



**NEGS**  
MORE THAN  
A SCHOOL

# NEGS Newsletter

Term One - Week 8, 21st March, 2019

## 2019 CALENDAR DATES

### TERM ONE

Friday 22 March	IGSSA Swimming
Saturday 6 April	IPSHA Cross Country
<b>Thursday 11 April</b>	Senior School Cross Country <b>LAST DAY OF TERM ONE</b>
Friday 19 April	Good Friday
Sunday 21 April	Easter Day
Monday 22 April	Easter Monday
Thursday 25 April	ANZAC Day

### TERM TWO

Monday 29 April	Boarders return
<b>Tuesday 30 April</b>	<b>CLASSES COMMENCE</b> Art/D&T/Textiles Excursion TBC
Tuesday 7 May	Transition Mother's Day morning tea
Wednesday 8 May	Senior School Photo Day
Tuesday 14 May	NAPLAN commences
Friday 17 May	IGSSA Cross Country
Friday 24 May	Athletics Carnival
Friday 31 May	North West Equestrian Expo
Friday 7 June	Boarders' Travel Day
Monday 10 June	Queen's Birthday Long Weekend Boarders return
<b>Thursday 27 June</b>	Year 11 Parent/Teacher Interviews <b>LAST DAY OF TERM TWO</b>
Monday 1 July	New Zealand Talented Athlete Program
Sunday 14 July	Rifle Club Training Week
Saturday 20 July	Rifle Club matches

### TERM THREE

Monday 22 July	Year 7-10 Parent/Teacher Interviews
<b>Tuesday 23 July</b>	<b>CLASSES COMMENCE</b>
<b>Friday 13 September</b>	Old Girls' Weekend
<b>Saturday 14 September</b>	NEGS Spring Ball
<b>Thursday 26 September</b>	<b>LAST DAY TERM THREE</b>

## From the Principal

NEGS was proudly represented at the New England Festival on Saturday, marching with purpose and led by our wonderful Yr 12 leaders. The Yr 12s also undertook the initiative of wearing NEGS' uniforms from the past tying in the importance of marching in the present, yet valuing our past.

As the TAP Hockey girls undertook responsibilities in Sydney by trialling in the IGSSA teams and being flag bearers for the Hockeyroo match against the Argentinians, we are reminded of the opportunities all our girls have.



MRS MARY ANNE EVANS

Another proud moment was when Gemma Stuart represented NSW Polocrosse Under 21's in a Trans Tasman Challenge at Taumarunui, New Zealand on the 9th & 10th March 2019. Gemma once again was named Best Female Player of the tournament and rode the Horse of the Carnival: "Bubblegum". Congratulations Gemma.

As another International Women's Day has been and gone, we were once again surrounded by stories featuring 'inspiring', 'brilliant' and often glamorous women who appear to have it all. It is easy to forget that International Women's Day first arose out of the very unglamorous and sometimes dangerous fight for the rights of ordinary women all around the world.

### THE FOLLOWING ARTICLE HIGHLIGHTS THE ONCE HUMBLE BEGINNINGS OF A MOVEMENT THAT HAS CHANGED, AND CONTINUES TO CHANGE, ALL OUR LIVES.

"At the first Women's Rights Convention at Seneca Falls, New York in 1848, Elizabeth Cady Stanton's Declaration of Sentiments, modelled on the Declaration of Independence, famously declared, "We hold these truths to be self-evident; that all men and women are created equal". Stanton's statement was influential in the establishment of the modern suffrage movement in many countries around the world, including the United States, Europe, the British Isles and countries of the British Commonwealth, including Canada, Australia and New Zealand.

However, it was not until 1909 that the first National Woman's Day was observed in the United States in recognition of the 15,000 women who protested against their appalling working conditions during the 1908 garment workers' strike in New York. In 1910, over 100 women from seventeen countries attending a Socialist International conference in Copenhagen voted to establish a Women's Day to honour the movement for women's rights and build support for achieving universal suffrage for women.

The first International Women's Day was observed on 19 March 1911 when more than one million women and men attended rallies in Austria, Denmark, Germany and Switzerland. Women demanded the right to vote and hold public office, the right to work and receive training, and an end to discrimination against women. In 1913, International Women's Day moved to March 8 but progress towards true international recognition was slow.

# FROM THE *Principal*

Mrs Mary Anne Evans

The United Nations declared 1975 to be International Women's Year and celebrated International Women's Day for the first time. Twenty years later, in 1995, the Beijing Declaration and Platform for Action was signed by 189 governments. The Declaration envisioned a world where every girl and woman could exercise her choice to receive an education, participate in politics, have an income, and live in a society free from violence and discrimination.

Only a few years earlier, the Alliance of Girls' Schools Australasia — now representing over 175 girls' schools in Australia, New Zealand, Asia and Africa — was first established to advocate for the equal education of girls in girls' schools. The Alliance proudly adopted the colours of purple, green and white reflecting those first chosen by the Women's Social and Political Union (WSPU) headed by British suffragette Emmeline Pankhurst ahead of a large street march in June 1908. As political scientist Emeritus Professor Marian Sawer writes, The Times newspaper estimated the crowd that day to number half a million women and supporters. Over 10,000 scarves were sold in the WSPU colours, which also featured on ribbons, brooches, hats and even bicycles.

The WSPU colours were also used in valour medals awarded to women who undertook hunger strikes after being imprisoned for their role in the British suffrage movement. The hunger-strike medals, first awarded in 1909, featured a silver and enamel medal hung from a purple, green and white silk ribbon. The medal of New Zealand suffragette Frances Parker, who studied at Cambridge University and campaigned for the right of women to vote in Scotland, is inscribed 'Fed by Force 4/3/12' and 'Fed by Force 8/7/14'. Even these inscriptions, however, do nothing to convey the cruel and inhumane treatment she suffered while being force-fed in jail. Parker's health eventually recovered and she went on to serve in the Women's Auxiliary Army Corps during World War I.

Purple was chosen by the Women's Social and Political Union to represent dignity and self-respect, while green represented hope and new life, and white represented purity in public and private life. As Marian Sawer notes, while the practical use of the colours was to distinguish the WSPU from other suffragette organisations, the purple, green and white soon came to symbolise sisterhood and solidarity. The colours made their way to Australia where the suffragist Vida Goldstein used them in her 1913 election campaign. The colours were not widely seen until 1975, however, when Elizabeth Reid, Women's Adviser to Prime Minister Gough Whitlam, directed that the WSPU colours be used for the International Women's Year symbol, which was subsequently featured by Australia Post on a special issue postage stamp and first day cover.

