



NEGS
MORE THAN
A SCHOOL

NEGS Newsletter

Term Three - Week 8, 10th September, 2019

2019 CALENDAR DATES

TERM THREE

Monday 22 July	Year 7-10 Parent/Teacher Interviews
Tuesday 23 July	CLASSES COMMENCE
Thursday 1 August	IGSSA Netball / Hockey Rd 1
Tuesday 6 August	Formal Assembly
Friday 9 August	CAPAD Presentation Evening
Thursday 15 August	IGSSA Netball / Hockey Rd 2
Monday 19 August	Trial HSC Examinations
Wednesday 28 August	IGSSA Athletics
Wednesday 11 September	Year 11 Yearly Examinations
Friday 13 September	Old Girls' Weekend
Saturday 14 September	NEGS Spring Ball
Thursday 19 September	IGSSA Finals
Monday 23 September	Year 11 Leadership Camp
Thursday 26 September	Valedictory Day LAST DAY TERM THREE

TERM FOUR

Monday 14 October	Boarders return
Tuesday 15 October	CLASSES COMMENCE
Thursday 17 October	HSC written examinations
Friday 22 November	Celebration of Sport
Saturday 23 November	Year 10 Semi-Formal
Monday 25 November	Year 10 Work Experience
	Year 9 camp departs
Thursday 5 December	Festival of Nine Lessons and Carols
Friday 6 December	Year 7 - 11 Speech Day LAST DAY TERM FOUR

2020 CALENDAR DATES

PROPOSED DATES TBC

TERM ONE

Tuesday 28 January	Orientation Day - new students P&F Welcome BBQ Boarders return from 12-8pm
Wednesday 29 January	CLASSES COMMENCE
Friday 14 February	NEGS Swimming Carnival Year 12 Parent/Teacher interviews
Wednesday 8 April	LAST DAY TERM ONE
Friday 10 April	GOOD FRIDAY

TERM TWO

Monday 27 April	Boarders return from 1:30-8pm
Tuesday 28 April	CLASSES COMMENCE
Thursday 25 June	LAST DAY TERM TWO

TERM THREE

Monday 20 July	Boarders return from 1:30-8pm
Tuesday 21 July	CLASSES COMMENCE
Thursday 24 September	LAST DAY TERM THREE

From the Principal



MRS MARY ANNE EVANS

“ As we are heading into the final four weeks of term, there seems to be an endless list of events, occasions and day-to-day activities that give an extra dimension to the quality of the schooling experience at NEGS. We have had Parent/Teacher interviews; subject selections for 2020; participation at IGSSA/SIEC/the Ekka; Father's Day breakfast; Twilight Concert; the upcoming performance of Peter Pan; Grandparents' Day/Old Girls' Weekend/Spring Ball/Year 12 Valedictory & Formal. Amidst all of this, Year 12 have completed their Trial Examinations and their teachers now finalise completing and submitting vital assessment pieces for NESA (NSW Education Standards Authority).

The key to surviving all of these events - be you a student, parent or staff member - is to pace yourself. It is easy to lose perspective and the only way to counteract the feeling of being overwhelmed is to create a list of priorities; stick to it; and take one day at a time. Put simply, get organised.

A new poll for the British Nutrition Foundation (BNF) found that 43 per cent of adults sleep less than the recommended minimum of seven hours a night, while 32 per cent of primary and 70 per cent of secondary school pupils sleep for less than nine hours - the absolute minimum they should get.

The survey covered more than 6,000 primary and secondary school children and just over 1,500 adults. It also found that 80 per cent of adults and 50 per cent of secondary school students reported waking up at least once during the previous night. These are not pleasing results.

Sacrificing sleep time can sometimes be the strategy we all employ in order to complete assignments/study/write reports/get work done. Research strongly suggests this is not a sustainable option, especially in the later years of high school. A lack of sleep will have a negative effect on daily academic performance. The best strategy for our students who do juggle a heavy schedule is to pace their study consistently throughout each week and make a long-term plan.

The solution is not to discourage our students from studying or participating in co-curricular activities, rather they need to ask themselves the following questions:

- Does it really take 45 minutes to start homework of an evening?
- Do you pack up early at the end of a period?
- What plans do you have in place if your homework is completed early?
- What do you do during study periods (if you have any) during the day?
- What happens during afternoons where you have no commitments?
- Do you have a weekly timetable?

Getting the balance right, includes getting enough sleep and getting organised!

Boarding News

Mrs Stephanie Thomas



Farewell Year 12

With only Week 8 - 10 left for Year 12, the countdown gets serious. On Thursday night the staff and students in boarding began the start of many farewells to Year 12. In my speech I referred to Julie Bishop - the former Foreign Affairs Minister and Deputy Leader of the Liberal Party. In her Valedictory speech when she left politics she used words such as, 'immense honour, very proud, positive for the future' and leaving her political seat of Curtin in 'good shape'. Year 12 should leave NEGS feeling proud, honoured, positive about the future of NEGS because they have as a group or individually left NEGS 'in good shape'. It was a wonderful evening hosted by Year 11 who so professionally organised the evening with guidance from Mrs Garrad. To the parents of Year 12 - thank you. Thank you for entrusting us with the care of your daughter - whether it was for 2 years or 6! We have enjoyed the journey of watching them develop into wonderful young women.

