

# BOARDERS' HANDBOOK

# 2020 EDITION



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### Welcome to Boarding at NEGS

#### **SHERIDEN BENNETT** 2019/20 PREFECT

Being a boarder at any school is a special, but being a boarder at NEGS is unique. To find a regional-all-girls boarding school with a worldclass equestrian centre, music and drama opportunities and advanced sporting facilities including the Talent Athlete Program is extremely rare. As NEGS girls, we have it all.

NEGS boarder's are lucky enough to have access to these facilities full time. For some girls this means the opportunity to bring their horse along to board with them. For others, it means early morning and late afternoon gym\training sessions or, it means 'boarder's practise' sessions in the music block. As boarder's here at NEGS we also have dedicated time for 'prep' (schoolwork) which relieves the pressure on the girls as they do not have to find this time themselves, rather everyone works on it together. Nevertheless, whatever a girl's passions may be, by being a boarder at NEGS she is able to excel with the opportunities and facilities provided to her. However, to me, the most special thing about boarding at NEGS is not the facilities but the friendships formed between the girls. Living with your friends fulltime not only strengthens bonds but also enables the girls to develop life skills, especially those associated with shared-living. The boarding houses are constantly alive with an undertone of giggling, as the girls sing and dance around or just sit, play games and enjoy each other's company.

We are also very fortunate to have the caring boarding staff that work here. Each of them are dedicated to making sure that all of the girls feel happy and welcome, and to the organisation of boarder's activities such as trips to the local pool or the sport and recreation centre. All in all, becoming a boarder here at NEGS was one of the best decisions I ever made. I will always be grateful for the friendships I have formed and the opportunities that have been provided to me.



#### **LUCINDA GARBUTT** 2019/20 PREFECT

In short, it's an experience you're unlikely to forget, whether or not your tenure as a NEGS Boarder lasts for two years or the full six. I've been lucky enough to have made it from Year 7 to Year 12, and I wouldn't trade it for the world. Over the years in boarding I've cycled my way through old habits like not cleaning my room, have made some lifelong connections with girls in the last 5 years, and made many new friends along the way.

The people involved in Boarding at NEGS truly do make the experience wonderful. You may find that during your time here, you have several different House Mothers as you progress through Boarding, but rest assured that all will be lovely in their own way. They care for you not just because it is their job, but because they form a deep personal connection with each girl, and know us all by name.

If you're stressed about Boarding rooms, then I'd advise you not to worry. The rooms are spacious, and for the first few years you will have a room mate. There's a desk, a cupboard and a bed for you each, and just when you start really wanting your own room and space, you're nearly in Year 9 and 10, and then you can have your own room - not to mention the absolute awesomeness of having your own common room to share with your year. So don't worry too much about rooms - NEGS has very well equipped Boarding Houses.

I know that some of you will get bored, because you are a full time Boarder, but we do have some really stellar stuff to do on the weekends. Year 11 and 12 love to be "big sisters" and take you under their wings. On the weekends you can go down to this place called the Armidale Sport & Rec. It's got a bowling alley and roller-skating, both of which are pretty fun and awesome. On the weekends, our Head of Boarding organise some fun activities like bushwalking out at Dangarsleigh Falls, Sunday Markets and trips to the pool in Summer.

What I'm trying to say is that Boarding isn't all as scary as it may seem. You may feel homesick for a little, and you might even feel scared for the first day, but you should always, always feel safe here at NEGS, because there's no reason not to be. You'll always have the support of the House Mothers, Duty Staff, other girls in your year and Year 12 love to make you feel part of the NEGS Boarding family. Just find us in the day school, or go to Saumarez House and have a look around.

Welcome to Boarding. Please come and say Hi. I Hope you have a great time here with us at NEGS.

### Introduction

NEGS was established in 1895 by Miss Florence Green as a Boarding School and is still one of the largest girls' boarding communities in Australia. Miss Green wanted to establish a school with the aim "to educate thoroughly by modern methods, with careful attention to the religious and moral training of the pupils." The boarding community is a pivotal part of NEGS and the staff are committed to supporting Miss Green's desires.

Traditionally, NEGS has had a significant number of boarders from country NSW, along with students from all states and territories in Australia. Our international boarders have come from China, England, France, Germany, Hong Kong, Japan, Jordan, Korea, Malaysia, Papua New Guinea, Russia, Singapore, Taiwan and Thailand.

#### AIMS AND OBJECTIVES OF THE BOARDING COMMUNITY

Staff provide an environment that will enhance learning as well as support the spiritual, emotional, cultural and physical development of the boarding students.

Boarders are provided with opportunities to develop resilience, meaningful relationships and to be responsible for themselves and others.

The staff at NEGS help the students develop their relationship with God through personal and communal encounters.

Boarders learn, with the support of boarding staff, to handle conflict and to live as productive members of NEGS and the wider community.

Our boarding staff play a very important role in promoting the value of boarding and making our School a very special environment in which to develop a sense of belonging. The staff will nurture young people with the aim of helping them to become well rounded in academia, faith development, different sporting areas, drama, music and culture.

The self-esteem, spontaneity and curiosity of the boarders are highly valued in a safe and secure environment.

NEGS boarding students are positive in outlook, co-operative in practice, friendly in nature, competitive in action and above all, family for each other throughout the years to come.

Students are encouraged to think in an intelligent and responsible manner with the aim of being attentive to the needs of others.

#### **HOMESICKNESS**

During the initial settling-in period it is natural for boarders to experience different levels of homesickness. Whilst this can be very hard for parents and guardians we encourage students to give their parents one positive response about boarding school before ending phone conversations. If parents are receiving numerous phone calls throughout the day, we suggest you ask your daughter to ring only at a certain time each day. By doing this, it will enable her to be involved in various activities and not sit around waiting to ring or receive a call. If your daughter does phone, remember that you are only getting her side of the story.

Mobile phones are not permitted to be used during School hours or during dinner and Prep session.

This can be a difficult time for all involved and parents/guardians should not hesitate to talk to their daughter's residential staff about dealing with homesickness.

