about her practice.

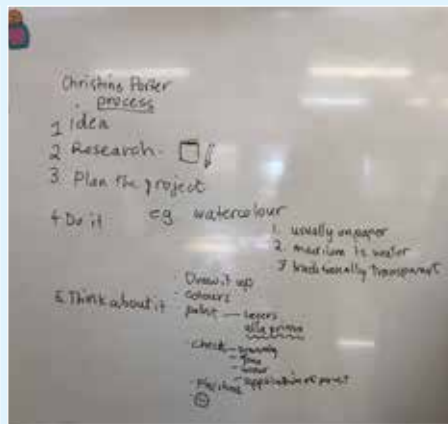


Image: Christine Porter, *The Hundredth Shearing Shed*, 2018. Watercolour.

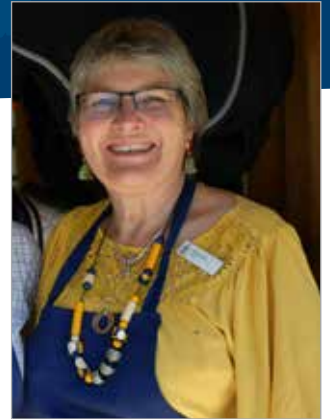


# NEWS IN *Careers*

Mrs Helen Doyle

For new parents/caregivers we have a NEGS Careers Portal which is updated weekly. I highly recommend that you look at it at least weekly. Your child is never too young to start the careers conversation and parents/family still remain the greatest influence on the career that their child will pursue. There is a link to the NEGS Careers Portal on the NEGS Engage Portal. Just go to the menu item that says Websites and you will find it in the list.

**THE NEGS CAREERS PORTAL ALSO HAS A CALENDAR OF CAREERS RELATED EVENTS. IF YOU ARE TRAVELLING IN THE HOLIDAYS TO ANY PLACE THAT HAS A UNIVERSITY CAMPUS, I HIGHLY RECOMMEND THAT YOU TAKE YOUR STUDENT ON A VISIT. MOST UNIVERSITIES ALLOW CAMPUS TOURS.**



I have been discussing with Year 12, the importance of finding the right course for them, which means that they should not be focused on a particular university in a particular location, rather they should find the course that best suits them and then find the university or pathway to be able to access this course. I have also been stressing the importance of applying for scholarships. Scholarships provide at least a twofold benefit. One is the obvious, financial aid, but the second is that it looks really good on your resume and as they are merit based, gives you an advantage in the very competitive job market when you graduate.

Year 12 have been undertaking a more formalised careers program this term and this will continue for the first couple of weeks of Term 2. The remainder of Term 2 will see Year 11 undertake the program, followed by Year 10 in Term 3 and Year 9 in Term 4.

Year 7 has had their first careers lesson and they will continue with these through the year. Year 8 will have their first careers lesson in Week 11. Each year the careers program will build on the skills learnt the year/s before.

Year 12 have also been looking at goal setting and the value in creating their own Personal Education Plan. Please discuss these with your daughters.

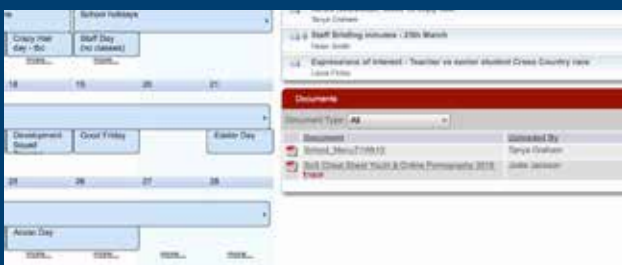
If parents have any careers related questions, please do not hesitate to contact me.

## WEEKLY *Menu* NEW LOCATION ACCESS

Dear Parents, Students and Staff,

Our weekly menu from P2T Catering, will now be uploaded to the Engage portal weekly, rather than the website.

You will find the menu under the Documents tab.



### CODE CAMP

Does your child love to code? Code Camp is hoping to run a program for children aged 7-12 at NEGS Armidale 15-17 April. To express your interest click here: [https://codecampaustralia.wufoo.com/.../code-camp-at-negs-ar...](https://codecampaustralia.wufoo.com/.../code-camp-at-negs-ar.../)

# NEGS Music

Mrs Sally Spillane



**OUR FIRST TWILIGHT CONCERT FOR THE YEAR WILL BE HELD ON TUESDAY EVENING, 9TH APRIL, 6AM IN THE JAN MILBURN ROOM. THIS WILL BE A WONDERFUL CONCERT TO ATTEND, AS MANY OF OUR TALENTED MUSICIANS THROUGHOUT BOTH JUNIOR AND SENIOR SCHOOL WILL BE PERFORMING. PUT THIS DATE IN YOUR DIARY SO YOU CAN ENJOY A LOVELY EVENING OF ENTERTAINMENT. A LIGHT SUPPER WILL BE SERVED THROUGHOUT THE CONCERT.**

A group of senior musicians will be attending Australia's premier leading a capella group 'The Idea of North' this Thursday evening. Two of our students, Zara Blackmore and Aysha Ransom will be accompanying 'The Idea of North' as part of NECOM's Choir. This will be fabulous and we are looking forward to attending this concert.