The WSPU colours of purple, green and white were not adopted in Australia until after most Australian women gained the right to vote in 1902. This was also long after New Zealand women were granted the right to vote in 1893. In both countries, the suffrage movement had in fact been associated with white temperance ribbons. However, there is no doubt that the purple, green and white colours of the WSPU have since been adopted widely by women's causes around the world, while purple is the official colour of International Women's Day.

**IN 2019, THE UNITED NATION'S THEME FOR INTERNATIONAL WOMEN'S DAY IS THINK EQUAL. BUILD SMART. INNOVATE FOR CHANGE. THE ORGANISATION IS LOOKING TO INDUSTRY LEADERS, START-UPS, SOCIAL ENTREPRENEURS, GENDER EQUALITY ACTIVISTS AND FEMALE INNOVATORS TO INVESTIGATE HOW INNOVATION CAN REMOVE BARRIERS TO GENDER EQUALITY, ENCOURAGE INVESTMENT IN GENDER-RESPONSIVE SOCIAL SYSTEMS, AND BUILD INFRASTRUCTURE AND SERVICES THAT MEET THE NEEDS OF GIRLS AND WOMEN. AS THE UNITED NATIONS STATES:**

From mobile banking to artificial intelligence and the internet of things, it is vital that women's ideas and experiences equally influence the design and implementation of the innovations that shape our future societies.

Rather than focus on the achievements of the privileged few, the United Nations urges us to reflect on the progress that has been made, to continue to call for change and innovation that improves the lives of girls and women around the globe, and "to celebrate acts of courage and determination by ordinary women who have played an extraordinary role in the history of their countries and communities".

## References

Campbell, E. (2016, September 15). Rare suffragette medal goes on display at Te Papa. Retrieved from the Museum of New Zealand | Te Papa Tongarewa website: <https://www.tepapa.govt.nz/about/press-and-media/press-releases/2016-news-and-media-releases/rare-suffragette-medal-goes-on>

Sawer, M. (2015, October 27). Purple, green and white: An Australian history. MAAS Magazine. Retrieved from the Museum of Applied Arts & Sciences website: <https://maas.museum/magazine/2015/10/purple-green-and-white-an-australian-history/>

United Nations. (2019). International Women's Day – 8 March. Retrieved from: <http://www.un.org/en/events/womensday/index.shtml>

UN Women. (n.d.). Women of the world, unite! [Interactive timeline]. Retrieved from: [http://interactive.unwomen.org/multimedia/timeline/womenunite/en/index.html#/.](http://interactive.unwomen.org/multimedia/timeline/womenunite/en/index.html#/)

# FROM THE DEPUTY *Principal*

Mrs Terri Swartz

IT IS THE TIME OF THE YEAR WHERE SPORTING TEAM SELECTION PROCESSES ARE HAPPENING AND TEAM ANNOUNCEMENTS ARE BEING MADE. THIS IS AN EXCITING TIME FOR STUDENTS WITH THE START OF THE VARIOUS SEASONS NOT FAR AWAY. THIS PROVIDES OPPORTUNITIES TO DEVELOP SKILLS, MAKE NEW FRIENDS AND HAVE FUN.

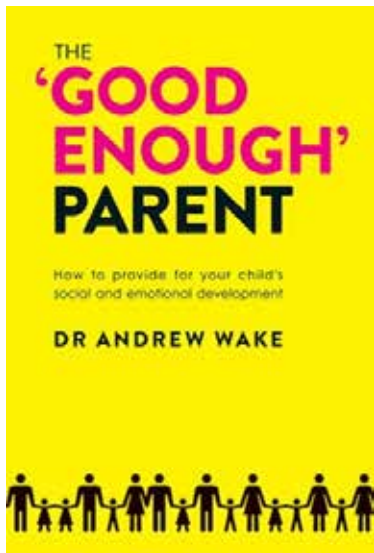
But for some students, it can also be a time of angst, worry and disappointment. There will be students who do not get selected and they will be disappointed. This is an opportunity for them to learn the value of missing out and how to respond in such a way that builds character. Parents can help by remaining positive and relaxed. Be open to the idea that sometimes initial disappointment can turn into positives and renewed goal setting opportunities.

If you have questions or feedback, raise them in a professional way with the appropriate staff member.



## VALUES & DISCIPLINE - RESPONSIBILITY

Values are the core of who we are. They are principles that guide our choices and influence our emotions. Embedded in our way of being is developing students who care for people, care for things, and seek to improve themselves as part of belonging to a peaceful and safe school community. One of our three NEGS values is responsibility. Responsibility involves being accountable for one's actions and choices, including taking responsibility for resolving differences in constructive ways. When students make choices that are in breach of our values there are consequences.



It is important to appreciate that discipline is not a dirty word, rather it is the business of us getting along and is a significant part of upholding our values. Interestingly, the word 'discipline' has Latin roots and is a close relative of the word 'disciple' thus it draws on a similar meaning and that is 'to teach' so the purpose of discipline is to build on the teachable moments that present when discipline is required. The cost of breaking a rule isn't punishment, it is the time taken to reflect and learn with the aim of not repeating the poor choice.

Now this time may involve the completion of consequences because we will do what is necessary to get the value internalised so that future choices are underpinned by our values. If a student shows us that the consequences are not sufficient to result in a change in behaviour, then additional measures need to be put in place. Whatever happens during a discipline matter, be it at the classroom teacher level or DP's level, we are all in the business of getting along and will work with the student so they can repair the situation and move forward as part of the learning process. Good discipline not only helps children learn to accept responsibility for their behaviour, it also helps them learn to consider the feelings and needs of others. And it helps them develop self control, too.

If parents are looking for further reading along these lines, I can recommend Child and Adolescent Psychiatrist, Dr Andrew Wake's, 'The good enough parent' or start with his YouTube Channel.

NEGS P&F

## *Easter* GUESSING COMPETITION



**\$1 for one guess or  
\$2 for three guesses**



## Save the Date

**OLD GIRLS' WEEKEND**

**13th - 15th September 2019**

We warmly invite you to join us for

## NEGS *Spring Ball*

**SATURDAY 14TH SEPTEMBER**

# Wellbeing @ NEGS

Mrs Jodie Jackson



## Girls Supporting Girls

### **THIS YEAR AT NEGS WE HAVE INTRODUCED THE MENTOR PROGRAM GIRLS SUPPORTING GIRLS.**

The program developed in partnership with our current year 12 leaders, involves year 12 mentoring year 7 and 8 students via the school's Tutor Program. Year 12 attended education sessions with myself and Mrs Chandler prior to commencing the program, discussing what makes a good mentor, knowing your limits, when to seek help, managing conflict and managing difficult disclosures.