### **Boarding Students' Code of Conduct**

#### **COMPASSION**

We will always accept people as they are and display kindness and sensitivity to them.

#### **ACCEPTABLE BEHAVIOUR**

The boarders of NEGS will:

- Treat people as they would like to be treated
- Treat all people fairly and with courtesy, respect and sensitivity
- · Help people who are unsure, anxious or disadvantaged
- · Behave honestly in all that they do
- Acknowledge people in a positive manner
- · Be punctual, organised and maintain a high level of tidiness
- · Tolerate different points of view
- · Celebrate others' success
- Be open to the ideas and contributions of others
- Be friendly and cheerful
- · Warmly welcome all visitors and assist them in whatever way they can
- · Treat people with dignity and act with integrity

#### **UNACCEPTABLE BEHAVIOUR IN BOARDING**

- · Shouting, belittling or insulting others
- · Arguing with students or staff
- · Failing to help when they see a need
- · Discriminating against people on the grounds of their race, gender, age, religion, disability etc.
- · Talking about people behind their backs with the intention to cause hurt
- · Not respecting another person's privacy
- · Spreading gossip
- · Leaving personal mess for others to clean up
- Vandalism
- · Ignoring Safety Hazards
- · Bullying in all its manifestations

#### CONSEQUENCES OF FAILURE TO COMPLY MAY INCLUDE:

- Counselling
- · Reprimand
- · Boarding Monitoring Card/ Detention Card
- · Disciplinary action Unacceptable behaviour will be referred to the Deputy Principal/HOB
- Dismissal



### Student Code of Behaviour

#### STUDENTS AT NEGS HAVE THE RIGHT TO

- be given access to a broad range of school activities
- be able to learn without distraction or interference from others
- be shown respect, concern and interest from their teachers
- feel safe from discrimination, harassment or indoctrination
- have a safe and supportive environment which provides an atmospheres and facilities which will enhance their prospect of
- the support and assistance of staff.

#### STUDENTS AT NEGS ARE EXPECTED TO

- behave at all times in a respectful and courteous manner which shows regard for their own safety and that of others
- · conduct themselves in an exemplary manner at all times when representing the School
- be punctual to School and all lessons
- attend all scheduled lessons
- · come to class prepared for work and to be responsive to guidance and
- interact courteously with staff and other students
- · wear the school uniform correctly and with pride
- · exercise self control and negotiate with other people
- respect the rights of other students to have equal access to information sources
- · care for their own property and respect the property of other students and the School
- · care for the environment and assist in keeping the school grounds clean and tidy.

### **Boarding House Organisation and Facilities**

There are three Boarding Houses at NEGS. They are Kirkwood House, White House and Saumarez House.

NEGS does not have dormitory style accommodation. The students in Years 11 and 12 enjoy their own private bedrooms. The junior students enjoy either single room, twin share or quadruple share accommodation. Bedrooms may contain individual cupboards, a desk and/or a lockable drawer for valuables. Year 12 students remain in their allocated room for the school year. All other boarders may be allocated different rooms and room mates at the beginning of each term.

The School's facilities are occasionally used by outside agencies during holiday periods. Students are expected to clear their rooms over each vacation.

Common Rooms are supplied with televisions, DVD players, microwaves and small kitchenettes to cater for the needs of students.

Each house is run by a Housemother with the support of the Head of Boarding. Housemothers are the primary point Principal. of contact for parents of Boarders on boarding related

matters. Year Advisors, with the assistance of a team of Tutors, oversee the academic and pastrol care needs of the students.

The Head of Boarding oversees all boarding related matters.

Boarding students attend regular House meetings. These House meetings provide an opportunity to share information and remind the girls of administrative arrangements.

NEGS provides the opportunity for girls to be full, weekly or casual boarders. Casual boarders will be aligned to a specific boarding house and this is where she will stay during her time as a casual boarder. Please be aware that this may not be possible with their own Year group.

All NEGS employees undergo a "Working with Children Check" and NEGS has a Child Protection policy that complies with all legislative requirements. All staff are required to report any concerns of Child Protection to the



### **Boarding Expectations**

Boarders live in a community and as such must conduct themselves in a manner that shows respect for others in the community. Consideration of others is essential.

It is expected that all boarders will be well mannered and courteous to their fellow boarders and day students, and to adults both within and outside the School Community. Boarders will respect their own, others' and School property. They should have respect for their environment by ensuring it is kept neat and tidy. Students who are sharing a room should be sensitive to each other's needs and the privacy of each boarder should be respected.

Smoking, consumption of alcohol or the consumption/possession of any illicit drug whilst on campus is strictly forbidden and may result in suspension or expulsion. All types of weapons are strictly forbidden on campus.

A boarder is expected to follow the rules and guidelines of NEGS and support the ethos of the school.

### Restricted Items

Pump and aerosol cans are not allowed in the boarding houses as some students may be allergic to these sprays. There is also a possibility that they may set off fire alarms. The \$1750 "call out" fee may be charged to the account of any girls responsible. Roll-on deodorants are permitted. Students are also required to bring toiletries in their original containers. Chemical products cannot be used in the Boarding House unless it is in its original container and locked away in the cleaners' cupboard. Boarders are not allowed heaters, hair straighteners, electric blankets or fairy lights (or similar items) in their rooms.

Unfortunately, it is not possible for boarders to keep animals at school.

### **Absence from Boarding**

If a student does not return from Leave due to illness, her parent or guardian is asked to notify the Health Centre and her Boarding House. Upon her return, it is recommended that a Doctor's certificate be produced or a letter stating the reason for the student's absence. For reasons other than illness, a letter or email to the Deputy Principal explaining you daughter's absence is required.



### **Visitors**

Parents, relatives and the friends of the students are very welcome to visit the School, preferably out of School hours, to share some time together. Visitors must first make contact with the Boarding House Staff Member as a matter of courtesy and security. Visitors would be expected to respect the daily routines of the student, including meal times, Prep hours and lights out.

### **Extra Curricular Activities**

There are many activities available to both the boarding and day girl students. During the week there are such things as organised sport, music lessons and horse riding lessons.