For Year 12 -

'Be bold enough to use your voice, brave enough to listen to your heart and strong enough to live the life you've always imagined.' (womenforone.com)



Dance Concert



Join us for a night of ballet, tap, jazz and contemporary dance as NEGS Dance showcases its very best on stage.

Come along on
25 September, 2019
at the NEGS Assembly
Hall at 5.30pm

Boarding News

Mrs Stephanie Thomas

On Sunday 1st September Mrs Purkiss travelled to Altitude Farm in Invergowrie with 8 girls to participate in a Felted Soap making workshop and meet some friendly alpacas. They had a wonderful time and learnt some fantastic new skills.



YEAR 10 SKI TRIP

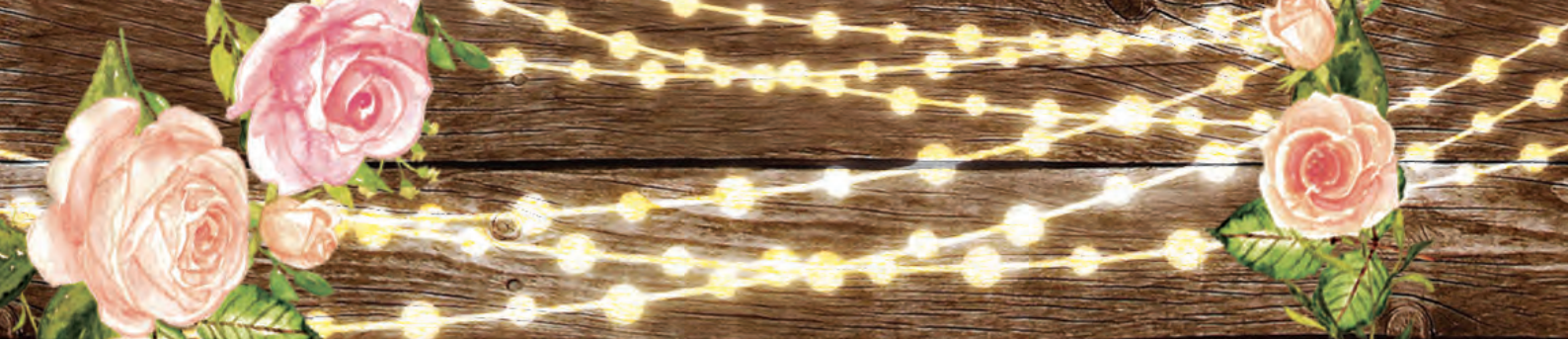
Whilst you are reading this article the Year 10 girls are enjoying some Spring skiing down south with Mrs Garrad and the staff and students from Farrer. I look forward to hearing about their adventures.

BOARDING HOUSE REFURBISHMENTS

Thank you to the Marketing Team who have contributed a number of items to each of the boarding houses this term to ensure the girls have a fresh look to come home to. Some pictures from White and Kirkwood House to provide a taste of what can be found.



Mrs Stephanie Thomas
Director of Boarding



NEGS *Spring Ball*

NEGS Families, NEGS Old Girls and friends are all invited to join us for the NEGS Spring Ball

14 September, 2019

NEGS Sporting Complex - 6:30 pm

NEGS Armidale | Uralla Road

Live Entertainment | \$100 pp | Black Tie

Organise your table for an evening full of entertainment, fine dining, and great prizes.

BOOK YOUR TABLE NOW <https://www.trybooking.com/BCUUZ>

Proceeds support the 2020 Scholarship Foundation

great prizes to be won

\$20 TICKETS TICKETS SOLD AND DRAWN ON THE NIGHT

- Signed Wallabies Jersey
- \$100.00 Face to Face Voucher
- 6 X \$100.00 Altitude Fitness Vouchers (Ali Flynn)
- \$50.00 Floresta Voucher
- 2 x Admission Tickets to Taronga Zoo or Taronga Western Plains Zoo
- \$100.00 Sports Power Voucher
- \$250.00 Kimberley Country Department Store Voucher (Sally Towne)
- 1 x woollen dooner from Fox and Lillie Rural
- 1 night's accommodation at 'The Bakers Cottage', fully self contained
- Dinner for 2 at Tattersall's Hotel
- 1 nights accommodation at Tattersall's Hotel



NEGS
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NEGS OLD GIRLS' WEEKEND 13th - 15th September 2019

Program

FRIDAY 13TH SEPTEMBER

9:00 am - 12:00 pm
6:00 pm - till late pm

Grandparents' Day
Cohort casual events
(organised by Reunion Coordinators)