Over the last few weeks we have been entertained at Senior School Assembly by the wonderful singers Alexandra Rose, Charlotte Stone and Aysha Ransom. They have all sung on their own at assembly entertaining us all and putting on wonderful performances. We are so proud of them.

Our 7/8 Choir will be performing in the next week's assembly, Mr Oxley and myself are so impressed with the 7/8 Choir, they are doing a great job in choir and are ready for a performance.

Students were excited to see another Bass Marimba arrive in the music room. A big thank you to the P&F who purchased this for the school. It will be put to good use.

Mr Finco is impressed with the new students who have joined the NEGS band. The band continues to grow, going from strength to strength.

It has been wonderful to see students continue to come in requesting instrumental lessons. Mrs Lisa Nolan does an excellent job liaising with the class teachers to find appropriate students' times so they can have their lessons. Please contact us in Music if you would like your child to learn an instrument.

Yours in Music

Sally

## Twilight

MUSIC  
CONCERT



NEGS  
MORE THAN  
A SCHOOL

TUESDAY 9TH APRIL  
6PM - JAN MILBURN ROOM  
Supper provided





# NEGS Library News

Miss Laura Cambridge

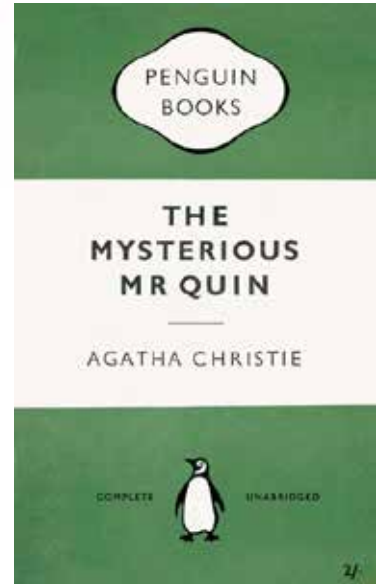
THE QUESTION I ALWAYS GET ASKED, FROM STUDENTS, STAFF AND PARENTS ALIKE IS WHAT IS NEXT TERM'S THEME? I NEVER LET ON, IT SPOILS THE SURPRISE, BUT NEEDLESS TO SAY MY THEMES ARE PLANNED FOR THE NEXT 5 YEARS.

Setting up the library and planning what to do with my library students is one of my favourite parts of the job. Even the Senior students enjoy seeing what comes next in the library. I will leave you with five clues to puzzle out over the holidays. Maybe you can guess just what the library will be transformed into before you return next term.

HAPPY HOLIDAYS!



## 'Maghogggle'



NEGS  
MORE THAN  
A SCHOOL



supported by RUGBY NSW



# 2019 NEGS Rugby Program

For more information visit: [www.negs.nsw.edu.au](http://www.negs.nsw.edu.au)

High Performance Coaching | Strength and Conditioning  
Sports Nutrition | Sports Psychology | Physiotherapy

# NEGS Equestrian Centre

Mr Imtiaz Anees

## USA Trip snap shot

### Palm Beach, Florida

A busy day driving this morning, from Orlando to Palm Beach Florida, to meet equine nutrition consultant Bob Wagner who explained to the girls the importance of hay and the different types and how important forage is to a horse's diet. Girls were busy taking notes and asking questions.

We then went to international dressage rider Endell Ott, who rode his beautiful mount Lucky for the girls and talked them through all the steps from warming up to getting ready for a test. It was a real treat. We then walked the 1.50m showjumping course which we will watch tomorrow. We then ended the day watching a very close finish polo game. Unfortunately my friend's team lost 10/7. But it was very thrilling.

Tomorrow we will watch the 250,000 showjumping Grandprix and also the Grand Prix Dressage Finals.

*Goodnight from Palm Beach Florida.*

### Palm Beach, Florida

What an exciting day for the girls. We watched the very thrilling 200,000 showjumping Grandprix ring side. Then went to a Polo Barn where very young 17 year old, Timmy showed the girls his string of 30 horses and talked to them about having the drive to be the best. He was very inspirational as the girls were impressed with his professionalism at such a young age.