During the warmer months, Year 12 students run activities such as tennis and obstacle course competitions. There are also school socials, movie nights, cooking and markets in town. In Winter the girls will have access to winter sport and a variety of other activities such as bushwalking in the nearby National Parks. The girls also have access to the school's facilities on the weekend including the tennis courts and the gym.

Students are also allowed to attend the movies in town and watch appropriately rated films. Transport to the movies are by taxis at your child's expense. Boarders are also allowed to attend the monthly Sunday markets that are held in the mall in town.

For a comprehensive list of all extra curricular activities on offer at NEGS please refer to the Family Handbook.

### Prep (Homework)

#### PREP (HOMEWORK) YEARS 5-12

Year 5/6 Prep Hours: 6:45pm – 7:30pm (Mon-Thurs) LIBRARY

Year 7/8 Prep Hours: 6:45pm - 8:00pm (Mon-Thurs) LIBRARY

Year 9/10 Prep Hours: 6:45pm – 8:30pm (Mon-Thurs) JAN MILBURN ROOM

Year 11/12 Prep Hours: 7:00pm - 9:00pm (Mon-Thurs) IN OWN ROOM

- · All bags are to be left outside in the Library Foyer.
- · Student's laptops are the ONLY form of electronic equipment permitted at Prep. Students are encouraged to read a novel or study if they complete all Prep.
- · No headphones are to be used during Prep to listen to music or other recreational media. Should a student need to use headphones for educational purposes or assessments the student is to consult with the supervising staff member first.
- · Prep is completed in silence for the first hour. Students must consult the supervising staff member if a practical/discussion task needs to be completed after this time.
- Students are to wear an item of NEGS clothing on the top (this includes when they take a jacket or jumper off) but are allowed to wear jeans or tracksuit pants on the bottom, with enclosed shoes. No ugg boots, thongs or slippers.
- · Students are encouraged to be organised as they will be unable to return to the boarding house or visit lockers once they have arrived at the Library (except Music practice - a teacher will come and collect students). All students must be prepared with the necessary equipment by 6:30pm.
- Only water in a bottle is permitted. No food is permitted in the Library.
- Students MUST report to the teacher at the START and END of Prep. The earliest time for pack up is 8.20pm.
- All materials used in the Library or any other room should be replaced correctly or if this is not known placed on shelving trolleys before leaving. Chairs should be pushed in and rubbish placed in the bins provided.

#### **QUIET TIME SUNDAYS 6:45PM - 8:00PM**

Sunday Evenings Years 5-10 have Quiet Time, phones are handed in and students remain in their own rooms. This time is to be utilised to tidy their rooms, complete any school work, prepare for the week ahead or do an activity of their choice.

Year 11 and 12 complete Prep in their rooms.

#### **BOARDING REQUIREMENTS, CLOTHING AND LAUNDRY USE**

Students are required to wear the appropriate uniform at all times. Both the Academic and Boarding Staff will advise the students as to what uniform is required. All matters of the dress code are at the discretion of the Principal, Deputy Principal and the Head of Boarding.

During leisure time the girls are expected to wear neat, tidy and modest casual clothing. For off campus visits e.g. to church, movies, plays or the markets, girls are required to have seasonally appropriate clothes that are presentable such as skirts, neat jeans or pants, and suitable tops (no midriff to be exposed).

### **Boarding Requirements Checklist**

#### LINEN

- 2 fitted sheets
- 2 flat sheets
- 1 mattress protector
- 2 pillows
- 4 pillow cases
- 2 bath towels
- 1 beach towel
- O Doona / cover

#### **LAUNDRY**

- O 2 mesh bags (to take clothes to laundry)
- coat hangers
- laundry marker pen (black)

#### **SEWING KIT**

- needles
- thread
- scissors
- name labels

#### **COMMON ROOM**

- O dinner plate
- o cereal bowl
- O mug
- o knife
- O fork
- dessertspoon
- teaspoon

#### **LOCKS**

2 combination locks for drawer or padlocks and two keys (spare key and combination number to be given to Boarding Staff.)

#### **MEDICATION**

At no time are students allowed to keep their own medication in the boarding room unless it is signed and approved by the Health Centre.

Medication will be dispensed by Boarding Staff.

#### **SUN SAFE**

- O hat
- O cap
- water bottle
- sunglasses
- sunscreen

#### **TOILETRIES AND EXTRAS VALUABLES**

- shampoo
- conditioner
- o soap
- moisturiser
- toothpaste
- toothbrush

deodorant (roll on)

STRICTLY NO AEROSOLS deodorant, perfume, body sprays, etc.

#### **PERSONAL ITEMS**

- Torch
- O mobile phones (must be registered in the House)
- sporting equipment / musical instrument (if applicable)
- o clock radio
- o small fan

#### **SHOE KIT**

O Black shoe polish + brush

#### **WAITRESSING**

At times students are requested to waitress at school functions and will need black trousers and white collared button-up shirt.

> PLEASE ENSURE ALL ITEMS ARE CLEARLY NAMED WITH PERMANENT LABELS WHERE **POSSIBLE**

### **Uniforms**

Please see the Family Handbook for details on uniform requirements

- · Dining Room Dress General Rules
- · Students are required to wear an item of NEGS uniform on the top half of their body with appropriate other clothing to Dinner during the week
- Pyjamas, boxer shorts, thongs, Ugg boots or slides are not permitted in the Dining Room
- Closed-in shoes must be worn at all times for safety and hygiene purposes

### Laundry

NEGS has its own laundry service on the grounds. All items of clothing should be clearly marked with the girl's names. All boarders have their own pigeon hole in the laundry and can collect their clothes from there after they have been laundered.

Saumarez House has its own laundry facilities, including a washing machine, clothes dryer and washing line. Year 11 and 12 students may wish to wash their own casual clothes but laundry detergent must be supplied by the student. However, no school uniforms are to be washed in the Boarding House laundries and should be sent every 2 - 3 days for cleaning. This ensures the uniforms are always presented at their best.

Equestrian blankets and other equipment are not to be washed in the House laundries. A weekly dry cleaning service is offered by McMahon's Dry Cleaners.