During selected tutor group times year 12 have been attending their allocated junior tutor group and have assisted in presenting the wellbeing program, which this term has been focused on using social media appropriately. Year 12 have not only been developing positive relationships with the younger students, they have been an invaluable resource in helping educate the junior girls in the issues surrounding social media use.

Girls Supporting Girls is an initiative of the current year 12 and they should be congratulated for their efforts. In consultation with year 12, guidelines for the program were created. Girls Supporting Girls is aligned with the school leadership program, listed below are some of the aims of the program:

- To educate from the perspective of youth
- Provide positive role models
- Be proactive in promoting protective behaviours
- Support student wellbeing
- Foster positive relationships between junior and senior students
- Promote collegiality at NEGS

We look forward to continuing to work with our current year 12 in developing and delivering this wonderful program, utilising their feedback and experiences to continue to grow the Girls Supporting Girls Program at NEGS. In Term 4 we will commence working with our 2020 year 12 cohort in preparing them as mentors.



**NEGS**  
MORE THAN  
A SCHOOL

**MONDAY 29TH APRIL 2019**

To register or for more information visit: [www.negs.nsw.edu.au](http://www.negs.nsw.edu.au) | P: 6774 8700

2020  
*Scholarship* DAY

# Wellbeing @ NEGS

Mrs Jodie Jackson



## GIRLS SUPPORTING GIRLS



# Armidale Show WRAP UP

## LIVESTOCK TEAM

NEGS Armidale were well represented at the Armidale Show recently. With 13 of our livestock girls competing we were proud to see so many students taking home ribbons for cattle handling and parading, with many new students exhibiting cattle for the first time. Typically of a NEGS girl, all students showed great work ethic, team work and pride.

A special "thank you" extends to Lachlan Dale Limousins, Forbes for their ongoing support even in such a devastating drought conditions. Also "thank you" to one of our NEGS families, the Devenish's whose bred steer was placed 2nd, narrowly missing out on the blue ribbon.

Our other black Lachlan Dale Limousin steer 'Google' was placed 3rd in a strong class. Some of the highlights of the show were Eliza W who qualified for the Sydney Royal F002 paraders competition with Bridgette C and Madeline W placing as reserves. Emma S qualified for the F002 class at her local Maitland show earlier this year so she'll be joining Eliza and possibly the other girls in Sydney.

Congratulations also to Tiffany T who was placed 3rd against a strong line up of junior judges in the Sydney qualifying competition on the Sunday. Well done to everyone!



Scout McDonald - Kindergarten - Armidale Show 2019

- 1st and reserve champion unregistered breed led.
- 1st unregistered Breed ridden.
- 1st district girl rider 5 and under 7 years.
- 1st flag
- 1st bending
- 1st barrels
- 5 and under 7 years.



Hunter McDonald - Year 3. - Armidale Show 2019

- 1st and Champion registered any other breed led class.
- 1st and Champion registered any other breed ridden.
- 2nd district girl rider 7 and under 9 years.
- 2nd in the barrel racing 7 and under 9 years.

# Boarding NEWS

Mrs Stephanie Thomas



The term is long but we are all doing really well and at this point in the term when the girls are tired it is good for parents and the girls to reflect on the benefits of boarding.

Boarding school can be the perfect antidote for learning independence and understanding priorities. They need to navigate getting their laundry done, their Prep completed and balancing their co-curricular with their academic work. They learn to live with each other 24 hours a day and therefore deal with others they have not chosen to live with. Boarding school is a transformative experience in learning to communicate with others.

Every year we celebrate being a boarding student during National Boarders' week in May. When asked what NEGS boarders love about being a boarder the majority of responses relate to the community atmosphere that boarding creates. This enables the girls to grow personally in a caring environment where they feel they have support from their peers and the staff.

Research has shown that boarding school students feel more prepared for college when heading off to university than their peers, due to their boarding life experience at high school. The move to tertiary education can be a difficult transition for many. Being away from the support system of family and childhood friends and the challenges of becoming acquainted with a new place and style of learning can bear a heavy burden. Whilst the burden is still apparent, this transition seems far less unmanageable for boarding students than their day student peers.



However, what makes most boarding schools work well is the vast number of activities, programs and challenges available to students on a daily basis. At NEGS this is a definite and unavoidable and the girls grab onto these opportunities and this is what allows them to reap the benefits of boarding @ NEGS.

**LIFE LONG MEMORIES AND FRIENDSHIPS IN THE BOARDING @ NEGS ARE EVIDENT WHEN CATCHING UP WITH OLD GIRLS OF THE SCHOOL DURING THE ANNUAL OLD GIRLS' WEEKEND, 13TH - 15TH SEPTEMBER 2019.**



## NEGS COHORT Reunions 2019

### 60 Year Reunion ('59) TBC

Penny Turner,  
E: turnerbp2@bigpond.com  
M: 0428 845 195

**50 Year Reunion ('69)**  
Ruth McMullin (Boydell)  
61/1 Exhibition Street,  
Melbourne, VIC, 3000

P: 03 9663 7514  
or for more information contact;

**40 Year Reunion ('79)**  
Jane Chamberlain (Sedgwick)  
29 Napier Street, Tamworth, NSW, 2340  
P: 02 6766 1145  
E: fairways@hunterlink.com.au

**30 Year Reunion ('89)**  
Sarah Breusch  
52 Alexander Street,  
Hamilton South, NSW, 2303  
E: sarah.breusch@bigpond.com

**20 Year Reunion ('99)**  
Edwina Waters, M: 0431 649 160  
E: pearsonneck@hotmail.com

**10 Year Reunion ('09)**  
Courtney Waugh  
'Mangara Station' via Cobar, NSW, 2835  
P: 02 6837 3989

**5 Year Reunion ('14)**  
Emily Rogers  
'Aberaldie', Walcha, NSW, 2354  
M: 0418 776 571

# Round Square NEWS

Mrs Stephanie Thomas



ANIKA LANGFIELD IN YEAR 10 HAS SPENT THE TERM ON EXCHANGE AT GORDONSTOUN SCHOOL IN SCOTLAND. FROM THE PHOTOS IT LOOKS LIKE SHE HAS HAD A GREAT EXPERIENCE.





# NEGS NEWS



## IGSSA HOCKEY NEWS

Congratulations Chelsea and Olivia on making the U16 IGSSA Hockey team, and to Maggie, Charlotte and Laura who also attended the trials at Homebush. Chelsea and Olivia will go on to compete with the combined IGSSA team at the NSW CIS Hockey Championships.