We then went to the prestigious Palm Beach Equestrian Centre to watch the Grand Final 1.60m Grand Prix, I was able to walk the course

with the girls. Competition at its best with several Olympic and World championship riders another close finish. Tomorrow we drive 4 hrs to Ocala to watch the Million Dollar Grandprix.

*Goodnight from Palm Beach*

### Orlando

We drove to Ocala this morning to watch the Amazing Million Dollar Grand Prix in a packed crowd, with 10 clear rounds in the 1.60m jump off. Very exciting to watch Three Australians and Armidale's Rowen Willis who spoke to the girls after his round.

Tomorrow is a very busy day with an early start to meet Driving Legend Chester Webber. And then to the KER research farm to meet Dr Pagan, one of the best equine nutritionists in the world and then to a rehabilitation facility and finally to meet Eventing Legend two-time world champion and four-time Olympian Bruce Davison.

*Goodnight from Orlando.*

### Kentucky

A great day at the famous Keeneland race course, we saw several horses do fast work on the track today which was very exciting. We had a tour of the stables, grand stands and the Keeneland Sales area.

We then had a private tour of Pine Oak Stud Farm a boutique farm privately owned. The girls learnt several tips from the General Manager, Clifford Barry who took us around and explained all aspects of the racing industry.

Tomorrow we have a very long drive to Washington DC to see the President!!

*Goodnight from Kentucky*



# COMMUNITY News



THE ABORIGINAL CULTURE CENTRE AND KEEPING PLACE (ACCKP) is once again running a Holiday Program for primary school children from Monday 15th April to Friday 19th April. The program will run from 9.00am to 12 noon.

This program is open to all children of primary school age. The theme for the April Holiday Program is "Easter". Children will have the opportunity to learn and carry out activities surrounding this theme.

The cost for the morning tea, supervision, materials and activities will be covered by the ACCKP. This holiday program is being funded by the Department of Education.

Please pick up and complete a registration form from the ACCKP by the 8th April 2019 to ensure your child/children's place is confirmed.



Dear NEGS Armidale parents,

These school holidays we are excited to be hosting Code Camp at our school where your child can learn to code and build their very own iPhone or Android app!

**Code Camp** has already taught more than 50,000 students in Australia and is a great way to spend time over the holidays as kids have lots of fun meeting new friends, while learning important new skills such as logic, creativity, problem solving, app development and game building in a fun and engaging way, ready to take on the digital world of the future.

Every child attending the 3 day holiday camp will build incredible games on our software platform "Code Camp World" and walk away with their very own app, playable via the Code Camp App store that they can take home to share with family and friends!

During the Autumn school holidays at NEGS Armidale, the following program will be offered, as an introduction to Code Camp World:



Working together to support school-aged students on the autism spectrum

Free to attend

## 1 day Autism Workshop for Parents and Carers



Join other local families to learn more about autism and ways to strengthen the home-school partnership

Learn about:

- Autism: characteristics, impacts and strategies
- Understanding behaviour
- Working together with your school

Location:

Quality Hotel Powerhouse  
31 Marsh Street  
Armidale NSW 2350

(Morning tea and light lunch provided)

**Armidale, NSW**  
**Tuesday 18 June 2019**  
**9.15am - 3.00pm**

Registrations open 18 March 2019

 Interpreters available



Spark

Grades 2-6, New Students

Fun, engaging and challenging... and are our most known Code Camp that over 25,000 students have completed. Code Camp Spark is where every student in years 2-6 should start their Code Camp journey.

In order for us to ascertain if we have enough children interested to attend, please fill in this expression of interest form:

<https://codecampaustralia.wufoo.com/forms/code-camp-at-negs-armidale-eoi/>

For more information, visit [codecamp.com.au](http://codecamp.com.au) or contact us at [hello@codecamp.com.au](mailto:hello@codecamp.com.au).

Thank you,

The Code Camp Team

 To register, visit:  
[positivepartnerships.com.au](http://positivepartnerships.com.au)

 For help, call:  
1300 881 971

# New England Festival Gala Evening

Friday 5 April

Armidale Servies Club  
6.30pm



**A Gala night to remember!**

Two-course dinner, entertainment by  
Shake Rattle n Roll and fashion  
parade by Fleece to Fashion

Tickets \$65 - Available at  
Armidale Servies Club or  
[www.armidaleregional.nsw.gov.au](http://www.armidaleregional.nsw.gov.au)

**ARMIDALE**  
Regional Council