### Meals and Etiquette in the Dining Hall

All meals are served in the School's dining hall. It is compulsory for all students to attend all meals or arrange for a meal to be taken back to their Boarding House. The dining hall will respond to special dietary needs. Boarders are provided with fruit and other alternatives during morning and afternoon tea.

Grace is said before each sitting.

A mixture of years on each table is encouraged to promote conversation. The girls are expected to observe the conventions of etiquette when eating in the dining room. Mobile phones, iPods or similar items are not allowed in the dining room. Staff will mark a House Roll at each meal sitting and must account for any missing students in their care.

Barbeques are part of our Summer meals for boarders.

### **Health Centre**

#### **HEALTH CENTRE HOURS**

The school Health Centre is staffed by Registered Nurses (RN), who maintain current registration with the Nursing and Midwifery Board of Australia, through the Australian Health Practitioner Regulation Agency.

The role of the School Nurse and Health Centre is to provide the link between the education system, students, families, the community and Health Professionals.

The School Nurse is responsible for the day to day health of all students including the physical, psychological and emotional and spiritual wellbeing.

When a student is injured or is unwell, the school nurse on duty will assess the student and refer to the relevant Health Professionals as required. The student may be able to recover from illness or injury at school, but if it is deemed necessary for the student to return home to recover, the school nurse will contact a parent and make arrangements for the student to return home. The student's re-entry to school must be arranged through the Health Centre, with full clearance from the student's Medical Practitioner.

#### **HEALTH CENTRE OPERATION**

The School RN is on Duty at the Health Centre, Monday to Friday from 8.00 am until 4.30 pm. If a boarding student is unwell and not fit to attend class, she will be admitted to the Health Centre for the day to rest in bed. Referral to the School doctor will be arranged if necessary. After hours, the boarding staff can contact the On-Call nurse as required. The RN on call can be contacted on the Health Centre mobile number. The Armidale Hospital is for emergencies.

All medication, prescribed or otherwise is to be registered with and authorised by the Health Centre and administered by Health Centre or boarding staff only. Students are not permitted to be in the possession of any medication without Health Centre approval.



### Communication

In addition to the existing school communication channels outlined in the Senior School Handbook and Junior School Handbook, the following communication platforms are in place for **Boarding Parents:** 

- · House newsletters are sent out fortnightly
- Boarding Staff will make contact each term with all families 'Just Because"
- The NEGS Newsletter is sent out fortnightly
- New families will recieve individual contact for the first 4 weeks
- · The Head of Boarding and all Boarding Staff welcome regular contact from our families so we can work together to help your daughter get the best out of her NEGS experience

#### **MAIL**

Parents are encouraged to communicate with their daughters through letters and parcels and we encourage other family members and friends to do likewise. This is especially beneficial when students are new to boarding and a little homesick.

Mail and parcels should be addressed:

(Name) (Name of House) NEGS. Uralla Road Armidale NSW 2350

#### **LANDLINE AND MOBILE PHONES**

Each Boarding House has one incoming line which parents/guardians may call to contact their daughters.

Mobile phones are allowed with some restrictions in place. They are not permitted to be used during School hours, Chapel or during dinner and Prep sessions. Students are encouraged to not take their mobile phones to extra curricular activities as security of their phone cannot be assured.

Please do not make telephone calls to boarders between 5:45 pm and 8:30 pm (Year 5 -10);

6:00pm and 9:00pm (Year 11 - 12), as this is dinner and Prep time. Years 5 to 10 will have their phones collected each night before bedtime, longer access is allowed on Saturdays and Sundays.

### **Technology in the Boarding House**

#### **COMPUTERS / LAPTOPS**

Laptops must be registered with the House Mother when the student has read and signed the document pertaining to Laptops. Laptops are to be handed in each night by the student 15 minutes before their allocated bedtime from Year 10 and below. Laptops may be collected each day before breakfast, once the students are dressed and their room is tidy.

Students must abide with the school policy when using their computers and be aware of the sites they are visiting. Failing to do this may result in their computer being confiscated.

#### INTERNET

Currently, boarders have access to the internet and email facilities in the Boarding Houses. During the school week there is restricted access to such sites as Facebook and Instagram etc.

#### **INSURANCE**

Parents are advised to approach their preferred insurance company about policies to insure their daughters' valuables, such as musical instruments, laptops, printers, DVDs, iPods, cameras, sporting equipment, luggage and watches. Most insurance companies have a roving cover for such items in these circumstances, with various conditions throughout Australia.

#### TAGGING OF ELECTRICAL EQUIPMENT

Tagging of all privately owned electrical equipment is a mandatory Workplace, Health and Safety requirement. All electrical equipment brought into the boarding house by the students requires tagging. Students can arrange for items to be tagged by giving the items to their House Mother.



### **Security**

#### NAMING AND SECURITY OF POSSESSIONS

Please ensure everything is clearly marked, embroidered and/or engraved. Sewing name tags on all pieces of casual clothing and school uniform ensures clothing can be easily identified. A silver pen and permanent marker are also very useful to write the student's full name on clothing or any other possessions.

A padlock to lock a security drawer for each boarder is required and if this lock is a combination lock it eliminates the need for keys. All girls will have a drawer and wardrobe that can be secured with a small padlock or combination lock which eliminates the need for keys.

#### **SECURITY**

We take security of your daughter/ward very seriously. A security firm is employed to oversee the security of NEGS and this firm does regular surveillance at various times throughout the day and night. Boarding staff are in contact with this firm if they have any concerns.

All Boarding Houses are locked and alarmed at night and during school hours. Kirkwood and White House are out of bounds during School hours. Saumarez House is available to Year 12 Boarders ONLY from 2:20pm during School hours (depending on their timetable), and during exam blocks.

### **Boarders' Leave**

During School terms, it is important for boarders to be able to take leave and for parents, relatives and friends to have access to them.

NEGS wishes to maintain flexibility with leave arrangements, however, the girls should not regard leave as an automatic right. If your daughter's House Mother believes any Leave requests are interfering with a student's commitments at NEGS, it will be recommended that this Leave is shortened or does not take place.