## LIVE-STREAMING FROM THE NORTHERN TERRITORY

NEGS Live-streaming from red dirt country - welcoming our Year 4 Northern Territory pupil Imogen who has made history as the first Distance education student to go online at NEGS.



## AGRICULTURE NEWS

As part of the 'Farm Case Study' of work, Year 11 NEGS Armidale Agriculture students headed out for a dusty day on the farm at Guy and Wendy Croft's sheep and cattle property. The girls gained valuable information to take back into class to question what we do in agriculture and why we make certain decisions. We are so fortunate to have such supportive NEGS families who are willing to give their time and expertise to the girls as we understand the strain on our farming families at this difficult time throughout the drought.

## YEAR 3-6 LAKE AINSWORTH TRIP

Our Years 3-6 NEGS Junior School students are having an amazing time at Lake Ainsworth. They loved hitting the water for a spot of sailing.



# NEGS NEWS



## FIVE CENT FRIDAY FUNDRAISER

What wonderful community support we have here at NEGS. Our Five Cent Friday fundraiser to help support Year 4 students Hugo and Thomas Brazier and their family in raising funds for the Melanoma Institute Australia proved to be a huge success!

NEGS Armidale raised over \$4743 to go towards their \$25,000 target! Thank you to the representatives from Melanoma Institute Australia who were also here to support the family and talk to the students about the importance about being sun safe.

A special "Thanks" to Year 11 students Eva K and Grace C who really got behind the boys assisting them with the fundraiser.

Many NEGS students headed up to Guyra to participate in the Melanoma March.

We truly appreciated the NEGS families who donated online also and if you would still like to donate to this fund, it's not too late.



# NEGS NEWS



## TAP STUDENTS HOCKEY NSW PATHWAY PROGRAM

For the first time NEGS TAP Students participated in the Hockey NSW Pathway Program Development Day. The Girls got the opportunity to meet Hockeyroos Captain Georgie Morgan and work with former Hockeyroos player Kate Jenner and other Hockey NSW coaches Greg Doolan, Northern Inland Regional Coaching Coordinator Hockey NSW Player Pathway Manager #playlikeanegsgirl

## NEGS ROWING TEAM

Congratulations

What a great group of young athletes who represented NEGS at the Head of the River recently. These awesome young ladies had an incredible time competing and beating their PB's. Thank you to the wonderful support from families and friends who came along to cheer the girls on. Well done to you all!



## YEARS 3-4 NOW HAVE CHROME BOOKS

Years 3-4 NEGS Junior School students were delighted to receive a class set of Chrome books to utilise in their classes. They love the flexibility of the devices as they can be transformed into a tablet.

## ARMIDALE CAMPUS TO CITY CANTER

Congratulations to NEGS Armidale student Grace C who competed in the Armidale Campus to City Canter recently, coming in 2nd against some extremely tough competition. Well done Grace.



# NEGS NEWS



## NATIONAL DAY OF ACTION - BULLYING NO WAY

It was a sea of blue at NEGS Armidale as NEGS supported the National Day of Action - Bullying No Way campaign!

Our Year 12 leaders organised a cup cake sale and many activities to raise funds to go to the Dolly's Dream Foundation, whilst raising awareness about the importance of stomping out bullying.

Some of the NEGS girls knew Amy "Dolly" Everett personally and it was certainly a special tribute to their friend. #negsmorethanaschool @DollysDream

## NEW ENGLAND FESTIVAL

2019 New England Festival! Our year 12 girls dressed in NEGS uniforms dating back to the 1920's.



## JUNIOR SCHOOL CROSS COUNTRY

A HUGE "Thank You" to the 'two Kate's' of the NEGS P&F who always do such a fabulous job and keep everyone well fed and entertained!

The scones were superb and the coffee supplied by the Negspresso team was sensational at the recent Junior School Cross Country!

## YEAR 7 LAKE AINSWORTH TRIP

Year 7 2019 - what a cohort! It was certainly a bonding experience for the Year 7 NEGS girls as they headed to Lake Ainsworth last week. They enjoyed sun, sand and lots of water sports throughout their excursion, as well as many laughs and forming great friendships.



# NEW ENGLAND *Festival*



# FROM THE HEAD OF *Junior School*

Mr Andrew Travers



Dear Junior School Families,

What a fortnight we have had. To say it has been busy is an understatement.

**WE HAVE HAD IPSHA SWIMMING, 3-6 CAMP, NEW ENGLAND FESTIVAL, THE ARMIDALE SHOW, 5C FRIDAY, BULLYING AWARENESS DAY AND CROSS COUNTRY.**

In the midst of all this the classroom teachers have also been very busy.

This year we have implemented a K-6 spelling program called Sound Waves, Sound Waves is a systematic synthetic phonics and word study program proven to effectively teach spelling and reading skills.

Learning how to spell is very important for other basic skills, including writing and reading. These skills support children in achieving good results and progressing through various grades.

If we looking at PISA results (Programme for International Student Assessment) we see the Nordic countries with very high levels in spelling and reading. For one of the reasons we need to look at the language itself. Most of the Nordic language have a 1-to-1 letter sound. While English has 26 letters, 43 phonemes and over 1200 graphemes.

Phoneme - The smallest unit of sound. ... Phonemes can be put together to make words.

Grapheme - A way of writing down a phoneme.

If your starting to work out why some children find it hard to spell remember we can't just say 'A' is in 'Apple' and think this will teach them.

Eg. What is this word "GHETI"

Clue- GH as in Enough

O as in Women (pronounced plural)

TI as in Station

Answer = FISH

How technologies affect the way students learn to spell? The rise of different learning technologies causes discussions on how they could be used to support education in schools. Talking about the relationship between spelling and modern technologies, most of us are familiar with 'autocorrect' on our smartphones or other online resources for checking spelling. Does that mean that that it is less important for students to learn spelling at school?

Having good spelling skills is just as important as it was before different technologies were available. Although technologies provide great alternative ways for practicing spelling, it should not be assumed that learning how to spell is less relevant nowadays. Mobile phones correct our spelling and if we are not sure how to spell something, it is easy to check it online.

However, different learning technologies should be seen as opportunities for learning and practicing spelling and we should not encourage students to view technology as a replacement for their own thinking as there will always be situations where technology might not be available.