SATURDAY 14TH SEPTEMBER

9:30 am

Old Girls' Union AGM - WH Lee Room, Akaroa

10:15 am - 11:15 am

**Morning Tea in the Milburn room
with Primary Marimba musicians**

Jean Newall Archives open all day

11:20 pm - 12:15 pm

Riding School Display accompanied by the
School Band

12:30 pm - 2:30 pm

**OGU CHAMPAGNE
LUNCHEON IN THE DINING HALL
with the OGU Online Auction final**

2:45 pm - 4:00 pm

Talented Athlete Program Presentation in
the Assembly Hall
Old Girls v Students Sport (Netball & Tennis)
Jean Newall Archives open

6:30 pm

NEGS Spring Ball in the MPC
Senior student music and vocal performances
*Some Year Reunions are attending the Spring Ball,
whilst some cohorts have organised their own dinners.*

SUNDAY 15TH SEPTEMBER

9:00 am

Holy Communion Chapel Service for
Old Girls with Year 12 Students

10:15 am

Brunch for Old Girls in the Dining Hall
with Year 12

11:30 am

Jean Newall Archives Centre open
Tours of the school



Wellbeing News

Mrs Jodie Jackson



organising students

Exam Success for Students - WEBINAR



EXAM SUCCESS FOR STUDENTS WEBINAR

19 SEPTEMBER, 2019 -
7:00 PM - 8:15 PM

0409 967 166

WEBINAR, AUSTRALIA WIDE
(ONLINE) , AUSTRALIA

BY AMANDA LECAUDE

ABOUT

Studying and revising for exams is an important learnt skill. If your teen wants to succeed in their exams, they need to ensure they are equipped with the right tools, strategies and knowledge. This WEBINAR will help them find those tools & solutions

Studying and revising for exams is an important skill to learn. If your teen wants to succeed in their exams, they need to ensure they are equipped with the right tools, strategies and knowledge.

In this WEBINAR Amanda Lecaude, Academic Life Coach, will help your teen learn and find the right solutions that will work best for them!

In the webinar they will learn:

- > The role organisation and time management play when it comes to exams
- > What an exam plan is, why you should have one and how to create one
- > Understanding instructions & command/keywords and planning before responding
- > Exam day preparation and strategies
- > Dealing with exam results and the importance of seeking feedback
- > Understanding the Learning Cycle
- > Effective study and revision techniques
- > How to deal with exam stress and anxiety
- > Exam techniques - what to do in an exam

** Click the 'Visit Website' at the top of this listing to REGISTER, or copy and paste this link:
<https://organisingstudents.webinarninja.com/live-webinars/133520/register> **

ABOUT AMANDA:

Amanda is an Academic Life Coach/Executive Function Coach & Organising Expert. Her services are all about equipping students with simple and effective organisational, time management and study skills which are key to their success and enjoyment at school and in life. In the process it is also about removing stress and anxiety for parents and students!

Illness

This term the students have had many viruses, therefore it is a timely reminder to please keep your child home if they are unwell to help prevent the spread of germs.

NEGS has a strict school policy regarding gastrointestinal illnesses, these are characterised by vomiting, diarrhoea or both and are generally highly contagious. If your child experiences these symptoms then they are required to stay away from school for 48 hours post their last episode of diarrhoea and/or vomiting.

NEGS News



NEGS

Year 12, 2019

Valedictory

THURSDAY 26TH SEPTEMBER 2019

*The Board of Directors and
Principal, Mrs Mary Anne Evans, cordially invite you
to attend the Year 12, 2019 Valedictory*

- 9:00am** Valedictory Chapel Service
10:00am Year 12 Valedictory Ceremony at the
NEGS Sporting Complex
11:00am Morning Tea for Year 12 Students and their
families in the NEGS Assembly Hall

The Occasional Address will be given by

Lucy Mackenzie

Director, U Goose | NEGS Old Girl '98

*RSVP: Tuesday 24th September to NEGS Reception
on 02 6774 8700 or reception@negs.nsw.edu.au*



NEGS
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You're invited to

join us at the

NEGS OLD GIRLS' CHAMPAGNE LUNCHEON

Saturday 14th September 2019

\$35.00 pp | 12:30 pm - 2:30 pm
NEGS Dining Hall

- 10:15 am - 11:15 am Morning Tea in the Milburn Room with Primary Marimba musicians
- 11:20 am - 12:30 pm Riding School display accompanied by the School Band
- 2:45 pm - 4:00 pm Old Girls' Sport v Students sport, Talented Athlete Program presentation. Jean Newall Archives open

RSVP: Wednesday 4th September, to Ms Natalie Scanlon
E: nscanlon@countrywidelegal.com.au
Reservations: <https://negsogu.tidyhq.com/>



NEGS News



FATHERS' DAY BREAKFAST

How cool are NEGS Dads!!! Thank you to all of our fabulous fathers who joined us for breakfast this morning. The love was certainly evident as the students celebrated a special morning with their "Number One" Dad. With so many of our families coming from farms, the main topic of conversation was the lack of rain and the struggles of the drought, but coming together and catching up was a wonderful support to them all. Happy Father's Day to everyone for Sunday.