Individual Leave is arranged according to guidelines developed to serve the needs of a community of young people and to ensure that NEGS meets its "Duty of Care" responsibilities.

When Parents/Guardians are not contactable, the Head of Boarding and/or the Principal may give permission for Leave to take

All leave, Yrs 5-10 must be applied for by Wednesday 6.30pm. Year 11 & 12 by Thursday 6.30pm and parental endorsement must be received no later than 7:30am Friday

Students should not assume that leave is automatic - the House Mother has the responsibility to the parent and host, to ensure all arrangements have been entered on to Boardingware and approved by necessary parties. Leave must be approved by all parties before Thursday 9.30pm so the student is able to leave the school grounds.

#### **FORMS OF LEAVE AND TIMES**

For each form of leave, with the exception of Dinner Leave, students MUST be signed out of the respective boarding house and signed in upon their return by the adult responsible for supervision and care for the duration of the leave. A Leave request MUST be completed by the student and submitted to Boardingware by the Wednesday night, prior to the leave taking place.

#### WEEKLY DINNER LEAVE:

All students are able to request leave for dinner with the Parents/Guardian/Host during the week.

This form of leave is not a regular occurrence and tends to happen when a parent of family friend is in Armidale to visit. The supervising adult should give the Head of Boarding at least 24 hours notice as to the details of the leave, so the appropriate organisation and approval can be processed. This can only be approved by the Head of Boarding.

#### WEEKEND DINNER LEAVE:

Y11/12: Friday OR Saturday 6:30pm - 9:30pm (3 hrs)

Dinner leave is a privilege limited to Year 11 and Year 12 students. The leave allows students the freedom to have leave for dinner in town with their NEGS peers. Year 11 students MUST complete a Dinner Leave Request form by Wednesday night so the appropriate organisation and approval can be processed.

Students are to have permission to travel in both Boarding and Day student cars if on Dinner Leave.

Year 11 have permission to have a three hour dinner leave in a group of 2 or more on either Friday or Saturday night

Year 12 have permission to have a three hour dinner leave in a group of 2 or more on either Friday or Saturday night - students can request this leave on the day/evening of the leave.

Upon returning to school, student MUST present any receipts (or movie stubs) from the evenings events to the Duty Staff.

#### **BRUNCH LEAVE:**

Y11/12: Sunday 10:00 am - 12:00 pm (2 hours only)

Brunch leave is a privilege limited to Year 11 and Year 12. The leave allows students to go downtown on a Sunday morning for two hours. Year 11 MUST apply for this leave by Wednesday night for approval; Year 12 may decide on the day. The students must go down town in groups (see Dinner Leave above for numbers).

#### **DAY LEAVE:**

8:30 am - 8:30 pm Saturday (9:30 pm for Y11/12)

8:30 am - 8:30 pm Sunday

Students on Day Leave may be collected at 8:30 am and returned to the boarding house at any time before 8:30 pm. The student MUST be signed out into the care of an adult when they are collected, such as their parent, guardian or adult host.

Students MUST be back in the house by 8:30 pm (unless extenuating circumstances have occurred and extension is organised and approved by the school and parent).

#### **OVERNIGHT LEAVE**

May begin from Friday 3:30 pm - 8:30 pm Saturday evening OR from Saturday 8:30 am - 8:30 pm Sunday evening

Overnight Leave is when a student is on leave for one night only with their Parent/Guardian or an approved Host. A Leave request form MUST be submitted by the student and this will then be approved by the school, the Parent and Host if applicable. Students MUST be collected and signed out from the Boarding house by the Adult Host.

#### **WEEKEND LEAVE:**

3:30 pm Friday until 8:30 pm Sunday Weekend Leave involves Leave with the student's Parent/Guardian overnight from Friday afternoon until Sunday night 8:30pm. Students are allowed to be hosted by other adults so long as permission is granted by their parents and it is also approved by the Adult Host.

#### **EXCEPTIONS:**

Students are able to return to school on Monday morning by 8:30 am so long as this leave is approved - these students are normally dropped off by their parents or catch a local bus.

NOTE: Students and Parents/Guardians/Hosts should all be aware of the pick up and return times of the requested leave, and adhere to them at all times. SHOULD unforeseen circumstances alter the details of the approved leave, the relevant Boarding House it to be notified by phone or email to inform the staff member on duty of the changes.



### **Pocket Money**

It is a part of a student's education that she should learn to be responsible in the handling of money. All boarders will need pocket money for personal expenses and some social outings. We ask that Parents/Guardians ensure that their daughter has ready access to a reasonable amount of pocket money for each term. It is suggested that approximately \$20 per week is usually adequate. However, this may increase according to the age of your daughter. Naturally, there will be weeks in which there will be very little expenditure and students will be encouraged to save their allowance. Debit Cards are preferred.

Parents/Guardians can arrange their own debit card for their daughters and impress on them the importance of not allowing anyone access to their password.

### Chapel

Chapel services are at the centre of life at NEGS. Chapel is held every Thursday for all students. At various times throughout the year the girls are also given the opportunity to attend St Peter's Cathedral, Armidale.

### **Travel Arrangements**

For end of term travel (except Term 4), the Boarding Staff will arrange bus and rail travel for students. As this is sometimes in conjunction with other Armidale schools it is very important that students and parents do not constantly change their travel plans. Any ticketing changes for Chartered Coach travel for these times of travel must be finalised four weeks before the date they leave. It is not possible to make additional travel arrangements after this time. If students fail to arrive on the day of departure without previously informing the school or Head of Boarding, they may incur a \$25.00 cancellation fee. Please contact the Head of Boarding or House Staff if further information is required.

Countrylink have a specific luggage policy as outlined below:

There is no provision made to transport extra items such as musical instruments, computers, sporting goods, milk crates, boxes of books, bikes, saddles, science projects, art projects, swags, laundry bags etc.

The service your daughter is travelling on to and from school and home will only allow two suitcases (20kg or less for each piece of luggage and one small carry-on bag (to be stowed under the seat).