**IT IS CLEAR THAT IT IS VERY IMPORTANT TO LEARN HOW TO SPELL AND IT SHOULD NOT BE CONSIDERED LESS IMPORTANT IN THE AGE OF TECHNOLOGY. HOWEVER, IT MIGHT BE WORTH FOCUSING MORE ON TEACHING SPELLING IN MANY DIFFERENT WAYS TO HELP STUDENTS ACHIEVE HIGH STANDARDS.**

For other great examples of why English can be difficult to some. Just google or youtube to find more eg. <https://youtu.be/ZXa8cO9mXFk>

**ANDREW TRAVERS**  
Head of Junior School

## TERM ONE:

Friday 22 March  
IGSSA Swimming

Saturday 6 April  
IPSHA Cross Country (Sydney)

Thursday 11 April  
**LAST DAY OF TERM ONE**

# Junior School

## Year Six



Mrs Heidi Dent

## School Camp is over. What now?

**I OFTEN REFLECT ON THE BEST ACTIVITY TO CONCLUDE OUR CAMP EXPERIENCE THAT ALLOWS OUR STUDENTS TO BETTER UNDERSTAND EVERYTHING THEY ACCOMPLISHED WHILE ON CAMP.**

The days are so action packed and full of new experiences. This year after returning from Lake Ainsworth, I walked into my own home to be greeted by my own children filled with questions about my experience. And so it began, and as the questions continued I found my answers becoming shorter and less enthusiastic. I then wondered, how did this look in other houses around Armidale. After reading a blog around just what to say to your children, I thought I would share a very valuable piece on great questions to ask.

You've dropped your kids off at camp and waited out the 3 days anxiously—well, maybe just with partial anxiety as you also enjoy some well-deserved peace. Wednesday rolls around and you finally see your little one, wrap them up into a bear hug and load everything into the car. You drive off, turn around towards the back seat and inquire:

"How was camp?"

Expecting the flood gates to open, you're instead met with the brief, nondescript response, "it was good," followed by... crickets.

Even though the impact of camp is still fresh in your child's mind, it is often difficult to draw that out of them.

Experts have put together a list of reflective questions that can help you journey with your child as they come out of such an experience. Pull one or two questions from this list over the next few weeks to help encourage some sharing on the drive home, over a meal or while looking back at pictures.

**What was one highlight about camp for you? An experience, someone they met, etc.**

**What activities/games did you get to do and what was your favourite?**

**What was the weirdest or wackiest thing you did?**

**What's something new you learned about yourself?**

**What were the names of the people in your cabin? Who else did you get to know?**

**What were the names of your leaders and what were the things that you liked most about them?**

For younger kids, try using 'Rose, Buds and Thorns.'

*Rose: What was your favourite part of camp?*

*Thorns: What was something that was not what you expected?*

*Buds: What are you most excited about for next year?*

Remember to choose the timing carefully. I know that, with my son at the dinner table is the prime time for great conversation. Hope you found this as helpful as I did as we navigate our way through the post camp extreme tiredness that is meant with extreme excitement.

**HEIDI DENT**  
Year Six Teacher



# JUNIOR Sport @ NEGS

Mrs Liane Nixon

## TAFE NSW NETBALL SCHOOLS CUP CARNIVAL

It is exciting that the Junior School are participating in this netball carnival again in 2019. The TAFE NSW Netball Schools Cup is available to male and female students from Public, Independent and Catholic systems in Years 5-6 in the Primary Division. School teams compete in a round robin carnival in their local area from March-August. Winning teams progress to the Regional Final held in Inverell.

This year, Mrs Kristen Cohen, our Talented Athlete Program Netball Coordinator will be taking our Year 5/6 netball team to the carnival held at the netball courts on Wednesday, 27th March. This is a wonderful opportunity for our students to have some extra training sessions and a warm-up competition before the season begins. Further information will be sent out to the students involved closer to the date. Good luck to the team.



## FRIDAY AFTERNOON SPORT

Sport in Term 2 will consist of two activities, Gymnastics and Athletics.

The gymnastics program will be run by the Armidale Gymnastics Centre and athletics will be run by Mr Jay Stone. Primary students will begin with athletics in preparation for the school carnival and infants students will begin with gymnastics, with groups swapping mid term.

A permission note and further details will be sent via the Engage Portal before the end of term so please keep an eye out for this. There will be no cost involved for these activities.

## WINTER SPORT TEAMS

We are very excited about the upcoming winter sporting season. Below are the wonderful teams that will be representing the Junior School:

### Soccer

Joshua Gent	Destiny Battese	Maysoon Alkathami
Sophia Craig	Kenzie Watson	
Imogen Waters	Sophie Colyvas	

### Netball - Year 5/6 Primary Division

Scarlet Martin	Paige Patterson	Airlie McAlary
Harriet Watkins	Lily Lorimer	Indiana Gent
Rose McBride	Lara McAlary	Amanda Knight
Emily Towne	Claire McAlary	

### Under 13's Hockey

Felicity Chapman	Rose McBride	Connor Sweeney
Louisa Duarte	Scarlet Martin	Lara McAlary
Andrew Knight	Paige Patterson	Claire McAlary
Georgiana Blanchard	Bridie Wilkinson	Airlie McAlary
Polly Skipper	Lily Lorimer	

### Under 11's Hockey *(seeking more players if you are interested - must be a 9/10yr old)*

Isabel Onapa	Arabella Blanchard	Tilly Patterson
Sarah Duarte	Claudia Huard	Harriett Lisle
Georgia Smitham	Tom Lorimer	

### Under 9's Hockey

Prudence Chapman	Isabella Gent	Abigail Smith
Lucy Wilkinson	Rosie Woods	Tess Wilsmore
Abbie Kelly	Georgina Pillar	

## UPCOMING SPORTING EVENTS:

6 April IPSHA Cross Country Carnival

**FURTHER INFORMATION  
REGARDING TEAM TRAINING  
TIMES, COACHES ETC. WILL BE  
SENT TO INDIVIDUAL TEAM  
MEMBERS SHORTLY  
VIA ENGAGE.  
GOOD LUCK TO ALL TEAMS.**



# JUNIOR Sport @ NEGS

Mrs Liane Nixon

## SPORT REPORTS

### Touch Football

• Last week we played Martin Gully's Mustangs. I would like to congratulate Paige for starting with the ball and running it all the way down to the try line. And good job to Felicity for scoring the other try. I also saw that Tilly had improved her catching skills and did some good passes.

The score was 2 – 3 to Martin's Gully but I've got to admit that Martin's Gully team was pretty good players and were good to play against too. Oh and there was one stage where Felicity made an awesome pass to me but I was looking the totally different way – yeah that didn't go so well. I would like to say good job to the team and I look forward to playing another awesome game next week.

