

# NEGS POLOCROSSE SQUAD

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*The NEGS Polocrosse Squad program allows motivated and committed players to train in a supportive team environment.*

## PROGRAM LEARNING OUTCOMES INCLUDE

- Equine Performance Nutrition,
- Training Skills
- Game Tactics
- Sportsmanship
- Horse Management; and
- Fitness

## NEGS POLOCROSSE COACH: ELLA ELKS

## PROGRAM INCLUSIONS

- Weekly squad training during Term (Wed 4-6pm)
- Horse fitness and nutrition mentoring

## RIDER REQUIREMENTS

- Compulsory attendance at squad training (unless written notice is given in advance)
- Polocrosse Squad Term fee paid upfront
- Team selections will be made from squad members only
- Both player and parents have completed the NEGS polocrosse code of conduct
- Commitment to training and competition schedules
- Dedication to correct horsemanship and horse management
- Adherence to the NEGS Sport Code of Conduct

**PLEASE NOTE:** *The Program is designed to emphasise the importance of having a consistent, ongoing and correct training and management. Reimbursements for a missed squad lesson will only occur when a medical or veterinary certificate is presented to the EC front office no later than 24hrs after the lesson. There will be no reimbursement for any other reason than a Vet or DR certificate*

**PROGRAM DURATION AND COST:** 7 week program (\$308)