Any excess luggage can and will be refused to be loaded by Countrylink School Chartered Coach Service Drivers.

#### **EXCESS LUGGAGE**

There are numerous ways in which the problem of excess luggage can be addressed.

- Tamex or TNT Transport will come to the School and collect your daughter's excess luggage provided it has been packed and clearly labelled with the destination and a contact phone number.
- Payment for this service can be made over the phone by using your credit card.
- 3. Excess luggage can be paid for when it reaches its destination.
- Encourage your daughter to go through her luggage and eliminate anything that has not been worn or used in the past term.

Each boarder will be issued with a Boarders' Pass to allow free travel to their nearest home destination if living in NSW. All other travel booked will be charged to the student's account.

Coach times and destinations are posted in each Boarding House in the week of travel. Parents/Guardians are asked to be at the designated stop one hour before the arrival of the coach and the same on the return. Greyhound/McCafferty's coaches have a policy for students who are under the age of 14 years old travelling on their coaches and they will travel as an unaccompanied minor. When a student is under the age of 14 years and travelling on a plane, parents may book them as unaccompanied minors and they will be signed over to airport

#### PRIVATE VEHICLE CONVEYANCE APPLICATION FORM -**NSW ONLY**

These forms are available from Mrs Helen Smith (helen. smith@negs.nsw.edu.au) and may entitle parents/guardians to be subsidised for travel from school to your home destination and return, when you are accompanied by your daughter.

Taxi vouchers are sometimes required by students to attend cultural activities, medical and dental appointments and some sporting activities. House Mothers will have the required form to obtain these vouchers.

#### **MOTOR VEHICLES**

Students in Yr12 may apply to the Deputy Principal to bring a car to school. Such applications must include parent permission.

### **Boarding Routine**

#### **MONDAY - FRIDAY**

8:45pm

9:15pm

9:30pm

6:30am House is opened (Girls may request earlier wakeup or unlock times when reasonable) 7:00am - 7:15am Wake up 7:00am - 7:40am Tidy Rooms and prepare for school. No showers after 7:25am 7:40am Breakfast Roll Call in the Common Room 7:45am - 8:15am Breakfast in the Dining Room. 8.15am - 8:30am ALL BOARDING HOUSES will be locked from this time. Students may return to the boarding house to brush teeth and collect bags. 8:45am Lessons for the day begin, Period 1. 8:30am - 3:20pm School day 3:20pm Return to Boarding House. Free time, homework, sport, music, equestrian. Afternoon tea (biscuits, rice cakes, muesli bars...) 5:30pm Dinner Roll Call students must be back in the house and ready for dinner by this time 5:45pm - 6:30pm Dinner in Dining Room (item of NEGS clothing to be worn on top half of body) 6:30pm - 8:30pm Supervised Prep in the Library for Y5 - 10 Y5/6 return from Library 7:30pm Y7/8 return from Library 8:00pm 7:00pm - 9:00pm Y11/12 complete Prep in their rooms (Yr11 hand in phones during Prep)

Y7/8 hand in their Laptops, iPads and mobiles ~ 9:00pm Lights out for Y7/8

Y9 hand in their Laptops, iPads and mobiles ~ 9:30pm Lights out for Y9

Y10 hand in their Laptops, iPads and mobiles ~ 9:45 m Lights out for Y10

#### Year 5, 6, 7 & 8 students hand in their Laptops, iPads and mobiles on the weekend

10:00pm	Vaar 11	/12 MLIST be i	n their individual	rooms by this time
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10:30pm Lights out for Y11/12 - individual responsibility

### **Boarding Weekend Routine**

#### **SATURDAY**

7:30am House is open for students to go to Equestrian Centre if necessary

8:00am - 10:00am Breakfast in the House. Students have access to a variety of cereals, toast,

crumpets, muffins.

10:00am - 12:00pm Downtown (Term 2 and 3 students do this on Friday afternoon - 3:45pm to 5:15pm

due to sport commitments on Saturdays)

12:15pm - 1:00pm Walk through Lunch - Dining Room

SPAR visit for Yr 9-12 2:00pm - 3:30pm

WINTER (Term 2/3) Walk through Lunch 11:30am - 1:30pm

5:30pm

5:45pm Dinner in the Dining Room

#### **SUNDAY**

7:30am House is open for students to go to Equestrian Centre if necessary

8:00am - 10:00am Breakfast in the House.

12:15pm - 1:00pm Walk through Lunch in Dining Room

1.30pm - 3:30pm Activities on campus

2:00pm - 3:30pm SPAR visit for Y9/10 students

Year 9 and 10 MUST be in groups of 3 and Years 11 and 12 in groups of 2.

2:00pm - 4:00pm Visiting Hours - All Visitors MUST sign in at the Boarding House and meet the

staff member.

Roll Call 5:30pm

5:45pm Dinner in the Dining Room

6:45pm - 8:00pm Yr 5 - 10 - Quiet Time in their own rooms to prepare for the week ahead, tidy their

room and complete prep tasks. Phones handed in.

Yr 11 - 12 - Prep in the House

YEAR 5 - 10 students hand in their Laptops, iPads and mobiles overnight.

Bed times for Year 7 - 10 is half an hour earlier on Sunday night

A weekend outline is published each week with optional weekend activities

### Supervision of students in **Boarding Houses**

All boarding houses are run by the Head of Boarding. The Head of Boarding has the support and assistance of an enthusiastic team of boarding staff in each house, comprising of weekday and weekend House Mothers and Duty Staff.

### The Senior and Junior School Handbooks

For an understanding of the policies, procedures and other facilities we have in place at NEGS please refer to these handbooks.

### Facilities/activities

- · Tennis, Basketball, Netball and volleyball courts on campus
- · Rugby Field
- · Dance Studio with lessons available on campus
- · Hockey Field (indoor and outdoor) and Athletics track coming soon
- · Horse riding at the Equestrian Centre
- · Musical and dance evenings
- · Trips to movies and markets
- · Weekly shopping trips
- · Inter-school socials
- Cooking
- · Coast weekend trip at the end of the year

Rolls are marked in the boarding houses regularly during the week and over the weekend. This is to ensure the whereabouts and safety of all students.