LARA MCALARY

• Last Thursday the NEGS Blue team versed Minimbah in round 7. The score was 5 to us and 3 to them. Well done to Tom and Alex for scoring our Tries. A good job to everyone who played also Clancy for putting in a great effort

Thank you for listening and good luck to everybody in their next game.

HARRIET WATKINS



• Hi everyone last Thursday we played St Mary's in touch. The score was 3 - 5, we lost but we still had fun. The people that scored the three tries for us were Flick, Lara, and Paige. I think Paige was showing an improvement by running forward with the ball and being great at dodging players from the other team. Flick showed good sportsmanship by letting everyone have a turn of the ball and telling everyone where is the best spot to run throughout the game. It was a big improvement from the last time we played St Mary's, because last time I think they scored about 10 tries. I just want to say good job to the team and Mrs Ford for coming and supporting us.

AIRLIE MCALARY



Miss Emma Pracy

## IPSHA SWIMMING CARNIVAL

In week 6, a group of 11 junior school students journeyed down to Sydney to compete in the IPSHA Swimming Carnival. Although it was a long trip down on the Monday, it was worth it for the wonderful experience of competing at the Sydney Aquatic Centre at Homebush.

NEGS Junior School was represented in nearly every event. We are very proud of the amazing effort they all put into each race and the way they cheered, encouraged and supported their peers.

At the end of the day, our swimmers even got a little reward with a quick swim in the whirlpool and aquatic centre, another highlight of the experience.

Well done to our fantastic swimmers and a big thank you to the parents who joined and helped us on the day.

Our swimmers included: Tilly Patterson, Sarah Duarte, Louisa Duarte, Georgia Smitham, Kearna Smith, Katie Flynn, Lily Lorimer, Tom Lorimer, Amy Beard, Clancy Munsie and Alex Scanlon-Dawson.



## NEGS Fine Art, Photography and Textiles in the 2019 Armidale Show



2019 has proved another great start to education in the Creative Arts. On 8th March the Armidale Showground opened its gates for the annual Armidale Show. NEGS had entries in many of the creative sections across all age groups, including staff.

I would like to commend all those staff and students that entered an artwork, cakes, apparel, quilts and crocheted items into the show this year. All of your work was outstanding and it was so wonderful to see it on display. A special mention needs to be made of some of the prize winners for 2019:

### Fine Arts 12 - 14 yrs - Drawing Section:

Year 7 2019 Visual Arts class were awarded First Prize for their collaborative Still Life Drawing

### Fine Arts 12 - 14 yrs - Painting Section:

Year 8 2018 Visual Arts class (current Year 9) were awarded First Prize for their collaborative painting, an appropriation of Roy de Maistre's "Boat Harbour" (1925), which can be found on display at NERAM.

### In the Photography Section Under 18 yrs:

Sophie Sutherland entered many photographs into the Armidale Show and was so successful that she was awarded the Under 18 Years Champion for Photography in 2019 (alongside two other students).

She achieved the following accolade because of her prolific accomplishments in several of the different themes for the photographic exhibition, including:

Under 18 years Third Prize and Highly Commended award for her representation of Primary Colours in photography for some images she shot in San Francisco (whilst on a Round Square trip with the school).

Under 18 years First Prize for a Humorous image with caption of a German Shepherd Dog 'flying' through the air with the caption: "It's a bird, it's a plane..."

Under 18 years First Prize in the Landscape, Seascape and Travel section

Under 18 years Second Prize Flora and Fauna section with an image of a duck about to take flight

She also entered photographic work into the Series of 3 section

**Amazing work Sophie - well done.**

### In the Fine Arts and Photography Section:

Across many sections of the creative arts, Dimity Chalmers also had success.

She is to be commended on being awarded a Champion ribbon for Most Outstanding Exhibitor in Fine Arts for a etching entitled "Street Reading".

She also received First Prize in Photography 18 yrs and Under for Flora and Fauna for her image of a native tree

**Wonderful work Dimity.**

In the Needlework and Handicraft section, Ruby Loosemore was successful in receiving awards for:

First Prize for a Girl's Dress and Girl's Skirt.

Special Award for the Best Exhibit for her work within textiles across all of the Hand Embroidery and Machine Sewing exhibit

Second Prize for her Cushion design - in any other machine made article section.

**Excellent work Ruby.**

Katie Edwards is also to be commended on receiving Second Prize for her machine made bag. Great work Katie.

**Great work Katie.**

**It seems that there are also many talented staff here at NEGS with the following achievements:**

**Laura Cambridge's** Crochet Baby Rug was awarded second prize in the knitting and Crochet section.

**Selina Croft** received first prize in the Open Fine Arts Section for her painting, which is now hung on the wall in the Junior School Office.

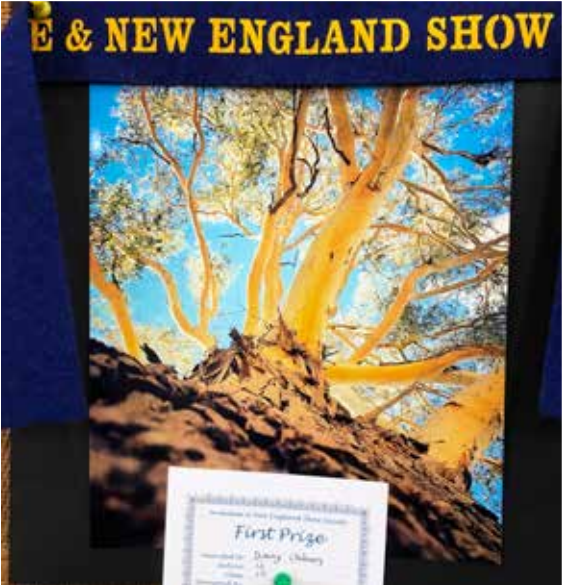
**Ingrid Steddy** was awarded second prize for Most Attractive Cushion Design - machine or hand sewn.

**Lynelle Slade** was awarded first prize for her small quilt design in the Needlework and Handicraft section as well.

**Helen Smith's** Shawl/Pram Cover was awarded a Highly Commended, and her Crochet Rug second prize.

**Helen Smith** also received a third prize in her Cookery Section for her Boiled Apricot Nectar Cake.

**Congratulations** to all of those who represented NEGS at the Armidale Show and for anyone who entered works for the Arts, Crafts and Cookery displays. A huge thank you goes out to those teachers who helped support the girls explore their creative ideas and produce such amazing work. Some images of the works are included with this newsletter article, but only so much can fit on one page, so I hope that you were able to see some of this great work on display over the weekend.