DA VINCI DECATHLON

Congratulations to the Year 7 and 8 NEGS students who participated in the Da Vinci Decathlon at TAS. The students performed extremely well placing first in English, 2nd in General Knowledge and 3rd in Engineering.



SECONDARY SCHOOLS 7s CARNIVAL

Great to see our NEGS Armidale girls kicking up the dust with the best of them recently at the Secondary Schools 7's carnival.

NEGS News



KINDERGARTEN ENGINEERS

Check out our little engineers.... Kindergarten have loved doing their science practical investigation. They have designed and built a sailing boat, whilst learning about materials that are buoyant and water-resistant.

NEGS TWILIGHT CONCERT

It was an enjoyable evening of music at the NEGS Twilight Concert. Well done to our upcoming musical sensations who showed much talent and enthusiasm whilst performing to a fantastic crowd.



NEGS OLD GIRLS' UNION

Maintaining their link with NEGS, our Old Girls are an important part of our School and our traditions. Today Year 12 girls, as well as current students, who are children of Old Girls were invited to a lovely afternoon tea hosted by the NEGS Old Girls' Union.

SEEKING HOST FAMILIES

Dear Families,

We are seeking host families to take one of our Japanese exchange students, Shiori for the next school holidays.

If you are able to accommodate Shiori for some of the holiday period (from 26 September - 14 October).

Please contact me as soon as possible on 02 67748700 or via email: selina.croft@negs.nsw.edu.au

NEGS News



TOGETHER SINCE YEAR 7 !

Together since Year 7! Hailing from the Northern Territory, Guyra and Walgett these wonderful, young country girls have forged close and supportive friendships throughout their entire high school journey whilst boarding here at NEGS.

NEGS SPRING BALL

Haven't booked your table for the NEGS Spring Ball yet? It's not too late to organise a table with your friends. Don't miss out on the amazing "Raffle Extravaganza!" Although there is no silent auction this year, we have some incredible prizes up for grabs for only \$20 per ticket. Tickets can be purchased at the door and will be drawn on the night.

This is a wonderful opportunity to win:

- * Signed Wallabies Jersey
- * \$100.00 Face to Face Voucher
- * 6 X \$100.00 Altitude Fitness Vouchers (Ali Flynn)
- * \$50.00 Floresta Voucher
- * 2 x Admission Tickets to Taronga Zoo or Taronga Western Plains Zoo
- * \$100.00 Sports Power Voucher
- * \$250.00 Kimberley Country Department Store Voucher (Sally Towne)
- * 1 x woollen dooner from Fox and Lillie Rural
- * 1 night's accommodation at 'The Bakers Cottage', fully self contained
- * Dinner for 2 at Tattersall's Hotel
- * 1 nights accommodation at Tattersall's Hotel



\$20 PER
TICKET



NEGS SPORTING
COMPLEX

Book your table at the NEGS Spring Ball today: <https://www.trybooking.com/BCUUZ> or call the NEGS Reception for further details on 02 67748700.

Grandparents' Day



We look forward to welcoming all of our wonderful NEGS Grandparents to a morning of entertainment, activities, tours and a delicious morning tea on Friday, 13 September 2019.

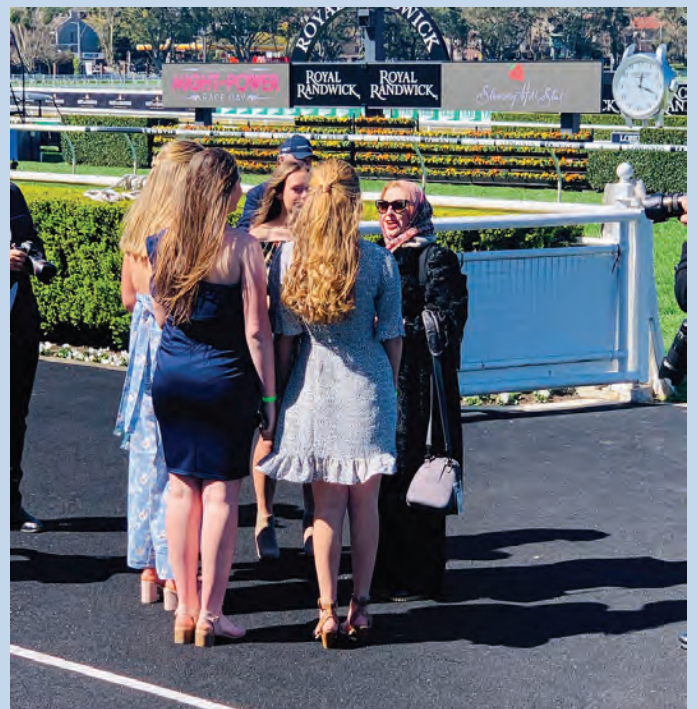
- 8:45 am Junior School activities at Junior School
- 9:25 am Welcome at Chapel with music performances by students
- 10:00 am Performances at the NEGS Equestrian Centre
- 10:20 am Tour with NEGS Principal, Mrs Mary Anne Evans, of the new Sporting Complex site and NEGS Agricultural Precinct
- 11:00 am Morning Tea
- 12:00 pm Conclusion of Grandparents' Day

For further details, please contact the NEGS Reception on 02 67748700.