### Meet our NEGS 2020 Boarding Staff

I would like to introduce the wonderful NEGS Boarding Staff to all of our families, some you may know, others you will come to know.

> - MRS JODIE JACKSON **HEAD OF BOARDING**

### INTRODUCING OUR DUTY STAFF

Our Duty Staff assist in all aspects of boarding through the week and on weekends. You will find them assisting the weekday House Mothers, supervising Prep, assisting the Weekend Boarding Co-ordinators with house mother duties on weekends, attending excursions, covering shift breaks on weekends and helping with anything our boarders need.



#### MISS FRAME (ELLIE)

My name is Ellie and I have worked at NEGS for almost 4 years. I am originally from Tamworth but moved to Armidale to study at UNE. I studied a Bachelor of Primary Education and currently teach in Tamworth. I also have a twin sister that works at NEGS. We love confusing the girls.



#### MRS O'HARA (SONIA)

I've been a NEGS employee since 2016. I have worked in various roles in Local Government, in private enterprise, at the University of New England and with the National Parks and Wildlife Service. Now semi-retired, I enjoy the casual House Mother role and work in all three boarding houses. Interacting with and caring for the girls in boarding gives me my "girl fix", as my own two daughters left home to pursue University degrees and now live and work too far away for regular catchups! I like to think the girls keep me young at heart – they certainly challenge my appreciation of music with some of their 'shower tunes'. I love to travel and have been lucky to explore many parts of the world, with many more on the agenda .... one day!



#### MISS HASSALL (SARAH)

My name is Sarah and I am from Sydney. I am currently studying a Bachelor of Agriculture at UNE here in Armidale. I am very passionate about sports and being active, subsequently I am currently a part of a hockey and netball team in the New England region. My past background has been in hospitality, which I enjoyed as I had the privilege of interacting with so many different people on a daily basis. I also spent a lot of my time volunteering for the Red Shield Appeal in Sydney. I was a boarder at Pymble Ladies' College and remember my boarding days as being some of my fondest memories. I am very glad to be part of the NEGS boarding community and I look forward to supporting your girls through their time as boarders, ensuring they are comfortable at their home away from home.



#### MISS BEVAN (HEIDI)

My name is Heidi and I am currently a 3rd Year Medical Student at UNE. I am originally from England, but moved to Bowral, NSW at a young age. I love anything outdoors, and therefore am an avid hiker and runner. I adore travelling and hope to be able to explore many places in the years to come! Working at NEGS for the past two years has been such a wonderful experience, and the boarding houses have definitely become a home away from home.



#### MISS PACKER (NICOLE)

While I hail from sunny Brisbane, I moved to Armidale for studies at the beginning of 2017 and I've been working weekends in Kirkwood boarding for over two years now. I enjoy getting to know the girls in a more relaxed setting than the busyness of the week and I try to make their weekends in Kirkwood as enjoyable as possible. Outside of boarding, I'm currently completing the fourth year of my five year medical degree, so being a full time doctor is just around the corner! When I'm not studying or working, I love exploring the surrounds of Armidale, practising modern jive (a style of partnered dancing I've recently become addicted to) cuddling my pet parrot, collecting succulents and experimenting with new baking recipes.



#### MISS FINCH (SALLY)

Hello, my name is Sally and I am currently in my second year of study at UNE, completing a Bachelor of Agricultural and Resource Economics. I am originally from Brisbane in QLD, but currently reside at one of the colleges on the university campus. I am the eldest of three children, with my sister being in year 12 this year and my brother in year 9. Not being long out of school myself, and having attended an all girls school since year 6, I feel that I can offer compassionate, empathetic and genuine care for your daughters whilst in boarding at NEGS. I love everything outdoors and am an avid sports fan - currently playing in both netball and rugby 7s competitions in the New England region. I take great interest in engaging with the girls and learning of their own recent activities whilst they are in the House and I am on shift. I am very excited to be a part of the NEGS Boarding team.



#### MISS TURNER (GEORGIA)

My name is Georgia. I am currently a first year student at St Alberts College, studying a Bachelor of Business / Bachelor of Agriculture. I am from Gol Gol NSW, which is on the border of Victoria and attended boarding school in Adelaide, at Immanuel College. This is my third year out of school, I spent my two gap years north of Cloncurry, QLD working on a cattle station as a jillaroo and in my second year also took on the role of admin officer for two days a week. I love being back in the boarding environment as boarding for me was a highlight of my high school education and I hope to help the girls feel the same way.



#### MISS MCCAHILL (ELYSE)

I'm Elyse McCahill, I'm originally from sunny Mackay, Queensland and am currently in Armidale studying Medicine at UNE. I'm a big nerd, and love playing team video games and board games with my friends. Growing up with horses I also love chatting to the girls about all their equestrian activities.

I love working at NEGS because I enjoy hearing about the girls' lives and giving them guidance and a sense of 'home away from home' when they need it. Also because they keep me very updated on pop culture.



#### MRS SLOMAN (PENNI)

My Name is Penni, I live in the Glen Innes area with my husband Michael and two boys Corey and Joel. We have a sheep and beef property on the north side of Glen Innes. My previous experience with boarding before starting at NEGS is as a boarder parent. My two boys attend Farrer Agricultural High School and are in years 10 and 8. My hobbies are cooking (I love to cook treats for the girls on weekends), show cattle and gardening. I also enjoy being involved in our local community.

### INTRODUCING OUR HOUSE MOTHERS

Our three House Mothers are our leaders in our houses and manage their houses holistically with the support of the Head of Boarding. The House Mothers are your daughter's 'Mums' whilst at school, there is nothing they will not try and do to ensure your daughter is safe, happy and well cared for.



#### MRS GARRAD (DONNA) **SAUMAREZ HOUSE - SENIORS**

Hi my name is Donna, I joined NEGS Boarding staff in January 2015 as White House House Mother and currently Saumarez House Mother. I live in Walcha, and have previously worked in Local Government as Library and Youth Services Manager for 17 years and prior to this I have a background in Finance.