# NEGS Music

Mr Alastair Finco



## NECOM MUSIC DAYS

Last week, the years 9, 10 and 11 Music students attended the NCOM Music days. These days offered a wide range of workshops. They offered the girls a chance to step out of their comfort zone, learn new and unusual musical instruments while exploring different musical styles. The girls engaged in the activities with great enthusiasm, composing and performing their own songs, learning to strum a ukulele, playing African drums with exotic rhythms and singing the latest songs from Broadway musicals.

During these days, the year 11 girls delved into more specific HSC activities focusing on performance, singing, composition and musical analysis. The singing and performance activities were highlights, as were their responses to the composition seminars. The musical analysis sessions, with its use of specific musical terminology, was challenging, yet the girls responded well learning new strategies for their future HSC Music exams. These events help prepare the students for the demanding and enriching Music exams in their HSC next year. It is great that they have the opportunity to gain such valuable experience in advance.

We would like to congratulate the girls for their involvement and successes during these days, as well as NCOM for organising and hosting this event.

Don't forget to save the date for our first Twilight Concert for the year to be held in Week 11, Tuesday evening the 9th of April. This will be a wonderful night of entertainment with a fabulous line up of talent.



### Dear Families

Every year we have students from the Kichijo School in Japan come to NEGS to study for one year, whilst also learning more about our culture and lifestyle. This year we are delighted to welcome Shiori and Ei.

suitable and safe accommodation for these holiday periods. Once again we appeal to our wonderful NEGS community to consider hosting the girls. We are extremely grateful for the families who have kindly hosted the overseas students in the past, welcoming them into their homes and enabling the girls to experience life in Australia. The girls' families are most grateful for the hospitality that our NEGS community extend and feel at ease knowing that their daughters are safe and being cared for whilst being in a foreign country.

We understand that hosting a student for any period of time can be expensive, so if you are able to host one or more of our international students please contact me ([selina.croft@negs.nsw.edu.au](mailto:selina.croft@negs.nsw.edu.au)) as soon as possible for further information, including details relating to the remuneration offered.

Holiday time is almost upon us and we are looking for NEGS families to host Ei and Shiori during this time. Like many overseas students, they find it difficult to return home for holidays when our boarding houses close. With the students' wellbeing always foremost, we endeavour to help them find

**Please note that the holidays are:  
11 April - 29 April.**

**NEGS**  
MORE THAN  
A SCHOOL

**Gemma Sisla AT NEGS**

NEGS is pleased to welcome back former NEGS teacher and New England local Gemma Sisla to NEGS in March.

Please join Gemma at NEGS to hear about the School of St Jude, followed by afternoon tea in the NEGS gardens.

**THURSDAY 21 MARCH 2019 AT 1:45PM  
NEGS ARMIDALE School Chapel**

Book your tickets now at  
<https://www.trybooking.com/BBFNM>

All profits raised will go directly to the School of St Jude.

The School of St Jude

# NEGS *Library News*

Miss Laura Cambridge

## HARMONY DAY WILL BE CELEBRATED ON THE 21ST OF MARCH.

Year 11 have assisted in creating an informative presentation for Assembly as well as decorating the Wellbeing Board and creating a display in the library.

Harmony Day is a celebration of the multiculturalism of Australia.

Australia is the most successful multicultural country on earth and we celebrate this and work to maintain it through days such as this. It celebrates inclusiveness, respect and belonging regardless of cultural or linguistic backgrounds.



# Harmony DAY 21 MARCH



[www.harmony.gov.au](http://www.harmony.gov.au)

The traditional colour of Harmony Day is orange. It signifies social communication and meaningful conversations. It embraces freedom of ideas and encouragement of respect.

On your next walk through the school, take a look at the boards located on the library and the main classroom corridor to see the impressive displays Year 11 has worked on.

## MESSAGE FROM EDWARDS COACHES

We writing to advise that the moratorium for buses will stop on Friday the 29th of March.

From Monday the 1st of April students who catch intown buses including Uralla 1 and Uralla 2 must present a bus pass or a fare of \$1 in for the Armidale area or \$3 for Uralla will be charged.

**PLEASE APPLY FOR YOUR CHILD'S BUS PASS NOW, IF YOU REQUIRE ONE.**



**NEGS**  
MORE THAN  
A SCHOOL



supported by RUGBY NSW



# 2019 NEGS Rugby Program

For more information visit: [www.negs.nsw.edu.au](http://www.negs.nsw.edu.au)

High Performance Coaching | Strength and Conditioning  
Sports Nutrition | Sports Psychology | Physiotherapy

# NEGS Equestrian Centre

Mr Imtiaz Anees



**GREAT NEWS AND RESULTS FROM THE STATE CHAMPIONSHIPS. WE DIDN'T HAVE ANY WINS, BUT WE HAD SOME STRONG PLACES IN LARGE CLASSES WITH VERY TOUGH COMPETITION. THE GIRLS REPRESENTED THE SCHOOL VERY WELL AND WORKED VERY HARD IN VERY HOT CONDITIONS.**

NICOLE KENNEDY finished 3rd in the Showjumping with very a very fast round out of a large class of 55, it was very impressive as she handled the pressure and excelled.

ANNA JARVIS finished 3rd in the Eventing | KATIE HANCOCK finished 3rd In Combined training

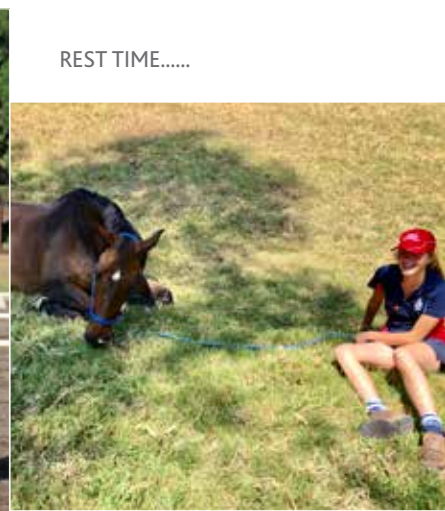
CHARLOTTE JACOBSON finished 3rd In her division in dressage | MOLLY MICHELL SMITH finished 3rd in her division in dressage

It seemed we were jinxed with all 3rds! But a great effort by these girls at top level competition.

On another big result GEMMA STUART represented the NSW state in Polocrosse and was awarded the best lady Player in the tournament.



Photo by: Oz Shotz



REST TIME.....