EQUESTRIAN News



Rubbing shoulders with legendary racing royalty Gai Waterhouse has left our Head of the Equestrian Centre, Imti Anees so pumped and excited. With a 5.30am start, the Randwick Racecourse was a hive of activity as the girls watched horses thundering past them before having the privilege to meet Gai. Passionate about working with the younger generation, Gai was generous with her time and certainly inspired the girls with some great empowering ideas. Some of the important things Gai spoke about were: "Attention to detail makes you a winner", "Be strong - take a hit but stand up and try again", "Presentation is important", "Smile and always greet people", "Bounce back when you are down", "Think like a man", "Use your femininity to your advantage", and most importantly, "to be articulate and have a good attitude". After receiving a letter of 'thanks' from one of our students Kitty K, who Gai certainly inspired, Gai wrote a lovely note on her website about the girls' visit.



It is wonderful to see NEGS Armidale students Katie H and Anna J named as captains for the upcoming Interschool Nationals at the end of this month. We wish these two outstanding young equestrians much luck at the competition.



EQUESTRIAN News



With strong windy conditions NEGS Armidale girls rose to the occasion to compete at the Sydney International Eventing (SIEC) over the weekend. Sydney rider Patricia K placed 2nd in the Junior 1 star, jumping double clear in a big class. Charlotte J from Forbes had a fantastic run winning the 80cm. Hailing from Noosa, Kitty K had a great time competing in her first 95, whilst another one of our Sydney girls, Ellie LS finished her first eventing. A huge "Congratulations" goes to all of the girls as they all achieved their personal best throughout the weekend.



NEGS Armidale are thrilled to announce a new professional relationship with Equine veterinarian, Calum Paltridge from Thunderbolt Equine Veterinary Services. As of 16 September Thunderbolt Equine will be based at NEGS and our girls will have access to all equine services, adding value to our existing professional team. Calum is returning home to the New England after several years working in top equine clinics in Queensland and Victoria and joining him is his partner Emilie Faucillon, a qualified equine veterinary nurse. Emilie also brings a wealth of knowledge from working on several thoroughbred breeding farms and in many world famous equine hospitals. We look forward to working with Calum and Emilie in the future.

FROM THE HEAD OF *Junior School*

Mr Andrew Travers

Dear Junior School Families,

There are busy times in the Junior School.

OVER THE PAST FORTNIGHT OUR STUDENTS HAVE BEEN BUSILY PRACTICING THEIR LINES FOR PETER PAN. PROPS HAVE BEEN CREATED, COSTUMES HAVE BEEN MADE AND MOVEMENT ON AND OFF THE STAGE HAS BEEN FINALISED. IT IS LOOKING AMAZING AND ALL THE STUDENTS AND TEACHERS NEED TO BE COMMENDED ON ALL THE EFFORT THEY ARE PUTTING IN. I WOULD LIKE TO REMIND EVERYONE TO BUY THEIR TICKETS VIA THE TRYBOOKING WEBSITE:

* Thursday 19 September - Afternoon performance - 1.00pm

Book Trybooking: <https://www.trybooking.com/BEUCW>

* Friday 20 September - Evening Performance - 6.00pm

Book Trybooking: <https://www.trybooking.com/BEUCZ>

Adult: \$10 each

Child: \$5 each

Family ticket \$20



With the introduction of the NEGS portal some of you may not know that there is a document section. This is updated weekly with not just the dining hall menu, it also contains many great articles from our Health Centre. Many of these articles are relevant to what we are hearing and seeing in the news. As a parent if you are looking for help regarding students online please have a read of these articles.

The other week I was lucky enough to attend the IPSHA, Heads of Junior School AGM in Sydney. This event had over 100 Heads from over NSW. During the meeting we had a great speaker, DR JUSTIN COULSON, PhD talking about FORCE CREATES RESISTANCE. Dr Justin Coulson is one of Australia's leading parenting experts, a bestselling author and dad of six daughters.

I would like to share with you one of his topics. You can find more articles from Justin on youtube as well as his podcast and blog.
<https://www.happyfamilies.com.au>

RAISING RESPONSIBLE KIDS

Teaching our kids responsibility is one of our jobs as parents. And it's an important one. We all know adults today who don't handle responsibility well – maybe it's finances, maybe it's holding down a job or maybe it's simply childish behaviour. Irresponsibility can cause problems don't the track and most of us don't want that for our kids.