I am married with 2 children, my son was a boarder at school and my daughter a day student. Both of my adult children now also work in education.

I have Tertiary qualifications in Library and information Services, and I am currently studying towards Bachelor of Education studies (non-teaching). My hobbies are spending time with my family, dining out with friends, holidays to the coast and reading. I also love the occasional binge watch of a good TV series.



#### MRS BRUCE (SARAH) WHITE HOUSE JUNIORS

- Cares for the boarders in her care fiercely. A real mother hen.
- LOVES a good challenge, great at behaviour management.
- Runs the boarding house on 3 principles: 1. Fun 2. Rules and 3. FEAR!
- Married with 2 children and prize child 'Cleo' Mini dachshund dog.
- Lives on a large property in Walcha
- Family orientated and longs for spending time at the coast

I have a Bachelor in Education (Early Childhood). Previous positions of employment include Preschool Director and Early Childhood Teacher.



#### MS NAYLOR TAGGART (TAYLOR) KIRKWOOD INTERMEDIATE

Grew up in Woolloomooloo, Sydney. Attended and finished school at St Andrew's Cathedral School in Town Hall, Sydney. Returned to St Andrew's the year after I finished school (2016) to work as an Aboriginal Education Assistant for a year.

- During school I had worked at the Sydney Opera House as a ticketing assistant
- Played Hockey and was involved in Athletics for 6 years
- Won a premiership in 2018 playing for Uralla Tigers Women's League Tag
- Currently studying Bachelor of Primary Education through UNE
- Current jobs: Indigenous Education Assistant and Kirkwood House Mother at NEGS. Have been working at NEGS for 3 years now
- Blended family one of 9 (third eldest)
- Enjoy the beach, camping and eating

### INTRODUCING OUR WEEKEND BOARDING **COORDINATOR (WBC)**

Our WBC are responsible for all three houses over the weekends, with the support of the Head of Boarding. They are ably assisted by duty staff in all houses. Our WBC both travel long distances to work at NEGS which is a testament to their commitment to and enjoyment in caring for your daughters.



#### MRS HUNT (ASHLEIGH)

My name is Ashleigh I have extensive experience working with children and families in the fields of mental health and education. I have a Bachelor of Psychology degree and have worked in a variety of positions within private practice and community sectors, including program facilitation, case management and administrative roles. I am currently a Master of Teaching student specialising in counselling in educational contexts.

I am passionate about supporting children and young people to be their best and I'm thus dedicated to ensuring the wellbeing of the girls at NEGS. I believe that providing a high level pastoral care is essential for school achievement and I am committed to creating a boarding environment where everything runs smoothly for staff and boarders alike. I draw on my experience working with girls at St Hilda's School to help boarders and families feel well looked after. I love art and reading and enjoy hanging out with my family.



#### SR KENNEDY (KATE) **HEALTH CENTRE**

Being a mother of 2 boys, I love working at NEGS and being surrounded by all these lovely girls! While I do not have the experience of being the mother of a daughter, I do have first hand experiences of the challenges, benefits and rewards of Boarding School Life for both parents and students. I am passionate about the promotion of (positive) mental health for young people and firmly believe that the school years are an opportune time to develop life long skills to support a positive mental health trajectory. I love working as part of the dynamic NEGS boarding team! Outside of school I volunteer as part of the Animal Welfare League Armidale Branch, I enjoy reading, walking and eating delicious meals that my husband cooks for me.



#### MRS JACKSON (JODIE) **HEAD OF BOARDING**

A long history of working in health and raising two children of my own, both now young adults, has provided me with insight into the ever growing importance of getting the balance right when supporting our youth. I believe being your true self and role modeling this for our students is incredibly important. We all learn from our mistakes and our wins and we can learn from each other no matter our age.

I have a long connection with NEGS, my daughter Abbey attended NEGS as a day girl for 15 years (with small periods of boarding) from the age of 3, graduating in 2017. My son Nick went to boarding school in Sydney, graduating last year. Both of my children now reside in Sydney.

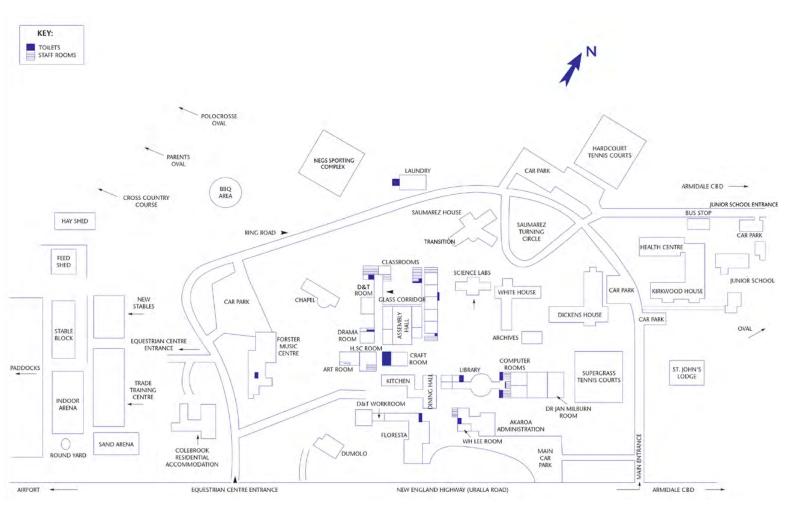
Apart from being a parent at NEGS for 15 years I have worked as the School RN since 2012. The transition into boarding feels very natural to me as I see this role as very similar to my role in the Health Centre. My primary focus remains the students and their safety and welfare are my number one concern.

My favourite part of working at NEGS is interacting with the students, they are fantastic company and a joy to be around. Although things are not always smooth sailing, it is in these situations I find my work the most rewarding.

I have a Bachelor of Nursing and prior to NEGS have worked in various roles in the health sector. Occasionally you can catch me working in our local business with my husband.

Thank you for entrusting your daughters into our care, our boarding staff are committed to making their boarding experience at NEGS a positive and memorable one.

## Map of NEGS



'Whatsoever you do, do it heartily'



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