## ARMIDALE DRESSAGE COMPETITION

Congratulations to Laura F. competing in the Official Armidale Dressage Competition at the Armidale Riding Club grounds on *Shilo* and received a third in her Novice 2A test and fourth in the Novice 2C test. Laura also received Reserve Champion for the Unofficial Novice Section.

Congratulations to Abbie K, year 2, competed at the Armidale Dressage Championships, she entered the Open Unofficial Division on her pony *Sir Leopold*.

Placings as follows:

4th in the 2A      5th in the 2C      4th in the 1A      6th in the 1C

Abbie had a lovely weekend and was very appreciative of the support and encouragement she received from the senior school girls who attended the event.

## NEGS EQUESTRIAN TEAM OFF TO THE USA

USA, here we come! NEGS Equestrian students are packed and are ready to hit the skies for their trip to the USA.

Have a great time girls and enjoy this amazing opportunity!



## BARRABA SHOW 2019

Savannah Brown at Barraba show 4th place in 6 bar, last jump was 1.05m on *Duke*.

## AMAZING PERFORMANCES FROM ALLIE

Far photo is of Allie P and Bridie at the King of the Ranges in February.

Below is at the Australian Stock Horse National the first weekend in March at the Aelec center in Tamworth.

And the middle photo is of Allie receiving her Studio Award for Outstanding Performance from ASCA (Australian Speech Communication Association) in Sydney at Ravenswood School for Girls last Saturday.



# NEGS Equestrian Centre

## NSW POLOCROSSE, UNDER 21'S TRANS TASMAN CHALLENGE AT TAUMARUNUI, NEW ZEALAND

Gemma S. represented NSW Polocrosse, Under 21's in a Trans Tasman Challenge at Taumarunui, New Zealand on the 9th & 10th March 2019.

Results as follows:

New Zealand v New South Wales Intermediates

Game 1: Winners NZ 22 / NSW 14

Game 2: Winners NZ 21 / NSW 19

Best Female Player: Gemma Stuart

Horse of the Carnival: "Bubblegum" - Riden by Gemma Stuart & Caitlin Cornelius



Photo by: Michelle Higgle from NZ

## NSW U21 TEAM - MUSWELLBROOK

Congratulations Gemma S. who participated in a NSW U21 Team at the Upper Hunter Show held at Muswellbrook 16th / 17th March 2019.

NSW defeated QLD 3-0 and Gemma was award Best No. 3 and Best Horse & Rider combination on *Future Dori*.





# COMMUNITY News



## Spark

Grades 2-6, New Students

Fun, engaging and challenging... and are our most known Code Camp that over 25,000 students have completed. Code Camp Spark is where every student in years 2-6 should start their Code Camp journey.

In order for us to ascertain if we have enough children interested to attend, please fill in this expression of interest form:

<https://codecampaustralia.wufoo.com/forms/code-camp-at-negs-armidale-eoi/>

For more information, visit [codecamp.com.au](http://codecamp.com.au) or contact us at [hello@codecamp.com.au](mailto:hello@codecamp.com.au).

Thank you,

The Code Camp Team



Dear NEGS Armidale parents,

These school holidays we are excited to be hosting Code Camp at our school where your child can learn to code and build their very own iPhone or Android app!

Code Camp has already taught more than 50,000 students in Australia and is a great way to spend time over the holidays as kids have lots of fun meeting new friends, while learning important new skills such as logic, creativity, problem solving, app development and game building in a fun and engaging way, ready to take on the digital world of the future.

Every child attending the 3 day holiday camp will build incredible games on our software platform "Code Camp World" and walk away with their very own app, playable via the Code Camp App store that they can take home to share with family and friends!

During the Autumn school holidays at NEGS Armidale, the following program will be offered, as an introduction to Code Camp World:

**nab AFL Auskick**

## Come and try AFL Auskick!

Saturday 30th of March, 12.30pm  
Consett Davis Fields, Sport UNE

Suitable for 5-12 year old boys and girls.  
Explore the world of AFL, building football skills and playing in a safe and super fun setting!

FOR MORE INFO OR TO REGISTER ONLINE VISIT:  
[www.aftauskick.com.au](http://www.aftauskick.com.au)  
ARMIDALE COORDINATOR: Sarah  
[armidaleauskick@gmail.com](mailto:armidaleauskick@gmail.com) | 0402 052 987

ACTIVE KIDS



THE ABORIGINAL CULTURE CENTRE AND KEEPING PLACE (ACCKP) is once again running a Holiday Program for primary school children from Monday 15th April to Friday 19th April. The program will run from 9.00am to 12 noon.

This program is open to all children of primary school age. The theme for the April Holiday Program is "Easter". Children will have the opportunity to learn and carry out activities surrounding this theme.

The cost for the morning tea, supervision, materials and activities will be covered by the ACCKP. This holiday program is being funded by the Department of Education.

Please pick up and complete a registration form from the ACCKP by the 8th April 2019 to ensure your child/children's place is confirmed.

# School Banking is here!

NEGS is proud to partner with Regional Australia Bank to bring our students a School Banking Program. The program rewards children with a small prize for making regular deposits, regardless of their value. It's a great way to encourage good savings habits early in life.

School Banking deposits are collected from NEGS Junior School Reception every first and third Wednesday of the month. It's easy to sign up in just a few easy steps:

- Complete a Membership Application Form, available at NEGS Junior School Reception.
- Take the completed Membership Application Form, your driver's licence and your child's birth certificate to a Regional Australia Bank branch (certified copies of these documents are fine if you don't have the originals).
- Once the membership is opened, your child may commence in the Student Banking Program!

If you choose to open an eligible Community Partnership Program account for your child, you will also be able to nominate the NEGS P&F account as your recipient organisation. This means that each year, NEGS will receive a donation to the value of 1% of the average annual balance of your child's (and other supporters') account. This donation does not cost you a cent, Regional Australia Bank make it on your behalf.

**If you are interested in signing up, please contact Jenny McFadyen at Regional Australia Bank by calling 02 6776 0480 or emailing [jmcfadyen@regionalaustaliabank.com.au](mailto:jmcfadyen@regionalaustaliabank.com.au).**



# New England Festival Gala Evening

Friday 5 April

Armidale Servies Club  
6.30pm



**A Gala night to remember!**

Two-course dinner, entertainment by  
Shake Rattle n Roll and fashion  
parade by Fleece to Fashion

Tickets \$65 - Available at  
Armidale Servies Club or  
[www.armidaleregional.nsw.gov.au](http://www.armidaleregional.nsw.gov.au)

**ARMIDALE**  
Regional Council