But sometimes teaching responsibility can be difficult – particularly when our kids are young and struggling to be responsible. We want our children to be children! We want them to run and play after school, not do dishes. We want them to ride their bikes and go to the beach on the weekends, not work in the yard. Having responsibilities help them learn about being accountable and teach them the value of hard work. And research shows it is good for them – for their happiness and overall wellbeing.

So, how can we raise responsible children?

TO RAISE RESPONSIBLE KIDS, GIVE THEM RESPONSIBILITY!

Teaching kids responsibility doesn't have to be tricky or overly complicated. At its core, we are teaching our kids that they can do something, by teaching them how to do that thing. Giving them the mindset (can-do attitude) plus the abilities (life skills) leads to responsibility.

JUNIOR SPORT NEWS

Soccer - U6s | Week 6

NEGS Soccer were on the front foot right from start against Norths Dragons, with some fancy footwork from Josh and several shots at goal.

Kenzie covered the back of play and stopped a potential goal, she defended well all game. Sophia took the ball up on many occasions and Destiny played well with lots of kicks. After a few missed shots Josh scored our first goal.

Great chasing from all of the team and a great pass from Kenzie to Josh who scored again late in the first half. A perfectly weighted cross kick from Sophia to Josh made the score 5 to 5 at half time.

Josh scores in the opening play to make the score 6 all. Some great cover defense from Sophia and Destiny stopped a potential goal. Sophia took a great shot

which narrowly missed. In a see-sawing game Kenzie dropped back to defense position. With the score at 9-7 a great save from Josh and a goal the score was 9-8. Some great teamwork saw a shot for goal in the last play. It was a great game in which everyone played well.

Kenzie Watson

Here are some ways you can start:

LET THEM HELP

Yes, it will take twice as long to do the dishes if your four-year-old is 'helping' but a little investment now goes a long way in the future. Teaching your child how to do the dishes by doing them together, prepares him for when he can do them on his own. Plus, when your child is allowed to help you, he feels valued. Those good feelings make him feel more connected at home and with you. In fact, research shows that kids who help at home don't find this work at all stressful, and actually feel higher levels of happiness.

BUILD ON AGE-APPROPRIATE TASKS

When your kids are young, they won't be able to make their own lunches, or work at the stove preparing dinner with you. But they can start learning the steps to build up to those tasks. Start small. As they learn, add more advanced responsibility.

When your child wants a snack, instead of cutting him up an apple, show him where the apples are and how to wash one. When he's a little bit older, you can help him learn to use a knife safely. And when he's capable, let him cut up apples for his younger siblings.

Take the time to show them the way when they are young, so they can build on that as they grow. Helping at home makes kids feel good, grown-up and important!

EXPRESS APPRECIATION

Keep up the positive energy by recognising and appreciating them. 'Thank you for emptying the dishwasher – it was such a big help!' Focus on what you are grateful for rather than how good they are. Emphasising competence and effort is more important than a focus on performance and outcome. When they are engaged, they will continue to strive and eventually succeed. The resulting sense of achievement is a wonderful reward.

ALLOW FOR INDEPENDENCE

For our kids to really learn responsibility, they have to learn to rely on themselves. Once you have provided guidance about a task, give them the space to do it on their own. Start with little things – such as packing their schoolbag. Teach them how to do it, and then let them do them on their own. When you show confidence in your child's abilities, he will feel confident as well.

ALLOW NATURAL CONSEQUENCES

Of course, once kids are given the freedom to make their own decisions, and do their tasks on their own, they are going to make mistakes. Facing the consequences of those mistakes, though upsetting, will teach your child responsibility. Learning and growth comes from making mistakes.

When your child makes a mistake, allow the natural consequence. If he forgets to do his homework the night before it's due, let him get the bad mark, or face the disappointment of his teacher. These lessons will be more memorable to him and teach greater responsibility, than if you had intervened and forced him to finish his homework on time.

RESPONSIBILITY LEADS TO SUCCESS

It's no surprise that responsibility leads to success in later life. In fact, one study found that having chores from a young age was the best predictor of adult success in areas such as education, career, IQ, relationships with family and friends, and even making good choices about drug use. And getting children to take an active role in maintaining the household helps them learn values and empathy, as well as responsibility.

Teaching your child responsibility will take time and energy, but it certainly is not impossible. And children have been given a chance to contribute at home, and to have experiences that have taught them that their decisions have consequences, stand a much better chance of growing into responsible adults.

And once the jobs are done, go outside and play!



ANDREW TRAVERS - Head of Junior School

Save the Date

OLD GIRLS' WEEKEND

13th - 15th September 2019

NEGS Spring Ball

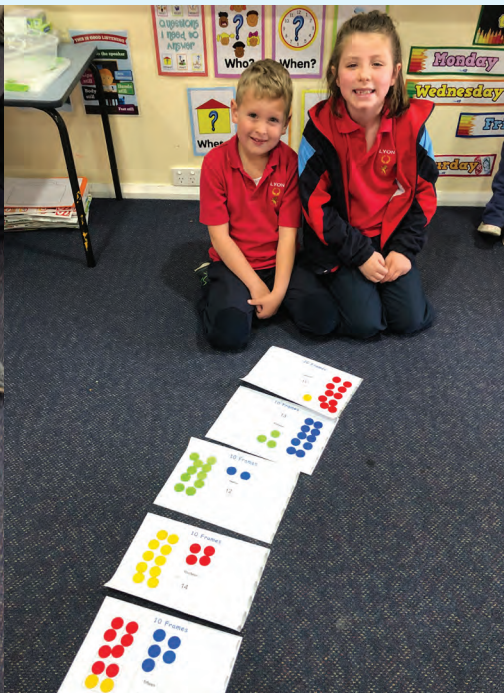
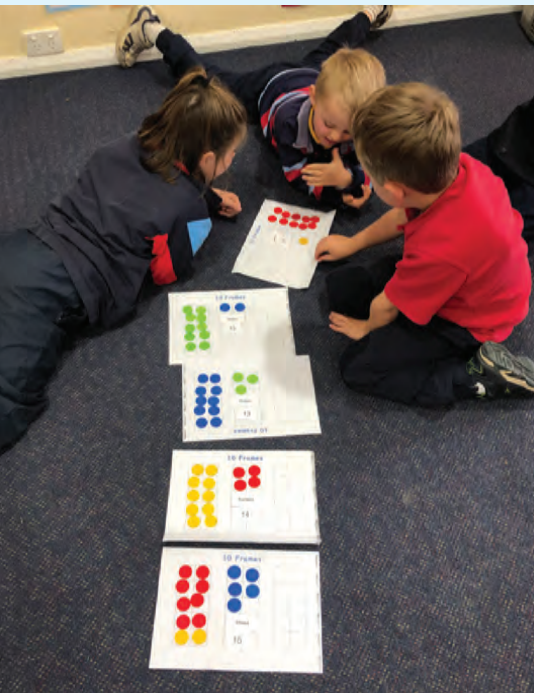
Saturday 14th September

JUNIOR SCHOOL News

Mrs Liane Nixon

We have had so much fun in Kindergarten this term!

We have been very busy learning about volume and capacity and our teen numbers in Mathematics. Making creatures to see who could make one that takes up more space than Mrs Nixon's was great fun. We have also been learning about the materials objects are made out of and tested our boats to see if the materials would stand up to water. In art, we have been learning about Van Gogh and replicated our own Sunflowers art works. Book week was super fun all dressed up in our costumes. Can't wait to see what the rest of the year brings!



NEGS Library News

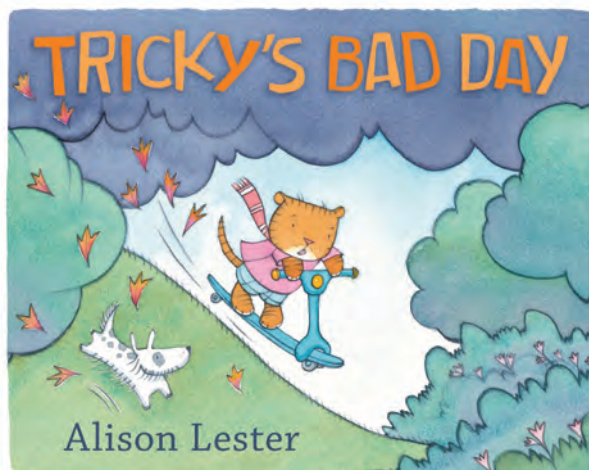
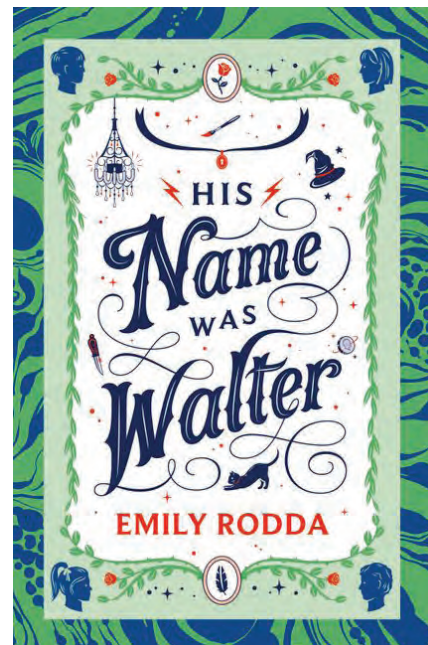
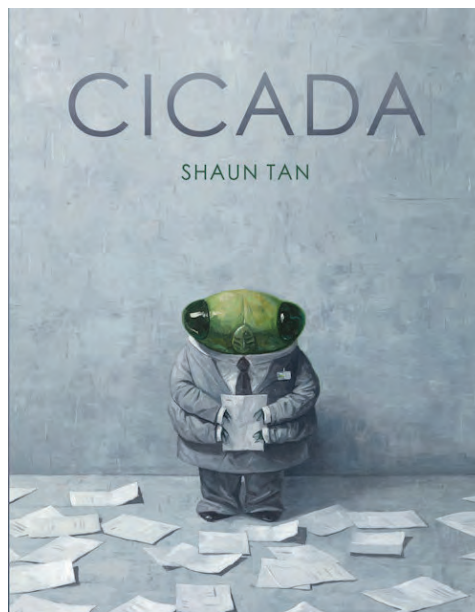
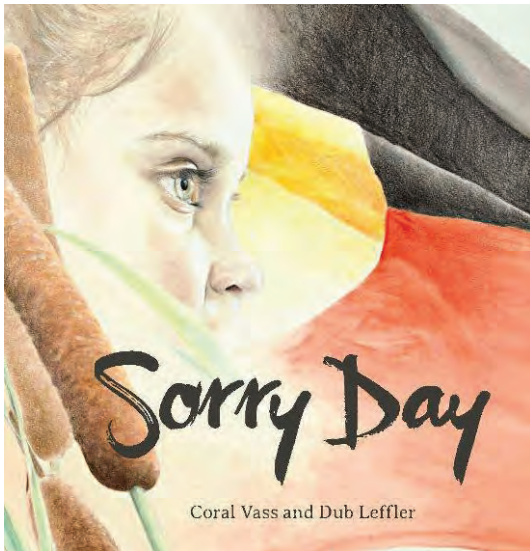
Miss Laura Cambridge



WEEK 8 CBCA BOOK WINNERS

The CBCA Book Winners have been announced. We have been reading these books in the library throughout the term.

Were your predictions correct?



NEGS Junior School Presents



PETER PAN



NEGS

*You're invited to a magical world
of pirates, lost children, Indians and mermaids in
this wonderful story about Peter Pan.*

PETER PAN

Thursday, 19 September 2019 | 1:00pm Matinee
Friday, 20 September 2019 | 6:00pm Evening Performance

NEGS Assembly Hall

\$5.00 Children | \$10.00 Adults | \$20.00 Family (2 adults & 2 children)

Book via Trybooking:

Matinee - <https://www.trybooking.com/BEUCW>

Evening Performance - <https://www.trybooking.com/BEUCZ>

For more information contact NEGS on 6774 8700 or email: reception@negs.nsw.edu.au

A photograph of the Space Shuttle Discovery on the launch pad. The orbiter is white with black and blue markings, including the NASA logo and the name 'Discovery'. It is attached to a large orange external tank and two white solid rocket boosters. The shuttle is positioned vertically, and the launch pad structure is visible to the left. The background is a dark blue sky with a green aurora-like glow.

CASE

SPACE SCHOOL

JOIN NOW

RSVP TO INFORMATION EVENING ESSENTIAL:
actura.com.au/NSWalliance

INFORMATION EVENING

Monday, 21st October 2019

Junior Space School: 6 - 7pm

*For parents and students in years 7, 8
and 9 in 2020*

Senior Space School: 7:30 - 8:30pm

*For parents and students in years 10,
11 and 12 in 2020*

Venue: Actura, The Gordon Centre

*Suite 2C Level 2, 802 Pacific Hwy,
Gordon, NSW 2072*

PRESENTED BY

actura

ALLIANCE OF
GIRLS SCHOOLS
AUSTRALASIA

The Alliance of Girls' Schools Australasia is partnering with the California Association for STEAM Education (CASE) and Actura to offer its students a world-class STEAM enrichment program designed to light the fire of inspiration in your child.

For more information visit actura.com.au/NSWalliance



ARMIDALE Folk Museum

Exhibitions July to October 2019

Home sewing to fast fashion 1 July to 30 September 2019

Hand sewing to fast fashion explores the history of home made clothes to the rise of fast fashion and the impact on our environment. Showcasing objects from the Armidale Folk Museum collection this display looks at how we can learn from our past to create a more sustainable future.



From plants to plastic 1 August to 15 October 2019

From plants to plastic explores the development of packaging from early natural plant based carriers to the development of glass, paper, canned food and the invention of plastic. Some of the packaging on display also tells a story of our small retailers and businesses in the Armidale region over the last 100 years.

Downton Armidale 8 August to 27 October 2019



To celebrate the September release of the upcoming film *Downton Abbey* the Museum presents everything 1920s. Beaded flapper dresses, duster coats and driving goggles as well as local memorabilia from the early twentieth century take us back to a time of immense change after the end of the WW1.